



Milford Youth Wrestling

WRESTLERS CODE OF CONDUCT:

1. No wrestler is to physically or verbally abuse any coach or fellow wrestler.
2. Wrestlers must listen to and follow the directions of all coaches. Wrestlers will be expected to work hard at practice or will be asked to sit. Wrestlers are not to be disruptive during practice or competitions.
3. If a wrestler is disruptive during practice, a parent will be required to attend all practices until the wrestler can act appropriately.
4. At all times, wrestlers must conduct themselves in a mature and respectful manner.
 - a. No unsportsmanlike yelling or cheering if a wrestler is hurt.
 - b. Win or lose, wrestlers **MUST** shake hands and congratulate their opponent.
 - c. No vulgar or obscene gestures of any kind should ever be made by a wrestler.
5. No wrestler is to use abusive and/or profane language before anyone connected with a Milford Youth Wrestling function (practices, tournaments, meetings, etc.).
6. Wrestlers should make every effort to attend all scheduled practices.
7. Wrestlers are not permitted on the wrestling mat until a coach is present and instructs wrestler to do so.
8. All wrestlers are to treat all Milford Youth Wrestling and Milford High School property and equipment with respect
9. The Milford Youth Wrestling practice facility and any school where competitions are held, are to be respected.

Violation of this code of conduct will result in disciplinary action Milford Youth Wrestling, up to and including dismissal from the team.

PARENTS CODE OF CONDUCT:

1. No parent or fan is to physically or verbally abuse another parent, fan, coach, wrestler or referee. If a parent has a problem, concern or issue please notify one of the coaches, or the Milford Youth Wrestling Director (contact information available on our website).
2. All parents are to conduct themselves in a sportsmanlike manner:
 - a. No unsportsmanlike yelling, such as: booing, teasing, or cheering if a wrestler is hurt or losing. No instructions to take specific advantage of any injury incurred by an opponent while wrestling.
 - b. No unsportsmanlike gestures of any kind will be allowed.
3. Except in an emergency, no parent is to interfere with practices, meets or coaching at any time. Parents may observe, but are to wait until before or after practices to interact with their child or talk with the coaches unless a coach requests a conversation. Coaches will be glad to talk to parents in private about any issue or problem before or after practices or meets, as their schedule allows. Also, we ask all wrestlers to remain silent when a coach is teaching and we require the same of all practice spectators. If you would like to carry

on a conversation with another spectator during practice, please move outside the wrestling area when a coach is teaching.

4. Please see that your child is picked up at the designated time after practice. The coaches will try to finish practice as close to the designated time as possible.
5. Please remember that this program is for our youth, but in no way is it to be used as an excuse for unfinished homework or other responsibilities. Explain this to your child so he/she can plan his/her time wisely.
6. Parents are NOT permitted to coach their child (on the the edge of the mat) at any official practice or competition of Milford Youth Wrestling unless you have a current CORI check and are an approved Milford Youth Wrestling coach. Parents should remain in designated spectator locations during Milford Youth Wrestling practices and tournaments.
7. Parents or guardians must physically drop off and pick up their children at practice & event locations. We will not allow a child to walk home on their own.

Parents, as well as their athletes, will be held responsible for compliance with their Code of Conduct. Violation of this code of conduct will result in disciplinary action Milford Youth Wrestling, up to and including dismissal from the team.

Athletes' Signature _____ Date: _____

Parent/Guardian's Signature _____ Date: _____