

# **ROUND ROCK DRAGON LACROSSE**



## **HANDBOOK FOR PLAYERS AND PARENTS**

## PHILOSOPHY

The Round Rock Dragon Lacrosse Program is committed to excellence. The goal is to provide a quality program in a safe environment that will foster, self-discipline, academic excellence, self-sufficiency, and personal responsibility and respect for diversity. All which will prepare students for life-long learning, a high standard of ethics, and willingness to make a positive contribution to society. The goal is to learn skills that are much bigger than Lacrosse.

Our coaches strive to teach values of accepting success graciously, accountability, citizenship, sportsmanship, confidence, tolerance, and handling disappointment. Also, they are challenged to teach leadership, organizational skills, participation within the rules, performing under pressure, persistence, work ethic, responsibility, sacrifice, self-discipline, and TEAMWORK.

Participation in Lacrosse is available to all students, provided they are in good standing academically, are good school citizens, are physically fit to participate and meet any requirements set down by the Round Rock Dragon Lacrosse Board and its Coaches. **Participation in the program is a privilege, which students earn by maintaining these standards as well as displaying they are able to contribute to the team.**

## **ACADEMIC ELIGIBILITY**

Students participating in Lacrosse should keep in mind that academic achievement should be their main priority. Any student on academic probation is not eligible to participate in games. The student-athlete can and should however continue to practice.

- A student must maintain a minimum grade average of 70 during the marking period in all courses.
- If a Player is ineligible, he may regain his eligibility at the three-week marking period

## **ATTENDANCE**

Every team member is expected to be present for all team practices and games. This is a big commitment and you must be aware that any absence could result in less playing time. If an athlete is going to miss practice or a game, he must speak to Coach or contact him by text. Advanced notification by the student-athlete to the coach is required.

*\*\*Extenuating circumstances will be considered.*

## **GENERAL TEAM RULES AND GUIDELINES**

1. The classroom is the priority of the athlete. They must be good students first.
2. Honor the game
3. Maintain a positive attitude and respect for teammates and coaches
4. Show good sportsmanship to all players, coaches, officials and spectators
5. Be a role model within the community and in school
6. DO NOT use profanity at any event
7. DO NOT criticize players, coaches, officials or spectators
8. DO NOT touch any players, coach, or official in a threatening manner
9. Attend all scheduled practices and meetings
10. Be on time and be prepared including all equipment in game ready and good condition
11. Attain passing grades in all classes as set by RRISD
12. DO NOT use illegal drugs, alcohol, tobacco or steroids in any fashion (Violations may result in dismissal from the team)
13. Be appropriate on social media

A student's participation on the Dragon Lacrosse team is conditioned upon the student's compliance with the requirements and standards of behavior set forth in the Parent/Player Code of Conduct, the RRISD Athletic Code of Conduct and the RRISD Extracurricular Code of Conduct. Students must meet UIL and RRISD eligibility requirements. Both student-athlete and parent must agree by signature to comply with behavior guidelines as set forth. The athlete has the right to discuss a suspension or dismissal with the Board before final decision is made.

## **DISCIPLINE MODEL**

### **First Offense:**

- Meeting to include the head coach and the Player (an assistant coach may be present as well).
- Parents notified of meeting and outcome identified.

### **Second Offense:**

- Meeting to include the head coach, the Player, Board Member, and student-athlete's parent/guardian.
- Player suspended for games depending on the severity of the infraction.

### **Third Offense:**

- After consultation with the Round Rock Dragon Lacrosse Board, students who continue to find difficulty in following the Program's Codes of Conduct may be subject of suspension or dismissal from the program.

### **If there is a Concern, the procedure should be as follows:**

1. Please encourage your child to speak directly with the coach; many times, this can take care of the problem.
2. If a meeting with a coach did not provide a satisfactory resolution, email or call the President of the Board to discuss the situation.

*\*\*Please wait 24 hours after a contest or practice to contact the coach. These can be emotional times for both the parent and the coach.*

## **REQUIREMENTS FOR LETTERING**

To earn a Varsity letter in Lacrosse the following must occur:

1. Participate in 50% of varsity games (calculated by quarters of play)
2. Maintain academic eligibility for the season (January through the end of season in May).
3. Compliance with the Players Code of Conduct

## **HAZING**

Texas state law states that no form of hazing will be tolerated in any form or fashion.

