

# TWIN CITIES HANDBALL LEAGUE

2025 - 2026 Schedule

## First Half

### Week 1 14-Oct

River Rats @ **The Scraps**  
Midwayniacs @ **Lifetime – 98th**  
BYE: Ball Breakers

### Week 2 21-Oct

The Scraps @ **Lifetime – 98th**  
Ball Breakers @ **Midwayniacs**  
BYE: River Rats

### Week 3 28-Oct

Lifetime – 98th @ **River Rats**  
The Scraps @ **Ball Breakers**  
BYE: Midwayniacs

### Week 4 4-Nov

River Rats @ **Midwayniacs**  
Lifetime – 98th @ **Ball Breakers**  
BYE: The Scraps

### Week 5 11-Nov

River Rats @ **Lifetime – 98th**  
The Scraps @ **Ball Breakers**  
BYE: Midwayniacs

### Week 6 18-Nov

Ball Breakers @ **Lifetime – 98th**  
River Rats @ **Midwayniacs**  
BYE: The Scraps

### Week 7 25-Nov

The Scraps @ **River Rats**  
Lifetime – 98th @ **Midwayniacs**  
BYE: Ball Breakers

### Week 8 2-Dec

Midwayniacs @ **Ball Breakers**  
Lifetime – 98th @ **The Scraps**  
BYE: River Rats

## Second Half

### Week 9 9-Dec

Ball Breakers @ **River Rats**  
Midwayniacs @ **The Scraps**  
BYE: Lifetime – 98th

### Week 10 16-Dec

Ball Breakers @ **Lifetime – 98th**  
Midwayniacs @ **River Rats**  
BYE: The Scraps

### Week 11 13-Jan

Ball Breakers @ **River Rats**  
The Scraps @ **Midwayniacs**  
BYE: Lifetime – 98th

### Week 12 20-Jan

Lifetime – 98th @ **The Scraps**  
Midwayniacs @ **Ball Breakers**  
BYE: River Rats

### Week 13 27-Jan

Ball Breakers @ **The Scraps**  
River Rats @ **Lifetime – 98th**  
BYE: Midwayniacs

### Week 14 3-Feb

The Scraps @ **River Rats**  
Lifetime – 98th @ **Midwayniacs**  
BYE: Ball Breakers

### Week 15 10-Feb

Midwayniacs @ **The Scraps**  
River Rats @ **Ball Breakers**  
BYE: Lifetime – 98th

### Playoffs *(LifeTime Fitness in Fridley)*

Quarter-Final: (5) @ (4) 17-Feb

Semi-Finals: (4)/(5) @ (1) | (3) @ (2) 24-Feb

Finals: 1st & 3rd place Sat. 2/28

Home team is on the right and in **bold print**