

## **2021-2022 SYHA COVID-19 PROTOCOL**

SYHA will be following the Iowa Department of Public Health guidelines for the public-school systems in Iowa. Per these guidelines any COVID-19 positive individual within our organization (parent, coach, volunteer, skater) must quarantine for 10 days from the onset of symptoms and 24 hours with no fever without the use of fever-reducing medications and other symptoms of COVID-19 are improving. For example: If someone became symptomatic on September 1<sup>st</sup>-that is considered day 0-they are out of quarantine on September 12<sup>th</sup>-the quarantine must go through the 10<sup>th</sup> day. No other close contacts need to quarantine. If there is a positive case of COVID-19 in the house it is no longer necessary for others in the house to quarantine-everyone just needs to monitor for symptoms. It is vitally important everyone monitor for symptoms, don't come to the rink or events if sick, and get tested if needed. If you have any questions regarding COVID-19 or this policy, please contact me at [jodinetley@gmail.com](mailto:jodinetley@gmail.com) or 712-251-2362. Let's all work together to stay healthy and have a great hockey season.

Jodi Netley

SYHA Covid Coordinator