

# **CCM**

## MINNESOTA HOCKEY HIGH PERFORMANCE 14 DEVELOPMENT CAMP



## **CONGRATULATIONS!**

You have been chosen **either as a selectee or an alternate** to attend the CCM Minnesota Hockey High Performance 14 MN Hockey Development Camp. The festival will be held at St Cloud State University, St Cloud, MN June 9th-13th, 2019.

Please read the contents of this booklet carefully. Call or email Jenna Traut if you have questions.

<u>TUITION</u>: The tuition for attending the camp is \$650 per player. Players must have been born in 2005 and played on a youth or high school team during the 2018-19 seasons. The Development Camp registration deadline is May 25th at <a href="https://www.minnesotahockey.org">www.minnesotahockey.org</a> Alternates **do not** registered until you are called as a replacement player. If a player leaves the camp prior to its conclusion or is dismissed there will be **no refund of tuition**.

ROOM KEYS AND DAMAGES TO ROOMS OR FACILITIES: Please note that St Cloud State University charges \$50 for the replacement of a lost key. It is important that your player keep track of their dorm room key at all times. Also, your player will be responsible for any damage to the dorm room or any other campus facilities. Lost key and damage charges must be paid before leaving the camp. Unpaid balances will result in a player deemed not in good standing with MN Hockey and ineligible for future programs until payment is received.

This camp is organized and conducted by administrators of Minnesota Hockey. It is through their efforts and countless hours of dedicated planning that makes this development camp a reality. All players must be registered with Minnesota Hockey and USA Hockey.

## DURING THE DEVELOPMENT CAMP YOU WILL BE CAREFULLY EVALUATED BOTH ON AND OFF THE ICE

Best of luck to each of you! Have fun!

Jenna Traut
Program Director
(320)293-1894 (c)
jennatraut@gmail.com

Katie Windschitl Program Manager (320)492-9348 (c) kwindschitl@sfx61.org **CONDUCT:** Please consider your opportunity to participate in this camp an honor and privilege, therefore, conduct yourself accordingly. We are guests of the university and must treat all property with respect including no spitting on the floors. Keep your area clean including the dormitory, cafeteria, and arena dressing room. Do not litter anywhere on campus.

- Be kind, courteous, and patient with all university personnel and students.
- All players must have their ID tags displayed at all times.

**<u>FAMILY CONTACT:</u>** Your family may contact you through one of the following phone numbers.

Shoemaker Hall 320-308-2615 Herb Brooks National Hockey Center 320-308-3327 Campus Security 320-308-3333

**MESSAGES:** Check the bulletin board in the dormitory regularly.

**HOUSING:** All players and staff will be housed at Shoemaker Residence Hall.

**MEDICAL HISTORY:** The medical history form was completed online and will be printed by the Program Manager and used in the event of a medical situation during the camp.

**CODE OF CONDUCT POLICY:** Each player and parent were made aware of the player "Code of Conduct" during the registration process for the summer camp. Contact the Program Manager if you have any questions regarding this policy.

<u>FESTIVAL REGISTRATION/CHECK-IN:</u> Check-in will be held at Shoemaker Residence Hall Sunday, June 9, 2019 using the following schedule. For the players a sandwich bar including beverages will be provided at the arena.

### \*\*\*\*\*\* TEAM CHECK-IN \*\*\*\*\*\*\*

- 9:30 10:00 a.m. Teams Royal & Sky Blue
  - 9:45 10:15 a.m. Teams Red & Green
- 10:00 10:30 a.m. Teams Gold & White

#### GENERAL INFORMATION

All participants are responsible for knowing and complying with the following.

