



Spring Lake Park Youth Hockey Association COVID-19 (October 2021 – Update)

As much as we hoped that COVID-19 would be a thing of the past at this point, it is still very much with us. COVID-19 and its variants remain prevalent throughout the world, and it is important that everyone involved in youth and adult hockey in our state do everything we can to make the game as safe as possible. Minnesota Hockey strongly encourages all eligible coaches, players, officials and spectators to follow the recommendations of USA Hockey medical advisors to get vaccinated against COVID-19.

We understand this decision is a personal choice, however as more of our participants get vaccinated, we can ensure a much safer season. The following educational materials will help you make an informed decision:

- [CDC's COVID-19 Vaccine Resource Center](#)
- [CDC's Myths & Facts About COVID-19 Vaccines](#)
- [Mayo Clinic's COVID-19 Vaccine Resource Center](#)

For those who are not vaccinated, the wearing of masks is recommended, especially in off-ice areas where social distancing cannot be maintained.

While there is no statewide mandate for masks to be worn inside hockey arenas, all participants and spectators will abide by any protocols and requirements implemented by local arenas.

SLPYHA follows Spring Lake Park School District COVID-19 protocols and Minnesota Department of Health guidance. Report symptoms, positive results and self-isolate or quarantine directives to slpyhacovidcontact@gmail.com.

Procedures for Illness, Quarantine and Notification

Quarantine **is required** for:

- Anyone who tests positive for COVID-19
- Unvaccinated family members of those who test positive for COVID-19
- Close contacts to a positive case who are unvaccinated and unmasked

We will work with families to minimize the length of any quarantine and return healthy players as quickly as possible.

Quarantine **is not required** for close contacts who:



Spring Lake Park Youth Hockey Association COVID-19 (October 2021 – Update)

- Are vaccinated and do not have symptoms
- Have had COVID-19 in the last 90 days and do not have symptoms

When SLPYHA learns of a positive case of COVID-19, we will work with the Minnesota Department of Health to determine any individuals who may be impacted and communicate with them about potential next steps.

What are the symptoms that require someone to stay home?

Stay home if there are one or more of the more common symptoms (fever greater than 100, new cough, difficulty breathing, new loss of taste/smell) or two or more of the less common symptoms (sore throat, nausea, vomiting, diarrhea, chills, muscle pain, extreme fatigue, new severe headache, new nasal congestion or runny nose).

- Players will use designated isolation areas to wait for a ride home if symptoms develop during hockey.
- Players/Families and coaches are to notify SLPYHA if they have been directed to self-isolate or quarantine.
- Questions and symptoms/positive results reports can be directed to SLPYHA slpyhacovidcontact@gmail.com.

We continue to partner with Minnesota Department of Health in any situation where someone tests positive for COVID-19, and they guide us on the notification process. Generally speaking, SLPYHA will communicate with individuals/families of individuals who had contact with any positive case as recommended and directed by MDH.

It is strongly recommended that all players and coaches self-screen each day.

[Spring Lake Park Schools Daily Health Self-Screen for COVID-19 Symptoms](#)

Vaccinations and Testing

Testing is not required, however, testing is recommended for individuals experiencing COVID-19 symptoms. In addition, we encourage weekly testing for unvaccinated players and coaches as another strategy to keep limit the spread of COVID-19. SLP Schools will make testing options available for SLP families who would like it.

If you are in the process of being tested for COVID-19 due to potential exposure or symptoms, please stay home until all related test results are received. If you are away from hockey for testing, communicate with SLPYHA and consult with us before returning.