

Minnesota

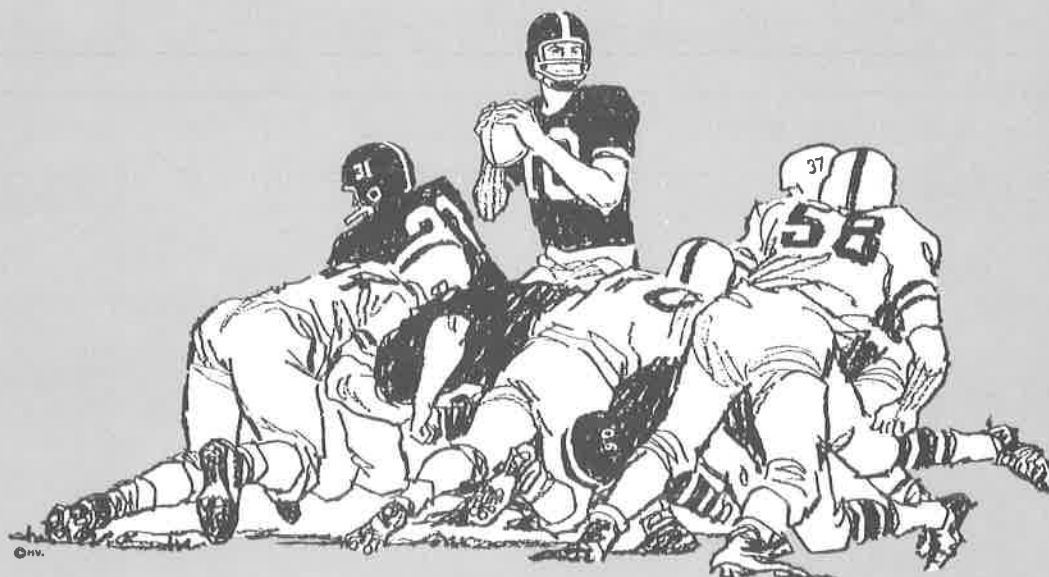
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ANNUAL

Minnesota State

Football Coaches Association

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This publication is issued annually by the Minnesota High School Football Coaches Association as a media for the exchange of ideas and technique in the game of football.

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President's Message

It looks like 1995 will be an exciting year, if the spring meeting is an indicator. Budget cuts are again the topic of school board meetings across the state.

With less than two percent of the budget earmarked for co-curricular this still is always an area of attack, particularly football. The following are brief excerpts from a lengthy (three more pages than "Gone With The Wind") column that I wrote for local newspapers.

Thursday night, April 27, while I sat watching the Pointer Sisters doing their famous "jump" number, parents representing the SAHS drama club were doing a number of their own. Their stage was the Board of Education room and not Minneapolis Orchestra Hall.

In my 24 years at SAHS, I've only written three letters of this type. That figures out to be one letter every eight years. This will be the last one as I will be entering the second year of my final lustrium.

These drama parents, for reasons known only

to themselves, tried to strengthen their position by attacking athletics in general and football in particular.

Let me point out that revenues generated from football, basketball and hockey pay the bills for fine arts at the conference, section and state levels. That says quite a bit in itself, but I will continue.

Last fall, Pony Football produced \$27,626 in revenues of which \$20,000 was returned to the general fund. All athletic attendance revenues are turned over to the general fund. This is not the case with fine arts who are allowed to keep their revenues for their clubs which includes theater.

Since 1975, football has produced \$420,686 in revenues and at least \$380,000 in college scholarships for its players (this does not include the service academies). We are not asking for praise here, but merely for the attack to stop.

Football does have expenses as \$35,000 is required for coaches salaries and busing. The salaries are a real bargain as I can assure you that

our football staff makes less than \$5 per hour. The busing is magnified because without a campus stadium ALL of our games are on the road. Soccer and track are also without a home after the move to the new high school. This makes ten men's and women's sports teams being bused off campus for home competition.

Since 1983, we have raised, with the help of friends, \$49,000 to pay for video equipment, cameras, phones, blocking sleds, chutes, dummies, uniforms, shields and other training devices. Concessions from football games go to various school clubs and not one penny to athletics (food for thought).

Compared to the other athletic programs, football is among the lowest in cost. We take pride in the fact that we seek out bargains and make most of our purchases on close outs. You should also appreciate the fact that Athletic Director C. J. Knoche has made a commitment to safety that has saved taxpayers money.

Another parent suggested that football players pay for their own equipment. I hope they were kidding. Football players pay for shoes and practice clothing. Protective equipment is provided for all sports, including football.

Football is a popular sport and enjoys the largest participation nationally and the numbers continue to rise. It is not uncommon for SAHS to attract football crowds of up to 5,000 people. As the Ponies enter their 94th year of football this trend will continue. We have far more supporters than any board room can accommodate.

The fact that football is the largest revenue producing sport places more financial burdens on the parents. They pay to watch their student/athlete play. They do in the other sports also, but other sports were not mentioned at the board meeting.

Football was founded by the Ivy League Colleges and Universities who still embrace its values. I'm proud of our football program. I'm also proud of the fact that the SAHS "Ponies" always have a chance to win every time they step on the field, court, ice, mat, course, trail, slope, track, stage and pool deck. That wasn't always the case here and I would hate to go backward.

A strong program of co-curricular activities will pay a lifetime of dividends. This is the best bargain in town especially when you consider the alternatives.

George Thole, President MHSFCA
Stillwater High School



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MVL Football — Simplified Offense

by Jim Bauer, Head Coach, Minnesota Valley Lutheran High School

About The Author



Jim Bauer



Tod Hauf



John Barenz

After graduating from Dr. Martin Luther College in New Ulm, Minnesota, I taught and coached every sport for eight years at St. Mark Lutheran School in Watertown, Wisconsin. I have been the head football and head basketball coach for 14 years at Minnesota Valley Lutheran High School. My two assistants, Tod Hauf and John Barenz, have done an outstanding job.

My wife Gayle (who coached a team to a Wisconsin State Basketball Championship) and I have been blessed with five children, Amy, Aaron ('95 Outstate Team), Joshua, Bethany, and Nathan.

Minnesota Valley Lutheran is a relatively young school. It has been in existence for 16 years and has fielded a football team for the last 14 years. I am the only head football coach the school has ever had.

We think our situation is unique in that our students come from Lutheran grade schools within about a 30 mile radius. Because these grade schools do not offer tackle football and most of them do not even have flag football, we get them as 9th graders with no football experience. Also, most of them are bussed home; therefore, our practice time is not what most other schools enjoy.

