SLPCR HOCKEY

The Summer Training Program (STP) will be led by the SLPCR Boys' Hockey coaching staff, emphasizing individual skill development and overall player growth.

High School (Grades 10-12)

- All training sessions will take place at Fogerty Arena on Tuesday & Thursday Mornings
- Each training session will have 1 hour of on ice training and a 1 hour work out afterwards
- Total of 10 scrimmages on Wednesdays and every other Monday, at Fogerty Arena & CRIC. Every Player will be guaranteed a minimum of 5 scrimmages

Cost - $699

There will be two groups, group assignments are subject to change. Group assignments will be released before the first session. The schedules can be found in a separate attachment.

SLP|CR HOCKEY

Group 1

6/3 Tues. 4:20-5:20 PM
6/5 Thurs. 4:20-5:20 PM
6/10 Tues. 9:20-10:20 AM
6/12 Thurs. 9:20-10:20 AM
6/17 Tues. 9:20-10:20 AM
6/19 Thurs. 9:20-10:20 AM
6/24 Tues. 9:20-10:20 AM
6/26 Thurs. 9:20-10:20 AM
7/8 Tues. 9:20-10:20 AM
7/10 Thurs. 9:20-10:20 AM
7/15 Tues. 9:20-10:20 AM
7/17 Thurs. 9:20-10:20 AM
7/22 Tues. 9:20-10:20 AM
7/24 Thurs. 9:20-10:20 AM

There will be an off ice workout immediatley following each session

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Group 2

6/3 Tues. 5:30-6:30 PM
6/5 Thurs. 5:30-6:30 PM
6/10 Tues. 10:30-11:30 AM
6/12 Thurs. 10:30-11:30 AM
6/17 Tues. 10:30-11:30 AM
6/19 Thurs. 10:30-11:30 AM
6/24 Tues. 10:30-11:30 AM
6/26 Thurs. 10:30-11:30 AM
7/8 Tues. 10:30-11:30 AM
7/10 Thurs. 10:30-11:30 AM
7/15 Tues. 10:30-11:30 AM
7/17 Thurs. 10:30-11:30 AM
7/22 Tues. 10:30-11:30 AM
7/24 Thurs. 10:30-11:30 AM

There will be an off ice workout immediatley following each session

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Scrimmage Schedule

6/9 Mon: 4:20 - 5:50 - (V)
6/9: Mon: 5:30 - 6:30 - (JV)
6/11: Wed: 4:20 - 5:50 - (V)
6/11: Wed: 5:30 - 6:30 - (JV)
6/18: Wed: 4:20 - 5:50 - (V)
6/18: Wed: 5:30 - 6:30 - (JV)
6/23: Mon: 4:20 - 5:20 - (V)
6/23: Mon: 5:30 - 6:30 - (JV)
6/25: Wed: 4:20 - 5:50 - (V)
6/25: Wed: 5:30 - 6:30 - (JV)
7/7: Mon: 4:20 - 5:20 - (V)
7/7: Mon: 5:30 - 6:30 - (JV)
7/9: Wed: 4:20 - 5:50 - (V)
7/9: Wed: 5:30 - 6:30 - (JV)
7/16: Wed: 4:20 - 5:20 - (V)
7/16: Wed: 5:30 - 6:30 - (JV)
7/21: Mon : 4:20 - 5:20 - (V)
7/21: Mon: 5:30 - 6:30 - (JV)
7/23: Wed: 4:20 - 5:20 - (V)
7/23: Wed: 5:30 - 6:30 - (JV)

Game Locations Subject To Change