Centennial Lakes Little League 2020 Season

National Purple Rampage Outline/Expectations

1. Introduction

Head Coach: Josh Julik

Assistant Coach(s): Kevin Johnson & Jesse Westlund

Team Manager: Katie Anderson

2. T.E.A.M. = Together Everyone Achieves More

We are only as good as those we surround ourselves with. It will be our focus &

commitment as a T.E.A.M. to:

* Be Positive
* Be open to change - Players and Coach Development
* Be willing to make mistakes; we are not perfect and this includes coaches
* Be yourself; Character (baseball does not define you; Attitude)
* Be Respectful; We represent our community “Centennial Cougars” Sportsmanship
* Be Disciplined; on and off the field

3. Goals; The Possibility & The Outcome

* Goal Setting; it will be asked of all the players to participate and come up with:

1. Personal goals; 2-3; areas they can improve or want to develop
2. T.E.A.M.; 2-3 specific goals

* T.E.A.M. Goals will be discussed as a T.E.A.M. and voted on. *W*e will be reviewing these goals before practices to keep the T.E.A.M. accountable.

4. Standards (also known as Rules); all are critical & important for T.E.A.M. and individual success

* Respect
* Work Hard
* Have F.U.N. - if we are not having F.U.N. we need to ask ourselves*, W*hat can I do to have Fun? Where am I having the most F.U.N.? How can the coaching staff make it more F.U.N.?

5. Practices

* 2-3x per week
* The association will determine fields

6. Games

* 1 hour early for warm-ups
* When we are at baseball, let's think about baseball. No cell phones on the bench (in the bag is okay but will not be allowed once the player hits the dugout. Come ready to play baseball not updating social media
* No food on the bench (exceptions; seeds, any child with a medical condition that may

require them to have it, Gatorade, water, NO pop)

* No Parents on Bench; enjoy the game, and cheer your child on and support them.
* We understand parents have jobs please and life happens, just communicate, we can make arrangements to pick up and drop off players just communicate
* Important: WE start and finish our practices*/g*ames as a T.E.A.M.

7. Playing time/positions:

* Player ability and desire
* Safety
* We will develop all aspects of the game to the best of our knowledge: Infield*/*Outfield/Strategies*/*Hitting*/*Throwing/Etc.
* A player's performance and desire will determine the player's position. Safety is #1; if a player is not comfortable or displays a FEAR of playing a specific position, they will NOT play that position regardless of a parent's request.
* Players will NOT be benched if they miss practice or games. They will be benched for displaying poor sportsmanship, not giving an effort, or mistreating a teammate or coach.
* For any issues with the coaching staff, please use the 24 hour rule before addressing the issue with the volunteer coaches and manager.
* F.U.N.; This is what they and you (parents) signed up for.
* R. R. R. = Recognize, Release, Refocus (Implemented from High School)
* Control what YOU can control; you will hear the coaching staff refer to this;

**Recognize**what "it" is; **Release**any negative; **Refocus** on the moment

* W.I.N. = What's Important Now
* Controllable; Be in the moment; One Pitch at a time; One Swing at a time

We look forward to a rewarding season regardless of a winning or losing record. The outcome of hard work and effort is winning (scoreboard does not define that). We will lose some games, and we will win some games. Our T.E.A.M. will NOT be defined by our record but by our character and how WE played the game.

Go Purple Rampage!

**CENTENNIAL BASEBALL PARENTS CODE OF CONDUCT**

Core Principles:

1. Parents give encouragement and support to their children regardless of the degree of success,

the level of skill or time on the field.

2. Parents stress the importance of respect for all participants including coaches, officials, players, and the opposing team and highlight the critical nature of contributing to the team and its success.

3. Parents serve as role models, see the "big picture” and support all players.

4. Parents leave coaching to coaches and do not criticize coaching strategies or team performance. They discuss any concerns appropriately and privately. They also encourage their child to communicate directly with the coach.

5. They avoid putting pressure on their children about playing time and performance.

6. Spectators show good sportsmanship by acknowledging fine performances, demonstrating

respect for all coaches, officials, and players, and by refraining from antagonistic behavior

intended to interfere with an athletes' performance.

7. Parents learn the value of competition and how to handle success with grace and failure with

dignity.

**Out of Bounds:**

1. Attitudes that stress the playing time or position played by their child over the success of the

Team.

2. Over-involvement that includes sideline coaching, interventions and conversations with their

child during games.

3. Displays of disrespect toward officials, coaches, and the opposing team and their fans through

their words and actions.

4. Unrealistic expectations and pressure that emphasize physical performance over personal

Health.

5. Failure to report injuries or illness of their child to the coach.

6. Those who fail to respect individual differences and diversity.

Parent*/*Guardian(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_