Early on our program struggled with numbers;

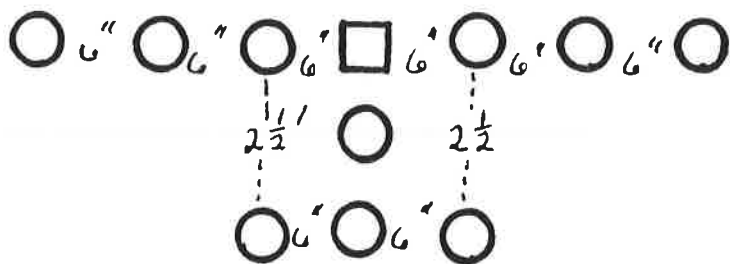
therefore, some of our younger kids had to play varsity ball before they were ready. For many years I was the only staff member on the coaching staff. I found outside people each year and therefore we had no continuity. We struggled for years to find the right system of offense and defense that would allow us to become competitive within our set of circumstances.

We have enjoyed a little more success the last two years, qualifying for state play-offs both years. This past year we made it to the Metrodome where we lost to a very fine State Champion Chatfield team.

I think there are four factors that have helped us to achieve a higher level of success: 1) My two main assistants are now on our teaching staff, Tod Hauf (6 years) and John Barenz (5 years), and have helped to provide greater coaching continuity. 2) Our numbers have increased to the point where next year we will have a squad of over 70 players for Class C football. This has allowed us to play full Freshman and JV schedules. I now see this as one of my main jobs as head football coach, to get young men to give football a try. 3) Tremendous support from our parents. 4) In the last four years we have gone to a simplified offensive system that has allowed us to spend most of our time on fundamentals and execution. It's our simplified offense that I will briefly talk about.

Our basic alignment is the old T-formation. The biggest difference is in our splits and our backfield set. Our splits are six inches all the way down the line. Sometimes we have to get after our guys because they will even be foot to foot. We crowd the LOS as much as we can because we want to get off quickly and get into the opponent as fast as we can. Our backs are 2 1/2-3 yards deep; they're set right behind the two guards and center so their splits are also six inches. Our philosophy is to get into the LOS as quickly as we can so that all of our yards are positive yards. We also try to get in and out of the huddle quickly so we can run as many plays at the opponent as possible. If we can, we put our biggest linemen on offense and our smaller, quicker guys on defense. Most of our linemen only have to play one way. Here's where

increased numbers have really helped our philosophy.



Our blocking scheme is a sled drive mentality. All we teach are the drive block, the double team, and the pull. On all of our inside plays we come off together and sled drive. On any plays to the six or seven hole we double down with our TE. On any outside play to eight or nine we pull a guard or tackle or both. That's it. That's all we teach. We don't teach any other blocking combinations. We don't trap. We don't need to take time teaching blitz pick-up. We just come off together and take whoever shows. The only time we get into trouble is when uncovered guys start to think. Once in a while someone will ask who he has. Our answer is "We don't know; block whoever shows." Therefore, we have more time to work on the fun-



#16 QB Kirk Midthun unloads a pass to Triton teammate Aaron Eldred in the Cobra's 40-21 Prep Bowl win over Becker.

damentals and execution. Our line coach, Tod Hauf, does a great job. He gets the linemen in pre-practice and works leverage and hips and then more leverage and hips. Then he works steps so that they all come off together taking the right first step. He spends a lot of practice time at the chute, on the boards, and on the sled. In every drill or scrimmage we stress running our feet through the whistle.

Our backs are maybe our best blockers. We spend time almost everyday "at the posts." They have to be able to kick out the DE for our Off-tackle and Belly plays to go. They have to sled drive inside for our inside Power to go. And they have to do a great job of attacking the DE for our Sprint Out to work. To be a runner in our back-field each back has to first and foremost be a great blocker, so all backs get a lot of work at blocking.

Our middle back is not a true full back. Many times he is a small, quick back. By putting him in motion or shifting him, we can create Wing, Flanker, Slot, etc. formations.

If our offense is working it will be characterized by long sustained drives. Time of possession is in our favor. Play-action passing on first and second down is important. Third and short and 4-down territory are to our advantage. We are not very good in third and long.

Given our situation, this basic approach to football has been very good for us. We hope that others in our situation might benefit from it. Best of luck to all of you in the '95 season.



Triton's Tim Busch #21 returns a Zumbrota-Mazeppa kick-off 84 yards for a touchdown in the Cobra's State Class "B" semi-final win.

The Punt Return

by Gary Sloan, Head Coach, Grand Meadow High School

About The Author

Gary is a 1980 graduate of Ellendale High School. He did his undergraduate work at Winona State University and graduated from there in 1985. Gary was an assistant at Grand Meadow from 1985-1992. In 1993, Grand Meadow began playing 9-man football and he became the head coach.

In 1994, we attended the University of North Dakota Spring Football Clinic and became acquainted with a very valuable type of punt return which we have been using. We have adapted it to 9-man football so I will refer to it in that manner. The basic principles are the same for 11-man and it could very easily be used in either game.

In the past we were like many other schools and spent much time working on returning punts in practice. It seemed like too much time was being spent on various returns with only limited results. Windy conditions and inconsistent punting were two of the main factors that caused us to change our thinking concerning this phase of the kicking game.

We believe in pressuring the punter as much as possible and therefore we use a single return man with eight men on the line of scrimmage. In staying with this thinking we very often line up in this formation and attempt to block the punt. We have found that by doing this even if we don't get the block we often force a poor punt. There are definite psychological advantages to having the punter

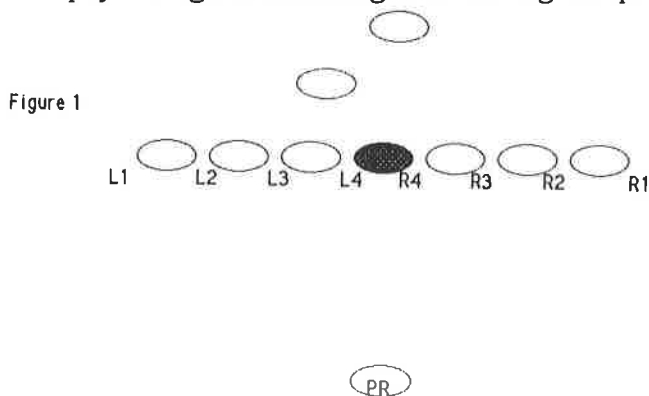


Figure 1

and long snapper see that eight men are on the line of scrimmage. We don't see a lot of directional punting and with the width of the field in 9-man we feel we can afford to have only one man deep. Figure 1 illustrates what our base formation would be against a tight punt formation.

