



# SPRINGFIELD / SOUTH COUNTY YOUTH CLUB

703-339-3796

WWW.SYCVA.COM

## SPORTS SCHEDULE

| BASKETBALL     | REGISTRATION BEGINS | SEASON PLAYED | AGE     |
|----------------|---------------------|---------------|---------|
| Recreational   | Sept                | Winter        | 6 - 18  |
| Summer         | April               | Summer        | 10 - 18 |
| County Tryouts | Oct                 | Winter        | 10 - 13 |

| CHEER        | REGISTRATION BEGINS | SEASON PLAYED | GRADE                 |
|--------------|---------------------|---------------|-----------------------|
| Recreational | April               | Fall          | 1 <sup>st</sup> - 9th |
|              | Sept                | Winter        | 1 <sup>st</sup> - 9th |
| All-Star     | Mar- Tryouts        | All Year      | 4 <sup>th</sup> - 8th |

| FIELD HOCKEY | REGISTRATION BEGINS | SEASON PLAYED | AGE    |
|--------------|---------------------|---------------|--------|
| Clinics      | May                 | Fall          | 8 - 13 |
| Recreational | Jan                 | Spring        | 8 - 13 |

| FLAG FOOTBALL | REGISTRATION BEGINS | SEASON PLAYED | AGE    |
|---------------|---------------------|---------------|--------|
|               | Dec                 | Spring        | 3 - 17 |

| FOOTBALL      | REGISTRATION BEGINS | SEASON PLAYED | AGE    |
|---------------|---------------------|---------------|--------|
| Rookie Tackle | April               | Fall          | 6 - 7  |
| Tackle        | April               | Fall          | 7 - 16 |

| FUTSAL | REGISTRATION BEGINS | SEASON PLAYED | GRADE  |
|--------|---------------------|---------------|--------|
|        | Sept                | winter        | K - 12 |

| LACROSSE                   | REGISTRATION BEGINS | SEASON PLAYED | AGE    |
|----------------------------|---------------------|---------------|--------|
| Recreational Boys          | Nov                 | Spring        | 5 - 14 |
| Recreational Girls         | Nov                 | Spring        | 5 - 14 |
| Team placement evaluations | Jan                 |               |        |

| RUGBY WEST END                   | REGISTRATION BEGINS | SEASON PLAYED       | GRADE                              |
|----------------------------------|---------------------|---------------------|------------------------------------|
| West End Tackle (boys and girls) | Dec                 | Late Winter/ Spring | 3 <sup>rd</sup> - 12 <sup>th</sup> |
| West End Tag (coed)              | March               | Late Spring         | Pre-K - 4 <sup>th</sup>            |
| West End 7s                      | April               | Summer              | High School                        |
| West End Academy                 | August              | Fall/ Winter        | All Grades                         |

| SOCCER                   | REGISTRATION BEGINS | SEASON PLAYED        | AGE    |
|--------------------------|---------------------|----------------------|--------|
| Pee Wee/ Mini Kickers    | May, Sept, Dec      | Fall, Winter, Spring | 3 - 5  |
| Recreational and U5 Cubs | May, Dec            | Fall, Spring         | 5 - 18 |
| Travel                   | June - Try-outs     | All Year             | 7 - 18 |

| SOFTBALL     | REGISTRATION BEGINS     | SEASON PLAYED | AGE    |
|--------------|-------------------------|---------------|--------|
| Recreational | June Nov                | Fall spring   | 5 - 18 |
| Summer       | May                     | Summer        | 7 - 18 |
| Travel       | See website information | All Year      | 9 - 18 |

| TRACK                      | REGISTRATION BEGINS | SEASON PLAYED | AGE    |
|----------------------------|---------------------|---------------|--------|
| Cross Country              | May                 | Fall          | 6 - 13 |
| Track & Field              | Jan                 | Spring        | 6 - 13 |
| Track & Field Conditioning | Nov                 | Winter        | 6 - 13 |

| VOLLEYBALL                                 | REGISTRATION BEGINS | SEASON PLAYED   | GRADE                     |
|--|---------------------|-----------------|---------------------------|
| Clinic                                     | June, Nov           | Fall, Spring    | 4th                       |
| Recreational                               | June, Nov           | Fall, Spring    | 5th - 8th, 5th - 12th     |
| Winter select clinic                       | Nov                 | Winter          | 6th - 8th                 |
| Middle School Select                       | Feb try-outs        | Spring          | 6th - 8th                 |
|  | Aug try-outs        | Fall            | 6th - 8th                 |
| Travel - high school (volunteer dependent) | Nov try-outs        | Winter - Spring | 9th - 10th and 11th- 12th |