
ALL SAINTS CATHOLIC SCHOOL

CYO HANDBOOK



BLUE THUNDER

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Mission Statement

The All Saints Catholic School athletic program provides a safe sports environment that serves as an extension of the school's academic and religious program. All participants will learn the fundamentals of each sport and be given the opportunity to cultivate strong, healthy, and disciplined minds and bodies. Participants will also develop a sense of good sportsmanship, fair play, and team spirit, as well as facilitate and enhance the moral and ethical development of all those involved.

Philosophy Statement

All Saints Catholic School is concerned with the development of the WHOLE person – mind, body, and spirit, as well as physical development. We believe that participation in athletics is an important component to a well-rounded educational experience. Through participation in the All Saints athletic program, students will develop ethical and moral standards, life-long skills, and positive values. These values include leadership, healthy living habits, self-discipline, integrity, teamwork, respect for rules and regulations, and the ability to participate with dignity and grace.

Goals of the Athletic Program

The All Saints Catholic School athletic program has been structured to foster the following goals:

- Develop sportsmanship
- Give students the experience of being part of a team
- Foster school spirit
- Promote the development of strong, healthy, and disciplined bodies and minds
- Help students maintain good health through physical fitness
- Provide an enjoyable recreational activity that can be sustained into adulthood
- Encourage values of self-discipline, self-confidence, fair play, and cooperation
- Teach the proper attitude toward winning, losing, and competing with dignity
- Further enhance Catholic values and teachings
- Time management and balancing priorities to ensure a high level of academics

Focus:

- God
- School
- Family
- Team

All Saints Athletic Leadership Team

Athletic Director

The school Athletic Director is responsible for the overall coordination of the school athletic program and is responsible to the All Saints Catholic School principal. Essential functions and job responsibilities include:

- Disseminates CYO sports information to the school
- Recruits and trains qualified coaches for all teams
- Hosts a parent informational meeting regarding policies, season, rules and expectations
- Represents the school in league meetings
- Ensures adherence to the philosophy and rules documented in this All Saints athletic handbook
- Organizes the school athletic program and/or recruits volunteers to support functions
- Over sees registration, equipment, first aid supplies and uniforms, schedules practice facilities and league schedules
- Promotes the CYO/ All Saints athletic program in the school
- Coordinates Fall, Winter, and Spring Masses where student athletes are recognized
- Coordinates the overall CYO budget with principal and accountant
- Coordinates on and off campus practice facilities
- Coordinates and schedules picture day
- Ensures that all athletes have required medical forms
- Ensures that all coaches and volunteers have the required Protecting God's Children forms and training
- Addresses parent concerns/questions in timely manner

Uniform and Equipment Manager

The All Saints Uniform/Equipment Manager is responsible for the overall coordination of the school CYO uniforms and equipment for the sports programs. Responsibilities include:

- Maintains equipment and uniform inventory
- Coordinates uniform checkout and check-in with Team Coaches or Team Parent
- Coordinates equipment distribution with Team Coaches and Team Parent
- Collects all uniform deposits prior to the distribution of uniforms to team members, holds the deposits until all uniforms have been returned and inspected, returns deposits to Athletic Director for shredding
- Reviews equipment and uniform condition and provides feedback to Athletic Director

Concessions Manager

The All Saints Concessions Manager is responsible for the overall coordination of the school concessions at All Saints home sports events. Responsibilities include:

- Maintains concessions inventory and over sees purchases
- Makes all purchases for upcoming home games and submits necessary reimbursement forms through office
- Coordinates the setup of the concession area prior to all home games
- Reviews inventory after home game weekends to determine upcoming purchases
- Coordinates all cleanup efforts after all home games. This includes tallying admission receipts and concession receipts

Basketball Coordinator

The All Saints Basketball Coordinator is responsible for the overall coordination of the school basketball season. Responsibilities include:

- Creates athletic schedules in a timely fashion for distribution to all stakeholders (coaches, ADs, CYO referee coordinator and ASCS communication manager) before the start of the next sports season.

