



MAINE COAST STORM

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[maine_coast_storm_hockey](#)

UPCOMING CALENDAR

9/3 - BOARD MEETING, MRC 6:30PM

»»» 2025-2026 HEDSTROM TOURNAMENT

Want to be involved in planning and executing this year's Theodore Hedstrom Memorial Tournament? We need committee members. Tentative tournament dates are the weekend before Thanksgiving.

On the ice, Theo Hedstrom was not the fastest skater or the hardest shooter but he most certainly was a brave player and a grinder who worked hard for his team. Theo consistently demonstrated the willingness to embrace his role and to help his team in any way the coaches asked. Theo played with joy and humor and contributed to a fun environment on and off the ice. In 2021, at age 14, Theo lost his life in a house fire. Scholarships are awarded to one player from each travel team and one house player in his memory. They are given to players who demonstrate his attitude and love of the game. Money raised also helps fund other scholarships for those in need.

Storm parent Amy Clark, Mom to Landon and Ophelia, is heading up the committee. Please contact her if you would like to be involved.

[EMAIL AMY](#)



#67

THEODORE
HEDSTROM



»»» SAFESPORT CERTIFICATION FOR VOLUNTEERS

All volunteers who interact directly with children must register with USA Hockey. It is free to register as a volunteer. If you are going to be entering the locker room, coaching or a board member it is also required that you are SafeSport certified. This means you must complete an online training about player safety. This includes parents who are in the locker room to help their player get dressed. Please take the time this summer to complete this registration and training.

[USA HOCKEY MEMBERSHIP](#)

[SAFESPORT TRAINING](#)





**MAKE SURE TO DOWNLOAD THE TEAMREACH APP
CODE: STORMHOUSEHOCKEY**

TeamReach is where all house hockey information is posted. All 10U and 12U travel players and all house only players are placed on house teams.

MEET OUR 2025-2026 TRAVEL TEAM HEAD COACHES



RYAN GATES - 14U

Coach Ryan G. has been involved in the Midcoast hockey community for over a decade, and has served as 10U, 12U and 14U head coach. He's thrilled to guide his team through a fun and growth-oriented 14U season, blending mentorship with skill development. When not on the ice, Ryan works as the Stewardship Program Director at Coastal Mountains Land Trust and enjoys spending time with family and being outside.

RYAN BERGAN - 12U RED

Coach Ryan B. has been coaching hockey for 7 years. He lives in Hope with his family. When he is not wrangling his three boys on the ice, he enjoys fishing, hunting, golf and watching sports. Ryan is a teacher at Camden Hills Regional High School.



TYLER SMITH - 12U BLACK

Coach Tyler has been coaching at MRC for 7 years. A Camden resident, he shares his love for the sport with his wife, Kristen, who also plays, and their two children, Sam (14U) and Hannah (12U), who play for Storm. Known for his steady, hands-on approach, he focuses on developing skills and teamwork. He enjoys cooking and working on his house. Tyler is self-employed as an engineer.

JEFF RASMUSSEN - 10U

Coach Jeff grew up in Western NY and has been playing hockey since age 6. In his coaching role, he hopes to share his love for the game, competitive spirit, and strong work ethic. He lives in Camden with his wife, Chrissy, and three children, Patrick, Allison, and Emma. He enjoys playing hockey, golf, fishing and the Buffalo Bills. He works as an orthopedic surgeon.



**HERE ARE SOME PHOTOS OF STORM PLAYERS HARD AT WORK THIS SUMMER.
HAVE PHOTOS? SEND THEM TO:
COMMUNICATIONS@MAINECOASTSTORM.ORG**



WHEN DO HOCKEY PLAYERS
WEAR FORMAL ATTIRE?
WHEN IT'S A TIE GAME.



WHY ARE SPARROWS GOOD
AT PLAYING ICE HOCKEY?
BECAUSE THEY ARE
EXCELLENT AT CHIRP-ING.

WHY WAS THE HOCKEY PLAYING
DOG PUT IN THE PENALTY BOX?
HE GOT TWO MINUTES
FOR RUFFING.

**EVERY SEPTEMBER WE PLACE STORM YARD SIGNS IN THE SURROUNDING TOWNS.
ARE YOU ABLE TO HELP OUT BY PLACING A FEW SIGNS IN YOUR TOWN?
CONTACT MONICA KARAM, OUR GROW THE GAME REPRESENTATIVE.**



KNOW THE RULES, A FEW USEFUL ITEMS:

- MOUTHGUARDS ARE REQUIRED FOR 12U AND UP
- NECK GUARDS ARE REQUIRED FOR ALL PLAYERS
- THE HOLLOW END OF A STICK MUST BE COVERED
- MINOR PENALTIES ARE 1 MINUTE 30 SECONDS
- PHONES AND CAMERAS ARE PROHIBITED FROM THE LOCKER ROOM



WWW.MAINECOASTSTORM.ORG



**THANK YOU TO EVERYONE WHO VOLUNTEERED FOR THE BLUES
FESTIVAL AND LOSTER FESTIVAL PARKING LOT FUNDRAISERS.
WE RAISED OVER \$9000!**



MEET OUR BOARD:

**AS THE SEASON STARTS, HERE ARE SOME FACES YOU MAY SEE AROUND THE RINK.
THEY ARE GREAT CONTACTS IF YOU HAVE ANY QUESTIONS OR CONCERNS.**



KRISTIN FALLA



TODD ADAMS



BROOKE BREWER



RUTH THYEN



DANIELLE NELSON



KRISTEN SMITH



JESSICA DUFFY



VALERIE HILCHEY



JEN WINTERS



MONICA KARAM



ANDREW MARSHALL



NICK O'HARA



IRIDE PIECHOCKI



MICAH KELLY

REMINDER - 25-26 REGISTRATION IS OPEN!

TRAVEL TEAM REGISTRATION

HOUSE TEAM REGISTRATION

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