

Saxon Youth Football Safety Q & A

- At What Age does contact begin? We offer both Tackle and Flag football at the third and fourth grade level. Contact will not start until you enroll your player in our tackle program.
- What do you do to protect flag players from head contact? Saxon Youth Football is currently the only youth organization in Salem and one of the only in the state that puts our players in soft helmets for safety at the flag level. We will be wearing helmets from Rock Solid. You can get more information about Rocksolid <https://www.liverocksolid.com/>
- What kind of training do coaches have in terms of safety? All of our coaches are trained through USA Football on concussion protocol, heat illness prevention, sudden cardiac arrest and proper blocking, shoulder tackling and equipment fitting. <https://nfhslearn.com/headsupfootball>
- Does SYF have an AED on site? Yes we have an AED on site for all practices and games.
- What kind of concussion testing does Saxon Youth Football do? Our 7th grade teams do the same computer baseline testing that the high school uses. This way they will be tested by the same method at 7th, 9th, and 11th grades. Our 3-5 grade teams have a sideline concussion test that is used throughout the state of Oregon. We have very specific concussion protocol that we follow that matches up with what the high schools do and the OSSA rules.
- How watches kids for injuries or concussion. Each of our teams has a safety coach that does not coach football but sole responsibility is to watch kids for injuries, overheating and dehydration and concussion symptoms.
- Is there a trainer available? Not at every location but at all home tackle games we have a trainer on the sidelines.
- What kind of gear does Saxon Youth Football use for tackle football? We rent our gear each year from Armorzone, they carry the top brands in football protective equipment, including Riddell, Xenith, Douglas, Gear 2000, Adams, Schutt, McDavid, and much more. they offer an extremely unique program to select schools, which includes leasing the top model helmets & shoulder pads, providing a more affordable & efficient method for maintaining football equipment. <https://www.armorzone.com/about-us/>
- How do I know what to look for in my player if I suspect a concussion or injury? We will host a 45 minute safety clinic for our parents on Saxon Day in August.