Intramural Sports Coordinator (Volleyball, Basketball, Soccer)

The Intramural Sports Coordinator is responsible for the overall coordination of our intramural programs for students in grades 1-3. Responsibilities include:

- Works alongside the Athletic Director to plan, schedule, and facilitate ASCS intramural activities
- Is present during intramural activities or coordinates volunteers to facilitate intramural activities
- Communicates with parents the dates, times, and updates regarding intramural activities
- Identifies parent volunteers to assist with intramural activities
- Ensures that the gym is properly organized and shut down concluding intramural activities

Sports Offered

Fall Sports

Volleyball - evaluations are required of this sport for females in grades 4 through 8 who comprise junior varsity and varsity teams with team size being dependent on the number of registered student-athletes and volunteer coaches. The season begins in mid-August and runs through late October with practices two (2) to four (4) times per week and one (1) to two (2) matches each week.

Cheerleading - evaluations are not required of this sport for females in grades 4 through 8 who comprise junior varsity and varsity squads a maximum of 12 athletes. The season begins at the start of school through March with practices two (2) to three (3) times per week and cheering at volleyball and boys' and girls' basketball games. There are preseason and postseason competitions in October and March.

Soccer - evaluations are not required of this sport for females and males in grades 4 through 8 who comprise junior varsity and varsity boys and girls teams with a maximum of 18 athletes per team. The season begins in mid-August and runs through late October with two (2) to three (3) practices per week and one (1) or two (2) games per week.

Cross Country - evaluations are not required of this sport for males and females in grades 1 through 8 who comprise junior varsity and varsity boys and girls teams with no cap on the number of athletes per team. The season begins in mid-August and runs through late October with three (3) to four (4) practices per week and one (1) race per week starting in September.

Winter Sports

Boys Basketball - evaluations are required for this sport for male athletes in grades 4 through 8 who comprise junior varsity and varsity teams with team size being dependent on the number of registered student-athletes and volunteer coaches. 3rd grade participation will be allowed based on coach and team availability. The season begins late October through early March with two (2) to four (4) practices per week, 10 league games and two (2) to three (3) tournaments.

Girls Basketball - evaluations are required for this sport for female athletes in grades 4 through 8 who comprise junior varsity and varsity teams with team size being dependent on the number of registered student-athletes and volunteer coaches. 3rd grade participation will be allowed based on coach and team availability. The season begins late October through early March with two (2) to four (4) practices per week, 10 league games and two (2) to three (3) tournaments.

Bowling - evaluations are required of this sport for males and females in grades 4 through 8 who comprise junior varsity and varsity boys and girls teams with a maximum of 6 athletes per team. Team formation (from a number of teams perspective) will be on a first come, first served basis and the number of teams will be capped based on the amount of athletes registered to form complete 6 member teams. 4th grade participation will be allowed based on team availability. The season begins in January and runs through February with one (1) to two (2) practices per week and one (1) or two (2) games per week.

Spring Sports

Girl's Fast Pitch Softball - evaluations are not required of this sport for athletes in grades 4 through 8 who comprise junior varsity and varsity teams with a maximum of 15 athletes. The season begins in mid-March to late May with two (2) to three (3) practices per week.

Boy's Baseball - evaluations are not required of this sport for athletes in grades 4 through 8 who comprise junior varsity and varsity teams with a maximum of 15 athletes. The season begins in mid-March to late May with two (2) to three (3) practices per week.

Coach Roles and Responsibilities

Coaching is not just about winning games. In fact, winning is a very small component to the job. Successful coaches help athletes master new skills, enjoy competition with others, and help young athletes feel good about themselves. Successful coaches are not only well versed in the techniques and skills of their sport, but also understand how to effectively teach those skills through age appropriate exercises and drills. Most importantly however, successful coaches go far beyond teaching athletic techniques by teaching and modeling skills needed for successful living in our society.

Below is a list of major responsibilities and behaviors that all coaches MUST adhere to:

Act in Accordance with Catholic Character

Coaches are expected to model Christian sportsmanship knowing that the school is judged more by the coach's sportsmanship than by their record. The coach must instill and guide the team members with a sense of fair play and model winning and losing in a respectful, courteous and gracious Christian manner.

