



## Regina High Schools Athletic Association

#1 - 575 Park Street  
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“ATHLETICS IN EDUCATION”

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### Travel Policy

The RHSAA, Regina Public School Board, Regina Catholic School Board, and Luther College High School recognize the educational value of extracurricular athletics and provincial competition. In order to plan and facilitate provincial travel, the following policy shall govern provincial travel and competition. The participating aforementioned boards agree to support those activities governed/approved by the SHSAA.

#### Governance by SHSAA

The SHSAA organizes interschool competition in the following activities for the genders designated below.

NC	a)	Badminton	Boys, Girls, Mixed
C	b)	Basketball	Boys, Girls
NC	c)	Cross Country	Boys, Girls
NC	d)	Curling	Boys, Girls, Mixed
NC	e)	Golf	Boys, Girls
C	f)	Football	Open
C	g)	Soccer	Boys, Girls
NC	h)	Track and Field	Boys, Girls
C	i)	Volleyball	Boys, Girls
NC	j)	Wrestling	Boys, Girls

“C” – Classified – Teams advance through three levels of competition (Conference, Regional, and Provincial).

“NC” – Non Classified – Teams advance through two levels of competition (District and Provincial).

#### Travel

- Parent permission/information form provided by the RHSAA .
- All travel shall be arranged by the RHSAA office in the form of a bus or van.
- Use of private vehicles is discouraged. In the event that private vehicles are used, they must be driven by approved school personnel. Travel with a private vehicle is (\$0.35/KM).
- Departure times shall be determined in consultation with the RHSAA, coaches, and administration.

- Athletes are expected to travel with arranged travel or with their own parents only.

### **Supervision**

- It is expected that teams are supervised by at least one school staff member. Suggested athlete/supervisor ratio is 20-1.
- There shall be approved female supervision for female athletes and approved male supervision for male athletes.
- In the event that a travelling team consists of athletes from more than one school board, there should be at least one supervisor from each represented board.
- If there is no supervisor from the represented board, written permission is required from parents to authorize supervision (SHSAA non-faculty declaration form).

### **Accommodation**

- To insure accommodation the RHSAA will book hotel rooms once the host site has been determined.
- Schools are NOT to book accommodation on their own.
- The RHSAA and subsequent boards are responsible for room and taxes only for team personnel.
- Room occupancy is four (4) athletes per room. Two same sex coaches/supervisors per room (One per bed).
- If athletes are staying with their parents the RHSAA and participating boards are not responsible for cost of accommodation.
- Room limits – See chart
- Once a team qualifies for provincial play downs, the RHSAA office will ask for rooming lists to be filled out in the digital format provided by the RHSAA office.
- Not all provincial competitions require accommodation. Travel distance and availability of hotel rooms may determine whether there is a need for accommodation.
- The RHSAA requires a copy of the invoice for accommodation and subsequently asks that a copy be returned to the office by one of the coaches.

### **Cost Reimbursement**

- The RHSAA and participating boards do not wish coaches/supervisors to incur food and gas expenses. The RHSAA will reimburse coaches and supervisors for the cost incurred with the submission of receipts. Receipts are to be submitted to the RHSAA office within three weeks of the event. Maximum daily allowance is breakfast (\$11), Lunch (\$11) and Supper (\$18). As with any school related event coaches are expected not to indulge in alcohol at any time during the trip.

## SPORT SPECIFIC TRAVEL GUIDELINES

Sport	Transportation	Maximum Accommodation	Notes
Badminton	Van	1 night Mixed, Boys & Girls Doubles – 3 Rooms/Team Boys & Girls Singles – 2 Rooms per Team	Regional and Provincial competition
Basketball	Vans	2-3 nights 3 rooms per team plus coaches	Day trips only when Moose Jaw hosts
Cross Country	Bus/Busses	1 night – 20 Rooms	6 categories with 10 runners in each and coaches
Curling	Vans	2 nights – 1 room per team plus coaches **Mixed – 2 rooms plus coaches	Provincial coaches meeting on Thursday and a practice
Golf	Vans	2 nights 4 golfers/room plus coaches (get 4 rooms total)	Possible individual competitors so max. of 7 golfers
Football	1 Bus	Day trip only	
Soccer	1 Bus for 2 Teams	2 nights – 8 rooms per team	Coaches meeting on the Thursday night
Track and Field	2 Buses	42 rooms – 2 nights	Event starts at 9:30 AM Friday – 2 athletes per event in 6 categories
Volleyball	1 Bus for 2 Teams	2 nights – 6 rooms per team	Coaches meeting on the Thursday night
Wrestling	1 or 2 Busses	1 night/35 rooms (approx.)	

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