The basic principle behind this return is very simple. If members of the punting team are not allowed to get up the field they will not be able to make the tackle. If we want to run a right return, we will try to jam the members of the punt team on the side we want to return to. By using outside leverage, we try to not allow them to get off the line of scrimmage. We also will bring two men from the opposite side of the field and set up a two-man wall for our return man. We feel that we can get by with only a two-man wall because hopefully there should not be anyone up the field on the side that we are returning to. Figure 2 illustrates an example of a right return from tight punt formation.

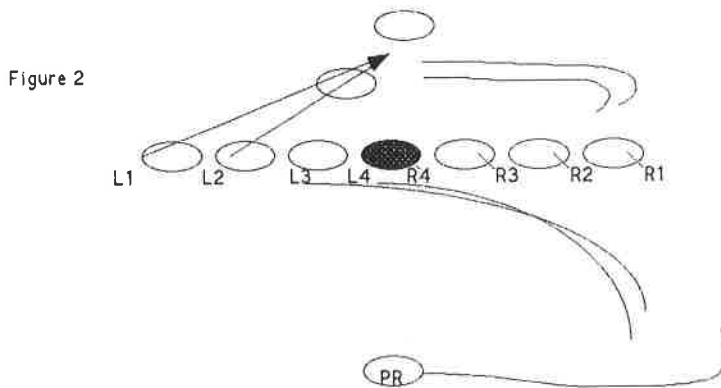


Figure 2

R1: Align 1 yard outside end and jam using outside in technique, look for outside fake.

R2: Align on outside shoulder of tackle and jam using outside in technique.

R3: Align on outside shoulder of guard and jam using outside in technique.

R4: Align on playside shoulder of center and jam using outside in technique.

L4: Align on offside shoulder of center, stuff center and proceed to spot.

L3: Align on outside shoulder of guard, stuff guard, and run to form wall with L4, approximately 3-5 yards apart.

L2: Align on outside shoulder of tackle and go

through tackle-end to put pressure on the punter, **then proceed to playside to form secondary wall with L1.**

L1: Align 1 yard outside end, look for outside fake, proceed to put pressure on punter, **then proceed to playside to form secondary wall with L2.**

It is vital that L1 and L2 form the secondary wall because these are the blocks which may allow the return man to go the distance.

The return to the left can be run by simply reversing the assignments of members on the line of scrimmage. When we first implemented this return we were concerned about being susceptible to various fakes, but this past season three were attempted against us and all were successfully defended. We have another return that we use, but this is our base return. We try to vary our returns so that our opponents will not be positive what alignment we will be in.

Like most things that we use in coaching I borrowed this from another coach and I would welcome any of you to do the same. It is a return that has worked well for us and it may do the same for you.



All-Metro running back Aaron Runk (9) of Stillwater with the help of Gabe Ellwein (22) breaks away from White Bear Lake. Ponies won conference title game 28-0. Runk, a junior, accounted for 2,200 all-purpose yards in 1994.

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We Think We Can, We Think We Can— Motivating the Cowboy Way

by Terry Horan, Head Coach, Breckenridge High School

About The Author



Graduated from Willmar High School in 1985.

B.A., Physical Education/Health, Concordia College (Moorhead, MN) 1989.

Head Varsity Football Coach, Breckenridge Sr. High, 1993-Present.

Assistant Varsity Football Coach, Breckenridge Sr. High, 1991-1992.

K-7 Physical Education Teacher, Breckenridge Elem./Middle School, 1991-present.

1993-1994 Heart O'Lakes Coach of the Year.

1994 Section 8B Coach of the Year.

Coaching record: 20-3.

Resides with wife Michelle in Breckenridge, MN.

Everyone needs to find their little niche in life. For some it's music, for others it may be numbers, mine happens to be sports. As a child, I think I had memorized the Notre Dame fight song before I knew my own phone number. You can still find me boxing out herds of young twelve and thirteen-year-olds in Footlocker to get my hands on the new Air Jordans that come out each year. At the Burger drive-thru I'm always ordering the soda in the collector's glass in hopes of getting the one with Michael Jordan on it. My luck hasn't been with me as of late, I always seem to be getting Bill Walton.

Knowing all of that, you won't be surprised when I say I was very excited about the opportunity to coach football in Breckenridge, Minnesota. I

was coming into a successful program with experienced assistant coaches and a program that thrived on tradition. There was something else in the Breckenridge program that really stood out, something we like to call "Cowboy Pride."

I would like to tell you what it felt like to coach my first high school football game, really I would. I would like to tell you that the air was cool and crisp, or that the crowd's broad smiles glistened against the setting sun, or that the honking geese flying overhead trumpeted in jubilation over the new season, but I can't. I can't because I don't remember a darn thing. I'm just glad my coaching staff didn't send me on the field with my shirt on backwards or my whistle in my fly. I do know we lost that first game 14-13 and it seemed like at that time life had dealt me my own fourth and one. What's the call now? How do you keep the tradition in Breckenridge going and how to you inspire that Cowboy Pride?

As I was searching for some answers a lot of advice came my way. From my wife there was, "Honey, I'd stop calling that dog-pile-left and dog-pile-right play you run all of the time, it just doesn't seem to be working." Although she was right, I didn't think it was the kind of advice you could build your program on. So, after little debate, I decided to let the following piece of advice be my guide. "Horan, whatever you do, make sure you do it your way." This advice came from my mentor, former Cowboy football coach Mike Belseth.

So what exactly is "my way." My way is motivation. Lombardi said it best, "Coaches who can outline plays on the blackboard are a dime a dozen. The ones who win get inside their players and motivate." My philosophy on motivation is along the same lines of the story of the little engine that could, only we have to change the "I think I can, I think I can" to "We think we can, we think we can." (My elementary teaching experience once again proves invaluable.) I firmly believe that you can motivate your athletes into believing that they can beat any team, at anytime. They won't always take home the victory, but they'll come much clos-

er believing that they could. If you looked at winning and losing programs, there would be some difference in talent, but not to the extent you would think. We feel the biggest difference lies in who wants it more and who believes they can get it done.

Listed below are a few basic fundamentals we feel are very important for motivating your team.

1. Motivate your seniors to be the leaders that you need. Your group of seniors are the backbone of your team. Every spring we hold a meeting for upcoming seniors to let them know that in order to be consistent winners we must out work our opponents in the off season and summer. They will set the examples for our younger players to follow. You work hard—they work hard. We also let them know that the upcoming season will be their last in high school football—make it your year and make it the best you can.