Model Superior Sportsmanship, Humility, and Graciousness, both in Victory and Defeat

Coaches should never instruct or encourage student athletes to violate either the spirit or the letter of the rules of the sport or of the league. It is unacceptable for coaches to "run up" the score on inferior opponents. Coaches are expected to substitute players when the opposing team is significantly behind. Coaches must show respect for game officials and opponents at all times; publicly shaking hands with the officials and the opposing coach before and after a game gives clear witness to this respect. All coaches must refrain from public protest that may lead to similar behavior from students, parents, or other spectators.

Properly Supervise Student-Athletes

Rarely, if ever, should athletes be left unsupervised. In the event of a serious emergency, the coach should attempt to get another adult to supervise the team. If this is not possible, athletes may have to be left alone for a reasonable period of time, providing that the athletes have been instructed on what to do in the coach's absence. Clear expectations of behavior in emergency situations should be reviewed with the athletes. In addition, coaches must be physically and mentally present when supervising athletes. Being preoccupied, completing unrelated tasks, using cell phones, texting, or engaging in conversation with others does not allow adequate supervision.

Adhere to Professional Conduct

The coach is responsible for student conduct and behavior during practices and games. Under no circumstances should coaches tolerate words that demean other players (name-calling, taunting, etc.) Likewise, any action that is physically dangerous, for example deliberately trying to injure an opponent during a game, is absolutely prohibited. Coaches must strive to be fair and unbiased in their relationships with student athletes and their parents. Coaches must also strive to faithfully and fairly adhere to the guidelines for "playing time" for each student athlete, giving each athlete an appropriate opportunity to participate. It is expected that coaches emphasize the development of self-confidence, self-discipline and sportsmanship, and that they make team participation a learning experience for all.

Possess Basic Knowledge in Skills, Tactics, and Strategies

It is to be expected that coaches are knowledgeable of the rules of the sport and techniques for teaching the fundamentals of the sport. They should use tactics and strategies that are appropriate for the age and skill levels of their athletes. Winning takes secondary importance to the athletic, social, and emotional development of all those involved. Coaches should teach the rules of the sport and develop each player's skills within the framework of a team concept.

Comply with Established Policies, Philosophies, and Procedures

All coaches must adhere to and support the local interscholastic athletic mission and philosophy statements, as well as all local and league policies and guidelines. Coaches should attend various information meetings to become familiar with these prior to assuming coaching responsibilities. In addition, all coaches are expected to publicly support the school's administration, athletic director, and/or athletic committee.

Understand Appropriate Disciplinary Procedures

Coaches must discipline inappropriate student behavior or disrespect. However, coaches should never resort to physical or verbal abuse or profanity. Every coach needs to understand the difference between punitive touching (physical discipline) and corrective touching (correcting an athlete's hold on a ball or bat); one is prohibited while the other is not.

Coaches should also take caution in how and when they make physical contact with an athlete so that the action is never misinterpreted in a sexual manner.

Coaches are prohibited from the following:

- To use inappropriate, abusive or vile language, or to engage student athletes in inappropriate conversations unrelated to the sport
- To berate and harass officials, opposing coaches, or personnel from other schools
- To undermine the authority of the School Administration, Athletic Director, and/or the Athletic Committee
- To deny adequate playing time to students who are cooperative in effort and attendance
- To give preferential treatment to the most gifted athletes
- To submit rosters that are not signed by the pastor and/or principal (or athletic director)
- To play students who are not on their regular school roster or to roster students on two school teams in the same sport
- To forfeit games without following local procedures