#### 1. **DORMITORY:**

- There will be two players assigned to each room and grouped by team.
- b) Players will not change rooms or roommates to which you have been assigned.
- c) Players will inspect their rooms at check-in. A form will be provided that you must return to the check-in area after the inspection.
- d) If damage occurs in your room report it promptly to the camp Director. Any costs involved for damage will be your responsibility.
- e) Do not move furniture from room to room.
- f) Flush toilets and urinals, Keep your room clean, Do not litter
- g) Radios, etc. must be kept at room level volume.
- h) Sunflower seeds are not allowed.
- Dormitory doors will be locked at 10:00PM. Lights out means be in bed.
- j) Keep room keys and ID tags on your person at all times.
- k) USE OF ELEVATORS IS A PRIVILEGE NOT A RIGHT.
  DO NOT ABUSE THIS PRIVILEGE OR THE
  ELEVATORS WILL BE PLACED OFF-LIMITS FOR ALL
  PLAYERS.

#### 2. DAILY SCHEDULE:

Check the daily schedule frequently as changes may occur.

## 3. YOU MAY NOT LEAVE THE CAMPUS FOR ANY REASON! PARENTS PLEASE SUPPORT THIS RULE.

#### 4. ON/OFF ICE ACTIVITIES:

- Wear all protective equipment, including mouth guards, or no ice time.
- b) Wear your assigned jersey, socks, and caps.

#### 5. MEALS:

- a) You will have approximately 30 minutes each for breakfast and lunch. These meals will be served in Garvey Commons Cafeteria.
   PLEASE BE PUNCTUAL The dining area will be busy.
- b) All players, coaches, counselors, officials, and administrators will have dinner together each evening in Garvey Commons.
- b) **COME TO DINNER AS A TEAM.** All team members must be present before a team will eat.
- c) WE DO NOT WEAR CAPS WHILE EATING!

- d) DO NOT SKIP MEALS Lay off the junk food. Drink good amounts of water, milk, and sport drinks. Consume moderate amounts of soft drinks.
- e) NO OUTSIDE FOOD ALLOWED IN THE DINING HALL OR THE RINK

#### 6. INJURIES/ILLNESS:

We will have a Certified Athletic Trainer on our staff for your benefit. Report all injuries/illness promptly no matter how minor.

#### 7. **GAMBLING:**

Absolutely no gambling in any form will be allowed.

#### 8. IMMEDIATE DISMISSAL:

Any disrespect displayed toward a staff member, university personnel or another player may result in your immediate dismissal.

#### 9. **ZERO TOLERANCE POLICY:**

We have a zero tolerance policy in regard to behavior that is deemed to be detrimental to this camp. Use and or possession of a controlled substance including drugs and alcohol, firearms or any device that may be used to inflict bodily harm are strictly prohibited. Abusive language, fighting, or other forms of poor sportsmanship, on or off the ice, will not be tolerated.

### 10. <u>ATTENDANCE/TARDINESS:</u>

Attendance at all sessions is mandatory. Excused absences will be allowed only upon the recommendation of our Athletic Trainer or an attending Medical Doctor. It is expected that you will be present at all sessions at the designated time.

### 11. DO NOT BRING THESE ITEMS WITH YOU:

- ROLLER BLADES OR SKATE BOARDS
- PERSONAL TVs, REFRIGERATORS
- MOTOR VEHICLES, MOTORCYCLES, ETC.
  - You are not allowed to ride in a vehicle on campus except with your parents/legal guardian on the day of arrival and departure.

#### 12. PRO SHOP/SUPPLIES:

Pro-shop in the arena will be open daily for skate sharpening, purchase of tape, and SCSU hockey clothing.

### 13. **OFFICIAL CAMP APPAREL:**

Signature Concepts, the official Clothing vender of Minnesota Hockey, will have apparel online. All orders will be shipped to the participants homes prior to the start of camp.

## **EQUIPMENT AND PERSONAL ITEMS CHECKLIST**

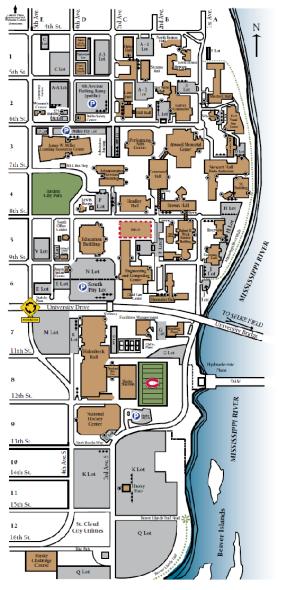
## PROTECTIVE EQUIPMENT

- o Bring all of your protective equipment
- o Helmets with full-face mask must be HECC approved.
- o Mouth guards are mandatory.
- o All players bring sufficient sticks for the entire week.
- Minnesota Hockey will provide team colored jersey, socks, and string bag.