2. Motivate, don't criticize. Even if you have to eat your head set first, you will find that your athletes can respond much better to instruction that is given in a motivating fashion versus a verbal attack on their performance. Remember, no one is trying to make errors, they happen—show them how to stop them from happening and be the first one to congratulate them when they do it right.

3. Motivate your team to take pride in the little things that they do. It's the perfection of the little things that makes for a good sound ball

club. A team that runs onto the field in number order, evenly spaced, performs synchronized calisthenics, and hustles onto the field ready to play football looks organized and looks like they know what's going on (it's because they are and because they do).

4. Motivate your team to win. You can't expect to give a big motivational speech five minutes before the game and expect to win. Motivation discussed during pregame rituals must have its roots in weekly practices. The preparation and intensity has to start building on Monday and reach its peak just before kickoff. For example, we like to post different quotes from players and coaches on our upcoming contest, along with anything else that pertains to the game.

The legendary Lou Holtz once said, "Young people want high standards. They want to be shown how to achieve goals and be successful. Not everybody will play. Not every player will make first team. Not every team will win the national championship. But we do expect everybody to be the best they can be." It's up to us as coaches to help them get there.

I'd like to thank the Minnesota State Football Coaches Association for this opportunity to share with other coaches. Good luck to all in the upcoming season.

In the Cowboy Tradition,
Terry Horan



Verndale All-State 9 Man running back (48) Chip Forcier scores a TD against Wheaton in the Section 2 Championship Game. Verndale won the game 41-30. Pictured: Verdale's #31 Wade Koons, Wheaton's #4 Bryan Johnson and #28 Jeff Sailer.



Stillwater's Brian Keister (75) and Andy Agrimson (55) attempt to put stops to Anoka's Rich Kruger during 42-27 loss.

Becker Bulldogs 3-Step Package

by Dwight Lundeen, Head Coach, Becker HS

About The Author



Chris Meidt, Dwight Lundeen, Tom Chirhart

Chris Meidt

- Offensive coordinator at Becker H.S.
- Played QB at Bethel College.
- High School, threw for National Record 101 TD's, Minneota H.S.

Dwight Lundeen

- Head FB coach at Becker 25 years.
- Only coach Becker has ever had—started program in 1970.

Over the past two seasons at Becker we have had two different quarterbacks throw for over 2,000 yards and 20 touchdowns. The 3-step package is a big part of our passing game and allows us to take advantage of what the defense is giving us while giving us the basis for an excellent two minute offense. The 3-step also helps our running game by keeping the linebackers off the line of scrimmage (LOS).

In our 3-step package, we expect to throw the ball in under 2 seconds. As a result, it does not take a great deal of protection to get the ball off. Another benefit of this package is that the QB does not have to have a rocket arm to get the ball to the outside receivers. We throw four routes in our 3-step package: the Fly, the Stop, the Slant, and the four Verticals. The receivers alignment depends on the location of the ball, for instance, if the ball is in the middle of the field, we want our receivers splitting the difference between the hash

marks and sidelines. If the ball is on a hash mark, we want the receiver to the wide side of the field 1 to 2 yards outside of the hash mark. The receiver to the short side of the field should be no closer than 6 yards from the sideline.

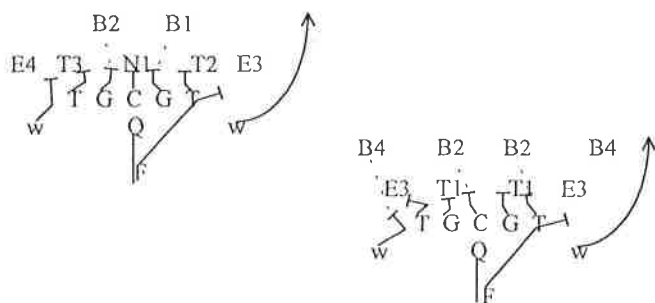
3-STEP PROTECTION

Becker's 3-step protection involves both a 7-man and a 6-man scheme. In our protection scheme, we count the defensive players on the backside and the playside. On the backside we count the man over the center as 1, the first man outside the center as 2, the next man as 3; and the last man as number 4. To the playside, we count the first man past the center as 1 and count the rest the same as we do backside. Our five inside linemen are responsible for the five inside men on defense, regardless of the front. Our full-back is responsible for the number 3 man on the playside and must explode into his playside hip to get his hands down. The QB is responsible for number 4 if he comes off the edge. The backside wingback is responsible for the number 4 man on the backside. The guards should have a 2 foot split from the center when in the 3-step game. In this protection scheme, we use aggressive run-blocking techniques with the guards and tackles taking a step towards the center. They are looking for twists and LB stunts. We DO NOT turn our shoulders, back up, or chase the defensive linemen in our 3-step protection.

50 Front: The center locks onto the noseguard and the guards step down and squeeze A gap looking for a LB blitz and helping with a nose-guard slant. The tackles step down and get inside leverage on the defensive tackles. The FB blocks number 3 on the playside and the backside WB blocks number 4 on his side.

40 Front: The playside guard and tackle run-block the inside stack looking for a DT, ILB twist. The center checks the ILB and then looks to protect the backside A gap. The backside guard and tackle step inside and squeeze the A and B gaps. The backside tackle protects against a crashing defensive end, then turns him upfield. The backside WB steps down hard and helps on the DE but is responsible for #4. The FB blocks #3 on the

playside inside-out which creates a passing lane.



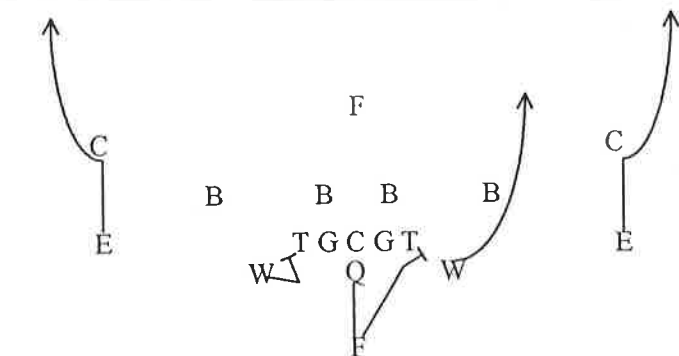
3-STEP PATTERNS

Fly Route: The **Fly** route is one of the first routes we teach. I believe it to be one of the toughest routes to cover in football. We like it against man or cover-3 because it leaves the defender one-on-one.

