

# SOUTHSIDE ★ ICE ★ ARENA

## YOUNG GUNS DEVELOPMENT CAMP

July 6-9 10:30 am—3:00 pm

Cost: \$375.00 per player

**OPEN TO AGES 2015—2010**

(Groups Split by age group and Skill Level)

All students will receive instruction on the fundamentals of skating, puck control, passing and receiving, shooting, offensive team play, defensive team play, and game strategies. The afternoon on ice portion includes a power skating session to reinforce the need to understand and master important skating skills and is followed by small area games to put those skills together with game play.

### **ON ICE INSTRUCTORS**

Mike Slobodnik  
Travis Richards  
Kory Karlander

### **DAILY SCHEDULE**

10:30 - 12:00 On ice Skills Session  
12:00 - 12:45 Off ice (plyometrics, stickhandling, strength)  
12:45 - 1:45 Lunch break (\*concessions open\*)  
2:00 - 3:00 Power Skating & Small Area Games

Register online at [www.southsidearena.com/summercamp](http://www.southsidearena.com/summercamp)