## **PERSONAL ITEMS**

- O Toiletries, socks (several pair), casual pants, walking shorts, bath towels (three or four), face cloths, tennis shoes, underwear (several pair), casual shirts, alarm clock, bar soap, shampoo, deodorant, etc.
- o Money. It is recommended that you bring a limited amount of cash, perhaps \$50. Use your own discretion.
- The weather will be unpredictable so bring a light jacket and sweatshirt for those chilly days. Rain is possible so rain gear is not a bad idea.
- The university will furnish the following items.
   Sheets, pillowcase, pillow, blanket, one towel and one face cloth.
- Cell phones are allowed but they MUST be turned off during classes, meetings, and meals.
- Cell phones or cameras are NOT allowed inside the locker rooms during the summer camp according to USA Hockey and Minnesota Hockey policies. Phones or cameras will be confiscated if found inside the locker rooms.
- o **SECURITY!!!** Always be conscious of keeping your personal items and yourself safe and secure at all times whether within a building or walking on campus.

## **CAMPUS MAP**



#### ST. CLOUD STATE UNIVERSITY

CAMPUS MAP Visit www.StCloudState.edu/campusmap/

#### TO REACH THE CAMPUS

- From Interstate 94: Take Exit 171. Drive north into St. Cloud on Stearns County Road 75. At 22nd Street South turn east. At Clearwater Road turn north. Follow the signs to campus.
- Clea water Road turn north. Follow the signs to campus. From U.S. Highway 10. East wort on Minnoton Highway 23. Cross the Mississippi River on the Granite City Crossing Bridge. At Fifth Avenue turn south. Follow the banners to campus. From the southwest (Minnesorta Highways) 15 and 23 and Steams County Road 75): All routes link with Division Street. Turn south at Fifth Avenue. Follow the banners to campus. From the east (Minnesorta Highway 23): Follow Minnesort. Highway 23 into St. Cloud. Closs the Mississippi River at the Greatic City County he brids. High way 200: Follow Minnesort.
- Granite City Crossing bridge. Turn south on Fifth Avenue. Follow the banners to campus.

LEG	END	
AS	Administrative Services, 720 4th Ave S	C4
AIC	American Indian Center, 901 4th Ave S	E6
AMC	Atwood Memorial Center, 651 1st Ave S	B3
RIH	Benton Hall, 445 1st Ave S	В1
BH	Brown Hall, 151 8th St S	B4
CPA.	Coborn Plaza Apartments, 500 3rd St S	E1
CPW	Coborn Plaza Welcome Center, 355 5th Ave S	El
CG	Community Garden	E2
CSH	Case Hall, 550 3rd Ave S	C2
CH	Centennial Hall, 201 8th St S (Husky Bookstore)	B4
ECC	Engineering & Computing Center, 910 3rd Ave S	C <sub>G</sub>
FH	Eastman Hall, 850 lst Ave S	A5
EB	Education Building, 840 4th Ave S	D5
ErH	Ervin House, 425 1st Ave S	B1
FLD	Husky Field	Б8
FMB	Facilities Management, 211 11th St S	C7
GC	Garvey Commons, 577 1st Ave S	B2
HaH	Halenbeck Hall, 1000 4th Ave S	D7
IIII	Headley Hall, 225 8th St S	C4
HiHH	Health Center, 550 3rd Ave S	C2
HP	Heating Plant, 1025 1st Ave S	B7
Hill	Hill Hall, 550 3rd Ave S	C2
HoH	Holes Hall, 400 3rd Ave S	C1
Hub	Husky Hub. 1420 3rd Ave S	C11
HS	Husky Stadium, 1111 3rd Ave S	C8
ISELF	801 2nd Ave S (under construction)	C5
KVAC	Kiehle Visual Arts Center, 580 1st Ave S	A2
LH	Lawrence Hall, 650 1st Ave S	A3
LeH	Lewis House, 724 4th Ave S	D4
MC	James W. Miller Learning Resources Center (library	)
	400 6th St S	$D_3$
MH	Mitchell Hall, 566 1st Ave S	A2
NHC	National Hockey Center, 1204 4th Ave S	D9
PA	Performing Arts Center, 620 3rd Ave S	C3
PR	Public Parking Ramp, 516 4th Ave So	D2
PSC	Public Safety Center, 526 4th Ave So	D2
RGH	Richard Green House, 827 4th Ave So	F5
	Ritsche Auditorium (Stewart Hall)	A4
R	Riverview, 826 1st St S	A5
SBH	Sherburne Hall, 525 1st Ave S	<b>B2</b>
SMH	Shoemaker Hall, 915 1st Ave S	B6
SOC	South Office Center, 809 4th Ave S	E5
SVN	Stateview North, 410 4th Ave S	D1
SVS	Stateview South, 422 4th Ave S	D1
STH	Steams Hall, 410 3rd Ave S	C1
SH	Stewart Hall (Ritsche Auditorium), 702 1st Ave S	A4
SRC	Student Recreation Center, 1111 3rd Ave S	C8
WH	Whitney House, 576 1st Ave S	A2.
WSB	Robert H. Wick Science Building	B5
	(Planetarium), 825 1st Ave S	
WC	Women's Center, 520 5th Ave S	E2
51B	51 Building, 51 8th St S	A4
525	525 Building, 525 4th Ave S	E2

