



New Lenox Soccer Association: Recreational Division Return to Play (COVID-19) - Spring 2021

The NLSA is dedicated to protecting the health and safety of our soccer community. We understand that our families want to get back on the field. We must do this with strict focus on the safety of the players, coaches, referees, and their families. The purpose of this document is to provide the guidelines we can all use to assist with return-to-play programming in context of the COVID-19 pandemic. While the rec division is not governed by IHSA nor US Youth Soccer organizations, we are following a combination of guidelines designed to comply with the recommendations from both.

- NLSA practices are Monday thru Thursday in the evening, with either Friday or Saturday games.
- Coaches will maintain an attendance log of participants. If a confirmed case of COVID-19 occurs, a log will be readily available for New Lenox Community Park District and any local agencies such as Illinois Health Department and CDC.
- If we are informed that a player or coach has tested positive with COVID-19, we will inform their team.
- Each Player should bring their own ball, shin guards, and water bottle (Please have names clearly marked on the outside). Each coach will have their own ball also.
- Athletic Sports masks (NLSA 40th Anniversary Edition) are included this season with every player and coach's uniform.
- Off the field: Masks shall be worn by coaches and players while on the sidelines/bench. Social distancing should be adhered to as best as possible. This includes sitting on the bench.
- On the field: Mask wearing is suggested but is optional on the field when playing.
- Self-evaluations should be taken prior to arriving at practice or games. If a player or coach has any symptoms then we ask them to follow their best judgement not to attend.
- Coaches will be provided with guidelines and drills designed with social distancing considerations.
- Only the coaches and referees should handle any equipment.
- Each player should bring their own sanitizer and apply as desired. If a player does not have sanitizer, they may request some from their coach.
- Parents/Spectators should observe the same Covid-19 safety rules by maintaining 6ft social distance while observing practice or games, wearing a mask, remaining on the opposite side of the field of the benches, and respect the dotted line boundary rules.
- Team Snacks will not be shared during the Spring 2021 session.
- All of these guidelines, including additional ones, are subject to change at any point during the season.

NLSA: <https://www.newlenoxsoccer.org/>

US Soccer: <https://www.ussoccer.com/playon/guides>

IDPH Safety: <https://dph.illinois.gov/covid19/community-guidance/sports-safety-guidance>

Illinois Covid Dashboard: <https://coronavirus.illinois.gov/s/restore-illinois-regional-dashboard>