

ROYAL OAK FOOTBALL CLUB

ALL AGE GROUPS

TEAM SEATING

Teams are to take opposite sides of the field, unless only one side is available
Home team takes the East or South Sideline, Visitors take the West or North sideline.
If only 1 sideline is used, home team gets choice of ends
All fans of a team must be on their team's side (or end) of the field

COACHING

Can only be from your team's side of the field. Coaches are to stay between the front edges of the penalty boxes, unless only 1 sideline is being used, in this case coaches are to remain between the ½ way line and the front edge of the penalty box on their end of the field.

UNIFORMS

Teams are to wear their ROFC issued jersey. The Home team wears the darker of the 2 colors, the visitors wear the lighter of the 2 colors.

THE GOALKEEPER

MUST WEAR SOMETHING THAT IS A DIFFERENT COLOR THAN THE JERSEYS OF BOTH TEAMS
This can be pinnie, goalkeeper jersey, t-shirt, sweatshirt, jacket etc.

PLAYING RULES BY AGE GROUP

Pre-school & Kindergarten (U5/U6)

- A. Length of Game: 40 minutes (two 20-minute halves)
- B. Ball Size: 3
- C. Number of Players: 3 per team on each of 2 fields. This age group uses a split field set up. Each team will have 3 players on Field A & 3 on field B. Players not in the game should sit between the 2 fields. There are no goalkeepers.
- D. Referees: None assigned. Coaches are on the field officiating and coaching.
- E. The offside rule is NOT enforced.
- F. Goal kicks – game is restarted with a player passing or dribbling the ball in from the end line where the ball went out.
- G. When the ball crosses a sideline, the game is restarted with a kick in from the spot where it crossed the sideline.
- H. All players must be 5 yards from the player taking any restart
- I. All free kicks are INDIRECT, with opponents at least 5 yards from the ball until it is in play.
- J. The start of play shall be a kick-off from a center mark and all opponent players must be 5 yards from this mark on their side of the field.
- K. Corner kicks will be taken, and, in the absence of field markings, the ball should be placed within 2 feet of the corner. A goal may be scored directly from a corner kick.
- L. There are no Penalty kicks in this format. If a player uses their hand, in front of the goal to prevent a goal, then the ball will be placed ten yards from the goal for an indirect kick.
- M. Player substitutions may be made, by either team, at any time.

1st and 2nd grade (U7/U8)

- A. Length of Game: 50 minutes (two 25-minute halves)
- B. Ball Size: 3
- C. Number of players: 4 field players and 1 goalkeeper.
- D. The offside rule IS enforced, only within the area between the goal line and build out line.
- E. The pass-back rule IS enforced.
- F. When the ball crosses a sideline, the game is restarted with a throw-in from the spot where it crossed the sideline. If the first throw-in is a foul throw, the same team takes another throw. The ball is turned over to the other team if the second throw is a foul throw.
- G. The goalkeeper, after handling the ball, may not punt or drop kick the ball. If the ball is drop kicked or punted an indirect free kick will be awarded to the opposing team.
- H. Goal Kicks: Per FIFA Rules. The players on the opposite team must retreat beyond the build out line until the goalkeeper releases the ball.
- I. A build out line is placed 20 yards from the goal line. When the goalkeeper has possession of the ball in their hands, on a goal kick or free kick, the players on the opposite team must retreat beyond the build out line until the goalkeeper releases the ball. The attackers can cross the build out line when the ball is kicked and moves from a goal kick, free kick in the penalty area or when goalie gives up possession from the hands. Players on the same team as the goalkeeper are allowed within the area of the build out line.
- J. All players must be 6 yards from the player taking any restart. All free kicks are INDIRECT with opponents at least 8 yards from the ball until it is in play. If the attacking team earns a free kick inside their opponents Goal/Penalty box, the kick comes out to the front edge of the penalty box directly out from where the foul occurred.
- K. The start of play shall be a kick-off from a center mark and all opponent players must be 8 yards from this mark on their side of the field
- L. Corner kicks will be taken, and, in the absence of field markings, the ball should be placed within 2 feet of the corner. A goal may be scored directly from a corner kick.
- M. NO Penalty kicks
- N. Player substitutions are unlimited and may be made, by either team, on any restart when the ball is out of play.
- O. An additional player may be added to the game by a team at each negative four-goal differential. For example, a player may be added by a team when it goes down by four goals AND another player may be added if the goal differential increases to eight goals, etc. However, if a team has introduced an additional player under this rule, the number of players on the field for that team must be adjusted downward before the restart of play when the goal differential falls below the level at which is rule permitted the addition of a player.
- P. Fouls and misconducts: Per FIFA Laws of the Game with the following modifications: Slide tackling and intentionally heading the ball are not allowed, both are dangerous play.