Coach Code of Ethics

- Attend the "Protecting God's Children" Workshop
- Attend the preseason coaches' meeting for the respective sports at the time and place designated by the CYO Athletic Director
- Develop an understanding of the role of CYO sports and communicate it to the players, parents, and the public
- Develop an up-to-date knowledge of the rules, strategies, safety precautions, and skills of the sport and communicate them to the players and parents. The coach is responsible for ensuring the adherence to these rules.
- Develop, communicate, and model policies for athletes' conduct and language in the locker room, at practice, during travel, during competition, and at other appropriate times.
- Develop fair, unprejudiced relationships with all squad members.
- Take care not to schedule practices or events that will interfere with religious duties and classes. Allow athletes time to develop skills and interests in other athletic and nonathletic activities provided by the parish, school, and community groups.
- Conduct preseason meetings of parents and coaches to ensure that everyone understands his/her responsibilities.
- Teach players, by precept and example, respect for parish/school authorities and contest officials. Make sure athletes have an understanding of fair play, sportsmanship, and acceptance of winning and losing in accordance with Christian ideals. Provide support for players in cases of adverse decisions and refrain from critical comments in public or in the media.
- Be responsible for the actions of team members.
- Attend to the physical and mental health of athletes. Take special precautions to be sure the physical environment is safe to play. Maintain an adequate first-aid kit and keep medical forms on hand.
- Exemplify the highest moral character, behavior, and leadership, adhering to strong Christian, ethical and integrity standards. Demand the same of your players.
- Respect the integrity and personality of the individual student-athlete.
- Set a good example for players and spectators.
- Display modesty in victory and graciousness in defeat.

Coach Selection Policy

All coaches should be familiar with the rules and regulations as set out by Archdiocese of Detroit CYO. Each level of competition requires different degrees of instruction, compassion, and understanding. A sports program should be viewed as an educational experience for children, a learning period in their lives to guide them as they grow. A recommended list of coaches will be given to the athletic director by the seasonal coordinator for the sport. Criteria for such a recommendation must include:

- The ability to model Catholic values

- The ability to articulate and model the school's mission and philosophy and goals of the program
- The understanding of the basics of the sport to be coached
- The ability to develop the potential, confidence, and skills of each athlete
- The ability to separate winning from the important goals and values of the program

Final coach selections will be approved by the athletic director. The final determination if a new or returning coach will be selected will be based on the following criteria:

1. Knowledge of the sport fundamentals and rules.
2. Coaching experience.
3. Ability to communicate and interact positively with children.
4. Time availability and dependability.
5. Ability to communicate positively with parents
6. When faced with a difficult parent situation, able to step back and refer it to the CYO athletic director
7. Fairness to all children and the program.
8. Ability to follow rules.
9. Postseason parent survey response.

While we appreciate the time commitment a coach invests, there is no guarantee that a coach will be selected to coach the following year based on the previous year's coaching. The above criteria will determine coach selection from year to year.

The coach has the greatest responsibility as well as the greatest opportunity to guide and influence the student athlete. Coaches assume the role of teachers, mentor, and minister to the athletes in their charge. A coach's attitude and spirituality are critical to modeling good Christian faith-based sportsmanship, both in word and deed. The careful selection of coaches is vital if the athletic program is to reflect the mission and philosophy of the school's interscholastic athletic program.

The final coaching list must be approved by ASCS administration.

Team Parent

The Team Parent is responsible for the overall coordination of the sports team he/she is supporting. The Team Parent is responsible to the team coach and the Athletic Director. Responsibilities include:

- Assists the coach in conducting an information meeting for all parents at the start of each season to discuss practice and game rules, league information, CYO and coaching philosophy, and other necessary information for the coming year
- Coordinates distribution of team/coaches information to the athletes and parents
- Completes AOD team registration form and submit to Athletic Director
- Works with school leaders to promote the All Saints CYO program in the school
- Coordinates team's volunteer hours during home games

Responsibilities/Expectations of Student Athletes

The following expectations and responsibilities are required of all student athletes:

Maintain a solid academic and behavioral record in and out of season

Participating in an athletic program is a privilege, not a right. Athletes must be held to personal, academic, and behavior standards. Students who choose to participate in the school's athletic program are representing All Saints at all times. They must act in a manner that reflects favorably upon the school and on themselves. This expectation is not limited to the sports arena, but should also be evident at school, in the community, and at other schools before, during, and after the games.

Attend school the day of a game and/or practice

An athlete who was absent from school due to illness is not allowed to attend practice or play in a game on that given day. Absence from school on a Friday should not affect Saturday participation if the athlete has recovered sufficiently to play.

Attend and be on time for regularly scheduled practices

Athletes are expected to be present and on time for all practices and games. Not attending practices affects the entire team and detracts from the sense of teamwork that the coaches are striving to achieve. Missing practices will impact playing time.

