



Throughout the COVID-19 pandemic, people with disabilities and their families have been challenged to make adjustments to their routines and activities. Over the past few months, there have been many discussions regarding best practices and methods to safely engage in activities and balancing the on-going risks associated with COVID-19.

Participating in Special Hockey supports positive social, emotional, physical and mental health. “Playing Safe” is a priority for the American Special Hockey Association. For the safety and well being of all of our athletes, coaches, volunteers, families and communities, we strongly recommend that all participants follow the guidelines provided by their Local & State Departments of Health and the CDC.

Information & Resources

The following materials are provided to help you make an informed decision on what is best for your athlete and family:

- [Easy to Read COVID-19 materials](#) for people with intellectual and developmental disabilities and others who read or listen with limited understanding.
- [Updated CDC Guidelines and Quarantine Information](#)
- CDC ASL Video: [Planning safer outings and visits during COVID-19.](#)

Festival & Events

The American Special Hockey Association supports over two dozen events nationally each season. We ask that all host teams of local or regional events/games confirm any COVID regulations or requirements with their local health department and communicate information to all participating teams.

Prior to any festival or special event, a host team may at their discretion require, mask wearing, proof of vaccination and/or proof of a negative COVID test. We ask that all participants respect this local requirement. Please confirm with the host team prior to the event about any health and safety requirements to participate. All health information will be kept confidential at all times.

Updates

ASHA will continue to monitor information surrounding health & safety concerns and update this document regularly.

Dated: December 28,2021