Handicapped Parking Wheelchair Accessible Entrance Skyway Under Construction Public Parking



#### 2019 CCM/MN HOCKEY HP 14 DAILY SCHEDULE

#### SUNDAY, JUNE 9th

8:30 am Staff Check-In & 9:00 am Staff Meeting -Shoemaker Hall

#### SKATERS CHECK-IN BY TEAM AT SHOEMAKER HALL

9:30– 10 am Royal & Sky Blue, 9:45–10:15 am Red & Green, 10:00 –10:30 pm Gold & White, *Lunch provided at the rink* 

#### SKATERS CHECK-IN ARENA BY TEAM

10:00 – 10:15am Royal & Sky Blue 10:15 – 10:30 am Red & Green 10:30 – 10:45 am Gold & White

#### PLAYER/PARENT SUMMIT

11:00 am – 12:15pm SCSU Husky Lounge (arena)

#### **SMALL AREA GAMES**

12:30– 1:30 pm Royal & Sky Blue (Practice Arena) 1:45 – 2:45 pm Red & Green (Practice Arena) 3:00- 4:00 Gold & White (Practice Arena)

#### **Team Bonding Activities**

#### GOALIE PRACTICE 4:30-5:30pm

#### DINNER (Garvey Commons)

6:00 pm - Royal and Sky 6:10 pm - Red and Green 6:20 pm - Gold and white

## 7:30 pm Intro mtg with team (counselors & player questionnaire) Team Buildings

ALL PLAYERS IN THEIR ASSIGNED ROOMS 9:30pm LIGHTS OUT 10:00pm

## 2019 CCM/MN HOCKEY HP 14 DAILY SCHEDULE MONDAY, JUNE 10th

#### WAKE UP

7:15 Everyone

#### BREAKFAST – GARVEY COMMONS CAFETERIA

7:40 am - White and Royal 7:50 am - Green and Gold 8:00 am - Sky and Red

#### **Team Practice (White and Royal)**

8:30 – 9:15 am Dryland (**Dynamic Warm-up**) 9:30 am -10:30am Practice Rink

#### **Team Practice (Green and Gold)**

9:30 – 10:15 am Dryland (**Dynamic Warm-up**) 10:45-11:45 am Main Rink (No Resurface)