Receivers: On the Fly route, we teach our receivers to explode off the LOS at the inside shoulder of the defender and give him an inside threat. At 6 yards we break past the outside shoulder of the DB, working to get width and verticality. The QB is throwing to a point 25-30 yards downfield and 4-6 yards from the sideline. The receiver should catch the ball over his inside shoulder with his thumbs out and his body between the ball and the defender. This is not an easy route, but we work on it and make it look easy. Versus cover-2, we want the receiver to get an *outside* release and fade to the side pocket at 18-20 yards and expect a bullet. Under no circumstances do we allow our receivers to make an inside release on the fly route.

Playside Wingback: Our wingback will take an arc release and run a seam route straight up the field. We want him to stay wide and look for the ball 6-8 yards downfield if #4 rushes. If he doesn't get the ball on the quick seam, the WB should run the vertical route and look for the ball on the second level, 15-18 yards downfield.

Quarterback Read: Versus cover-3 or man we will throw the Fly on the third step. Versus a 6-2, the wingback is the first target on the quick seam and if he is not open, we will still throw the Fly on the third step. Versus cover-2, we will read the FS on the hash mark. If he sits, we want to throw a bullet to the hole, if he runs to the hole, we will throw the vertical pattern to the WB on the second level.

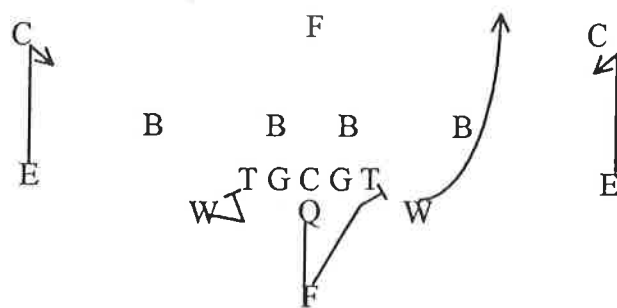


Stop Route: The **Stop** route is a great complement to the Fly. We prefer the stop over the six yard out because it is a safer pass and easier to throw. We love this route versus cover-3.

Receivers: On the Stop route, the receiver pushes straight up field forcing the DB to give ground. At 6 yards, he plants his outside foot and snaps his head towards the QB expecting the ball to be thrown towards the sideline. In all cases, the receiver is to keep his body between the ball and the defender.

Playside Wingback: The WB runs the same seam route as he does on the Fly. In this case, he is looking to occupy the OLB and cause him to drop straight back and open a throwing lane to the receiver. Versus a 6-2, the WB is the primary target and looks to get an outside release and beat the OLB up the seam.

Quarterback Read: Versus a jam cover-2 look, we want to get out of the Stop and into another play. Versus cover-3 or a loose man, we want to key the OLB or SS. If he drops with the WB, the stop is thrown on the third step. If he runs to the flat, we want to throw the quick seam to the WB.



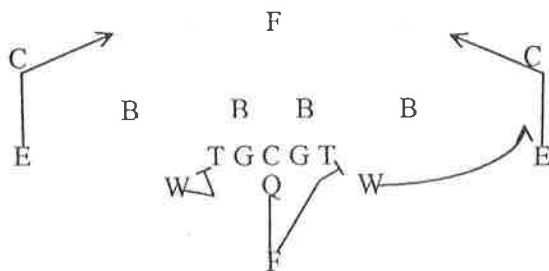
Slant Route: The **Slant** route is the third route we run in our 3-step series. This is a route that has big play potential, but must be executed

precisely. The reads are straight forward, but must be followed with a tremendous amount of discipline.

Receivers: On the Slant route, we work for the outside shoulder of the defender. We try to take a bigger split than normal, but not so much as to give the play away. The receiver plants his outside foot in the ground at 6 yards and breaks at a 45 degree angle. We emphasize the depth of this cut to the receiver. If he cuts too soon he will run into the LB and if he cuts too late he will run into the FS. The receiver should catch the football no deeper than 10 yards from the line of scrimmage.

Playside Wingback: We try to stretch the OLB to the outside by running a bubble route. We are working for width on this pattern in an attempt to isolate the OLB. The WB's aiming point is to cross the LOS at a point near the receiver's original alignment. If the WB does not get the ball on the LOS, he should head upfield and look for the ball in the hole at 10-12 yards.

Quarterback Read: This is the pass that requires the most discipline of our entire package. If we are to throw the slant, it must be on the 3rd step—No Later. The QB keys the OLB. If he jumps the flat, the slant is thrown on the 3rd step. If the OLB drops, the QB should turn his shoulders and look to throw a dart to the WB on the LOS. If the WB is not open, the QB should drop 2 more steps and look to hit the WB in the hole at 10-12 yards.



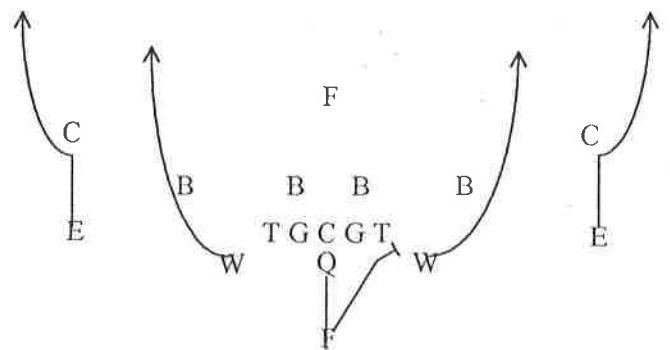
Four Verticals: The **Four Vertical Stretch** combines the fly patterns of both sides. We like the four verticals versus cover-3 because we can isolate the free safety. We want to utilize the entire field on this pattern.

Receivers: Both receivers take wide splits and run fly routes. Their objective is to pull the corners

wide and take them to the sideline while trying to get behind them. They should be 4-6 yards from the sideline.

Wingbacks: Both wingbacks take arc releases and run wide vertical routes. If either OLB rushes, the WB needs to settle and look for the quick seam. If the OLB does not rush, the WB's should look for the football over the LB's and between the safety and corner at 15-18 yards.

Quarterback Read: This pattern allows the QB to take 3-steps and settle. If either OLB rushes, he needs to be ready to throw the quick seam. The QB will read the free safety and throw the vertical away from the safety. The QB's natural read is right to left, so we tell him to look at the right WB first and that will usually cause the safety to jump that vertical which helps open up the left wingback down the seam.