**"Hazing"** means any intentional, knowing, or reckless act, occurring on or off the campus of an educational institution, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in an organization. The term includes:

- A. Any type of physical brutality, such as whipping, beating, striking, branding, electronic shocking, placing of a harmful substance on the body, or similar activity;
- B. Any type of physical activity, such as sleep deprivation, exposure to the elements, confinement in a small space, calisthenics, or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student;
- C. Any activity involving consumption of a food, liquid, alcoholic beverage, liquor, drug, or other substance that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student;
- D. Any activity that intimidates or threatens the student with ostracism, that subjects the student to extreme mental stress, shame, or humiliation, that adversely affects the mental health or dignity of the student or discourages the student from entering or remaining registered in an educational institution, or that may reasonably be expected to cause a student to leave the organization or the institution rather than submit to acts described in this subdivision; and
- E. Any activity that induces, causes, or requires the student to perform a duty or task that involves a violation of the Penal Code.

## **SOCIAL MEDIA**

Because players and teams are associated with Round Rock High School and RRISD, inappropriate use of social media can be subject to discipline. Players are to refrain from using social media (Facebook, Twitter, Snap Chat, Instagram, etc.) in a way that is negative to a specific person or team. If a player is proven to have breached team rules in this manner, he is subject to the discipline model of the Round Rock Dragon Lacrosse program.

## **ROUND ROCK DRAGON LACROSSE CLUB**

### **Player/Parent Code of Conduct**

As a member of The Round Rock Dragon Lacrosse club you are expected to adhere to a code of conduct as set forth by the coaches and the board. Responsibilities and requirements come along with the privileges of being a member of the team. All team members will be held accountable to the following commitments.

- **Maintain passing grades in all academic classes for each grading period.** *Passing grades are determined by the RRDL club teacher sponsor and reported to the head coach. Players that are ineligible due to academics may not participate in any game until a passing grade is recorded at the mid-term or end of grading period. (mid-term grades do not negatively affect playing time)*
- **Abstain from the use or possession of illegal drugs, improperly obtained prescription drugs, drug paraphernalia, alcoholic beverages and tobacco.**
- **Refrain from irresponsible or disrespectful use of social media, any form of bullying and property destruction.**
- **Attend all scheduled practices and meetings on time.** *If a player cannot make a practice/meeting or will be late, he must contact the coach via text. Absences or tardiness may result in reduced playing time. Playing time will be determined by many factors and will be the sole discretion of the coaches.*
- **Refrain from the use of profanity, poor sportsmanship and hazing. Treat teachers, coaches, peers, spectators and competitors with respect.**
- **Fans and spectators must remain on their respective side of the field opposite from the bench area during games and may not be on the field at any time during the game.** *The end lines must remain clear (of spectators and photographers) for the safety of the players and the spectators. \*\* If you bring small children, please ensure they remain at least 5 yards back from the sideline.*
- **Supporters of Round Rock Dragon Lacrosse are expected to adhere to a similar level of sportsmanship and behavior as the players.** *Profanity or disruption of the game as determined by the officials or coaches may result in ejection from the premises by the on-site administrator.*
- **Parents are expected to support the efforts of the team, coaches and the RRDL board.** *ALL grievances and concerns from parents must be submitted to the RRDL club President and will be addressed in a fair and timely fashion. Players should direct any questions/concerns to their coach. \*\*Please wait 24 hours after a game to discuss any concerns.*
- **Any volunteers that assist the RRDL team shall commit to holding all information related to the team and families confidential and only for the use of supporting or promoting Round Rock Dragon Lacrosse.**

Failure to abide by the rules and commitments set forth by the Round Rock Lacrosse Club, the coaches and its board may result in suspension or dismissal.

Round Rock Dragon Lacrosse also follows the RRISD Athletic and Extracurricular Codes of Conduct. Both documents can be found at [athletics.roundrockisd.org](http://athletics.roundrockisd.org).