



MBA Basketball



Health and Safety Procedures for MBA

** All protocols below are in alignment with MDH, CDC and MSHSL expectations for youth sports.

1. Pre-Practice
 - a. All athletes should do a home self-health check.
 - b. Consistent with applicable law and privacy policies, families will self-report if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days
 - c. Athletes should arrive to practice/tryouts no earlier than 10 minutes prior to the assigned start time.
 - d. Athletes will enter the gym through the specified entrance and proceed directly to the gym.
2. Social Distancing - Tryouts and practice sessions.
 - a. All sessions will be broken down into “pods”
 - b. Each “pod” will have no more than 25 players
 - i. For MBA purposes each pod will be 1 team of 8-10 players.
 - c. “Pods” will remain consistent each day in order to better control the environment
3. General Expectations
 - a. All student-athletes will be asked to bring their own water bottle, drinking fountains will be off limits
 - b. A record will be kept of all student-athletes who were at each practice
 - c. Hand sanitizer must be used by participants and coaches as they enter and leave practice
 - d. Personal belongings will be kept apart, they will have a designated space to store their belongings in the gym
 - e. Each player is required to bring their own basketball
4. Masks - Athletes and Coaches
 - a. Face coverings will be worn by all student-athletes at all times per MDH and MSHSL Guidelines.
 - b. Coaches will wear a face covering at all times.
5. Post Practice
 - a. Athletes will be expected to be picked up within 10 minutes from the end of the designated practice time.