

2019 ISWA

# Women's Freestyle State Finals



MAY 3-5, 2019

## AVON HIGH SCHOOL

7575 E. COUNTY RD. 150 SOUTH, AVON, INDIANA 46123



From I-465, Exit to US 36 West (Rockville Rd.), South on Dan Jones to County Rd. 150 South (Oriole Way) - Enter Door 33 for Weigh-ins.

### SUNDAY WRESTLING SCHEDULE: WOMEN'S FREESTYLE

Wrestlers must report, ready to wrestle, at the following times (EST):

**Sunday: 10am** All Girl's Divisions - Freestyle

Freestyle will finish in one day. Cadets (who are in high school) will be allowed to wrestle in both the Cadet and Junior competition, provided they pre-register and pay the additional entry fee.

### USA WRESTLING COMPETITOR'S CARD

A 2018-2019 USAW Competitor's Card is required for all Pee-weep thru Junior wrestlers to participate in this event. Please purchase your card at [iswa.com](http://iswa.com) prior to registering for this event.

### PRE-REGISTRATION: \$35 PER STYLE

(credit cards/debit cards only)

Any women wrestlers who plan to participate in both men's Freestyle & women's Freestyle, must pre-register and pay online in order to receive the discounted price. All are strongly encouraged to pre-register and pay online for each event at [trackwrestling.com](http://trackwrestling.com) or you will be charged double the entry fee.

PRE-REGISTRATION FOR BOTH EVENTS WILL CLOSE ON THURSDAY, MAY 2 @ 9:59PM (EST) NO EXCEPTIONS!

### WALK-INS: \$70 PER STYLE

(cash only)

Walk-ins will be permitted at weigh-ins. However, the cost for walk-ins is \$70 per style (double the entry fee of those who pre-register).

### WEIGH-INS

On-site weigh-ins only! Wrestlers competing in both Women's & Men's Freestyle can **weigh in one time for both tournaments.**

Weigh-in times are as follows (EST):

**Friday, May 3** 6:30pm-9pm  
Pee-Wee - Veteran  
Wrestlers - All Divisions

**Sunday, May 5** 7:30am-8am  
Girls - All Divisions

- Girls participating in both FS on Saturday & Girl's FS on Sunday may weigh in on Friday night for both events.
- All weigh-ins will consist of (1) weigh-in and (1) immediate challenge. Wrestlers will not be allowed to leave the weigh-in area.
- The ISWA does not charge for adjusting weight classes after you register. You are free to adjust your weight class at any time, even at weigh-ins.
- All athletes **must** weigh-in wearing a competition singlet. (Women's singlet as specified by the NFHS guidelines)

### SKIN CHECKS

Upon arrival, wrestlers will proceed directly to skin checks and weigh-ins. Certified Athletic Trainers will be on site to conduct skin checks prior to weigh-ins. All decisions by the trainers regarding participation will be final! (For details, go to [iswa.com](http://iswa.com) and select **Sports Medicine** under the Tournaments tab)

### ALL EVENT SPECTATOR PASS

Adults \$10; Seniors (65 & Older) \$5

Free admission for children 10 & under and coaches with a 2018-2019 USA Wrestling Leader Membership.

### AWARDS

Freestyle Champions receive a custom ISWA singlet courteous of 3X Gear, a Champions T-Shirt & custom award. Greco Champions will receive a Championship T-Shirt & custom award. Athletes in each competition who finish 2nd thru 8th place will also receive a customized award.

### PLACEMENT MATCHES

Placement matches will be wrestled, with a formal award presentation for each weight class held at the conclusion.

### SEPARATION CRITERIA

Freestyle & Greco State place winners ONLY! If you've placed 1st thru 4th within the past two years, you will still be separated. This is specific to each wrestling style. **Note:** Wrestlers will be required to indicate their previous placement, in the dropdown menu provided, when pre-registering for each state event at [trackwrestling.com](http://trackwrestling.com)

### COACHES PASS

A Coaches wristband is required to be matside to coach your wrestler. Coaches wristbands will only be issued to coaches who hold a current USA Wrestling Leader Card and are a minimum USAW/NCEP Copper Certified Coach. All coaches must report to a designated site and produce their USA Wrestling Leader Card, Copper or Bronze Coaches Card, and picture ID. You will be fitted with a wristband at that time. Do not take it off! You will be issued only one wristband.

**COACHES:** Be prepared to pick up your pass at the following times (EST):

**Friday:** 6:30pm-9pm & all clinic attendees  
**Saturday:** 7am-9am 10:30am-12pm  
1:30pm-3pm  
**Sunday:** 7:30am-9am 11am-12pm

### THE ISWA STATE FINALS SERVES AS A QUALIFIER FOR THE FOLLOWING EVENTS

**USA Wrestling Cadet & Junior National Championships:** The top 3 Cadets and Juniors in each style and weight class will be guaranteed a spot on the national team. Detailed information on Team Indiana trips will be distributed to all who qualify. All paperwork **DEADLINES MUST BE MET** to guarantee a position on any of the teams!

# Vendor

**3X Gear** is our exclusive tournament vendor for all of this year's **ISWA State Tournaments.**



### **BRONZE CLINIC SCHEDULED**

**\*\*A USA WRESTLING COACHES CARD COMPLETE WITH BACKGROUND CHECK IS REQUIRED TO TAKE THIS COURSE\*\***

A Bronze Clinic will be held Friday night, May 3  
**PRE-REGISTER BY FRI., APRIL 26 on ISWA.com**

**REGISTRATION:** 6:30pm-7pm EST

**CLINIC STARTS:** 7pm EST

An Online Clinic is also available on USA Wrestling's website [themat.com](http://themat.com)

### **WORSHIP SERVICE**

A short non-denominational worship service will be conducted on the mat from 7:10am to 7:40am EST on Sunday morning.

## **Opportunities Abound**

# *Congratulations*

to the young women who made history in 2018  
by participating in the first  
IHSGW State Championships!

Wrestling provides plenty of exciting opportunities for young girls and women to excel on the mat, in college and beyond. Visit [iswa.com/iswa-womenswrestling](http://iswa.com/iswa-womenswrestling) to learn more about our women's events, camps and training centers.

