

## Time trial results, May 30th, 2024

### 400m Results & Standings

#### Individual Time Trial Results, 400m

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
May 30, 2024	1	Judd VS.	49M	01:00.0	00:52.7	82.0%
May 30, 2024	2	Norm W.	47M	01:14.0	01:05.9	65.6%
May 30, 2024	3	Glenn M.	70M	01:27.0	01:03.7	67.8%
May 30, 2024	4	Melissa T.	44F	01:38.0	01:25.2	55.9%
May 30, 2024	5	Agnes S.	58F	01:50.0	01:23.6	57.0%

#### Female Leaderboard (Age Graded), 400m

Position	Name	AG Time
1	Karen J.	01:06.6
2	Agnes S.	01:23.6
3	Melissa T.	01:25.2

#### Male Leaderboard (Age Graded), 400m

Position	Name	AG Time
1	Judd VS.	00:52.7
2	Glenn M.	01:02.2
3	Norm W.	01:05.9
4	Ralph V.	01:15.5
5	Fabio S.	01:25.5

### 800m Results & Standings

#### Individual Time Trial Results, 800m

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
May 30, 2024	1	Johannes S.	43M	02:45.0	02:32.6	66.2%
May 30, 2024	2	Benjamin M.	31M	02:55.0	02:55.0	57.8%
May 30, 2024	3	Glenn M.	70M	03:15.0	02:22.3	71.0%
May 30, 2024	4	Agnes S.	58F	04:55.0	03:56.1	48.0%

#### Female Leaderboard (Age Graded), 800m

Position	Name	AG Time
1	Karen J.	02:40.8
2	Melissa T.	03:29.3
3	Agnes S.	03:56.1

#### Male Leaderboard (Age Graded), 800m

Position	Name	AG Time
1	Glenn M.	02:22.3
2	Johannes S.	02:32.6
3	Benjamin M.	02:55.0
4	Fabio S.	03:02.3

## 1mile Results & Standings

### *Individual Time Trial Results, 1 mile*

Date	Position	Name	Age	Time	Age Graded Time	Age Perf %
May 30, 2024	1	Johannes S.	43M	05:54.0	05:27.1	68.1%
May 30, 2024	2	Benjamin M.	31M	05:57.0	05:55.3	62.7%
May 30, 2024	3	Glenn M.	70M	06:49.0	04:59.3	74.4%
May 30, 2024	4	Karen J.	61F	07:10.0	05:11.3	80.8%
May 30, 2024	5	Melissa T.	44F	07:27.0	06:44.9	62.1%

### Female Leaderboard (Age Graded), 1 mile

Position	Name	AG Time
1	Karen J.	05:11.3
2	Melissa T.	06:44.9

### Male Leaderboard (Age Graded), 1 mile

Position	Name	AG Time
1	Glenn M.	04:59.3
2	Johannes S.	05:27.1
3	Benjamin M.	05:55.3
4	Ralph V.	06:17.9
5	Fabio S.	06:48.9
6	Albert S.	06:57.7

## 3200m Results & Standings

### Male Leaderboard (Age Graded), 3200m

Position	Name	AG Time
1	Sam N.	13:01.0
2	Albert S.	15:50.5