

ST. LOUIS



BLUES

WWW.STLAAABLUES.COM

OUR FACILITY

CENTENE

COMMUNITY ICE CENTER



OUR LEAGUES

TIER 1

ELITE

HOCKEY LEAGUE



MIDWEST EXPOSURE SERIES

OUR PARTNERS



EXOS

2006 COACHES

HEAD COACH

Matt Heffington

mattheff@att.net

314-276-8585

ASSISTANTS

Casey Ott

ottcasey@gmail.com

Nick Webb

Webb.nick.d@gmail.com

OUR MISSION FOR 35 SEASONS

"To promote amateur hockey & provide an opportunity for those qualified youth hockey players to further their careers with hockey while helping them become better citizens of tomorrow."

2019-2020 U19 GIRLS

100%

COLLEGE HOCKEY PLACEMENT RATE



DRAFT PICKS IN 5 YEARS

2006 Season Preview

- **Team Practices**
 - All practices - Centene Community Ice Center
 - 3 practices a week at premium times
 - @90 total practices (skill focus & team focus)
 - 80 minute ice sheets for every practice
- **State of the Art - Off Ice Training**
 - All Off Ice Training - Centene Community Ice Center
 - Exos workouts (weekly)
 - Bauer Skill room (2 times a month)
 - Video classrooms
- **Home Games**
 - 9 Visiting Teams playing @25 home games
- **Elite Tournament Experience**
 - Silver Stick, Midwest Exposure, Hockey Fights Cancer Elite, STX, Eastern Exposure,

