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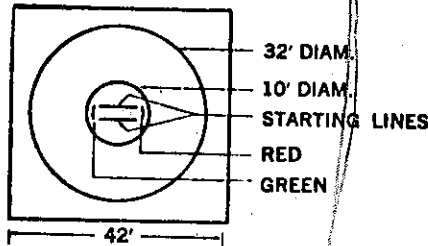


Wrestling has been around longer than anybody knows for sure - probably since the first two men contested for leftovers! As a sport, it is mentioned as early as 3000 B.C. in Egypt and Babylonia and in the works of classical writers Homer and Virgil.

The first collegiate meet, however, did not take place until 1900 between Yale and Penn. Some 40 years later in Appleton, Milwaukee Washington edged out Green Bay West for the first Wisconsin state high school championship!

High School Wrestling looks a little different today than it did in the "good old days", but there are still the same thrills and excitement. It's a beautiful sport to watch, requiring both mental and physical agility to be a winner.

In every wrestling meet, there are twelve weight classifications that team members enter for competition. To wrestle in a weight category, the athlete cannot weigh more than the following amounts: 98, 105, 112, 119, 126, 132, 138, 145, 155, 167, 185 and unlimited (minimum 175 pounds). To insure each wrestler qualifies to compete in the respective divisions, there is a weight-in held before each meet. It is conducted 1/2 to 3 hours before the meet. If an athlete goes over his entered weight class, he forfeits the match.



The wrestling area is composed of cushioned mats and can be either circular or square in shape. It must have additional mat protection around the edges.

A match is 6 minutes long and divided into 3 equal periods. Each wrestler is given either a green or red ankle band so he may be identified during the match. The first period is started in a neutral position; the wrestlers face each other in a standing position on opposite sides of the starting circle. The second and third periods begin on the starting lines with first one wrestler, then the other in a position of advantage. This is called the referee's position. At the beginning of the second period one wrestler (determined by a flip) will have four options: to be on his feet, top position, bottom position or to defer his choice until the 3rd period.

At the referee's signal, each period is started and the wrestlers try to win in two ways: pin or decision. The quickest and most dramatic way is the fall or pin: a wrestler holds his opponent's shoulder to the mat continuously for 2 seconds. If neither wrestler scores a pin during the 3 periods, a decision is given to the wrestler with the most individual match points. (A tie results in 2 one-minute overtime periods; if still tied, the referee's and judge's votes decide the winner.)

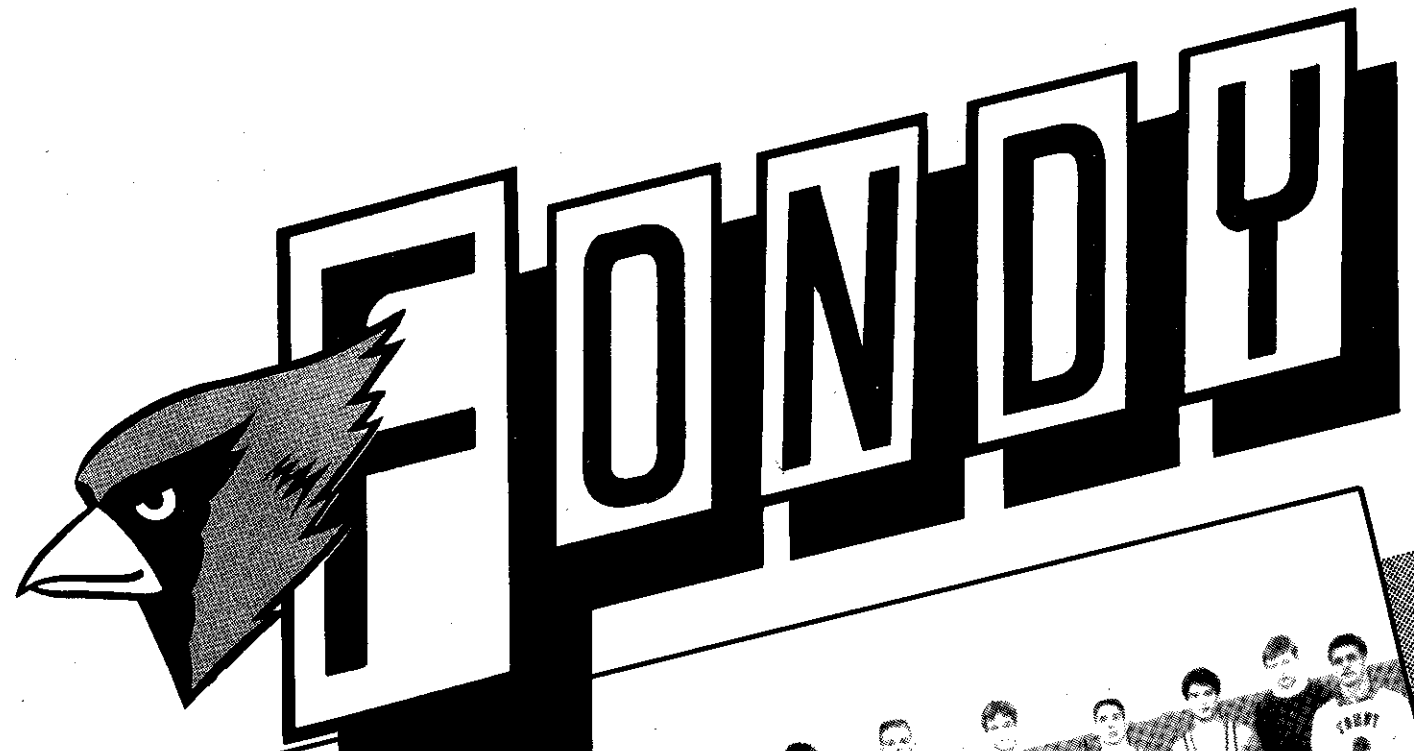
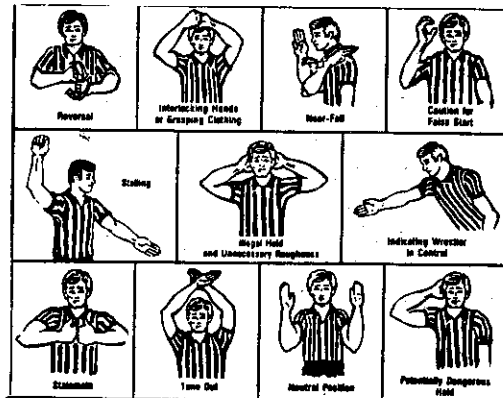
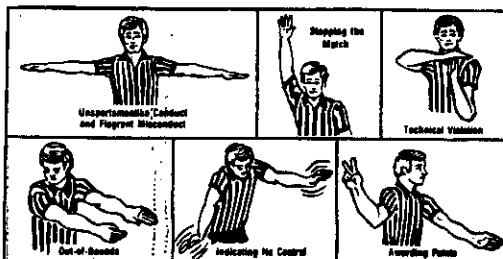
There are several ways to earn match points worth one, two or three points:

- TAKEDOWN** - an opponent is brought to the mat and controlled from a neutral or standing position. Two points.
- ESCAPE** - a wrestler breaks away from the opponent's control into a neutral or standing position. One point.
- REVERSAL** - a wrestler reverse his opponent and gains control ... in one continuous maneuver. Two points.
- NEAR FALL** - a wrestler almost gets a pin; his opponent's shoulders are momentarily held with 4" or less of the mat; or one shoulder is touching the mat and the other is held at an angle of 45° or less to the mat. Two points. Or, if either situation occurs continuously for 5 seconds. Three points.