L. to R. - Paul Schmidt, Receiver Coach; Jeff Zimmer, Line Coach; Brad Novak, Line Coach.



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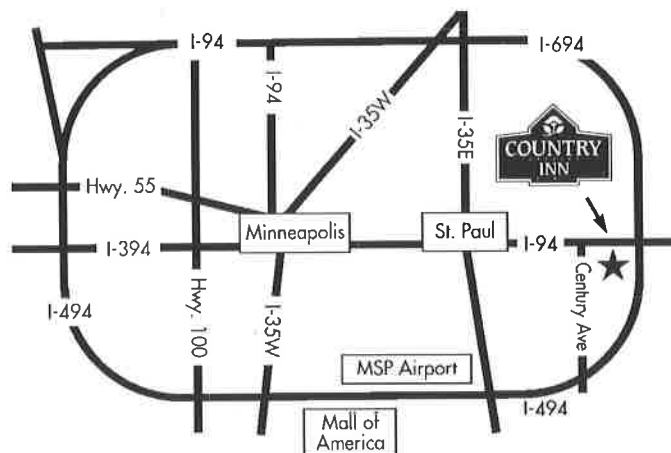


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Getting The Most Out Of Your Developmental Program

by Frank Fredlund, Head Coach, St. Peter HS

About The Author

Frank Fredlund is a native of Cook, Minnesota and attended Alango High School, a St. Louis County School, which has now consolidated with Cook High School. In the early 50's he attended Hibbing Junior College, playing football and running track. Frank received his B.S. and M.S. degree from St. Cloud State University and began his coaching career at Alberta, Minnesota, then Chokio-Alberta, for a combined seven years. In 1968 he came to St. Peter as the head basketball coach and assistant football coach. He served nine years as an assistant football coach and the last 18 years as head coach. During this time his teams have a 139 wins, 48 loss record and have shared or won 10 South-Central Conference championships, have participated in the State Play-offs seven times, and were the Class A Champion in 1981.

Background to Program Development

Several years ago at a South Central coaches meeting, one of the coaches was conversing about a terrible drubbing their 7th and 8th grade teams experienced. Tom Mahoney, coach of Fairmont, made a statement that really stuck with me. Tom related how his 7th and 8th graders never experienced a loss and would go into the 9th grade undefeated. Tom had Fairmont playing an intramural schedule. I believe Tom was one of the first to do so. All I had to do was look at the great success his Fairmont teams had and the number of kids playing football. I might add, Fairmont still has one of the top winning programs in the state.

In 1977 when I became the St. Peter head coach, we completed our commitment of interscholastic games and proceeded to organize and implement a junior high intramural program. I was lucky to have an outstanding junior high staff. Not only were they good coaches, but outstanding teachers who related well with kids and had good organizational skills. Our major problem was the limited amount of space for games if played in the normal way. One of our assistant coaches at the

time, Ken Johnson, came up with the basic format we still use to utilize the space available for games. I might add that Ken is now one of the top officers in the Minnesota National Guard and we are most proud to have had his service and talent. We have been using our junior high intramural program since 1979 and have not played an interscholastic game during that time. Some of the advantages we see from this type of program are as follows:

1. It's fun, everyone plays.
2. It provides good numbers for our program.
3. Saves money in football budget, no bus transportation costs, officials, etc.
4. Kids experience and play several different positions.
5. It gives all kids the chance to develop and play against others of equal ability, maturity and growth.
6. Stress is on participation and fundamentals, not winning.

The question I get asked most often is, "What if we don't have the numbers to work with?" We have been fortunate at St. Peter to always have enough numbers for four to six teams, or anywhere from 60 to 80 players. If we didn't have these numbers, or let us say only 40, I would organize the following way. We would make up six teams of six or seven players and play a round robin schedule by combining the teams the following way:

Game 1: Teams 1-4-6 against 2-3-5

Game 2: Teams 1-6-5 against 4-2-3

Note: Just keep number 1 constant and rotate the others.

Using your creativity you can organize a play-off system. We have what we call a Super Bowl at the end of the regular game season. We run this usually at night under the lights with the junior high band, cheerleaders, concessions, and the works. From time to time we have this as a special student body activity during the last two hours of the school day with all the junior high student body and faculty in attendance.

I believe football is a game of numbers and you win with mature players. Our program has given us this. Here at St. Peter we've been holding our

numbers of varsity junior and senior football players to over 40 since our staff has been together (18 years). We only bring up sophomores, if they can start or are a 1st line reserve. Perhaps everyone has experienced declining enrollment which affects the numbers game. For example, in 1976 when we won the Class A State Championship, we had an enrollment of over 600 in the top three grades. In 1981, when we won the State, the enrollment was a little over 500. In 1993, we bottomed out with around 400 students. The point I'm making is, that although we lost 200 students, we have maintained our football numbers and have remained very competitive in a very strong conference.

My philosophy in football is that it should be fun. We don't chase kids away. We stress participation, everyone plays that is out for the team grades 7 through 10. Find a way to reward the seniors who stick out the program from grade 7. Our motto is, "Everyone can contribute."

Below is our junior high game format and how we organize our program.

ST. PETER "SAINTS" JUNIOR HIGH FOOTBALL INTRAMURAL GAME RULES

1. Each team will run four series of ten offensive plays beginning at the 40-yard line. (4 quarters)
2. When a team scores a touchdown, it will be awarded six (6) points. The try for extra point will not count as a scrimmage play and, if successful, will count as two (2) points. A team may choose to kick, if successful two (2) points are awarded.
3. After the try for extra point, the team on offense will continue its offensive series beginning again at the 40.
4. An interception by the defense will count as two (2) points for the defensive team. If the interception is returned past the 40, an additional four (4) points will be awarded the defensive team.
5. A fumble recovery by the defense will count as two (2) points for the defense.
6. After a fumble recovery or pass interception, the team which had been running its offensive series will continue beginning again at the 40 yard line.
7. If the defense holds a team to less than ten

yards in ten plays, the defense is awarded four (4) points.

8. If tied after four series a regular overtime period will be played.

TD= 6 points

Extra point = 2 points

Fumble recovery by Defense = 2 points

Interception = 2 points

Interception returned past 40 = 4 points

Defense hold team under 10 yards = 4 points

ST. PETER "SAINTS" 7th & 8th FOOTBALL PROGRAM

Number of Coaches: 4 (four) - Two with backs; two with the line.

Season: The last week of August until the end of the third week of October.

Number of teams: Over 84 participants—6 teams, 70 participants—5 teams, less than 70—4 teams.

Games: Start third week in September and play two games a week. Playoffs the last week and a half. Season ends with the Jr. Saints Super Bowl.

Team Draft: Held the end of the second week of practice. Teams will be called Navy Blue, Royal Blue, Red and White. Team jerseys can be purchased or issued.

