

BVBA Pitch Counts – Minors & Intermediate

Each season the BVBA implements pitch count limits on our Little League Travel Team pitchers. The reason for these pitch count ceilings is to prevent overuse for their young arms. For 2013 nothing is going to change from 2012. Here are the guidelines we would like all travel team and league coaches to follow:

League Play -

1. The calendar week starts on Friday.
2. If a travel team pitcher throws 1-40 pitches for the travel team he will be limited to 50 pitches for league play.
3. If a travel team pitcher throws 41-83 pitches for the travel team he will be limited to 35 pitches during league play.
4. For the minors league the maximum number of pitches a pitcher is allowed to throw during a league game is 60 pitches. For the majors league each pitcher will be allowed a maximum of 70 pitches.
5. Coaches must follow the days of rest calendar listed in the Little League rule book for league games.
6. A pitcher who delivers more than 41 pitches in a game isn't allowed to catch in that same game.
7. All pitchers are allowed to go over these pitch limits to finish the current at bat.

Travel Team Tournament Play –

1. All travel team tournament pitchers are limited to 83 pitches per weekend. The maximum number of pitches a travel team pitcher can throw in a week is 118 pitches (83 Travel team + 35 League).
2. Travel Team pitchers are allowed to pitch on back to back days if their pitch total on Day One doesn't exceed 30 pitches. If a pitcher exceeds 30 pitches on Day One he must be given one day of rest. A day of rest consists of a complete day off. If a player pitches 31 pitches at 8:00 am on Saturday and the team has a game the next day 24(+) hours later he's not eligible to pitch.

THESE PITCH COUNTS HAVE BEEN ADOPTED FOR PLAYER SAFETY. NO GAME IS WORTH A PLAYERS' FUTURE.

Coaches we appreciate you following these pitch counts and protecting our young pitchers from injury.

BVBA