There are three common infractions that can cost a wrestler points:

- STALLING** - this is a matter of not trying for a takedown or escape or simply not wrestling aggressively. After a warning, continued stalling gives the opponent one point.
- ILLEGAL HOLDS** - there are several specific holds that are dangerous or punishing to a wrestler. These are known to all competitors and anyone using them loses one point to his opponent.
- TECHNICAL VIOLATIONS** - there are a number of situations or actions that can cost a wrestler one point: delaying a match; intentionally going off the mat; clapping hands around opponent's body or legs while in a position of control.

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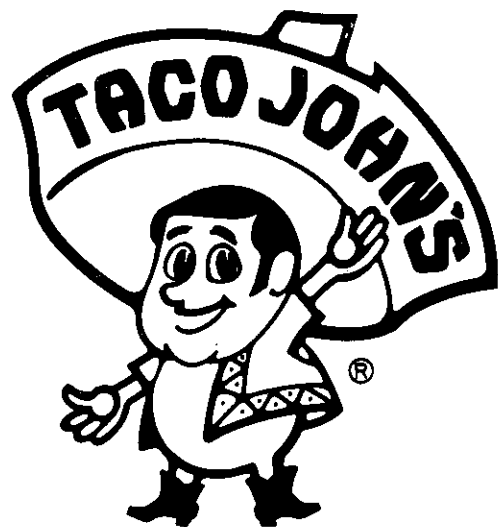
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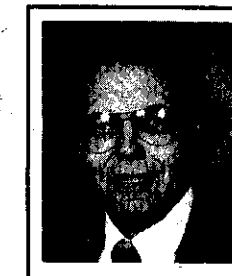
Alan D. Osterndorf, Ph.D., Superintendent

Athletics is an important part of a school district's total educational program. Through athletics, students have the opportunities to learn new skills, apply skills learned in other situations, be leaders, be followers and be able to exhibit positive attitudes which are of value now and in the future. Wrestling, as an interscholastic sport, provides all of the opportunities listed above and some unique opportunities as well. In one sense, wrestling is an individualized sport as people of all sizes and weights have equal opportunities to succeed. On the other hand, it takes everyone working together for a team to have a successful season. Finally, wrestling is just plain exciting to watch. I'm looking forward to seeing our Cardinal wrestlers in action this year. I hope you are too.



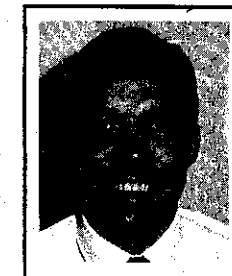
Mr. Jon Kaiser, Principal

We are very proud of our athletic program at Goodrich High School. Being new to the high school, I am very impressed by the dedication of both coaches and athletes. There is strong community support for our programs. I would like to wish the coaches and the members of the wrestling team a successful 1987-88 season.



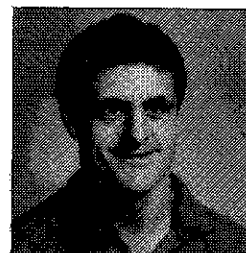
Jim Steinberg, Director of Physical Education and Athlete

Adult life is a series of challenges or competitions. Students choosing to participate in interscholastic athletics have the opportunity to be better prepared to succeed in adult life. Student-athletes, with guidance from their coaches, prepare for challenges or competitions during daily practice sessions. This preparation includes learning mental and physical discipline, setting of realistic objectives to reach a goal and loyalty to a group of people called a team. Student-athletes are provided opportunities in games, meets and matches to test themselves to see how well they have prepared for adult life. High school sports fans are reminded that high school athletes are preparing for more than a pin or a win. Learning to succeed in adult life is more of an important goal for athletes at this level of competition.



MEET THE GOODRICH COACHES

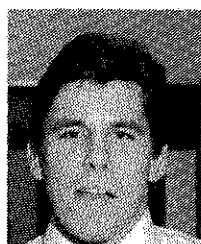
LARRY MARCHIONDA, HEAD COACH



Larry did his high school wrestling at Penn Yan Academy, Penn Yan, New York where he accumulated an outstanding 97-4 record. He was a 2X New York State Champion and pinned all his opponents his senior year. Larry continued his wrestling at Winona State University where he earned his Bachelors and Masters of Science Degrees. He was a 1968 Olympic Regional Champion and a Finalist at the 1968 Olympic Trials in Ames, Iowa. Larry has also won the Wisconsin State AAU freestyle and greco roman championships.

Larry has coached the Cardinals for 21 years and has accumulated a dual meet record of 208-45. His teams have won 48 tournaments, which include 6 Regionals, 2 FRVC Championships, 2 Sectional Titles. He has had 34 State Qualifiers, and 13 WIAA State Placefinishers. Coach Marchionda was inducted into the WISCONSIN WRESTLING HALL OF FAME in 1983.

MARK PETERSON This is Marks third year as assistant coach with the cardinals. He is a 1980 graduate of Goodrich, with a career record of 51-21-2, and is a Fox River Valley Conference Champion. He is a 1987 Graduate of UW Oshkosh earning a B.S. in Physical Education. Mark was a four year letterman for the Titans. He placed third at the Nationals Regionals in 1984-1985. He was Captain of the Titan Wrestling Team in 1985. Currently he is a substitute teacher in the Fond du Lac School District.



CHUCK WESTBY-ASSISTANT COACH, his high school wrestling was at Janesville Craig. He was a Conference, Regional and Sectional Champion. His collegiate wrestling was at the University of Wisconsin, and he graduated from UW-Whitewater. Chuck finished his MBA at DePaul. He's currently an insurance agent for American Family in Fond du Lac and has coached wrestling for the past thirteen years. Chuck is very active with the Fond du Lac Wrestling Club where he served as president and he has put tremendous effort into the city youth program. Chuck enjoys hunting, fishing and snow skiing, but most of all he enjoys working with people.



