Parents and Athletes,

We are excited to have athletes back on campus and working out starting on July 1. As we prepare for this, we want you to know what precautions will be taken to keep you safe. During this unprecedented time we have utilized all resources available to mitigate risk and ensure the safest possible environment for participation. Although the Wisconsin Interscholastic Athletics Association (WIAA) is the primary organization providing leadership and guidance for Wisconsin high school athletics, guidance from other pertinent sources has been included.

#### COVID-19 Facts

The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID- 19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to athletes, coaches, staff, and their families significantly.

The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.

Decreasing potential exposure to respiratory droplets is the guiding principle behind social distancing and the use of face coverings. The use of cloth face coverings is meant to decrease the spread of respiratory droplets.

#### Deciding to Re-Open

The decision to re-open is based on the following criteria:

* Reopening is consistent with state and local orders.
* To protect children and employees at higher risk for severe illness, these individuals must remain home.
* Students and employees will be screened upon arrival for symptoms and history of exposure.
* Recommended health and safety actions are in place.
* Healthy hygiene practices such as hand washing and employees wearing a cloth face

covering, as feasible is promoted.

* Cleaning and disinfection is intensified.
* Social distancing through increased spacing, small groups and limited mixing between groups will be promoted.
* The coaching staff will be trained on health and safety protocols.
* Ongoing monitoring is in place.
* Procedures to check for signs and symptoms of students and employees daily upon arrival have been developed and will be implemented.
* Anyone who is sick is encouraged to stay home.
* A plan has been developed for if students or employees get sick while at workouts.
* Regular communication and monitoring developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures is in place.
* Student and employee absences will be monitored.
* Consult with the local health authorities will occur if there are cases in the facility or an increase in cases in the local area.

#### Prior to Arriving

Prior to arriving for workouts, athletes and staff should self-screen for COVID-19 symptoms before coming onto campus. Any individual (staff or student) who experiences any symptom listed below will not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health- care professional. Any athlete, coach, or staff member living with someone who experiences any of the symptoms of COVID-19, whether they have a positive COVID-19 test or not, should self-isolate for two weeks. If they do not experience any COVID-19 symptoms during that period, they can return to summer school activities. If they experience symptoms, they must self-isolate until the conditions outlined above have been met.

Self-screen Symptoms:

Cough Chills Muscle pain Shortness of breath or difficulty breathing Repeated shaking with chills Headache Sore throat Loss of taste or smell Diarrhea

Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit

Known close contact with a person who is lab confirmed to have COVID-19

Furthermore, underlying medical conditions may increase the risk of severe illness from COVID-19 for individuals of any age. If any individual has an underlying medical condition listed below, they should not attend workouts.

* People 65 years and older
* People who live in a nursing home or long-term care facility
* People of all ages with underlying medical conditions, particularly if not well controlled, including:
* People with chronic lung disease or moderate to severe asthma
* People who have serious heart conditions
* People who are immunocompromised
* Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
* People with severe obesity (body mass index [BMI] of 40 or higher)
* People with diabetes
* People with chronic kidney disease undergoing dialysis
* People with liver disease

#### Once on Campus

* When students are arriving at workouts, they must wait six feet apart.
* All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. Screening includes a symptom questionnaire and temperature check.
* Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional.
* Any person who has had a fever or cold symptoms in the previous 24 hours should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health- care professional.
* Hand sanitizer will be available at each entrance and students, coaches, and staff will be required to use it whenever they enter the building.
* Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in workouts.

#### Sport Participation

* Attendance is optional
* Workouts will be planned with a minimum distance of 6 feet between each individual at all times.
* Hand sanitizer will be plentiful and available.
* There should be no shared athletic towels, clothing or shoes between students.
* Students and coaches will wash hands or use hand sanitizer after they have touched something another person recently touched.
* Students and coaches may wear non-medical grade face masks.
* All students must bring their own water bottle. Water bottles must not be shared.
* Hydration stations (water cows, etc.) will not be utilized.

#### Post Workout Procedures

* When students are leaving workouts, they must wait six feet apart.
* Students should shower and wash their workout clothing immediately upon returning to home.
* Facilities will be cleaned after each workout.

#### Athletics Workout Schedule

TBD – If coaches should decide to conduct summer workout sessions, open gyms, contact days, etc., communication will come from them.

We look forward to getting back to some resemblance of normalcy in sport and will continue to provide information and updates to athletes and parents.

Sincerely,

Jeff Behrens, CAA

Pewaukee Athletics & Activities Director