Coaching Duties:

1. Equipment will be signed out to each player. If a player quits, equipment will be turned in and put away. At the end of the season equipment will be cleaned of all tape, strings, ties on all pads and pants, and mouth guards off all helmets. Chin straps will be taken off and washed. Discard all broken equipment and take inventory.

2. Make up a play booklet of the St. Peter "Saints" basic offense and the "Saints" Radar Defensive package. All numbering must be the same.

3. Organize teams from all 7th and 8th grade players. Teams are to be made up by size, ability, and speed. Trades will be made in case of uneven competition. Any player that is too mature or big will be moved to the 9th grade level.

4. Organize and run a pass, punt and kick contest. Trophies will be awarded the first three

places in each grade.

5. Post and record results of games and play-offs. Use window by Junior High Office.

6. Make out a Final Season Report: This shall consist of:

- a. Season record and Super Bowl winner.
- b. Winners of Punt, Pass and Kick contest.
- c. Names of all participants: 1. Those that completed season; 2. Those that quit and reason; 3. Offensive and defensive positions played - Use Depth Charts; 4. List the highly skilled players such as: passers, kickers, punters receivers, etc.

7. There will be special scouting assignments as the need arises.

8. Each coach will attend and participate in four varsity pre-season practice sessions.

General reminders for all coaches:

1. Before any practice is cancelled you will check with the Head Coach or the Athletic Director and Principal so they are able to relay information if they are asked.

2. There will be no physical punishment as running hills, laps, etc. for losing a game. All drills will be taught as a positive way to improve football skills.

3. Coaches are expected to be in proper attire and to be on time.

4. Proper use and care of equipment must be stressed along with good locker room behavior. Expressions such as "kill 'em", drive your head or face mask into the letters," etc. should not be used. We must be aware of law suit implications.

5. Coaches will use and teach the St. Peter "Saints" system. That is warm-up and stretching routine, speed improvement, sprint rows, state fair stations, fundamental groups, and the basic offense and defense.

6. Coaches are responsible to have a team roster and program made up and available for each game.

7. The use of "Hamburger Type Drills" are not to be a regular part of practice plans. Any type of one-on-one blocking and tackling must be monitored very closely to avoid the vast differences of size, maturity, and ability which may result in injuries and a player quitting.

8. Take extra care in fitting helmets and pads. Do not let players or managers change helmet hardware without proper coach supervision. Have

periodic helmet and equipment checks.

9. Coach with a positive attitude and make it fun.

PRACTICE AND GAME ORGANIZATION

PRACTICE ORGANIZATION: DAILY — 3:45 - 5:15 P.M.

1. St. Peter warm-up, stretch and form running.

2. Fair Groups (4 groups - group by dividing up speed). Speed Pushers - 4 stations: 1. rope jumping; 2. over agile dummies; 3. over rope set; 4. grass drills.

3. Fundamental Groups (3 groups - group by size) — 3 stations: 1. Tackling; 2. Down field blocking; 3. Chute blocking.

4. Skill groups — Offensive groups: backs, receivers, line.

Stress: Stance, alignment, ball handling, catching and pass patterns, off the ball, A frame work.

Defensive Groups: 5 and 6 men = backs, 1 man = linebacker, 4 men = ends, 2 and 3 men = guards and tackles.

Stress: Stance, alignment, footwork, pass coverage, radar reading.

Kicking game: punters, kickers, return, coverage, snappers.

Weekly practice and game schedule— Monday - Offensive practice, Tuesday - Games, Wednesday - Defensive practice, Thursday - Games, Friday - Kicking game practice.

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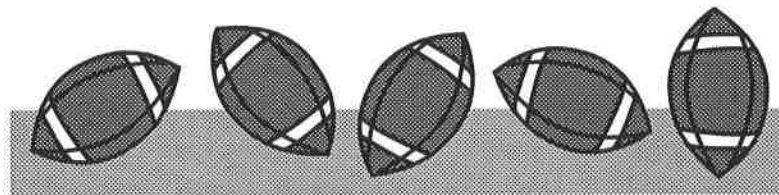
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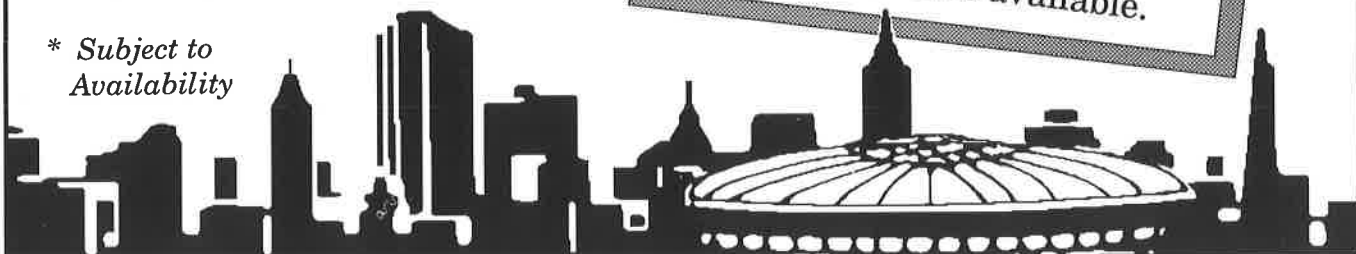
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Overcoming A Bad Start

by Doug Patnode, Princeton High School



Princeton Varsity Staff: L-R - Doug Patnode, Ryan Jensen, Lee Dettmer, Dan Foss. Not pictured - Tom Henke.

Situation: You get beat virtually 20-0 in your opener and 34-0 in your second game. Your offense is a wide-open, big play, one-back attack and relies heavily on the ability to pass. Yet your team is 2 of 12 for 17 yards and 1 of 6 for 17 yards passing in the first two games. You have played each of your varsity quarterbacks. You have a number of solid athletes and decent football players—but no one who stands out or to build a team around at all. What do you do?

Faced with this situation last fall as a coaching staff, we went back to square one with staff meetings to develop some possible solutions. We will outline some ideas which worked in helping us win 8 of 9 games following that dismal start and advance through our section until losing a close 20-14 game in the state quarterfinals. Our first task was to carefully re-evaluate our personnel based on the four weeks of practice and the first two games—focusing on **performance thus far**, not on perceived potential! We also evaluated our entire offensive and defensive packages in terms of whether or not we had the players to do what we were asking them to do.