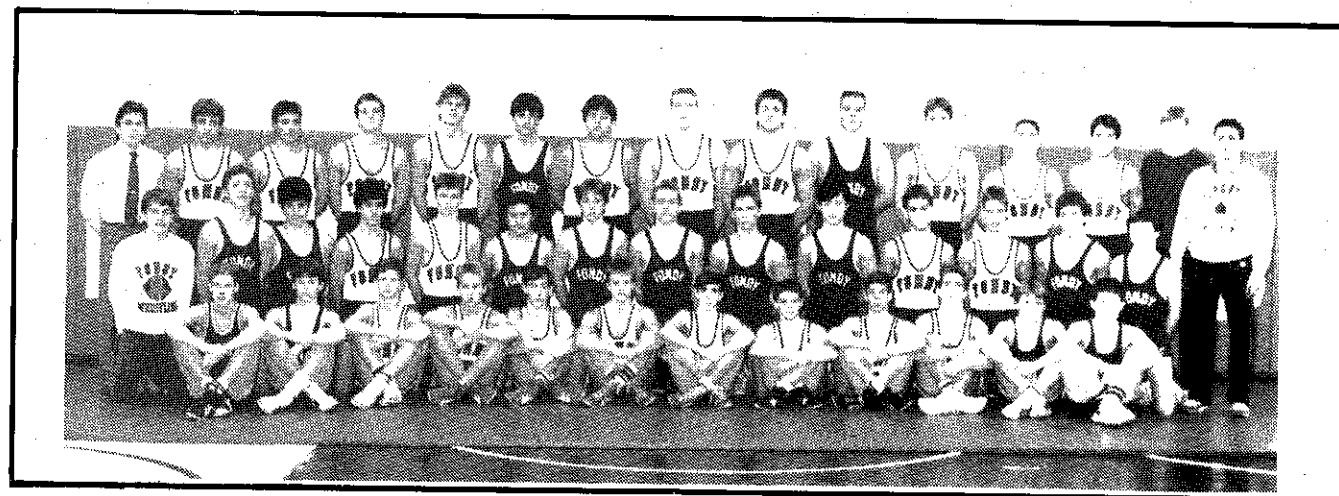
JODY VANLAANEN-ASSISTANT COACH

Jody is a graduate of Ashwaubenon High School where he was a member of the wrestling, football, and track team. He attended the University of Wisconsin Madison and Whitewater where he earned his B.S. Degree in Physical Education and Health. Jody has received honors as an All State Football player. All American Wrestler NAIA, and was Named to the All American Wrestling Team NCAA. Jody also was a member of the US Team to West Germany in 1976. Jody has been a head wrestling coach in Adak, Alaska, West Bend East, and Cuba City.

Jody and his wife Virginia have three lovely daughters, Venissa, Joy, and Jenny.



1987-88 FONDY CARDINALS

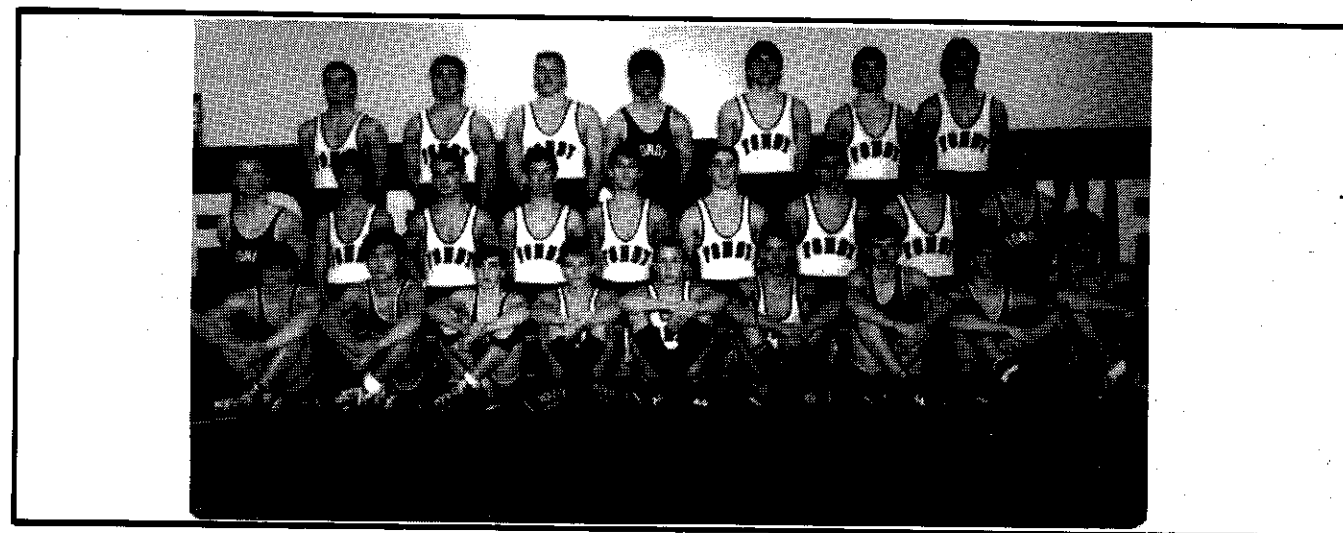


Bottom: Larry Goldapski, Scott Hammerlund, Dave Cross, Ed Schreiber, Jack Baccus, Rick Schuppe, Jeff Berry, Rocco Marchionda, Brian Dobrinski, James Jackson, Dan Naker, Steve Ward

Middle: Geoff Moon, James Bloedorn, Tedd Politopolus, Sergio Yeans, Mike Christiansen, Don Norton, Russ Ellison, Jon Starkell, Andy Jurgensmier, Robin Kwon, Jeff McMeen, Steve Schommer, Joel Streblow, Joe Schultz.

Back: Mark Peterson, Dan Flynn, Joe Ramirez, Scott Reed, Dave Hayes, Jim Toth, Dave Munoz, Hans Nelson, Dale Stahmann, Wade Mostek, Ryan Haus, Bruce Welnetz, Darrin Peterson, Kahn Krug, Larry Marchionda.

RETURNING VETERANS



Front: John Altman, Robin Kwon, Jeff Berry, Rick Schuppe, Ed Schreiber, Steve Schommer, Mike Christiansen, Brian Dobrinski, Aaron Webb.

Middle: Jon Starkell, Sergio Yanez, Jeff McMeen, Andy Jurgensmier, Darrin Peterson, Bruce Welnetz, Joel Streblow, Joe Ramirez, Dan Flynn.

Back: Scott Reed, Dale Stahmann, Jim Toth, Doug Woehlke, Rayn Haus, Dave Hayes.