#### Team Practice (Sky and Red)

9:30 – 10:15 am Dryland (**Dynamic Warm-up**) 10:45-11:45 am Practice Rink

#### LUNCH – GARVEY COMMONS

11:45 am- White and Royal 11:55 am - Green and Gold 12:05 pm - Sky and Red

#### **TEAMS WHITE & ROYAL**

12:45 – 2:15 pm <u>Game 1</u> (Practice Arena) 2:30-4:00 pm **Watch Game 2** (Practice Arena) 4:15 – 5:45pm **Watch <u>Game 3</u>** (Practice Arena)

#### **TEAMS GREEN & GOLD**

12:45-2:15 pm Watch Game 1(Practice Arena) 2:30-4:00 pm <u>Game 2</u> (Practice Arena) 4:15 – 5:45pm Watch <u>Game 3</u> (Practice Arena)

#### **TEAMS SKY BLUE & RED**

12:45-2:15 pm Watch Game 1(Practice Arena) 2:30-3:30 Watch Game 2 (Practice Arena) 4:15 – 5:45pm Game 3 (Practice Arena)

#### **DINNER at Garvey Commons Cafeteria**

6:00 pm - White and Royal 6:10 pm - Green and Gold 6:20 pm - Sky and Red

Goalie Practice @ 7:30-8:15 pm ALL PLAYERS IN ASSIGNED ROOMS 9:30pm ALL ROOM LIGHTS OUT 10:00pm

### 2019 CCM/MN HOCKEY HP 14 DAILY SCHEDULE

#### **TUESDAY, JUNE 11th**

WAKE UP @ 6:30 AM Everyone

#### BREAKFAST - GARVEY COMMONS 7:00-7:45 am

7:00 am - White and Green 7:10 am - Sky and Red 7:20 am - Royal and Gold

## **CCM HP 14 3 on 3 Tourney-Practice Rink**

#### Rules:

3 minute warm up, 10 minute halves with one minute in between All games run on the same clock, goals scoring is kept on paper Start playing right after a goal

Penalties-the penalized player must go for a change

If seeded games go into a tie-it's a one person sudden death shootout to determine a winner

If teams in the brackets are tied, tie breaker is goals for, goals against

Pool A	Pool B	Pool C	<u>Pool D</u>	
<u>1 = White 1</u>	<u>4= Red 1</u>	<u>7 = White 2</u>	$\underline{10 = \text{Gold } 2}$	
<u>2 = Royal 1</u>	<u>5 = Green 1</u>	8 = Green 2	11 = Sky 2	
3 = Sky  1	<u>6 = Gold 1</u>	9 = Red  2	12 = Royal 2	

ALL PLAYERS IN THEIR ASSIGNED ROOMS 9:30pm Lights out at 10pm

	East Side Rink		West Side Rink		
Time	Team 1	Team 2	Team 1	Team 2	
8:15 - 8:45 AM	White1	Green1	White2	Green2	
<u>8:45 - 9:15 AM</u>	Sky1	Red1	Sky2	Red2	
9:15 - 9:45 AM	Gold1	Royal1	Gold2	Royal2	
9:45-10:00 AM	ZAM		ZAM		
10:00-10:30 AM	White2	Red2	White1	Red1	
10:30-11:00 AM	Sky2	Gold2	Sky1	Gold1	
11:00-11:30 AM	Royal2	Green2	Royal1	Green1	
11:30-12:30 PM	Lunch Garve	y Commons			
<u>12:45-1:15 PM</u>	White1	Gold1	White2	Gold2	
1:15-1:45 PM	Green1	Red1	Green2	Red2	
1:45-2:15 PM	Royal1	<u>Sky1</u>	Royal2	Sky2	
2:15-2:30	ZAM		ZAM		
<u>2:30 - 3:00 PM</u>	# 3 Seed A v D		# 3 Seed B v C		
3:00-3:30 PM	<u>#2 Seed A v D</u>		# 2 Seed B v C		
3:30 - 4:00 PM	# 1 Seed A v D		# 1 Seed B v C		

Dinner @ Garvy	<u>4:15 - 5:15 PM</u>	<u>4:15 - 5:15 PM</u>		
<u>5:30 - 6 PM</u>	#3 seed winners	#3 seed losers		
<u>6 - 6:30 PM</u>	#2 seed winners	#2 seed losers		
<u>6:30 - 7 PM</u>	#1 seed winners-Champions	#1 seed losers-3rd/4th		

