

## **Queen City Royals Travel Program**

The Queen City Royals Hockey Program will consist of 3 levels of hockey, Tier II AA, A, and Selects. Tier II AA represents the second highest level of competition in USA Hockey Youth. Tier II AA teams in the 14U, 16U, and 18U age groups will compete for the opportunity to advance to the USA Hockey National Championship Tournament in April. The A program continues the CMHA focus on player development and provides good competition while minimizing travel expenses for families. The program is an excellent training environment where players can advance their skills to get to the next level. Dedicated players from the A program have advanced on a regular basis to the AA ranks in subsequent seasons. The Select program is better for parents and players who want to get their foot in the door. Select players will be enrolled within the Metro league while also participating in league play within the Carolina Hockey league(CHL).

### **Tryouts and Team Selections:**

The schedule is posted near the bottom of this document.

Players will be evaluated during 3 sessions on the ice involving skill work, skating skills, and controlled scrimmages. There will also be a mandatory organization wide goalie tryout on Saturday morning from 8:00-9:20am.

All roster selections will be finalized the last day of tryouts. (Sunday)

The evaluators for these sessions will be the program's directors and coaches along with former professional and college players.

### **Acceptance Policy**

-To be eligible, all players must be registered for the tryout through our Maxgalaxy system. For more information. Go to [www.xichockey.com/tryouts](http://www.xichockey.com/tryouts)

-The evaluation committees at each age group will make their roster selections at the conclusion of the final, level specific, tryout session.

-Concluding tryouts on the last session, coaches will meet with all players in the locker room. Teams will be posted within the lobby upon the last skate of the day for the respective age group.

-Players chosen for the teams will then proceed to meet in designated area (TBD) with the coaching staff of that team.

-Coaches will then provide players a folder with all information on next steps. In the folder you will find Team I.D Code, which will be needed to accept the position by logging onto MaxGalaxy and registering for the season. Parents/Guardians will have 48 hours following the coaches offer to accept the position.

-Coaches will automatically move on to their alternates if acceptance is not made within the allotted time. There will be **NO EXCEPTIONS**.

### **Commitment:**

Travel Teams of the Queen City Royals require time and commitment from both the player and parents. These teams will compete at a higher level and have the ultimate goal of advancing to the USA Hockey National Championship Tournaments at the 14U/16U/18U Level. The program is designed to provide the practice, player development, and game structure to help achieve that goal.

Players who wish to compete at this level must commit themselves to the team and make the sacrifices necessary to help the team achieve its goals. Players will therefore be expected, with few exceptions, to attend all CMHA scheduled practices (on and off ice), player development sessions, games, and community service. They are expected to work hard at all team events and show their coaches and teammates respect.

Standard team rules will be established and enforced by our travel teams in this regard. If these expectations are not met, playing time could be affected. Players with excessive absences and/or who abuse team rules may be released from the team.

CMHA and its coaches understand that school and family are very important. We understand conflicts may arise from time to time that take priority. Provisions will be made in the rules to accommodate some conflicts. We ask, however, that families manage their time and set priorities to limit missed team events, showing respect for their coaches and teammates. Players and parents are to promote time management to minimize these conflicts. Players cannot constantly use the excuse of I have a school conflict to miss practices or games, they must be able to get their schoolwork done in a timely fashion to be at team events. If this becomes an issue, they could be released from the program as they are unable to manage their time properly.

### **Team Uniform and Equipment:**

CMHA will supply the Travel Players including the Girls 14U/16U team of the Queen City Royals with home & away jerseys, game socks, practice jerseys, practice socks, and game shell. Also provided will be team warmup gear (Hooded Sweatshirt and Pants), T-shirt, shorts, and equipment bag. All items will remain the property of the players at the end of the season.

Select Players and Girls 10U/12U will receive game jerseys, game socks, and T-shirt.

**We will have a designated time for all players to be sized for gear and apparel. This will NOT be during tryouts this year. Times will be shared once tryouts are completed.**

**Off-Ice Uniform:** All teams will wear their team warmup gear to road games. 10U/12U teams will wear team polos and khakis to home games. 14,16 and 18U will be required to wear dress shirt and tie to all home games.