FONDYS YOUNG MAT MEN

KINDERGARTEN GRAPPLERS

Liandro Arellano	Ben Fischer	Charley Osborn	Scott Snow
Tony Bargenquast	Chris Fortunato	Joshua Peterson	Brett Stoffregan
Aaron Blaine	Steve Hahn	Chad Ramaker	Ben Thomas
Joshua Bond	Aaron Hanna	Nathan Retzleff	Eric Thomma
Ryan Bowman	Nathan Koehn	Joey Roberts	Nicolas Torres
Jordan Bradford	Kevin Koenigs	Chris Roehrig	Russel Vanderlip
Joe Chapin	Dustin Krahn	David Sauerbrei	Michael Ward
Pat Chapin	Billy McNicholas	Nick Schafer	Trevor Warren
Seth Clarenbach	Dallas Mendoza	Kirk Sheridan	Greg Will
Jeff Clochesy	Jacob Mueller	Scott Sippel	Bret Woolhether
Adam Duel	Erik Nelsestuen	Shannon Smith	Nick Zehron
Chad Evans			

FIRST GRADE GRAPPLERS

Dennis Arndt	Brian Hefter	Andy Radue	Nathan Gerner
Tony Braun	Ben Hoepfner	Josh Retzleff	Jason Jakubiak
Nash Brunet	Klinton Kalmus	Gavin Rice	Aaron Michels
Jason Cords	David Kraus	Nathan Silcock	Tony Mumm
Mike Curran	Scott Krebsbach	Michael Treleven	Allen Renderman
Matthew Eberhardy	Lance Marquez	Scott Tremi	Micah Sauer
Reid Fauska	Jason McCulley	Jeff Woodrow	Kenny Schimmel
Jerome Fettig	Shawn McCulley	Eric Woolhether	Nick Schneider
Jason Guell	Luke Merwin	Andrew Yanke	Ryan Stortz
Jason Gigax	Grant Nelsestuen	Carl Bacon	William Van Gord
Jonathan Hart	James Parman	Chris Bell	Andrew Wells
Nicholas Hatch	Jonathan Patnode	Matthew Collies	

SECOND GRADE GRAPPLERS

Chris Adkins	Maximo Luna	Garrett Rescheske	Jason Burroughs
Scott Beck	Kevin McCulley	Michael Sauerbrei	Douglas Fraser
Ryan Blaine	Kevin McKelvie	Shawn Schmitz	Tim Halbach
Spencer Christianson	Nathan Mecklenberg	Patrick Schmude	Jason Ledden
Nick Clarenbach	James Meyer	Robert Snow	Bobby Luling
Bill Everson	Brian Miller	Steven Souders	Lucas McFarren
Joe Fontecchio	Beta Mlsna	Michael Theis	Steven Minkin
Matthew Hart	Mario Morse	Joshua Van Bommel	Jeremy Smet
Kershon Jackson	Jeffrey Nuss	Jason Wendels	Kirk Stangel
Jayson Johnson	Aaron Olson	Eric Wenzel	David Stangel
Kevin Johnson	Nathan Olson	Tyler Warren	Tim Stortz
Matthew Korbol	Brian Peterson	Larry Erke	Anthony Thomma
Kyle Laurent	Tony Plonsky	Bengie Belongia	Robbie Unger
Jack Lent			

THIRD GRADE GRAPPLERS

Robbie Bloedorn	James Roberts	Jeff Dreikosen	Aaron Pilsner
Toby Graves	Michael Schafer	Tim Duel	Mike Roloff
Scott Johnson	Jeremy Warren	Larry Duford	Joe Shanahan
Eric Larsen	Chris Winland	Greg Kloke	Derek Tennessen
Mark McClellan	David Davies	Jim Lloyd	Nathan Wells
James Patt	Eric Amidon	Ben Messer	Joe Wilson
Joshua Pratt	Tim Carlson	Sam Mueller	John McGowan
Scott Rauls	Matt Chapin		

FOURTH GRADE GRAPPLERS

Matt Brunette	Chris Moehr	Marshall Will	Ryan Pelot
Tony Charneski	Jeff Moss	Cory Burroughs	Matt Schneider
Travis Christianson	Jason Mumper	Tim Chapin	Shane Schultz
Jason Hassen	Nicholas Thomas	Stefan Debbert	Shawn Stortz
Floyd Heth	Tony Vera	Ryan Knueppel	Scott Thern
Jason Kuhn	John Warner	Eric Mand	David Toney
Jason Mish			

FIFTH GRADE GRAPPLERS

John Altman	Shannon Powell	John Durance	Seth Pelot
Corey Dittel	Paul Reinecke	Jason Grosenick	Brad Peterson
Chris Fucik	Justin Warren	Kevin Hanke	Chad Toth
Brad Karl	Tony Balthazor	Dana Lueloff	Brad Wasieleski
Jason Marion	Jim Dreikosen	Scott Marschall	Joey Ziegler

SIXTH GRADE GRAPPLERS

Shannon Abler	Chad Kovacs	Eric Thomas	Tim Kloke
Tony Chapin	Josh Marcoe	Jim Thomma	Tom Kraus
Gary Flynn	Kyle Peterson	Jeremy Marcoe	Matt Lloyd
Mark Fontecchio	Robbie Reitz	Pat Rauls	Joe Sanfelippo
Derrick Gray	Brent Ryland	Jamie Burroughs	Steve Welnetz
Joe Hoppa	Kevin Sabel		

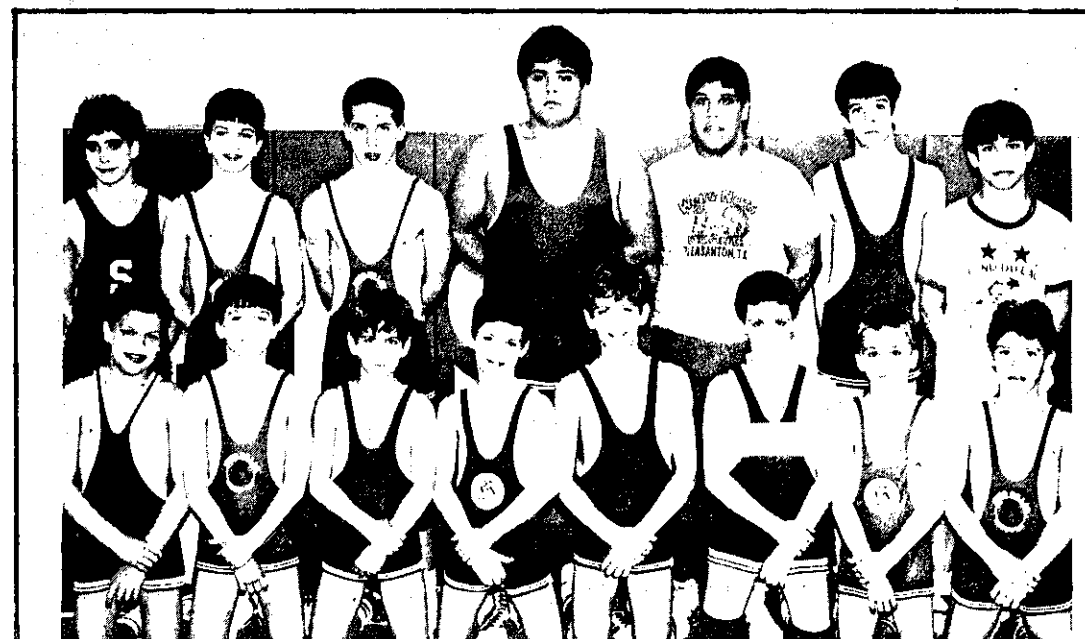
SEVENTH GRADE GRAPPLERS

Nick Bonnel	Tony Hernandez	Joe Merwin	Chris Van Gorder
Jeff Brester	Kevin Kroll	Scott Muraski	Ken Ward
Brian Dittel	Korey Krupp	Mike Plonsky	Jim Wright
Ricky Ellison	John McAbee	Joe Rost	Jason Schmitz
Court Gifford	Jim McAbee	Tony Solamita	Shane Lamers
Mike Hart	Dan Mendoza		