3rd & 4th grade (U9/U10)

- A. Length of Game: 60 minutes (two 30-minute halves)
- B. Ball Size: 4
- C. Number of players: 6 field players and 1 goalkeeper.
- D. The offside rule IS enforced, only within the area between the goal line and build out line.
- E. Goal Kicks: Per FIFA Rules. The players on the opposite team must retreat beyond the build out line until the goalkeeper releases the ball.
- F. The pass-back rule IS enforced.
- G. When the ball crosses a sideline, the game is restarted with a throw-in from the spot where it crossed the sideline. No second try for a foul throw.
- H. The goalkeeper, after handling the ball, may not punt or drop kick the ball. If the ball is drop kicked or punted an indirect free kick will be awarded to the opposing team.
- I. A build out line must be placed halfway between the top of the penalty area and the halfway line. When the goalkeeper has possession of the ball in their hands, on a goal kick or free kick, the players on the opposite team must retreat beyond the build out line until the goalkeeper releases the ball. The attackers can cross the build out line when the ball is kicked and moves from a goal kick, free kick in the penalty area or when goalie gives up possession from the hands. Players on the same team as the goalkeeper are allowed within the area of the build out line.
- J. All players must be 8 yards from the player taking any restart. All free kicks are INDIRECT with opponents at least 8 yards from the ball until it is in play. If the attacking team earns a free kick inside their opponents Goal/Penalty box, the kick comes out to the front edge of the penalty box directly out from where the foul occurred.
- K. The start of play shall be a kick-off from a center mark and all opponent players must be 8 yards from this mark on their side of the field
- L. Corner kicks will be taken, and, in the absence of field markings, the ball should be placed within 2 feet of the corner. A goal may be scored directly from a corner kick.
- M. Penalty Kicks: If direct free kick foul is committed by the defending team inside their own penalty box, the opponents will get a penalty kick. Penalty kicks will per FIFA regulations except the penalty spot will be 10 yards from the goal.
- N. Player substitutions are unlimited and may be made, by either team, on any restart when the ball is out of play.
- O. An additional player may be added to the game by a team at each negative four-goal differential. For example, a player may be added by a team when it goes down by four goals AND another player may be added if the goal differential increases to eight goals, etc. However, if a team has introduced an additional player under this rule, the number of players on the field for that team must be adjusted downward before the restart of play when the goal differential falls below the level at which is rule permitted the addition of a player.
- P. Fouls and misconducts: Per FIFA Laws of the Game with the following modifications: Slide tackling and intentionally heading the ball are not allowed, both are dangerous play.

5th & 6th Grade (U-11/12)

- A. Length of Game: 60 minutes (two 30-minute halves)
- B. Ball Size: 4
- C. Number of players: 8 field players and 1 goalkeeper
- D. The offside rule IS enforced.
- E. Goal kicks – FIFA rules.
- F. The pass-back rule IS enforced.
- G. When the ball crosses a sideline, the game is restarted with a throw-in from the spot where it crossed the sideline.
- H. The goalkeeper, after handling the ball, may punt the ball or can play the ball to a teammate.
- I. All players must be 8 yards from the player taking any restart.
- J. Fouls and misconduct restarts may be direct or indirect. FIFA laws apply.
- K. The start of play shall be from a center mark, and all opponent players must be eight yards from this mark on their side of the field. A goal may be scored directly.
- L. Corner kicks will be taken, and, in the absence of field markings, the ball will be placed within two feet of the corner. A goal may be scored directly.
- M. Penalty kicks will be taken 10 yards from the goal line, at a mark or place that is approximately the center of the goal.
- N. Player substitutions may be made, by either team, on any restart when the ball is out of play. Teams may no longer add a player if they go down by 4 goals
- O. The home team is required to provide a certified referee. Referees will officiate the game in accordance with the current MYSL Rules and Regulations.

7TH GRADE & OLDER (U13 – U19)

**** Rules are per FIFA Laws of the game except for length of the game & substitutions****

- A. Number of players: 10 field players and 1 goalkeeper
- B. Ball size: 11
- C. Length of game:
 - a. 7th & 8th Grade: 70 minutes (two 35-minute halves)
 - b. 9th Grade & Older: 80 minutes (two 40-minute halves)
- D. Player substitutions may be made, by either team, on any restart when the ball is out of play. In any case, a substitute may not enter the field of play until they have been given a signal to do so by the Referee.
- E. ALL FIFA Laws of the Game