

# DQ #3 Hosted by Columbia Gymnastics

January 11, 2026

Session 1	Level 3	Format: Traditional	57 gymnasts
	Registration .....		7:40 AM
	Open Warm-up .....		7:40 AM
	Timed Warm-up .....		8:00 AM
	Presentation of Teams .....		9:00 AM
	Awards .....		10:30 AM
Session 2	Level 4	Format: Traditional	34 gymnasts
	Registration .....		11:00 AM
	Open Warm-up .....		11:00 AM
	Timed Warm-up .....		11:20 AM
	Presentation of Teams .....		11:56 AM
	Awards .....		1: 00PM
Session 3	Level 5-7 &PT	Format: Traditional	45 gymnasts
	Registration .....		1:10 PM
	Open Warm-up .....		1:10 PM
	Timed Warm-up .....		1:30 PM
	Presentation of Teams .....		2:18 PM
	Awards .....		4:18 PM

## Admission

Adults age 14 and older - \$12.00 Children ages 6 to 13 - \$10.00 Children under 5 - no charge