EIGHTH GRADE GRAPPLERS

Scott Flasch	Shane Longdin	Luke Newman	Bill Kissinger
Erik Flood	Glenn Mapalad	Tim Roltgen	Bob Bennot
Shaun Gerner	Rocco Marchionda	Jesse VanBommel	Greg Sewall
Steve Guell	Donald McClellan	Todd Wilcox	Tasso Politopoulos
Bob Hatch	Chad McEsky		

Youth Wrestlers to Advance to State



First row, from left, Tom Kraus, Greg Kloke, Jeff Dreikosen, Seth Pelot, Jim Dreikosen, Rocco Marchiondra, Mike Roloff, Ricky Ellison; 2nd row, from left, Tasso Politopoulos, Tim Kloke, Steve Welnetz, David Munoz, Reuben Munoz, Brian Dobrinski and Court Gilford. Brent Ryland was missing.

THANKS!! FOND DU LAC WRESTLING CLUB, INC

FOR HELPING OUR YOUTH THROUGH WRESTLING

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Pat Dreikosen Vice-Pres.
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Bobbi Thomma Treasurer

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Dwight Anderson

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Dues: \$5.00 Family, \$3.00 Adult, \$1.00 Booster

The purpose of the Fond du Lac Wrestling Club is to promote the sport of wrestling by providing opportunities for youth through wrestling at all levels. As we start our 1987-88 season I would like to extend my best wishes of luck to all of our youth participants, Kindergarten through 12th grade. Our highly qualified staff of coaches and our dedicated board of directors and members will do our best to help our wrestlers achieve their goals. I also thank all of the sponsors and volunteers who help support our many programs.



Frank P. Welnetz

BACK THE CARDINALS!