Display Respect for Teammates, Opponents, Coaches, & Officials

Student-athletes must be respectful at all times toward their teammates, opponents, coaches, and officials. All student-athletes must also respect the spectators and fans. Athletes are expected to show good sportsmanship, play by the rules, and gracefully handle winning and losing. Losing self-control, using inappropriate gestures, verbalizing foul or abusive language, arguing a referee's call or a coach's decision, or displaying other signs of disrespect are reasons for disciplinary action.

All Saints CYO Academic and Behavior Policy

At All Saints CYO, academics and behavior are considered top priorities for our students. Athletics play a vital role in fostering respect, integrity, and teamwork while helping to build moral character. To support students, parents, and the All Saints administration and staff, the following athletic policy is in place:

Academic Requirements

1. **Grade Requirement:**
 - All students participating on an All Saints CYO team must maintain a minimum grade of C or higher in all core subjects: Literature, ELA, Math, Science, Social Studies, and Religion.
2. **Grade Review:**
 - Academic performance will be reviewed by All Saints Administration.
 - Students not attending All Saints must submit their report cards to the All Saints Administration upon request.
3. **Academic Probation and Suspension:**
 - If a student's grade in any core subject falls below a C, they will be placed on **academic probation** for one week.
 - During this probationary period, the student has until the following week to improve their grade. If the grade remains below a C, the student will be suspended from athletic participation for the week.
4. **Reinstatement:**
 - Students removed from athletics for academic reasons may rejoin the team when their grades return to C or higher in all core subjects.
 - Upon reinstatement, the student will remain on **academic probation** and will be suspended again if their grades fall below the required level.

5. **Communication:**

- o If a student is found academically ineligible, the administration will notify both the parents and the coaches.

Behavior Requirements

1. **General Expectations:**

- o All students are expected to demonstrate respectful and responsible behavior at all times.

2. **Behavior-Based Ineligibility:**

- o A student will be ineligible for athletic participation for one week if they accumulate **two or more demerits** in a week.

3. **Suspensions:**

- o If a student receives an **in-school or out-of-school suspension**, they will be banned from all CYO activities for seven (7) days or until the suspension ends, whichever is longer.
- o This ban includes practices, games, and team activities. The ban begins on the first day of the suspension.

4. Consequences of disrespectful behavior can also include a reduction in playing time or even suspension or expulsion from the team. School policy should govern all such incidents, and these consequences must be enforced by the administrations and the faculty.

Scholar Athlete

One eighth grade boy and girl will be selected from each sport season (Fall, Winter, and Spring) as a scholar athlete. Each scholar athlete will be selected by the principal and athletic director.

The following selection criteria are taken into consideration when selecting the scholar athlete:

1. The nominee must have a 3.2 G.P.A. or better ("B" average or better).
2. The nominee's citizenship, leadership, and athletic ability.

School/CYO Suspension Policy

In addition to school behavior, CYO suspension can occur because of conduct during practice or a game. Behavior that is disrespectful or a violation of the student expectations found in this handbook, can also result in suspension or expulsion from the team.

Consequences of disrespectful behavior during CYO can also include a reduction in playing time or even suspension or expulsion from the team. CYO and school policy should govern all such incidents, and these consequences must be enforced by the school administration and the CYO staff and coaches. Student-athletes may be suspended from practicing with the team and/or participating in games for the following behaviors:

- Inappropriate language, as deemed by the coach, officials, or school administration
- Physical or emotional abuse of teammates, opposing players, coaches, spectators, or officials
- Destruction of school facilities and equipment
- Disrespect toward any coach or official in games or practices
- Lack of academic performance, effort, and/or positive behavior in the classroom
- Several "Code of Ethics" violations

Student-Athlete Code of Ethics

All student-athletes are expected to exhibit the following behaviors:

- Play the game for the game's sake
- Be generous in winning and graceful in losing
- Display good sportsmanship and respect toward all opponents
- Work for the good of the team
- Accept the decisions of the officials gracefully
- Conduct yourself at all times with honor and dignity. This includes during and after school, games, practices, and trips to other schools and facilities

- Recognize, applaud, and encourage the efforts of your teammates and opponents
- Show respect for your coaches
- Show respect toward fans and personnel from other schools

Playing Time

Practice time is valuable in a player's development and attendance at practices is important and necessary. Players are required to attend all practices scheduled by the coaches. Players must contact coaches in advance if they cannot make a practice. Excused absences may or may not affect playing time and this decision is left to the coaches. Unexcused absences will affect playing time, up to and including non-participation in games. Game Day Playing Policy Junior Varsity athletics follow the CYO stated mission of participation, which requires the coach to include all players in each game. For basketball, the CYO rules dictate that all players make an appearance in two quarters and may not appear in more than three.

