

Atlantic Coast Wrestling Association (ACWA)  
16<sup>th</sup> Annual “War at the South Jersey Shore”  
National Wrestling Championships  
Easter Friday and Saturday, April 19<sup>th</sup> – 20<sup>th</sup>, 2019  
Girls Division, Folkstyle, Friday ONLY, April 19



**DESCRIPTION:** War at the South Jersey Shore National Girls Folkstyle Wrestling Championships at the Wildwoods Convention Center in Wildwood, NJ. This year’s **GIRLS ONLY WAR AT THE SHORE** tournament will once again be one day, on Friday morning, April 19, in order to allow girls to wrestle in both the Gotham City tournament (Saturday) and the War (Friday). Girls are also welcome to wrestle in the traditional **Boys War** (Fri and Sat, April 19 & 20, 2019). **IF GIRLS WRESTLE BOTH THE GIRLS AND BOYS TOURNAMENTS, the Boys registration fee will be discounted \$20.00.** See [www.AtlanticCoastWrestling.com](http://www.AtlanticCoastWrestling.com) for details.

**GIRLS REGISTRATION & PAYMENT:** Online only via [www.AtlanticCoastWrestling.com](http://www.AtlanticCoastWrestling.com). **GIRLS TOURNAMENT REGISTRATION FEE** is \$65.00 per wrestler, up until 11:59 PM, Wednesday, April 17, 2019. We now use FloWrestling’s Arena tournament registration portal. More details available on the Web site. Registration requires a FloWrestling account (free accounts are available). The Girls tournament is held on Friday ONLY, April 19, 2019, 10:00 AM start. Tournament director reserves the right to modify the tournament schedule or combine weight classes as needed. **WALK-IN REGISTRATIONS, FOR GIRLS DIVISION ONLY, ARE PERMITTED at Thursday night weigh-ins, April 18, 2019; WALK-IN FEE IS \$75.00. Users can easily setup a FREE FloWrestling account (1<sup>st</sup> link) and then register (2<sup>nd</sup> link) via the following links:**

[Click HERE to Create a FREE FloWrestling Account...](#)

[Click HERE to register for 2019 War at the Shore, ALL GIRLS DIVISIONS...](#)

**LOCATION:** Wildwoods Convention Center, 4501 Boardwalk, Wildwood, NJ 08260; Easter Friday

**HOTEL INFORMATION:** Make online reservations online ([www.AtlanticCoastWrestling.com](http://www.AtlanticCoastWrestling.com)) at preferred event hotels. **KEEP IN MIND:** most Wildwood hotels are still closed at Easter. Use the Website’s Hotels link to simplify getting a room.

**WEIGH-INS:** Thursday, April 18<sup>th</sup>, 2019; 5:00 – 8:00 PM, all divisions, Wildwoods Convention Center. **NO WEIGHT ALLOWANCE & NO WEIGHT CHANGES** after Wednesday, April 17<sup>th</sup>, 2019! Changes may be made **ONLY ONLINE** via the [AtlanticCoastWrestling.com](http://AtlanticCoastWrestling.com) Web site, using your FloWrestling User ID / Password established at registration. Competitors **MUST** weigh-in wearing a singlet and will be allowed a 0.2 overage for the singlet. **Fee-based early weigh-in is available from 11:00 am- 1:00 pm, Thursday, April 18, 2019 – all divisions can weigh-in for a \$20.00 Early Weigh-in fee.**

**COMPETITION SCHEDULE:** Friday , April 19<sup>th</sup>, 2019; 10:00 AM to completion. Awards presentation (places first through third), will take place immediately after completion of wrestling in each bracket and certification of results.

**Divisions / Weight Classes:** 2 Age Groups, with the following weight classes:

- K-5: Madison-Style weight class groupings
- 6<sup>th</sup> – 8<sup>th</sup>: 52-59-66-73-80-87-94-101-110-119-128-142-175
- Twelfth Grade & Under: 100-105-111-118-127-138-147-161-185-225

**SEEDING:** **NO SEEDING!** Blind Draw, with separation of wrestlers from same state/team *when possible at Director’s discretion.*

**MATCH LENGTHS:** Elementary School: 1-1-1. Middle and High School: 2-1-1 - ALL Wrestle-backs 1-1-1. Overtime periods are 1 minute OT, 2 @ 30 second OT, Final 30 second Ultimate Tie Breaker OT.

**GENERAL RULES:** Modified NFHS rules, with **AGGRESSIVE STALLING ENFORCEMENT**. **Headgear and singlet required.**

**INDIVIDUAL AWARDS:** Unique Awards for 1<sup>st</sup> – 3<sup>rd</sup> place; there will be a single **Outstanding Wrestler** award for the Girls division.

**INDIVIDUAL WRESTLER ELIGIBILITY:** For the **Girls Division**, bring recent copies of report cards for school grade verification.

**CONTACT INFO:** Email ONLY – [info@AtlanticCoastWrestling.com](mailto:info@AtlanticCoastWrestling.com), monitor [www.ShoreWar.com](http://www.ShoreWar.com) for tournament updates

**ADMISSIONS/COACHES PASSES:** Daily – Adults \$15.00, Senior citizens and students 6 and up \$10.00, under 6 free. **NO WEEKEND ADMISSIONS PASSES FOR SALE. COACHES PASSES for GIRLS WAR are \$40** (price includes 1-day (Friday) Admission Pass + access to mat area on arena floor. Only wrestler and a *maximum of 2 coaches with passes* will be admitted to the mat area during competition!! Coaches passes are only available at arena, no online purchases.

Monitor [www.AtlanticCoastWrestling.com](http://www.AtlanticCoastWrestling.com) for War at the Shore updates...

**EVENT INFORMATION IS SUBJECT TO CHANGE AT ANY TIME**