## 2019 CCM/MN HOCKEY HP 14 DAILY SCHEDULE WEDNESDAY, JUNE 12th

## WAKE UP

7:45am Evervone

#### **BREAKFAST - GARVEY COMMONS CAFETERIA**

8:15: Breakfast Defense 8:25 Breakfast Forwards

#### **Defensive Training- All Teams**

9:30 – 10:30 am (Practice Arena) 10:45-11:30 am Dryland (**Cool Down**)

### Offensive Training - Sky, Gold & Royal Teams

9:30-10:15 am Dryland (**Cool Down**) 10:45 – 11:45 am (Practice Arena)

#### Offensive Training - Green, Red & White Teams

9:30 – 10:15 am Dry Land (Cool Down) 10:30-11:30 am Main Arena

#### LUNCH - GARVEY COMMONS

11:45 Sky and Gold 11:55 Royal and Green 12:05 Red and White

#### TEAMS SKY BLUE & GOLD

12:45 – 2:15pm <u>Game 7</u> (Practice Arena) 2:30-4:00 pm Watch Game 8 4:15-5:45 pm Watch Game 9

#### **TEAMS ROYAL & GREEN**

12:45 – 2:15pm Watch <u>Game</u> 7 2:30-4:00 pm <u>Game 8</u> (Practice Arena) 4:15-5:45 pm Watch Game 9

#### **TEAMS RED & WHITE**

12:45 – 2:15pm Watch <u>Game</u> 7 2:30-4:00 pm Watch <u>Game 8</u> 4:15-5:45 pm <u>Game 9</u> (Practice Arena)

> Dinner-Garvey Commons 6PM- Sky and Gold 6:10 PM- Green and Royal 6:20pm- Red and white

Exit interviews throughout the day with coaches 8:00 PM- Pizza Party

Goalie Practice @ 7:30-8:15 pm ALL PLAYERS IN THEIR ASSIGNED ROOMS 9:30pm ALL ROOMS LIGHTS OUT 10:00PM

### 2019 CCM/MN HOCKEY HP 14 DAILY SCHEDULE

## THURSDAY, JUNE 13th

**WAKE UP** 7:45am Everyone

## BREAKFAST GARVEY COMMONS CAFETERIA

8:00 am Everyone

**Exit Interviews with coaches** 

## PACK/CLEAN ROOM TEAMS CHECKOUT OF DORMITORY BEFORE GAME

9:45 – 11:00 am TEAMS <u>Pool A #3</u> vs <u>Pool B #3</u> <u>Game 10</u> (Practice Arena)

## PACK/CLEAN ROOM TEAMS CHECKOUT OF DORMITORY BEFORE GAME

11:30 - 1:00 am TEAMS <u>Pool A #2</u> vs <u>Pool B #2</u> <u>Game 11</u> (Practice Arena)

11:30 – 1:00 am TEAMS <u>Pool A #1</u> vs <u>Pool B #1</u> <u>Game 12</u> (Main Arena)

## 2019 CCM/MINNESOTA HOCKEY HP14 DEVELOPMENT CAMP GAME RESULTS

GAME	DAY	TIME	ARENA	HOME	SCORE	VIS.	SCORE
#							
1	Mon	12:45	Prac	White		Royal	
2	Mon	2:30	Prac	Green		Gold	
3	Mon	4:15	Prac	Sky		Red	
4	Wed	12:45	Prac	Gold		White	
5	Wed	2:30	Prac	Green		Red	
6	Wed	4:15	Prac	Royal		Sky	
#3	Thurs	9:45	Prac				
#2	Thurs	11:30	Prac				
#1	Thurs	11:30	Main				

## **Pool Play**

Thursday Games will be #3 seed in both pools will play, #2 seed in both pools will play and #1 seed in both pools will play.

	White	Royal	Green	Gold	Red	<u>Sky</u>
Game 1						
Game 2						
Game 3						
<u>Total</u>						