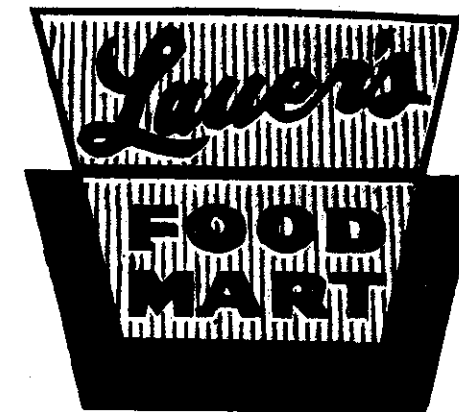
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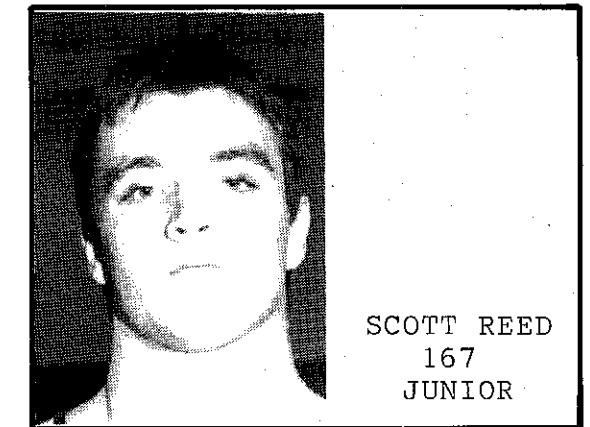
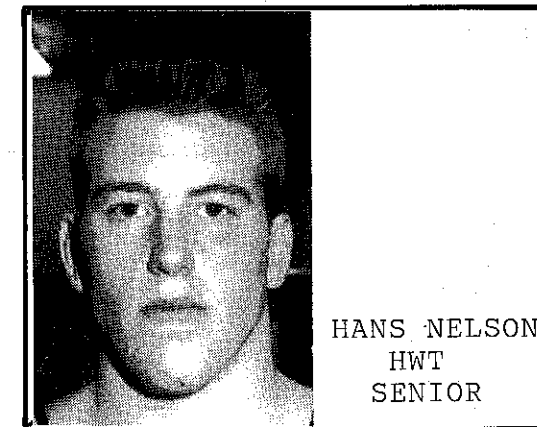
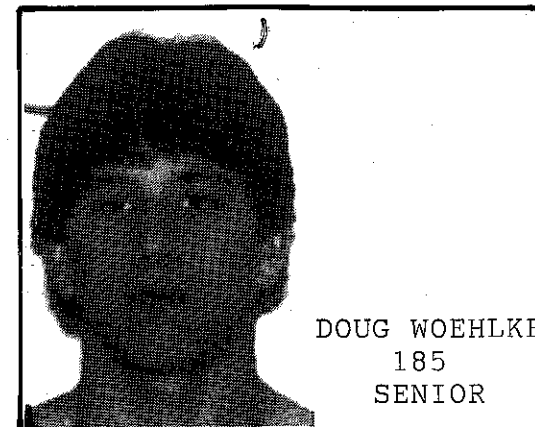
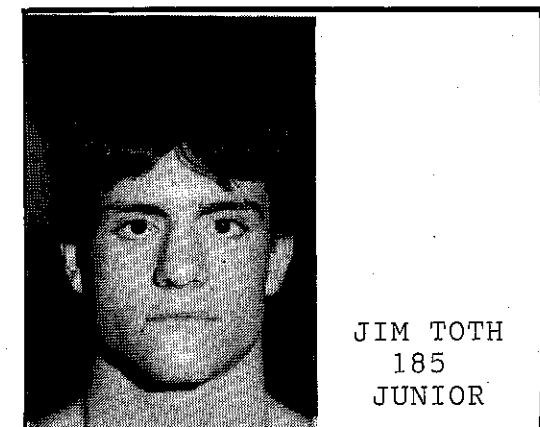
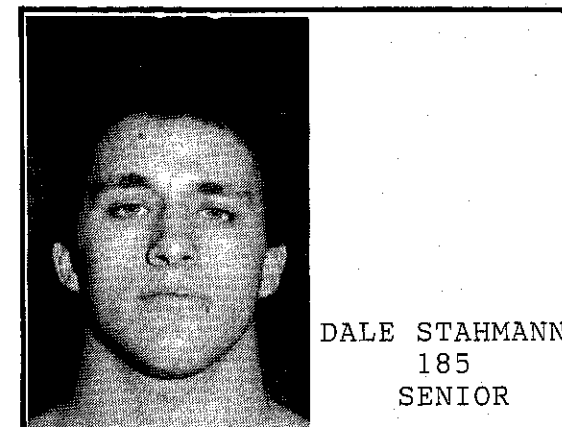
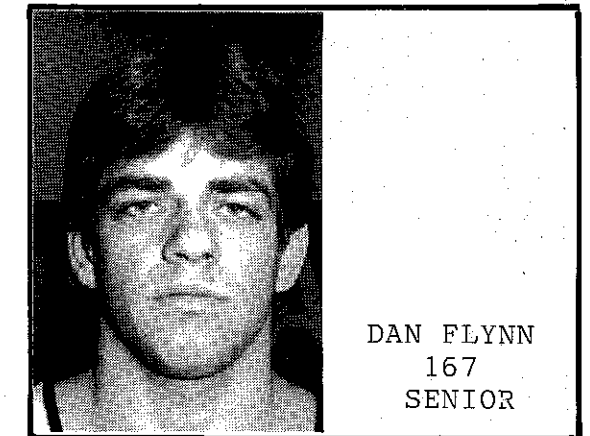
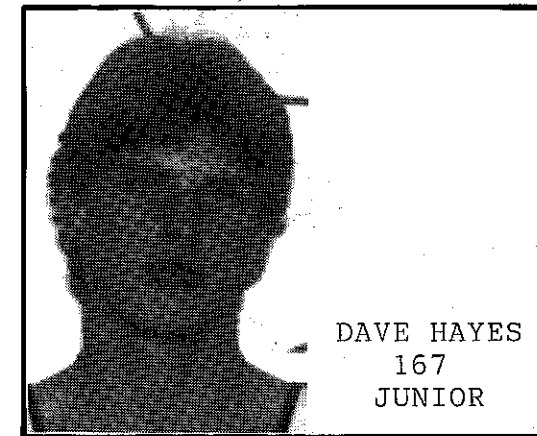
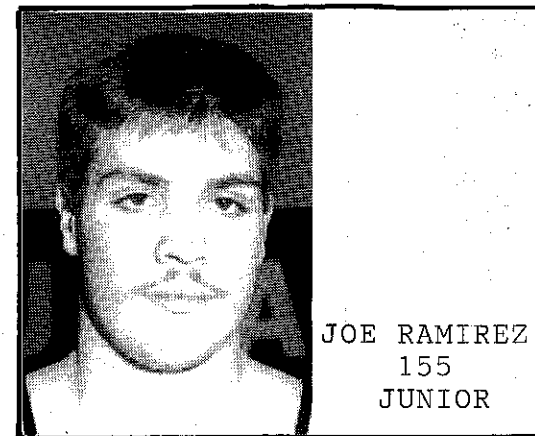
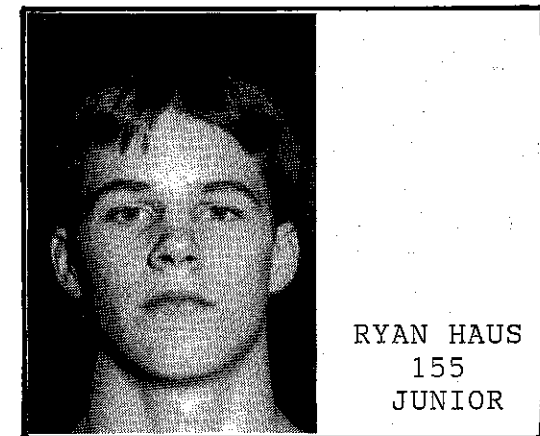
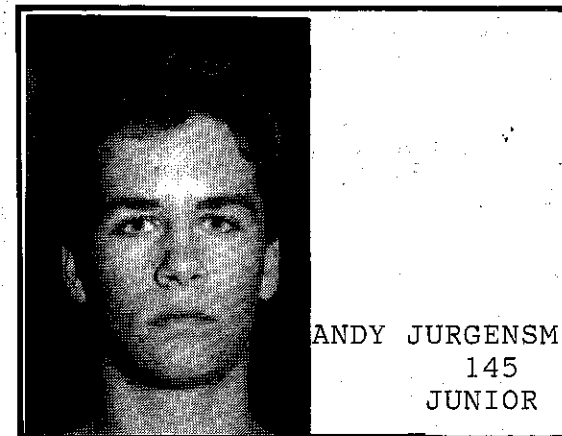
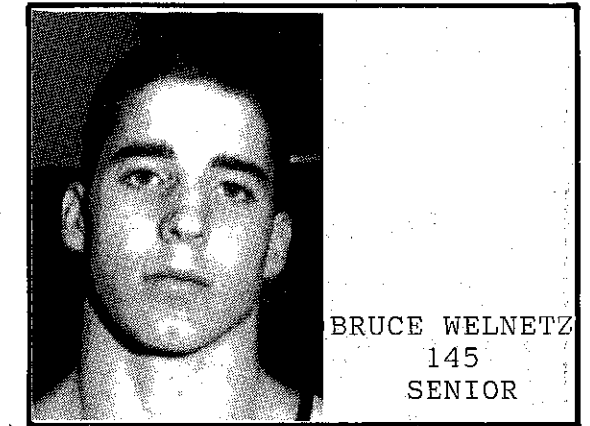
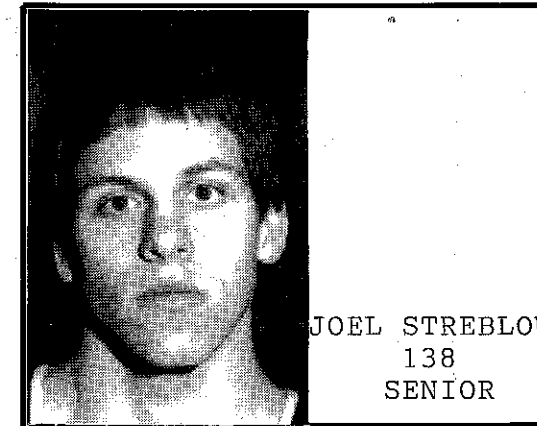
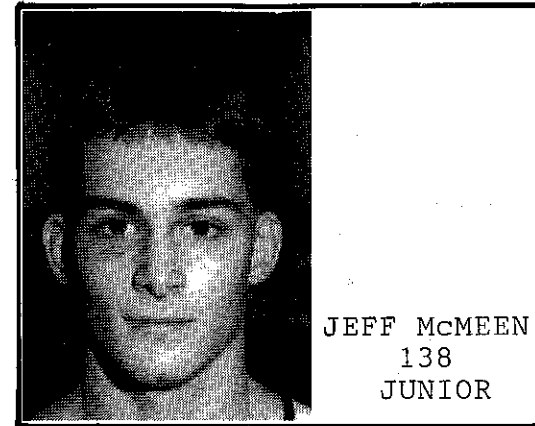
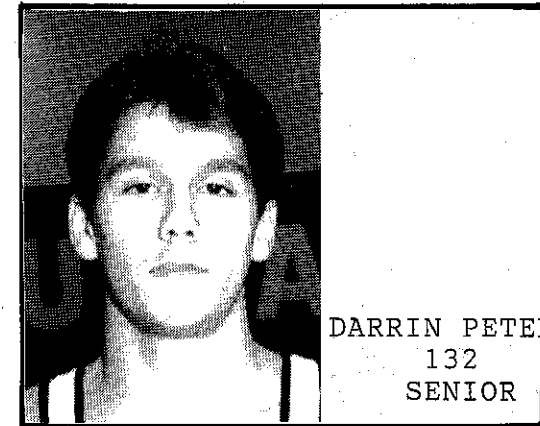
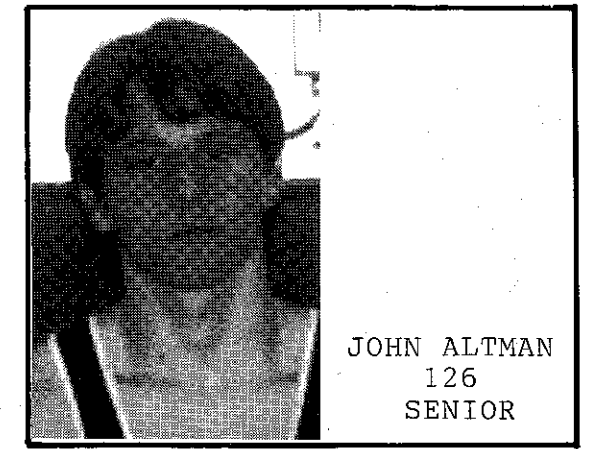
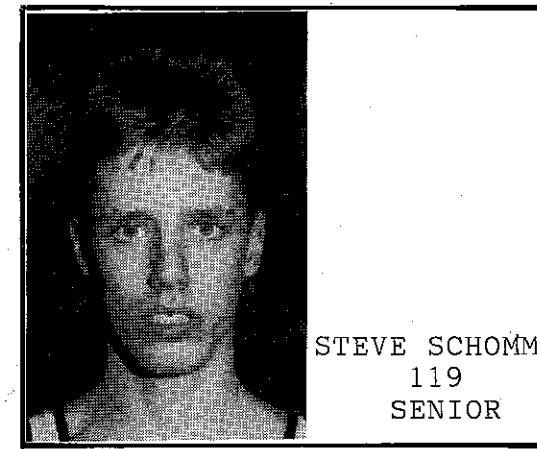
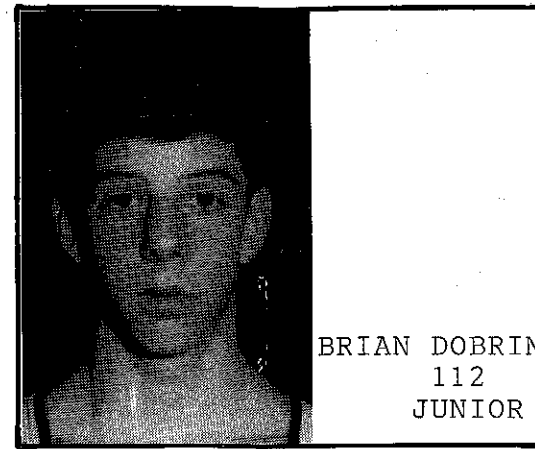
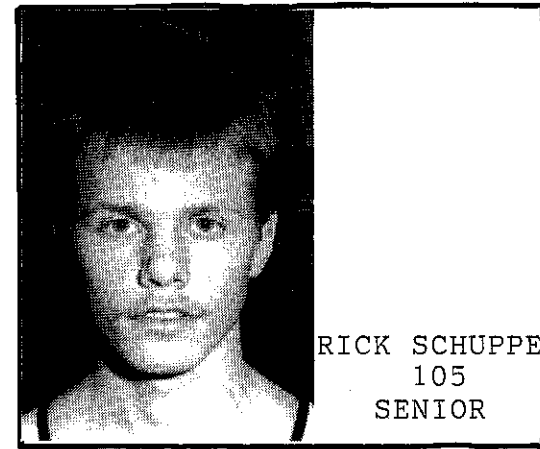
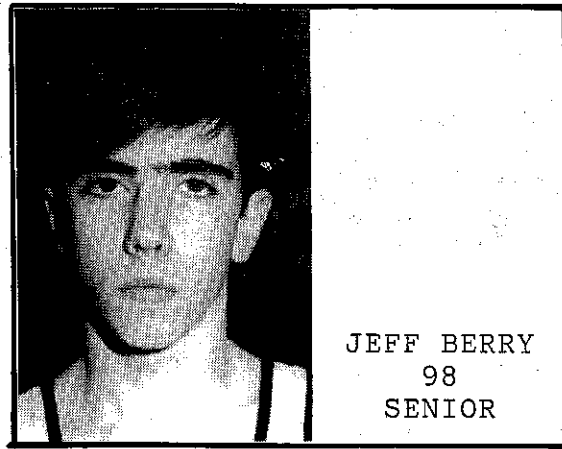
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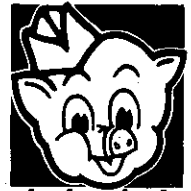
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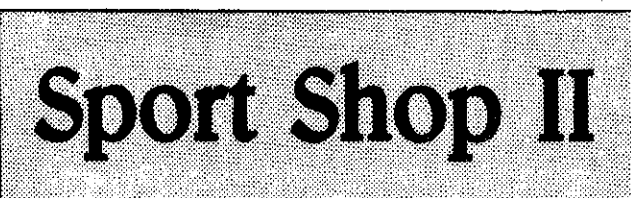


