



MFCA COACHES CLINIC

"Keepers of the Game"

DoubleTree by Hilton Hotel - Park Place

Saint Louis Park, MN

Thursday April 4 - Saturday, April 6, 2024

Updated March 20, 2024



MFCA CLINIC SCHEDULE

ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6 & 7 (Downstairs)	
Park Ballroom 1	Park Ballroom 2	Courtyard 3	Courtyard 4	Orchard (Main Hall)	Spring Room	Summer Room

THURSDAY - APRIL 4, 2024

4:00pm - Sub-District Reps Meeting in Atrium

4:00pm-5:00pm - Individual Breakouts

Pete Haugen <u>Gustavus Adolphus College</u> Growing Leaders: Impacting Culture & Performance	Grady Rowe <u>Bellville HS TX</u> Culture of Toughness: The Bellville Way	Chase Vogler <u>Minnesota - Duluth</u> UMD Boot & Play Action Passing Game	Trey Dill <u>Minnesota - Duluth</u> Defending RPO's from a 2 High Shell	Matt Tschetter <u>Wartburg College</u> Implementing Tackling Into Defensive Scheme	Terry Bahlmann <u>Marshall HS</u> Combining Traditional Slot-T with Spread Concepts
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5:00pm-5:20pm - Break - Exhibit Prize Drawing at Booth 18 - Visit Exhibitors

5:00pm-5:30pm State Champions Reception (Room 1409)

5:30pm-6:30pm - Welcome Message, MFCA Awards, & Kevin O'Connell, Minnesota Vikings Head Coach (Pre-Recorded Message to the MFCA)

6:30pm-6:50pm - Break - Visit Exhibitors

6:50pm-7:50pm - Individual Breakouts

Grady Guess <u>Wakulla HS, FL</u> Wakulla Defense and Game Week Preparations	Grady Rowe <u>Bellville HS TX</u> Overview Of Slot T Offense	Jason Jones <u>Westlake HS, TX</u> Westlake's Cover 5 Pressure Package	Tom Journell <u>Carleton College</u> Foundations of Building a Program RPKO	Charles Adams <u>Minneapolis North HS</u> Program Building in the Inner Cities	Blake Dunham <u>Westlake HS, TX</u> Special Teams Philosophy & Time Management
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8:10pm-9:10pm - Individual Breakouts

Grady Guess <u>Wakulla HS, FL</u> Wakulla Defensive Fronts, Blitz, and Coverages	Tom Holcomb <u>Bellville HS TX</u> Slot T Power Power Series	Jason Jones <u>Westlake HS, TX</u> Westlake's Cover 5 Pressure Package	Blake Dunham <u>Westlake HS, TX</u> Special Teams Coverage Units	Grant Norland <u>The Quarterback Institute</u> Developing QB Mechanics on the Field & Weight Room	ODK Roundable ChalkTalks <i>Moderated by Ribsby Petermeier</i>
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9:15pm - Don Swanson Kickoff Party (Atrium)

FRIDAY - APRIL 5, 2024

9:00am-10:00am - University of Minnesota Golden Gopher Coaching Staff - Individual Breakouts (Gopher Speaker Schedule is Tentative)

Greg Harbaugh Jr. <u>Minnesota Gophers</u> Gophers Passing Game	Brian Callahan <u>Minnesota Gophers</u> Pass Protection Drills	Nic McKissic-Luke <u>Minnesota Gophers</u> RB Technique & Drills	Danny Collins <u>Minnesota Gophers</u> Safeties Play Vs Run	Nick Monroe <u>Minnesota Gophers</u> Press Technique	John Schaeckel <u>Minnesota Gophers</u> Current Recruiting Topics	Bob Ligashesky <u>Minnesota Gophers</u> Special Teams
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10:00am-10:20am - Break - Exhibit Prize Drawing at Booth 28 - Visit Exhibitors

10:20am-11:20am - Individual Breakouts

Derrin Lamker <u>Augsburg University</u>	Tom Holcomb <u>Bellville HS TX</u>	Matt LeZotte <u>Richmond Hill HS, GA</u>	Todd Johnson <u>Mahnomen HS</u>	Matt Wheeler <u>Wartburg College</u>	Jason Nickleby <u>MSHSL</u>	Sahli & Rousemiller <u>Lakeville South HS</u>
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MFCAs COACHES CLINIC

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MFCAs CLINIC SCHEDULE

ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6 & 7 (Downstairs)	
Park Ballroom 1	Park Ballroom 2	Courtyard 3	Courtyard 4	Orchard (Main Hall)	Spring Room	Summer Room
HS to College: Building a Program & Recruiting	Slot T Power Buck Sweep Series	Off-season, Offensive Game Planning, & Film Breakdown	33 Stack Game Planning & Film Breakdown	"Dash Pass" – Efficient choice down completions	Ten Top Rule Reminders for Football Coaches	The Importance of Power Clean in your Program
<i>11:20am-1:00pm - Lunch Break - Exhibit Prize Drawing at Booth 23 - Visit Exhibitors</i>						
11:40am-12:40pm - FCA Luncheon - Speaker (Room 4)						
11:45am-12:45pm - Golden Gopher Alumni in Coaching (Room 1409)						
2023 MINNESOTA STATE CHAMPIONS & FINALISTS						
1:00-2:00pm - Individual Breakouts						
Diggins & Diggins <u>Centennial HS</u> Using Two-Way Players	Jason Potts <u>Edina HS</u> Spread Offense RPO's	Cullen Nelson <u>Chanhassen HS</u> LB Play in the 3-4 Defense	Garrett Mueller <u>Stewartville HS</u> Sprint Based Football - Prioritizing Health & Speed	Klimek & DeWulf <u>Nevis HS</u> 9-Man Program Development & Defense	Matt LeZotte <u>Richmond Hill HS, GA</u> Heavy Run Package in Red Zone	
<i>2:00pm-2:20pm - Break - Exhibit Prize Drawing at Booth 34 - Visit Exhibitors</i>						
2:20pm-3:20pm - Individual Breakouts						
Diggins & Diggins <u>Centennial HS</u> Culture & Process to Build a Championship Program	Jason Potts <u>Edina HS</u> Spread Offense RPO's	Cullen Nelson <u>Chanhassen HS</u> LB Play in the 3-4 Defense	Garrett Mueller <u>Stewartville HS</u> Sprint Based Football - Culture of High Performance	Dan Lowe <u>Kingsland HS</u> Small School Strength & Conditioning Culture	Travis Walch & Tom Menke <u>St. Thomas Academy</u> STA Football: Winning Edges & Gamified Football Drills	
3:30pm-4:30pm Retired Coaches Reception (Room 1409)						
3:45pm - Jay Sawvel, University of Wyoming Head Coach						
5:00pm-6:00pm - Coach P.J. Fleck BBQ - Dinner with the Golden Gophers Coaching Staff (Atrium)						
6:30pm-7:30pm - MFCAs Man of the Year Award, Salute to Randy Shaver						
7:30pm - Golden Gophers Head Coach P.J. Fleck - Minnesota Football						
SATURDAY - APRIL 6, 2024						
7:30am-8:30am - MFCAs Association Business Meeting & Prize Packages (Room 1)						
9:00am-12:00pm - MFCAs Keepers of the Game Youth Football Coaches Clinic - (Courtyard Rooms)						
9:00am-1:00pm - Gopher Meetings & Spring Practice at the Larson Football Performance Center & Huntington Bank Stadium						
5:00pm Social / 6:00pm Banquet - Hall of Fame Reception & Awards Banquet						