The amount of playing time is determined by a number of factors including attendance, work ethic, and skill level. CYO Varsity athletics are a competitive based league. The objective is to develop the student athlete to compete at the high school level. Therefore, there is NO guaranteed playing time at the varsity level. However, it is the mission of the ASCS Athletic department to ensure that all Varsity student athletes are given the opportunity to participate in games during the season. In order to facilitate this mission, the scheduling of non-league games/scrimmages will be encouraged at all levels but be expected at the Varsity level as a means to ensure all athletes playing time.

Note: Additional practices in excess of 4 times /week are allowed prior to beginning of the regular game schedule with agreement between coaches / parents.

Eligibility

If there are available openings on team rosters for students who do not attend All Saints Catholic School, preference will be given to:

- A student not enrolled in All Saints school, but a current parishioner of St. Kenneth's, St. John Neumann, Resurrection, or St. Thomas a'Becket parish.
- An athlete who is a parishioner of a neighboring parish, that doesn't have a CYO team.
- An athlete who is a student of a neighboring Catholic school whose school does not sponsor a CYO team.

No Cut Policy

Every All Saints student who desires to play a junior varsity or varsity CYO sport that is open to students in their grade shall be allowed to play and all students who desire a place on a team will be accommodated so long as there are sufficient resources, including coaches, to provide that opportunity and registration is received by the deadline. No student shall otherwise be "cut" from a junior varsity or varsity CYO team.

Sportsmanship

All student athletes, by accepting a position on a team, should be guided by the rule: the good of the team comes first, before any individual goals. Understanding the rules in this guidebook and on the field of play should increase your enjoyment of the game you play.

1. Accept and understand the seriousness of your responsibility and the privilege of representing the parish, school, and community.
2. Live up to the standards of sportsmanship established by CYO, parish/school administrations and the coaching staff.
3. Learn the skills and rules of the game thoroughly and discuss them with teammates, parents, friends, and fellow students.
4. Treat opponents the way you would like to be treated, as a guest or friend.
5. Refrain from making any kind of derogatory remarks to your opponents during the game.
6. Wish opponents good-luck before the game and congratulate them in a sincere manner following either victory or defeat.
7. Respect the integrity and judgment of game officials. The officials are doing their best to help promote you and your sport.
8. Win with humility; lose with grace. Do both with dignity.

Physical Examination

All student athletes participating in athletics must have a MHSAA Sports Physical or a physical form stating "cleared for sports" dated on or after April 15 of the current year and signed by a medical professional. The physical form must be submitted prior to the athletic director prior to the start of tryouts or the season, whichever comes first.

Student-athletes will not be permitted to receive a uniform nor participate in tryouts, practices and games until the physical is received, with the noted requirements, by the Athletic Director.

Please make a note on the physical form, and notify the coach, if there are any health issues of which the coach needs to be aware. These forms will be held on file by the athletic department for the school year and will be shredded or returned upon request at the end of the current school.

Registration and Team Formation Process

The following outlines the registration and team formation processes for each sport:

