

2025 ROCKY MOUNTAIN DISTRICT GIRLS PLAYER EVALUATION CAMP

Final RMD Girls PEC Schedule

As of: 5/9/2025

Children's Health Stars Center

12700 N Stemmons Fwy

Farmers Branch, TX 75234

PLAYER CATEGORY - GROUPS:

GIRLS: 2010, 2009, & 2008 (15, 16, & 17) Blue & Gold

2 Teams per Age Group

Teams will posted on RMD Website by May 9th (end of day)

Friday May 16

ONSITE PLAYER REGISTRATION:

Players must sign-in themselves to receive Camp Jersey & Socks

Check-in at specified time - Do NOT come early or late!

Check in as posted - **Upstairs Mezzanine**

7:30 - 8:30 AM	Girls 15	2010 Birth Year
8:30 - 9:30 AM	Girls 16	2009 Birth Year
9:30 - 10:30 AM	Girls 17	2008 Birth Year

Player/Parent Seminar - Upstairs Mezzanine	
All Ages:	5:15-6:30 PM on Friday May 16

*Below Note: * Mental Performance Training*

Friday May 16

in upstairs back meeting room

Start Time	End Time	Off-Ice		Start Time	End Time	Gaglardi Rink
8:30 AM	9:00 AM	Girls 15 Warm-up		8:15 AM	9:15 AM	Officials
10:00 AM	10:30 AM	Girls 16 Warm-up		9:30 AM	10:45 AM	Girls 15 Game
11:30 AM	12:00 PM	Girls 17 Warm-up		11:00 AM	12:15 PM	Girls 16 Game
11:15 AM	12:15 PM	Girls 15 Mental Performance*		12:30 PM	1:45 PM	Girls 17 Game
12:45 PM	1:45 PM	Girls 16 Mental Performance*		2:00 PM	3:15 PM	Girls Goalie Only
2:15 PM	3:15 PM	Girls 17 Mental Performance*		3:30 PM	4:45 PM	
3:45 PM	4:45 PM	Goalie Mental Performance*		5:00 PM	6:15 PM	

Saturday May 17

Warm-ups & Cool Downs outside

Start Time	End Time	Off-Ice		Start Time	End Time	Gaglardi Rink
9:45 AM	10:15 AM	Recovery & Cool Down 101		8:15 AM	9:30 AM	Girls 15 game
11:15 AM	11:45 AM	Recovery & Cool Down 101		9:45 AM	11:00 AM	Girls - 16 Gold vs 17 Blue
12:45 PM	1:15 PM	Recovery & Cool Down 101		11:15 AM	12:30 PM	Girls - 16 Blue vs 17 Gold
1:30 PM	2:45 PM			12:45 PM	2:00 PM	
3:00 PM	4:15 PM			2:15 PM	3:30 PM	Girls - 15 Blue vs 16 Gold
4:30 PM	5:45 PM			3:45 PM	5:00 PM	Girls - 15 Gold vs 16 Blue
6:00 PM	7:15 PM			5:15 PM	6:30 PM	Girls 17 Game

Sunday May 18

Start Time	End Time	Off-Ice		Start Time	End Time	Gaglardi Rink
8:00 AM	9:15 AM			8:15 AM	9:30 AM	Girls 15 Game
9:30 AM	10:45 AM			9:45 AM	11:00 AM	Girls 16 Game
11:00 AM	12:15 PM			11:15 AM	12:30 PM	Girls 17 Game

GIRLS CAMP CONCLUDES AT 12:30 PM Players may depart after their last game on Sunday

THANK YOU FOR PARTICIPATING IN THE 2025 RMD PLAYER EVALUATION CAMP