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FRVC CHAMPIONS

Gerald Sabel	70
Karl Kaufman	71
Mike Fero	71
Dan Shingen	73
Bill Voight	74
Nick Bell	74,75,76
Mike Wells	74
Jeff Borgen	75
Jeff Mooney	75
Ron Mueller	76
Dan Jozefowski	76
Doug Bell	77,78
John Bowman	77,78,79
Gary Clausius	80
Mark Peterson	80
Mark Flanders	80
Mike Marx	80
Dave Hanrahan	80
Joe Warner	80
Lonnie Preissner	81
Mike McDermott	81
Joe Toney	83
Pat Schommer	83
Brian Peterson	83,84
Dar. Peterson	85,86,87
Mike Furnner	85

WIAA REGIONAL CHAMPS

Rick Fink	69
Benito DeLeon	69
John Rauls	69
Mike Fero	70
Karl Kaufman	71
Brad Billman	71
Gerald Sabel	71
Bill Voight	73
Brian Billman	73
Tom Thomma	73
Nick Bell	74,75,76
Bob Olson	74
Mike Wells	74
Jeff Borgen	74,75
Ron Mueller	75,76
John Bowman	77,78
Brian O'Loughlin	77
Norm Waldschmidt	77
Doug Bell	78,79
John Hildebrand	78
Gary Clausius	79
Gary Nehring	79
Mike McDermott	80,81
Mark Flanders	80
Mike Marx	80
Lonnie Preissner	80,81
Joe Toney	81
Dave Schmidt	81
Dave Hanrahan	81
Tim Faris	82
Matt Wells	82,83
Rick Abig	82
Brian Peterson	82,83,84
Pat Schommer	83
Glenn Berry	85
Dan Mueller	85
Mike Furnner	85
Mike McDowell	85
Dave Hayes	87
Damian LaCroix	87
Duane Benson	87