1. The athletic director announces at the preseason meeting the selection criteria for that season/sport, before evaluations are held. The selection criteria may vary from sport to sport, season to season.
2. Evaluations will occur for Varsity and JV Basketball and Volleyball. The evaluations will be held for all registered students wishing to participate. In order to be appropriately placed onto a team, each student athlete must participate on the scheduled date for player evaluations. If a student athlete does not attend evaluations, that student will be placed onto a team based on team availability, after teams have been created.
3. Evaluations will be looking at overall skill in action and per position. Team structures will be based on athletic ability, positional need per team and sportsmanship.
4. Varsity: Evaluators meet with the athletic director and based upon player evaluations, a #1 team roster is filled consisting of the highest rated 7th and 8th grade athletes as they pertain to the team structure, thereafter the remaining teams.
5. IV: Evaluators meet with the athletic director and based upon player evaluations, a #1 team roster is filled consisting of the highest rated 5th and 6th grade athletes as they pertain to the team structure, thereafter the remaining teams.
6. IV 4th Grade: In the event that roster numbers indicate that there should be two 4th grade teams, rosters will be determined through an evaluation to equally distribute players by their athletic abilities and positional needs.
7. Head coaches and assistant coaches are assigned only after teams are selected.
8. Team rosters will be announced to players and parents by the athletic director via e-mail. Rosters will also be made available via the All Saints website.
9. In the event that registration numbers exceed 12 where we have one team by grade or 24 where we have two teams by grade, additional athletes will be added to the teams.
10. Exceptionally gifted athletes, as deemed by evaluations, are permitted to play one grade level higher with the approval of the player's parents and the athletic director.

Responsibilities/Expectations of Parents

Parental support is valued and encouraged. Parents/ guardians and spectators must conduct themselves in an appropriate manner and act as positive role models for all participants.

The following expectations and responsibilities are required of all parents of student athletes:

Commit to the Demands of the Sport

It is important for parents/guardians to understand that participation in an athletic program is a significant commitment. This commitment includes adhering to all school and league policies, attending every game at all locations at which their team is scheduled to play, driving student athletes to “away games” or tournaments that are a good distance from the school, and participating in tournaments during the holidays.

Act in Accordance with Catholic Values

Parents/guardians are expected to support and encourage their child’s efforts. All comments from the stands should be supportive of the team’s efforts. No negative comments and criticisms should ever be directed toward student-athletes. In addition, public criticisms directed toward the coaches, the athletic director, and the school administration are absolutely unacceptable. In addition, it is expected that parents/ guardians act as role models for their children by putting wins and losses in their proper perspective.

Let the Coaches Coach and the Referees Ref

Parents/guardians should make no attempt to instruct players or the team from the stands. In addition, questioning, criticizing, or berating the coach and/or the referees does not set a good example for the young athletes involved in the contest.

Volunteer their Time

Parents/guardians are expected to contribute their time and service in support of the team and the interscholastic athletic program. A viable volunteer program is dependent upon everyone’s willingness to maintain a high level of quality and success. Parents/ guardians may be asked to assist as scorekeepers, timekeepers, ticket or money takers, refreshment sellers, crowd control monitors, or to help with set-up or clean-up. When appropriate, parents/guardians may be asked to serve as team liaisons and assist with phone calls or provide a schedule to see that all tasks are filled and rotated in an equitable manner. In addition, parents/guardians may also be asked to help with and support fund-raising. Any expectation that is mandatory must be clearly stated before the season begins.

Provide Transportation to and from Games

In most cases, parents/guardians are expected to provide transportation for their children to and from games and practices. Coaches are not covered with liability insurance for chauffeur service. Therefore, they are not allowed to transport athletes at any time.

Engage in Respectful Communication

Parents/guardians should communicate directly with the coach and athletic director on matters of concern. They must do so at appropriate times, and not immediately before, during, or after a game. While it is a given that parents/guardians act as advocates for their own child, it is important for parents/guardians to understand that coaches, athletic directors, and school administrators make decisions that benefit the group, not the individual. Sometimes decisions that benefit the group conflict with individual needs and desires, but such is the reality of being a member of a team. Under no circumstances should parents/guardians be verbally abusive toward coaches, athletic directors, and school administrators. Parents/guardians must be respectful with their tones of voice, as well as thoughtful with the words they choose to use.

