

GENERAL INFORMATION and ANSWERS TO COMMON QUESTIONS

The Northshore Trevians Youth Football Club offers an tackle football experience to young athletes ages 7-14.

WHO IS NORTHSHORE TREVIANS YOUTH FOOTBALL?

- VISON - we are an elite, travel, youth football organization in the North Shore area.
- MISSON - As the feeder program to New Trier High School, we will prepare youth athletes for success at the high school football level and promote fundamental football skills, life lessons (positive attitude, teamwork, achievement, perseverance, etc.), fun and success.
- OBJECTIVES- to provide the highest level of coaching, equipment, competition, practice facilities and fields of play in the North Shore area.
- SAFE PLAY - Your child's health and safety is our number one priority and at NSYF you will find a revitalized effort to teach our young athletes many of the new and improved techniques for proper tackling and blocking in our Heads Up Football Program. Every NTYF coach is required to be certified by USA Football and will go through the extensive training of USA Football's Heads Up Program.

WHAT IS HEADS UP FOOTBALL?

- Football's only nationally certified coaching education course for all coaches.
- Teaching advance concussion awareness and education to all coaches.
- Teaching safer tackling & blocking techniques to lessen the risk of injury.
- Offering league-wide instruction on proper equipment fitting, helmets in particular.
- Visit www.usafootball.com/headsup to learn more about this program.

HOW ARE TEAMS MADE UP?

Our League, TCYFL determines the different levels of play using an Age & Weight Schedule which can be found on our website. Teams are generally made up of 18-22 players but could be slightly different depending on registration numbers.

ARE THERE CUTS?

There are no cuts and everyone will make a team.

WHAT TEAM WILL MY CHILD PLAY ON?

Weight and Age parameters can be found on the website or click the link below;
http://www.tcyfl.net/firutagrab/2018_Age_Weight_Parameters_FINAL.pdf

WHEN ARE PRACTICES?

Practices begins July 23rd-August 28th, Monday-Thursday, 6-8pm*
Fall schedule begins August 28th-October 25th, Tues-Thurs, 6-8pm*
All practices are at Winnetka Turf Skokie Playfields.

** We are aware that players might still be on family vacation or away at summer camp. We are flexible with missing practice and want families to enjoy family time. Players will NOT be penalized for missing practice.*

WHAT IF WE CAN NOT MAKE PRACTICE?

We strongly encourage kids to play multiple sports and fully support any conflicts with doing so. Given the short season and importance of familiarity with the game of football, Northshore Excused absences include sickness, religious or school-related programs and/or other sports practices/games. If conflicts exist, the player should communicate directly with their coach the nature of the conflict and the date(s) the player will miss. Players are encouraged to self-advocate for themselves by communicating directly with the coaches.

HOW OFTEN IS THERE CONTACT IN PRACTICE?

We limit contact during our practice week. All coaches are certified in Heads Up Football and the safe teachings of proper blocking and tackling techniques. When running contact drills, coaches are closely monitoring making sure proper technique is used. We continue to invest in equipment that helps teach proper tackling techniques in a safe manor with limited contact. Items such as the Shadowman Tackling System and Tackle Wheels are used commonly by our staff.

WHAT IS YOUR CONCUSSION PROTOCOL?

Our game of Football has never been safer. We continue to see less injuries and concussions yearly. We must be doing something right. To learn more about our program and our safety policies and procedures visit our website and click on SAFETY FIRST.

WHEN ARE GAMES?

Game schedules are released by our league in late July. Our league purposely delays release of schedules to properly place teams in appropriate matches. With over 50 participating community programs, having fair and equitable play is very important and attainable.

We play a 9 game regular season schedule beginning August 26th. Travel is required for road games, most travel is limited to 30-45 minutes. Our season ends in late October with playoff's beginning the first weekend of November. Home Games are at New Trier Turf Stadium, West Campus, Northfield.

WHAT IS YOUR PLAYING TIME POLICY?

We have trained football coaches through USA Football to teach, motivate, and provide safe instruction. They are also trained and instructed to make decisions regarding playing time/substitutions. Our goal is to have a small number of kids on each team to maximize playing time for all.

DO YOU PLAY OR PRACTICE IN THE RAIN?

Football is played in most weather conditions. Therefore, practices will only be canceled if lightning is in the area. Heavy rain or snow cancellations will be at the Head Coach's discretion.

We will do our very best to communicate with parents about changes to schedule due to weather. We are fortunate to have turf practice fields which will allow us to practice in wet conditions.

WHAT DOES IT COST TO PLAY TACKLE FOOTBALL FOR YOUR PROGRAM?

\$750.00 Includes - Helmet, Shoulder Pads, Game Jersey, Practice Jersey, Game Integrated Pants, Game Socks, and Program Tee Shirt.

DO YOU OFFER DISCOUNTS?

Northshore Trevians cares about supporting families who participate in our program and in order to achieve our plan of strategic growth, we seek to find as many means possible to incent and eliminate all financial barriers to their participation. To serve this objective we do offer financial assistance. Please contact us at NTYFootball@gmail.com for more info.

WHAT DO WE NEED TO PLAY?

The following items are required for play; Molded Cleats, Protective Cup and Mouthguard.

WHAT ARE THE REQUIRED FORMS TO PLAY?

Forms can be found on website under documents or registration. All forms are required before contact participation. Parent Consent Form, Medical Examination Form, Copy of Birth Certificate and Impact Concussion Test (for ages 10 and above).

WHO DO WE PLAY:

Visit www.tcyfl.net to learn more about our league and the over 50 different communities that make TCYFL the largest independent youth football organization in the country.

ARE THERE OPPORTUNITIES TO VOLUNTEER?

As a nonprofit volunteer organization, we are always looking for individuals that might have an interest to get more involved with our program. Opportunities ranging from coaching and game day help to serving on our board of directors or helping with our homecoming activities. Please contact us for further information at NTYFootball@gmail.com.

WHAT IF WE LIVE OUTSIDE OF THE NEW TRIER SCHOOL DISTRICT, CAN WE STILL PLAY?

As a New Trier High feeder youth program we welcome young athletes and families outside of the district who may not have a program or team to play on. We feel it is important to offer football to anyone that wants to play.