

Level 2 Beam

JDM 9/1/21

(*)
JUMP TO
FRONT SUPPORT
MOUNT



(0.20)

(*)
SINGLE LEG
KICK UP TO
STAND



(0.40)

FORWARD
PASSÉ
BALANCE



(0.20)

STRETCH JUMP



(0.40)

1 Sec Hold
ARABESQUE (30°)



(0.40)

FORWARD LEG
SWING



(0.20)

BACKWARD LEG
SWING



(0.20)

1/2 (180°)
PIVOT TURN



(0.20)

(*)
CARTWHEEL
TO SIDE
HANDSTAND
DISMOUNT



(0.60)

Warm-up : 30 sec. Routine : 40 sec. Warning : 30 sec.

Gymnast		
		Final Score
Gymnast		
		Final Score
Gymnast		
		Final Score
Gymnast		
		Final Score