

Welcome to the 21st Annual Irish Invitational. Attached is the course map (print as many as you need for your team) and Irish Invite History for the Friday, September 2 Irish Invitational. If there is a new coach for your program, please forward the information and reply to me. (Above is the award shirt for 2022.)

A few notes:

1. The meet is timed and scored by [advantagetiming.com](http://advantagetiming.com). Registration is on [athletic.net](http://athletic.net). The reason for choosing which race for each athlete is the proximity of the start and finish line. This is the first year of chip timing for the meet. Per MSHSL rules, no 6th graders in the high school races.

RAAA Mile: 2021 was our seventh kid's race at the mile distance. If you have a youth association or know of kid's that want to compete, they may register for the RAAA mile. The races are for grades 6th and under. Registration will be handled slightly different and not through [athletic.net](http://athletic.net). If you have an association, contact [chris.harder@district196.org](mailto:chris.harder@district196.org) for the form. If it is individuals, you can register on-site. The cost is \$50 per association (send or give to me at RHS). If it is just a participant, go get a race number.

2. The course consists of grass, dirt, and some asphalt. Rosemount's varsity runners generally wear spikes, but I know of some schools that wear only flats on this course. Many of our lower level wear flats.

3. Only the varsity race has a limit of 10 runners per school. The JV, C, and 9th races are unlimited entry. You can set your line-up however it works best for your situation.

4. If your school has not paid your entry fee, please have them do so to Rosemount High School. There is no late charge or anything along those lines, just do your best to be timely.

5. Results will be live and online at [advantagetiming.com](http://advantagetiming.com)

6. Being Labor Day weekend, we will hand out award shirts at the finish.

7. Your race packets will be available near the finish line upon your arrival. There is not a coaches meeting.

8. Please - no dogs. Please let your participants parents know.

9. The course is closed for warm-ups at 8:05-8:25 for RAAA Mile.

The course is closed during races.

10. Please keep Team Camps away from Start/Finish line area.

11. The meet schedule:

**Date Friday, September 2**

**Site Rosemount High School Campus (near the stadium)**

**Races 8:05 am RAAA Youth Girls Mile (6th & Under)**

**8:15 am RAAA Youth Boys Mile (6th & Under)**

**8:45 am boys JV (2 miles) (unlimited entrants)**

**9:10 am girls JV (2 miles) (unlimited entrants)**

**9:35 am boys Frosh (2 miles) (9th grade and under)**

**10:00 am girls C (2 miles) (unlimited entrants)**

**10:25 am boys C (2 miles) (unlimited entrants)**

**10:50 am girls Varsity (2 miles)  
(limit 10 entrants)**

**11:15 am boys Varsity (2 miles)  
(limit 10 entrants)**

12. Irish Invite Map if you want a link to your website.

[Irish Invite Map](#)

13. Irish Invite “Top 75 + Individual Champions” [link](#)

Look forward to seeing everyone on the 2nd.

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Rosemount High School  
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