

# **Grades 1-2 FUNdamental Program**

Alodia's Grades 1-2 FUNdamental Program is our most popular program in both Woodlands/Klein and Tomball Leagues. We take a "best practice" approach to the way we have structured the program with more emphasis on building a foundation and learning the game versus winning or losing. We are continually amazed at how much the kids learn and progress in our program during the season.

Below are commonly asked questions and our answers. We encourage you to not only read but to *trust* and embrace our process that has brought families back for many more seasons!

#### Is Skills Training offered for Grades 1-2?

Skills Training is actually incorporated into the practices for Grades 1-2. Since our Alodia coaches run the practices, the practices for these grades are a combo of our sills training and traditional team practices.

### Who coaches the players?

We always have 2 Alodia coaches who run practices and are on the court for games in addition to parent volunteers. We maintain a 1 coach to 10 kids maximum.

### Are the games competitive?

We play a "controlled" game where players must guard their opposing player behind the three-point line, limit fast breaks, and give everyone the opportunity to bring the ball up the court. We also allow everyone to shoot free throws at the end of each half allowing everyone more opportunities to score and put points on the scoreboard. This combination with our coaches love of the game and encouragement to the players provides a rich learning environment to build basketball FUNdamentals.

## Will my child play every game?

We guarantee every player will play at least 20 minutes total every game.

#### Do you keep score?

We do keep score but do not keep standings or stats.

## Why isn't double dribbling or traveling called during games?

As players learn the game, we want to have a "relaxed atmosphere" with the rules in the beginning of the season. If every travel and double dribble were called at this age, we would not have much of a game! Our priority at first is to establish a solid foundation and try to not let excessive rule violations happen. As the season progresses and allows time for players to learn, we will make more calls and point it out as a coaching/learning opportunity.