



Player Travel Item Checklist

Girls can check one bag (50 pounds or less) on the plane and carry on a purse and backpack or small bag.

Please make sure everything is labeled.

The weather will be _____.

Pack the following items in your backpack

- All Jerseys
- 2 pair spandex
- Volleyball shoes
- Socks
- Knee pads/ankle braces / supports
- Sports Bra
- Any medication/contacts/glasses you need to compete
- Picture ID
- Spending money

Pack the following items in your checked bag

- CVA Tees
- Undergarments
- Empty water bottle
- Toiletries (toothbrush, toothpaste, shampoo, deodorant, medication etc.)
- Pajamas
- 2-3 Outfits to go out in
- Appropriate jacket/coat or sweater
- Shoes
- Swimsuit
- Sunscreen
- Beach towel
- Camera
- Cards/games
- Books
- Cell phone and chargers