



6U and 7U Players

The Lil Peppers summer program is designed to introduce girls to the FUNdamentals of softball. Everyone participates regardless of skill or ability. Girls will learn the proper way to throw, hit, and field the ball. It is important to reinforce the rules of the game.

Game Set Up:

- Game/Practice nights are Tuesday.
- Practice from 6:00-6:45 and game from 6:45-7:30.
- This is a coach pitch league.
- Bases should be set at 60 feet apart. Pitching mound should be set at 35'.
- Home team – last team listed in the match up - uses third base dugout, visitor uses first base dugout.
- The use of Softee balls that are provided in the coaches bag.
- With the use of the softee balls, fielding masks and helmets are not required.
- Players are to wear black shorts and their uniform shirt. They are asked to wear tennis shoes or soft cleats.
- We do encourage players to bring their own helmets. There will be 4 helmets in the bag if needed.
- A game is a 45-minute time limit. Games can end in a tie.

Game time play:

- Coaches are encouraged to offer direct, immediate feedback as plays happen.
- A defensive coach will stand near pitcher to pitch.
- Offensive coaches will be at 1st and 3rd bases to call out or safe on bases and fly ball catches.
- Coaches will pitch 5 hittable pitches and then use the T.
- When the pitcher has the ball in the pitcher's circle, the base runners cannot advance.
- There is only one base on an overthrow.
- 3 outs or 3 runs in (whichever comes first) & teams switch. Start batting order with next player in the order.
- Outs are recorded in the following situations: not putting the ball into play after all pitches (and T), force out on base or tag out on or between bases, defense catching a fly ball.
- No Stealing or Advancing on passed balls.

Playing Time:

- Catcher position will be a player. All catcher's gear must be worn.
- Players will only sit out one inning at a time.
- No more than 9 defensive players on the field.
- Players will play one position for a maximum of two (2) innings in a game.
- Coaches are encouraged to rotate players so that all players get an equal chance to play all positions.
- Good Sportsmanship (language, actions, behavior) is MANDATORY for players, coaches, and spectators.
- *Please encourage players to practice pitching outside of practice and/or if there is time in practice. We want to encourage the development in this position.

*For cancellations, Peppers will send out an email and/or text. Only lightning, excessive down-pours, and unsafe field conditions will cancel a game. Expect to play unless these conditions exist.