WIAA SECTIONAL CHAMPS

Nick Bell	74,75,76
Ron Mueller	76
John Bowman	77
Gary Clausius	80
Mike Marx	80
Matt Wells	82
Brian Peterson	83,84
Glenn Berry	85
Mike Furnner	85
Dan Mueller	85
Steve Schommer	87
Damian LaCroix	87
Mike McDowell	87

WIAA STATE QUALIFIERS

Mike Wells	74
Nick Bell	74,75,76
Ron Mueller	76
John Bowman	77,78
B. O'Loughlin	76
Doug Bell	78
John Hildebrand	78
John Krug	79
Gary Clausius	79
Mitch Riske	79
Mike McDermott	79
Mike Marx	80
Lonnie Preissner	81
Matt Wells	82,83
Pat Schommer	83
Ty Toriello	83,84
Brian Peterson	83,84
Dan Mueller	85
Mike Furnner	85
Glenn Berry	85
Darrin Peterson	85,86
Steve Schommer	87
Todd Schmitz	87
Damian LaCroix	87
Mike McDowell	87

CARDINAL DUAL RECORD

Wins	208
Losses	45
Draws	0

REGIONAL CHAMPIONS

1974, 1976, 1979, 1982,
1983, 1987

SECTIONAL CHAMPIONS

1985 & 1987

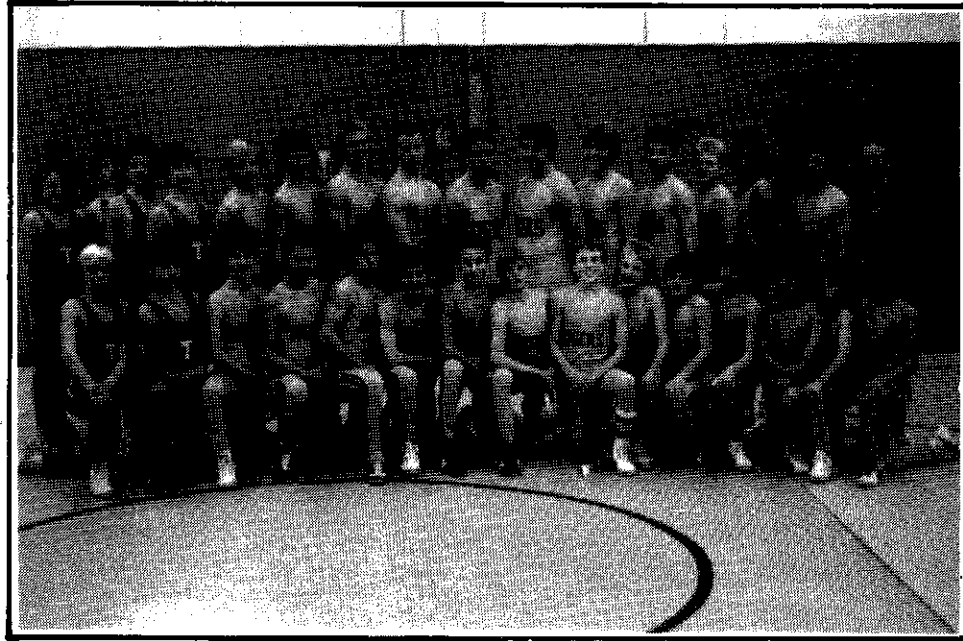
WIAA STATE PLACES

Nick Bell	1st
John Bowman	2nd
Mike Marx	4th
Pat Schommer	2nd
Matt Wells	3rd, 3rd
Brian Peterson	6th, 2nd
Dan Mueller	6th
Darrin Peterson	3rd
Steve Schommer	6th
Damian LaCroix	6th
Todd Schmitz	3rd

CARDINAL WRESTLING FAMILY HONOR ROLL

Petersons (Mark, Brian, Darrin)	214
Bells (Nick, Doug)	133
Schommers (Pat, Steve)	131
Billmans (Brad, Brian)	110
Wells (Mike, Matt, Tim)	109
Muellers (Ron, Dan)	101
Voights (Bill, Bob)	101
Toriellos (Ty, Joe)	87

1987-88 THEISEN TIGERS



Dave Burgess, Phil Damm, Tim Kloke, Steve Welnetz, Jeff Hubbell, Eric Flood, Kory Krupp, Jason Schmitz, Greg Sewall, Luke Newman, Mickey Molina, Jim Wright, Rick Ellison, Benji Gumz, James Thomma (Front Row)
Yancy Piepenburg, Don Benson, Shaun Peterson, Chad Kovacs, Steve Olson, Brent Ryland, Bob Bennot, Tyler Baseley, Bob Hatch, Chad McEssy, Nick Bonnel, Tony Hernandez, Shaun Gerner, Moses Martinez, Jamie Gulbrand, Ryan Welnetz (Back Row)



Coaches:

Joe Pentek

Brad Billman

1987-88 SABISH BEARS



SPIRIT LEADERS



Front: Brenda Portier, Deanne Andrews, Sam Schmitz, Sally Cluppert
Heather Farwell

Middle: Renee Bonzelet, Cheryl Cluppert, Ann Boeder, Angie Paulin

Top: Gina Marchionda, Kim Bird, Pam Stuebs

SOPHOMORE WRESTLING



Front: Rocco Marchionda, Dave Cross, Jack Baccus, Joe Schultz,
Larry Goldapski, Scott Hammarlund, Steve Ward.

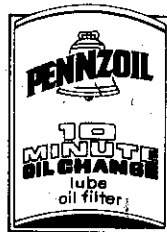
Back: Aaron Webb, Don Norton, Darrin Otto, Dave Munoz, Rob
Buechel, Jim Bloedorn, Russ Ellison.



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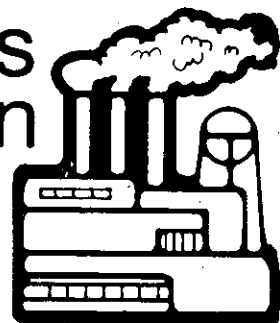
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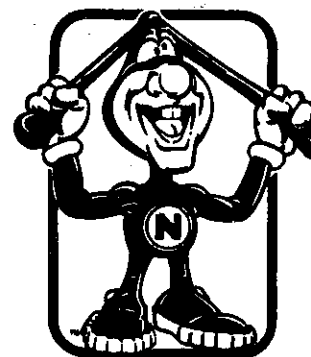
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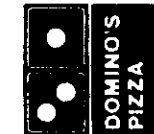
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