Pay all Necessary Fees and be in Good Financial Standing with the School

Parents/guardians may be asked to make the school fees and tuition account current as a condition of student participation in the athletic program. It is important for parents/guardians to realize the amount of time and effort it takes to run effective and efficient interscholastic athletic programs. The level of commitment that coaches, athletic directors, and school administrators put forth demands the respect of all parents involved. Parents/guardians who cannot adhere to a reasonable level of respectful behavior and expectations should have their privileges of attending games revoked. In addition, under no circumstance should parents/guardians sit in and around the bench area or speak with their child during games. Parents/guardians do not have these rights and privileges unless they are asked

to serve as an official volunteer coach

Parent Code of Ethics

- Remember that you are at a contest to support and cheer for your team and to enjoy the skill and competition, not to intimidate or ridicule the other team, fans, or officials.
- Remember that CYO level athletics are learning experiences for students and mistakes are part of the learning process. Praise the student athletes in their attempt to improve themselves as students, as athletes, and as people; just as you would praise a student working and striving in the classroom.
- Learn the skills and rules of the game, so that you may understand and appreciate why certain situations take place.
- Show respect for the opposing players, coaches, spectators, support groups, and officials.
- Refrain from making any kind of derogatory remarks to your opponents during the game.
- Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student athlete and admire their willingness to participate in full view of the public.
- Recognize and show appreciation for an outstanding play by either team.
- Any parent that fails to abide by these guidelines will be subject to investigation by the Discretionary Committee.

Discretionary Committee

1. The function of the Discretionary Committee shall be to investigate issues, complaints, or conflicts brought forth pertaining to the Code of Conduct
2. The Discretionary Committee shall be comprised of the principal, assistant principal/athletic director, and seasonal coordinator, unless the issue directly involves a complaint against one of the Discretionary Committee members.
3. The Discretionary Committee shall investigate and rule upon the aforementioned issues, which may include the conduct of an athlete, student, parent, or coach on or off school premises which is directly related to CYO.
4. Investigation shall commence upon a written or oral complaint and request for investigation by anyone having an interest in the matter, including students, athletes, parents, teachers, coaches, and athletic director. It is strongly preferred that issues/complaints be brought in writing and signed by the person bringing the issue/complaint forward. If the person bringing the issue/complaint does not make a written request for an investigation the Discretionary Committee will only pursue an investigation if the gravity requires it.
5. The primary investigator shall be the athletic director, unless it is determined that there is a conflict of interest or other situation which warrants a different investigator. In this case, the assistant principal shall be the primary investigator.
6. The Discretionary Committee shall as expeditiously as possible investigate said issue and take the appropriate action warranted.
7. All Records of the investigation shall be kept private and the findings of the report shall be shared with the impacted parties.
8. The decision of the Discretionary Committee may range from no merit and no action taken to censor, suspension or dismissal from CYO events or programs.

Disciplinary Action

Any violation of the prohibited actions in the Student Athletic or Parent/Guardian Codes of Conduct could result in a disciplinary action, as determined by the Discretionary Committee, which may include one or more of the following:

1. Written reprimand.
2. Inability to participate in CYO events.
3. Expulsion from program.

Required Athletic Forms/Agreements

Parents and student athletes are required to fill out the Athletic Requirements Form and Agreements prior to the start of the sports season. This form only needs to be filled out once per school year and must be filled out for each student athlete. The school will send forms out via email prior to the start of the sports season. Required forms include:

Student Athletic Code of Conduct Agreement Parents/Guardian
Code of Conduct Agreement Parent Approval Agreement
Image Authorization Agreement
Medical Alerts and Waiver of Liability and Authorization for Emergency Medical Care Agreement

Informed Consent/Insurance

By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity from sprains and strains to permanent disability and death. Although serious injuries are not common in supervised CYO athletic programs, it is impossible to eliminate the risk.

Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment.

All Saints Catholic School will not assume financial responsibility for medical, dental, or hospital expenses incurred because of athletic injuries. The parent/guardian assumes all financial responsibility for any injury.

Participation in athletics is a voluntary, extracurricular activity in which the student participates. All participants do so at their own risk. The coach, school, or church will not be liable for injury.

Fees

Sport Participation Registration Fee

Each sport has a mandatory registration fee which helps to defer the overall cost of the sport.

Sport	Pay to Play Fee	Uniform Deposit
Baseball	\$160	\$50
Basketball	\$185	\$80
Bowling	\$180	\$50
Cheerleading	\$130 (Fall & Winter)	\$100
Cross Country	\$80	\$50
Soccer	\$160	\$80
Softball	\$160	\$50
Volleyball	\$160	\$80

Refunds

Refunds can be provided if requested within 2 weeks of the season start date. Beyond this time, refunds will not be permitted barring extenuating circumstances.