



Michigan High School Baseball Coaches Association

Annual Baseball Convention

January 11 & 12, 2019



Register On-Line: www.mhsbca.org



SOARING EAGLE CASINO & RESORT
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Please Support the Official Sponsors of the MHSBCA:



Convention Program

Friday - January 11, 2019

11 AM - 12:30 PM REGISTRATION - Entertainment Center

12:30 - 1:00 PM Mark Uyl & Brent Rice - MHSAA
"MHSAA Rules"

1:00 - 1:15 PM Dan Cimini-MHSBCA President
"MHSBCA Awards"

1:15 - 2:00 PM Turtle Thomas-Texas Rangers
"Hitting Tools for Coaches Part 1"

2:00 - 2:45 PM Nate Trosky-Trosky Baseball
"6th Tool"

2:45 - 3:30 PM Todd Coburn-The Catching Guy
"Footwork and Throwing Success"

3:30 - 3:45 PM Break - Visit Exhibitors

3:45 - 4:30 PM Glenn Cecchini-Barbe HS (LA)
"Building a Program"

4:30 - 6:15 PM Dinner Break

6:15 - 7:00 PM Diamyn Hall-Wright State University
"How the Mental Game Impacts Performance"

7:00 - 7:45 PM Nate Trosky-Trosky Baseball
"The Hunter-6YMR Hitting Philosophy"

7:45 - 8:30 PM Todd Coburn-The Catching Guy
"Catching Progression Drills"

8:30 - 8:45 PM Break - Visit Exhibitors

8:45 - 9:15 PM Joe Welton & Al Zeiher-Saline HS
"Arm Care"

9:15 - 10:00 PM Turtle Thomas-Texas Rangers
"Catching Drills for Coaches"

10:00 - 11:00 PM Hospitality

Saturday - January 12, 2019

9:00 - 9:45 AM Turtle Thomas-Texas Rangers
"Hitting Drills for Coaches Part 2"

9:45 - 10:30 AM Nate Trosky-Trosky Baseball
"DM64-Defensive Mental Game"

10:30 - 11:15 AM Glenn Cecchini-Barbe HS (LA)
"Pitching Philosophy and Baserunning System"



Turtle Thomas has spent the past 37 years as a coach at the collegiate level, including the last nine as the head coach at Florida International University. Thomas also served as an assistant coach at LSU (2000-06) and Miami (1988-99).



Nate Trosky owner and founder of Trosky Baseball, is employed by the Milwaukee Brewers, New Balance Area Code Baseball, Major League Baseball / BTS and serves as a private consultant for the German National team. He has served as a baseball clinician for numerous West-Coast colleges and universities (i.e. Stanford, USC, Cal Poly SLO, USF, USB, SCU, Sonoma State, Cal State Monterey Bay, and others).



Todd Coburn, A.K.A – "The Catching Guy" started conducting catcher only events in Northern Nevada back in 2006. Now, 12 years later, he conducts events around the country. Coach Todd is one of the most sought after catching coaches in the world who is known for not only his passion for the position, but also his passion for teaching the position. He is a lifetime catcher who loves spreading the knowledge to anyone who wants to listen and learn



Glenn Cecchini- Barbe HS in Louisiana-With 9 State Championship titles, 826 wins, and 29 players drafted, it's no wonder that Coach Glenn Cecchini was bestowed the honor of 2016 All-USA Baseball ...



Diamyn Hall serves as the Mental Game Development Coordinator (first in collegiate baseball history). Hall works in conjunction with the coaching staff to develop and implement individualized mental game development plans for the hitters, pitchers, and fielders. With the mental game, Hall also leads team sessions, position-based sessions, and individual mental game sessions. Diamyn's rare combination of experience, research, education, & innovation with the mental game adds significant value to the player development system.