

**2021- 2022 LAHC Ice Time Practice Schedule from 10/18 to end of season\***

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00	Goalies 4:00-5:00	19U Girls 4:00-5:00	8U 4:00-4:45	19U Girls 4:00-5:00
4:30				
5:00			Team Practice 1 5:00-5:45	
5:30	Resurfacing 5:45-6:00			
6:00	Team Practice 2 5:45-6:35	10U 6:15-7:15	12U 6:00-7:00	8U 6:15-7:00
6:30	Resurfacing 6:35-6:50		Resurfacing 7:00-7:15	
7:00	Team Practice 3 6:50-7:40		Resurfacing 7:15-7:30	14U 7:00-8:00
7:30	Team Practice 4 7:40-8:30	12U 7:30-8:30	18U 7:15-8:30	Resurfacing 8:00-8:15
8:00				
8:30		14U 8:30-9:30		18U 8:15-9:30
9:00				

\* Schedule subject to change