

# TUESDAY

## MOVE IT MORNINGS

[Click to join Coach Tyler for Move It Mornings!](#)

## ARTS & CRAFTS

[Make a friendship bracelet to mail to friends!](#)

## SKILL TUTORIAL

[Practice your Safety Vault!](#)

## HEALTHY SNACKS

[Create Strawberry Ladybugs!](#)

## GET OUTSIDE!

[Check out this free yard dice download!](#)

## AFTERNOON WORKOUT

[Learn some cool yoga poses!](#)

## EVENING GAME

[Have a pajama party with these fun sleepover games!](#)

## BEDTIME REFLECTION

[Calm down with this world of water!](#)