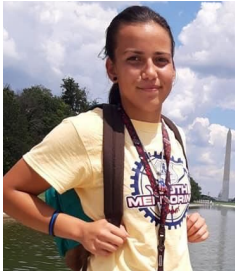


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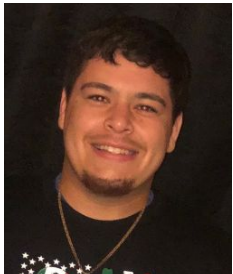
NATIONAL PAL ANNOUNCES AUGUST 2019 INSPIRATIONAL AWARD HONOREES
Honorees for August Include Youth, Volunteer, Alumni and Law Enforcement Officer of the Month

Charlotte, NC- The National Association of Police Athletic/Activities Leagues, Inc. (National PAL) is pleased to announce the August recipients of its monthly Inspirational Awards which recognizes individuals in the National PAL network who inspire their colleagues and friends and are steadfast in their service to their communities.



Lostrez Vasquez, our August Youth of the Month, has exemplified the meaning of leadership, dedication and the will to succeed. She has earned numerous rankings in the Putnam Sheriff's Explorers and JROTC. In her short few years, she has obtained the rank of Lt. Colonel as a four-year JROTC member. Academically, she has gained great success attaining her status within the National Honor Society, dual enrollment at St. John State College, a 3.7 GPA and 24 collegiate credit hours. Despite several personal adversities, she has selflessly become a junior counselor, translator, and a mentor to younger females within her Chapter. Lastly, she has passionately served over 400 hours of community service and is always the first to aid her community.

The August National PAL Law Enforcement Officer of the Month is **Assistant Chief Charles Ramirez** of the Fort Worth Police Department (FWPD). Over the last 28 years Ramirez has served in numerous leadership roles, established bonds between youth and officers, adopted the Cal Ripken Mentorship Program and instituted numerous sports programs (including boxing, flag football, basketball, cheerleading and more). The addition of these programs has increased Chapter Membership to more than 500 PAL Kids. Most recently, Ramirez was instrumental in helping the FWPAL Boxing program secure a state-of-the-art city-owned gymnasium.



Faustino Garcia, our August Alumni of the Month, is an incredibly respected Putnam County Sheriff PAL Alumni. Garcia came to PAL at 14 years old to increase his health and gain self-confidence. After one year of boxing, he showed tremendous growth and entered his first USA sanctioned event, winning by unanimous decision. At 19 years old, he remained with PAL, became a Program Director, taking part in 500 community service hours. He went on to obtain his USA Boxing level 1, 2 coaching certification, and Level 2 Official. Most recently, he has acquired his PRO Trainers license and was instrumental in placing six Putnam PAL Youth in the Law Enforcement Training Academy for Corrections Officer.

Laura Eise, Volunteer of the Month, is a recently devoted staff member of the Seattle Police Activities League (SEAPAL). Since joining in January, she has been a tremendous aid to the Chapter. Laura has served as a coach, mentor and program creator initiating programs (including futsal, frisbee, flag football, and baseball) benefiting hundreds of youth. She was also instrumental in launching the SEAPAL website by gathering required information, outlining the site map and collecting website descriptions. Most notably, the PAL Kids cherish her bright personality and look forward to interacting with her every day.



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About The National Association of Police Athletic/Activities League, Inc. (National PAL)

National PAL exists to prevent juvenile crime and violence by providing civic, athletic, recreational, mentoring and educational opportunities and resources to all PAL Member Chapters. National PAL builds bridges between kids, cops, and the community, fostering a positive environment across the country. As a membership organization, the National PAL provides local Chapters with training, resources, and opportunities to create a new program to improve upon and enhance the quality of existing programs and to increase opportunities in their community.