**Other Equipment:** Players will be required to have black helmets and gloves. These items are the responsibilities of players/parents and are not included in the program fees. Goalies are not required to purchase black helmets or gloves.

## **SEASON OVERVIEW:**

**Season:** The Queen City Royals Hockey will take the ice Late-August. The exact starting date will depend on the teams specific practice schedules. The regular season ends around late February/Beginning of March depending on each team's schedule.

**Kickoff** – Our Season Kickoff will start on August 29<sup>th</sup> for an all-day event. Schedule will be released following tryouts.

**League:** All Queen City Royals teams 10U through 18U will participate in the Carolinas Hockey League (CHL). \*Subject to change per the CHL Scheduling Meeting.

Please note that the number of league/exhibition games is an estimated range and will depend on the number of league participants and our ability to find teams willing to reciprocate games. Your fees include only those costs associated with the specific home game count listed on the program's breakdown.

**Games:** League and exhibition games will primarily be scheduled as home and home game weekends with 2 games per weekend at our rink and the away rink. In some cases, we may be able to schedule 3 games when traveling long distances for exhibition games. The exact league game weekend formats will vary depending on the number of teams in each CHL Division.

## **Player Development/Practice Format**

Player Development will remain the cornerstone of our program. A/AA teams will have the option to skate three times a week. Two mandatory sessions on Tuesday and Thursday with their team and one optional Power Skating session on either Monday or Wednesday. These power skating sessions will give our players the option to work on the speed aspect of their game. We are doing this on a different day because this will provide an opportunity for our athletes to work on these skills while not taking from their team practices on Tuesday and Thursday. Power skating will be run by Logano Power Skating.

Power Skating Sessions are not being added to the player fees. The cost will be \$15 per Session.

The reason these are optional is we understand there is a hockey - life balance. However, we recommend coming to as many as possible to ensure their development goals are reached.

10U/12U Power Skating will be on Monday from 4:50-5:50pm.

14U/16U/18U Power Skating will be on Wednesdays from 4:50-5:50pm.

Sign up links will be distributed once teams are selected

**Team practice schedules will be announced once teams are selected.**

**Off-Ice Training** - Architech Sports will run our off-ice strength and conditioning program calling it Architech Sports Hockey Athletic Development Program. This off-ice program will be mandatory for all teams once a week and will be scheduled either before or after their team's practice. Hockey requires speed, power, agility, and strength to perform at the highest level. Conditioning is also a major component to make sure the athlete can make it through all three periods and a full season.

During Kickoff, Architech Sports Hockey Athletic Development Program will be testing each athlete's Vertical and Broad Jumps (Power), 20yd Sprint (Speed), 5-10-5 (Agility), and 300 yd Shuttle (Conditioning). They will then design a personalized workout plan to improve areas of weakness as well as build strength. Each session will also incorporate mobility and flexibility training to help prevent injuries.

To Find out more about the programs, or to schedule a free trial workout, email [Miles@architechsports.com](mailto:Miles@architechsports.com)

**Tournaments:** CMHA Directors in conjunction with the team's coaching staff will select and schedule all tournaments. Note that the tournament schedule is dependent on acceptance into certain tournaments and therefore subject to change. Teams that choose to participate in additional tournament(s) beyond those included in program fees, will be responsible for the tournament fee and Head Coach's expenses. (Non-parent Head Coach).

The 14U, 16U and 18U teams are also eligible and will compete to attend the USA Hockey Tier II National Championship Tournament (If Applicable)

**National Tournament and Qualification:** Queen City Royals Tier II AA teams are considered National Bound. This means if they do qualify, they WILL participate in the USA Hockey Youth National Championship Tournament held in late March/early April of each season. **Acceptance of a roster position on a National Bound Team is your commitment to participate in the USA Hockey National Championship Tournament if the team qualifies.**

**Youth Tier II USA Hockey National Championships March 25-29, 2021**

Team	Location
14U	McKinney, Texas
16U	Grand Rapids, Michigan
18U	Green Bay, Wisconsin

Qualifying teams will incur additional costs for practices and exhibition games scheduled in March in preparation for the National Tournament. The additional fee for a national bound team will be set prior to the end of the season but is estimated at approximately \$225-\$275 per player. The fee will be collected prior to the National Tournament and is required to participate.

