



2. Injuries Policy

If a player is injured and unable to play, our injury policy is as follows:

- Parent must notify the coach of their inability to train/play.
- If the player sustains an injury where the player will be out the remainder of the year (end of Spring season), the player must provide a doctor's note indicating the dates the player will not be able to train/play. Dues will be suspended beginning the first of the following month, from the date of the doctor's note

Doctor's notes should be emailed to brandy@ifcofms.com as soon as possible after the player is unable to participate.

2.1 Concussion Policy

1. The game of soccer, like many other sports, is a contact sport and can, at times, be played in a very physical manner. The inherent risks and dangers of playing soccer include the risk of injury, including concussions, from contact with other players, the ball, field equipment, goal posts, and/or the playing surface. All players and families who participate with IFC's soccer programs need to be aware of these risks and are encouraged to seek information on recognizing the signs and symptoms of a concussion.

2. While IFC coaches and staff are instructed to use good judgment and common sense in identifying and managing players who may be concussed, players and parents/guardians are hereby notified, and need to understand, that IFC coaches and staff members are not medical doctors and cannot be expected to provide a medically based diagnosis of a concussion, or any other injury, to players, nor provide treatment advice for any such concussion or injury.

3. As such, it is imperative that players and parents/guardians educate themselves in the area of concussions and take a personal responsibility for being proactive in managing the health and well-being of their players and themselves. Players who believe they may have a concussion, whether sustained during IFC activities or not, should communicate their concerns to their coach and should seek appropriate medical attention.

4. If a player is diagnosed as having a concussion, regardless of its severity, the affected player will not be allowed to participate in training or games until a written letter of release is obtained from a physician.

5. IFC and its coaches reserve the right to withhold any player from participating in training or games when either deems there is a reasonable possibility that a player is suffering from a concussion or concussion-like symptoms.