



ParaSport® Ontario June 2025 Newsletter

1 message

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ParaSport® Ontario - there is a sport for everyBODY.

June 2025



Hello Kevin,

Here's your monthly parasport news roundup, interesting things we've found and upcoming events!

Sitting Volleyball Camp



Sitting Volleyball Game Practice Durham College

Team Ontario Sitting Volleyball Camp

Team Ontario is thrilled to announce the launch of our very first Team Ontario Sitting Program camp June 19 - 21 2025.

This overnight training camp offers para-athletes from across the province a chance to train in a high-performance sitting volleyball environment. The program is built to create a seamless transition between local community programs and the national team level.

While this camp is specifically designed for para-athletes, we are also inviting able-bodied athletes to join, to complete a training group. The coaching staff will focus on developing key aspects of the game, ensuring comprehensive growth in both on-court skills, strength and conditioning, nutrition, etc.

[More About Sitting Volleyball](#)

[Learn More & Register](#)

2025 Ontario Coaching Excellence Awards



Nominate a Para Coach for the 2025 Ontario Coaching Excellence Awards presented by the Coaches Association of Ontario!

The awards are presented annually to exemplary coaches across Ontario to celebrate and recognize coaches for the integral role they play with their team(s), sport and in their community.

The 15 selected coaches will be recognized on September 13, 2025, at BMO Field where they will enjoy a VIP suite experience at the Toronto Argonauts game as part of the kickoff to National Coaches Week!

Share within your sport network or nominate a para coach yourself.

Winning coaches will also be awarded a \$500 prize to be used on purchases for their team, club or organization, from local Ontario and Canadian businesses, proudly provided by Hydro One Inc.

Nominations are NOW OPEN and close June 13th, 2025 at 11:59pm.

Nominate a Para Coach Today!

ParaSport® Magazine



Read Online

ParaSport® Magazine is available online to read at your convenience, 24/7. The latest issue is out. Read all the back-issues here.

[Read More](#)

Try It - Waterskiing



Dock Days Adaptive Waterski Program Give it a Go!

Longford Mills Ski Club is starting a grass roots Adaptive Waterski club. This will be an exciting new accessible opportunity in the area for those with a variety of disabilities.

Come try something new, hang out at the lake, join in the fun and ski.

WHERE: Longford Mills Ski Club Lake St. John, Washago

WHEN: Thursdays - June, July, August and September from 2pm to dusk.

COST: First session is free but skiers must be a WSWO member. (\$50 fee)

For more info contact Sandy Becher, Program Director at sandybecher00@gmail.com, 416-333-7516 or Kirsten at Longford Mills Ski Club at longfordmillssc@gmail.com.

2025 Niagara Parasport Games



The 44th Ontario Parasport Games Roundup.

Over 400 athletes competed in the 2025 Ontario Parasport Games held in the Niagara region May 31 - June 1, 2025. Athletes competed in 5-a-side Soccer, Athletics, Boccia, Goalball, Para Golf, Para Ice Hockey, Para Karate, Para Swimming, Sitting Volleyball, Wheelchair Basketball and Wheelchair Tennis

[Watch Competition and Event Videos](#)

[Accessible Canada Grants](#)



Enabling Accessibility Fund

The Enabling Accessibility Fund (EAF) provides funding for projects that make Canadian communities and workplaces more accessible for persons with disabilities.

The EAF supports Canada's Disability Inclusion Action Plan, in particular Pillar 3 -
Enabling Accessibility Fund Information

Research



Study finds Canadian children and youth with disabilities are not meeting the 24-Hour Movement Guidelines.

Cross-sectional results from the national physical activity measurement (NPAM) study for children and youth with disabilities show disabled youth and children are not meeting guidelines for movement and sleep.

[Read the Full Text](#)



Making the Case for More Women Coaches in Disability Sport.

As our society grows more aware of and receptive to first challenging and then overturning stereotypical conceptions of participants in disability sport, so does the necessity of attracting qualified women coaches to this field become essential.

Numerous studies, as well as anecdotal evidence, support women coaches' qualities, skills, and qualifications as being vital to non-disabled athletes' success, including "multitasking, effective communication, and empathy."

These same attributes are no less relevant for women coaches of athletes with disability, as the authors compellingly contend. - Sheila Robertson, Journal Editor.

[Download the PDF at Coach.ca](#)

NextGen Fund



NextGen: The Program Sparking Canada's Paralympic Future Celebrating the program funded by donations to the Paralympic Foundation of Canada that is building a stronger, more inclusive Canadian Paralympic Teams.

Established in 2014, the Next Generation (NextGen) Program was created to support Para athletes who had shown early potential at community club programs but weren't yet at the elite level, a critical phase in an athlete's development but was a "missing link" in the Canadian Para sport system.

"There was a clear need to support athletes earlier in their high-performance journey," Catherine Gosselin-Després, Chief Sport Officer of the Canadian Paralympic Committee shared. "We had talented Para athletes who were too advanced for entry-level programming but not yet ready for full podium funding. That's where the NextGen Program comes in and where the Foundation's support has been absolutely critical."

[More at Paralympic.ca](https://www.paralympic.ca)

Events



OBSA Judo Outreach June 4, 2025

Come and try blind Judo with Ontario Blind Sports Association in Partnership with Wayne Gretzky Sports Centre.

[Learn More and Register](#)



Under Armour Toronto 10K June 14, 2025

Athletes with Disabilities program supports additional participant needs, and new for 2025, a wheelchair category

[Learn More and Register](#)



OBSA Summer Sports Camp July 7 - July 10, 2025

The purpose of the camp is to provide youth an introduction to various sports led by certified sport instructors.

[Learn More & Register](#)



Our Calendar

Do you have a ParaSport® related event planned? A conference? A webinar? Tournament? We want to share that with our Members and Visitors.

[Add An Event](#)

Please follow us on our socials!

We're your hub for club announcements, upcoming events, athlete profiles and an online space to connect to other adapted sports enthusiasts and share ideas.



You are receiving this email because you are a ParaSport® Ontario Member, or you have signed up for the newsletter at <https://parasportontario.ca>.