**Goalie Development** – Each goalie within our program will have weekly goalie training on the puddle with Coach Brian Haaland. Typically, this has been on Wednesdays. Goalie coaches Matt Leon and Brian Holmberg will also be at each goalie's disposal throughout the year. Goalie coaches will be available for most practices during the year.

**Tactical Advantage** – John Turner will be running the on ice skill development program this season while utilizing the puddle. John currently owns and operates Tactical Advantage Hockey, an all-encompassing skill development company based out of Charlotte, North Carolina. Coach Turner will be focusing on the development of stick skills including shooting, stick handling, and passing through the use of technique and fine motor skill-based drills. Players will be receiving weekly instruction throughout the entire season, and we are excited to have this addition to our player development model this year.

Coach Turner is a USA Hockey level 4 certified coach and has completed age specific modules for all youth hockey ages. His coaching experience includes head coach and director of skill development for the Charlotte Rush junior hockey program, as well as other youth programs in the area. Coach Turner has been an instructor at numerous hockey camps including Huron, Sports International Hockey Schools, Pro Ambitions, Laura Stamm Power skating, in addition to his own hockey camps. John has been teaching private lessons for over 10 years to youth and adults in the Milwaukee, New England and Charlotte areas.

Coach Turner is extremely excited for the opportunity to work with our program and he brings a high level of energy and passion to the rink every day.

**Shooting Room** – Every team within our program will have access to the shooting room. A coach must be in the shooting room with any players.

**Puddle Ice** – Each team has a specific amount of puddle time built into the team's budget. This will be used for training and/or battle puddle. Most of this ice will be used during the week with Tactical Advantage.

### **Program Loyalty Discounts –**

**Goalies** - will be receiving a 20% discount. This discount can be applied by contacting Tyler LaShomb.

**Puddle** - Players in our programming will be able to rent the Puddle at \$75.00. This price will only be applicable if all players on the puddle are in our program. Any other players or parents requesting ice rental will need to pay \$100.

## Parents Code of Conduct

- Children are involved in organized sports for their enjoyment. I will encourage and support my child's desire to play his/her chosen sport but will not pressure him/her into participating
- I will remember that the game is fun. I will not taunt or disturb other fans, or embarrass my child by yelling at parents, coaches, or officials.
- I will support and promote Fair Play by encouraging my child to play by the rules. I will display good sportsmanship by applauding a good effort by both teams in victory and defeat, and respecting players, coaches and officials.
- I will remember that "wins" are based on my child's performance, teamwork, and playing within the rules.
- I will recognize the importance of our coaching staff and will take time to attend team meetings to get to know my child's coach's philosophy, expectations, and guidelines. I will communicate with my child's coaches and support them.
- I understand that when my child is on the ice, the coaches do the coaching. I will not yell instructions to my child from the sidelines or give my child instructions counter to those of their coach.
- I understand that it is my role to teach my child sportsmanship, how to deal with success and failure, and to support my child's development in the game.
- I will strive to become knowledgeable about the rules of the game and support the official's decisions on and off the ice.
- I understand the importance of skill development. For the lower age groups, I will remember that practices benefit my child more than games and competition.
- I will respect locker rooms as private areas for players, coaches and officials.

## **Parent expectations -**

If there are any issues with a coach's decision you must wait 24 hours after said issue to contact your coach so you can call to discuss the issue with a level head. This rule is extended 48 hours if it is a multi-game weekend, and the issue occurred during the first game. Parents are also only permitted to contact coaches during reasonable hours. No late night or early morning calls. Our coaches are humans as well and many of them have families and bothering them late at night or early in the morning is unacceptable.

### **Order of handling issues -**

Player talks to coach  
Parent Phone call  
Parent player meeting  
Organization meeting with directors

You do not jump straight to the organization for issues that can be handled between the parent/player and the coach.

