

Your child may have been exposed to:



Coronavirus (COVID-19)

If you think your child has Coronavirus (COVID-19) or symptoms:

KEEP YOUR CHILD HOME, call the school, and contact your healthcare provider.

If you think anyone in your home has symptoms of Coronavirus (Covid-19) call your healthcare provider.

Prevention

- Wash your hands often
- Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members
- Put distance between yourself and other people outside of your home. Remember that some people without symptoms may be able to spread the virus
- Cover your mouth and nose with a face covering when around others
- Cover coughs and sneezes
- Clean and disinfect
- Monitor your health

[CDC COVID Website](#)

[DHS COVID Website](#)

[CDC COVID Fact Sheet](#)

[CDC Sick with COVID Fact Sheet](#)

[CDC COVID Fact Sheet Spanish\(10 cosas que puede hacer para manejar sus sintomas de COVID-19 en casa \)](#)

Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.

The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.

COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Cough (new onset or worsening of chronic cough), shortness of breath, difficulty breathing, new loss of taste or smell.

OR at least two (2) of the following symptoms:

- Fever over 100
- Chills
- Sore throat
- Fatigue
- Congestion/runny nose
- Muscle pain/aches
- Headache
- Diarrhea
- Nausea or vomiting

Spread

The virus is thought to spread mainly from person-to-person.

- Through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Between people who are in close contact with one another (within about 6 feet).
- COVID-19 may be spread by people who are not showing symptoms.