If for some reason, the directors need to be involved, you will need to set up an appointment before 4:30pm during the week. During the hours of 4:30-10:30pm, the XIC Hockey department's focus is the development of players on-ice and off-ice.

## **Parent expectations at tournaments -**

Players are not to be running around hotels or playing floor hockey in the hallways. Not only is this a disturbance to the hotel this is an easy way for players to get hurt.

We understand that tournaments can be mini vacations for families. Please do not plan personal events without coach's prior knowledge/approval as there may be team events such as dinners or meetings scheduled.

Parents are to keep alcohol consumption away from the players and intake to a reasonable level especially at rinks / arenas where alcohol is served. You are as much a representation of the organization as the players are. Any parent who is reprimanded by an arena/facility or law enforcement for public intoxication may be suspended/banned from future Queen City Royals games, events, and depending on degree of infraction Extreme Ice.

## 2020-2021 Queen City Royal's Tryout Schedule

### Friday, August 7<sup>th</sup>

<u>Team &amp; Level</u>	<u>Time</u>
ALL 10U	6:00-7:00pm
ALL 12U	6:30-7:30pm
All 14U	7:10-8:10pm
All 16U	7:40-8:40pm
All 18U	8:20-9:20pm

### Saturday, August 8<sup>th</sup>

<u>Team &amp; Level</u>	<u>Time</u>
ALL LEVEL GOALIES	8:00-9:00am
All 10U	9:10-10:10am
All 12U	10:20-11:20am
All 14U Group 1	11:30am-12:30pm
All 14U Group 2	12:40-1:40pm
Girls Evaluation	1:50-2:50pm
All 16U	3:00-4:00pm
All 18U	4:10-5:10pm
Girls Evaluation	4:30-5:30pm

### Sunday, August 9<sup>th</sup>

<u>Team &amp; Level</u>	<u>Time</u>
All 10U	8:30-9:40am
All 12U	9:40-10:40 am
All 14U Group 1	10:50-11:50am
All 14U Group 2	12:00-1:00pm
All 16U	1:10-2:10pm
All 18U	3:20-4:20pm



## **Costs and Season Schedule**

### **SELECTS**

#### **10U Selects - \$2500 (Price includes Metro)**

12 Practices (Tuesday), CHL, 2 Tournaments (Includes CHL Playoffs), Skating Coach, Access to the shooting room, Game Jerseys, Game Socks, and T-shirt.

#### **12U Selects- \$2500 (Price includes Metro)**

12 Practices (Tuesday), CHL, 2 Tournaments (Includes CHL Playoffs), Skating, Coach, Access to the shooting room, Game Jerseys, Game Socks, and T-shirt.

#### **14U Selects - \$2500 (Price includes Metro)**

12 Practices (Tuesday), CHL, 2 Tournaments (Includes CHL Playoffs), Skating Coach, Access to the shooting room, Game Jerseys, Game Socks, and T-shirt.

**Girls Program** - Due to the Weekend model, Girls will not have access to Architect sports training, but can individually sign up with them.

#### **10U/12U - \$2500 (Price includes Metro)**

16 Practices (Shared with older group), Weekend Model, must play in Metro Program, 6 Puddle Practices, Access to Shooting Room, Ponytail Tournament, 6 Southern Series Tournaments (Home, Orlando, Tampa, Atlanta, Charleston, TBD) Access to Shooting Room. Game Jerseys, Game Socks, and T-shirt.

#### **14U/16U- \$2700 (Price includes Metro)**

16 Practices (Shared with younger group), Weekend Model, must play in Metro Program, 6 Puddle Practices, Access to Shooting Room, Ponytail Tournament, 6 Southern Series Tournaments (Home, Orlando, Tampa, Atlanta, Charleston, TBD) Equipment and Apparel Package

### **Travel**

#### **10U A/AA - \$3300**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 4 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Skating Coach, Equipment and Apparel Package.

**12U A - \$3300**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 4 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Skating Coach, Equipment and Apparel Package

**12U AA - \$3300**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 4 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Skating Coach, Equipment and Apparel Package

**14U A - \$3500**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 4 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Skating Coach, Equipment and Apparel Package

**14U AA - 3900**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 8 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Skating Coach, Equipment and Apparel Package

**16U A - \$3500**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 4 Home Exhibition Games, 25 Puddle Practices, Access to the Shooting Room, Architech Sports Training, Equipment and Apparel Package.

**16U AA - \$3900**

50 practices (Tuesday and Thursday), CHL, 3 Tournaments (Includes CHL), 8 Home Exhibition Games, 25 Puddle Practices Access to the Shooting Room, Architech Sports Training, Equipment and Apparel Package.

**18U AA - \$3900**

25 practices (Tuesday -Full Ice 90 Minutes), CHL, 3 Tournaments (Includes CHL), 8 Home Exhibition Games, 25 Puddle Practices(Different Day), Access to the Shooting Room, Architech Sports Training, Equipment and Apparel Package.

## **Payment Policy**

- A. Fees for all programs must be paid in full or involved in a payment plan. **Payment plan will add an additional 5% to the above fee.**
- B. Any registered player who leaves Charlotte Metro Hockey Association without paying the entire program fee (unless granted a release) will be deemed as “not in good standing” with CMHA and USA Hockey
- C. Any member who does not satisfy an outstanding balance from any prior season will not be allowed to register for any Charlotte Metro Hockey Association program until the prior balance is paid in full or arrangements have been made.
- D. Extended payment plans due to financial hardship may be requested. Upon receipt of documentation supporting hardship circumstances, the CMHA Hockey Director will arrange and approve extended payment plans. Any default on extended payment plan will result in all outstanding fees due in full immediately.
- E. Members with payment delinquencies or failed charges that are not immediately satisfied will be subject to immediate suspension from all program activities until the delinquency matter is settled.
- F. In the event of a dishonored charge, members also authorize CMHA to charge their credit card used in the original registration for any amount dishonored PLUS a \$25 service charge for each dishonored payment as it occurs.
- G. Dishonored charges due to unforeseen circumstances with the cardholder account (i.e. stolen card, fraud concern cancellation, etc.) will be granted a single grace recharge without fee, provided that replacement payment information is received with 48 hours of failed charge.
- H. This authorization is to remain in full force and effect until CMHA has received written notification from the member of its termination in such time and in such manner to afford CMHA a reasonable opportunity to act on it. Cancellation of this authorization shall not terminate any of the member’s payment obligations pursuant to the current CMHA hockey program registration of their authorization to charge their credit card.
- I. Member agrees to pay all program fees according to the Card Issuer Agreement and these terms

## **CMHA Payment Plan**

Additional 5% Added

\$500 down when registering for the team.

6 Monthly Payments, evenly split, starting September 1st

### **Covid-19 Refund Policy**

No refunds will be issued due to Covid-19 related circumstances. If for any reason any scheduled event is cancelled (not postponed) an equivalent event or equal priced newly scheduled event will take its place. Any money put towards an event will then be transferred to the newly scheduled program. If you are unable to attend said event a credit will be issued for future use of an equal price of what was paid.

### **CMHA Refund Policy**

- A. All Travel program tryout fees are non-refundable or transferable under any circumstances.
- B. Once a position on a team has been accepted, and the commitment payment has been made, the parent or the legal guardian assumes financial responsibility for the entire season fee. This commitment payment is non-refundable.
- C. Program fees are non-refundable and non-transferable from player to player or season to season. An exception to the non-refundable policy is a proration of unused fees for a season-ending injury (medical re-fund) prior to December 31.
- D. The CMHA Director will review requests for a medical refund. All refund requests must be made in writing to the CMHA Hockey Director and have physician documentation supporting suspension or termination of season. Refunds granted will be a pro-rated portion of the season for time missed.
- E. In no case will greater than 50% of any program fee be refunded.
- F. No refund request will be considered after December 31 for any reason.
- G. Program fees will not be refunded for any player who accepts a position on a team, and then opts for another organization/team thereafter. Releases will not be granted until member balances have been satisfied in full.
- H. The CMHA Hockey Director may also review requests for refunds

**If you have any questions, feel free to call us at the rink. 704-882-1830.**

Brendan Logan

Jeff Lobman

Tyler LaShomb