Four guiding principles came out of our careful scrutiny. First, we elected to make major changes in our approach to offense and some with defense and special teams to better suit our players. Second, we would continue to platoon as we had the past few years. Third, we decided to find a “role” for every available player and use him where he could make a positive on-the-field contribution to our team. And, finally, we chose to emphasize more than ever the need for total team unity in order for us to win. These decisions were all instrumental in the ultimate reversal of fortune we experienced.

The most difficult decision was the one to

change our basic approach to Tiger football. In changing our offensive attack we also affected our defensive mind-set and special teams focus. We knew we had to become a field-position, ball-control, eat-the-clock type of offensive team because of our inability to pass. We also knew that with our small (in comparison to the defensive fronts we faced) offensive line and 160-170 lb. running backs that we would not necessarily be able to pound the ball down the field. Our first step in changing the offense was to go to two tight ends and two running backs. We chose to modify some of the plays we had been using and both add and discard others. We would pull linemen a great deal to give us more blockers at the point of attack. We would use both misdirection backfield action and double team blocking in our running game.

We modified our blocking rules from previous seasons because so often we could not handle defensive personnel one on one. Not having a static blocking system put great burdens on our offensive linemen, but platooning helped us manage our weekly preparation more effectively. We emphasized blocking at the point-of-attack, hoping for a three yard gain, and sacrificed trying to get a man on most defenders. Often we found the need to double team more than one defender for a given play, using backside linemen, tight ends, and backs leading into the hole. Passing-wise, our drop-back and quick passing game were used little. Limited play-action with short and intermediate routes became our focus.

As stated earlier, changing our offensive approach affected our defensive mind-set. We knew that it would take time to retool an offensive attack—we would buy ourselves time and place greater emphasis on our defensive game. First, we expanded the defensive looks our opponents would see. Our base two-level 55 defense with primarily man coverage remained essentially the same, as did our Bear 46 alternate defense. But we presented more fronts, stunts, and stemming than we had in previous seasons to create doubt and confusion for the opposing offenses. Without platooning as much as we did, this would **not** have been possible for us. We consciously tried to become more defensive-oriented and rely on our defense to carry us while our offense was reorga-

nizing.

Similarly, our focus on special teams changed. Even though we had been devoting 20-25% of our practice time to special teams, we had to be better than before. We added a few wrinkles to our returns and worked at putting more pressure on opposing punt teams. It was important for us to eke out every yard we could in field position to offset our offensive limitations. Anticipating that touchdowns would be hard to come by, the field goal and point after unit became more significant than ever. This greater emphasis paid off—winning three games with a successful PAT to break the tie and put us one point ahead for the victory.

Our second key decision was to continue with platooning. This had been a principle of our program for the previous few years—teach most players both an offensive and defensive position but start players only one way. We re-evaluated whether we should play our very best eleven as much as possible to try to turn things around **or** try to develop players faster with focus on one side of the ball. By working with 16-17 players on both the first units of offense and defense (several players were splitting practice time between the groups), we were able to maximize practice time and improve the level of preparation each week. Use of the sophomore squad was necessary part of the practice time, but as a rule our varsity units functioned as the scout teams for each other. The speed and the quality of execution was improved this way, and our overall game preparation was upgraded. We also believed that by platooning we could wear down other teams without having players who could match up physically with our opponents. We felt this was a factor in two critical late season victories.

The third decision made by our coaching staff was to find a definite, contributing place for each player on our varsity squad. With so many kids who were not gifted, many had very specialized roles in which they could succeed. We made considerable use of “situation” substitutions. On the one hand this made our team very predictable with definite tendencies. However, we believed this was a necessary trade-off in order for our players to be in a position to win. We made every effort to **not** relegate players to “back-up” roles, playing infrequently and for emergency situations only.

Most of our athletes had distinct, contributing roles they provided for our team. Along with the principle we were determined **not** to ask players to do something they really could not do. This resulted in modifying assignments and responsibilities in some cases to enable the player to succeed. As an example, we would modify coverages and build in game-plan “combination” coverages to avoid mismatches with opponents. We made every effort to not place our athletes in a situation where they were outgunned and alone. We flip-flopped offensive linemen, tight ends, cornerbacks, defensive ends, defensive tackles, and linebackers to match up as well as possible to opponents personnel, formations, and tendencies.

The fourth decision made was to emphasize more than ever the need for team unity. All coaches understand the need for team unity and emphasize it repeatedly. However, we also all recognize the great difficulty in molding any group of athletes into a unit. Early in the season our team had petty jealousies, finger-pointing, and criticism among players that can typify any group. As the season progressed our players seemed to gradually accept the plea to set aside your individual interests and focus on the team’s interests. This was made easier, we believe, by the effort to include as many players as possible contributing to the team effort. But it was also made easier by the recognition that our defense alone could not carry us, nor any individual or phase of the game. We were not good enough, not talented enough to play as individuals **and** defeat an opponent at the same time. All facets and all players were needed—working together—for our team to pull off the victories we did. Eventually our players became that true **team**—playing together within their roles, contributing to the common good of all.

It is our desire that these ideas may be of some help to you in your program. Each factor discussed certainly contributed to our team’s significant improvement and surprising late-season success. Our coaching staff believes that the decisions we made and the ensuing changes initiated helped get our team in a position to win. But the really key factor was the ability of this particular group of young men to pool and to coordinate their talents and work into a unified effort which consequently overcame great odds!

Coaches of the Year...



DeWayne Johnson
Anoka
AA Coach Of The Year

Minnesota Coach Of The Year



Dean Taylor
Sartell
Class A Coach Of The Year



Don Henderson
Triton
Class B Coach Of The Year



Ken Jacobson
Chatfield
Class C Coach Of The Year



Terry Ogorek
Kittson Central
9-Man Coach Of The Year

1994 MINNESOTA CONFERENCE FOOTBALL COACHES OF THE YEAR

Conference	Coach	School	Rum River	Ken Hill	Sauk Rapids
212	Steve Solem	BOLD	Sea Range	Stuart Nordquist	International Falls
Big Nine	Bill Brechler	Rochester John Marshall	South Central	Rick Van Roekel	New Ulm
Buffalo Ridge	Steve Ondrush	Edgerton	South Central	Frank Fredlund	St. Peter
Central Lakes	Dennis Kalpin	Alexandria	Southeast MN	Terry Highum	Lanesboro
Central MN	Leo Pohlkamp	Pierz	Southern Minnesota	Jim Bauer	MN Valley Lutheran
Classic Lake	Roger Lipelt	Wayzata	Southwest	Joel Swanson	Luverne
Gopher	Jon Bakken	Waterville-Elysian	Southwest	Dennis Stoterau	Redwood Valley
Great Northern	Dan Zubich	Babbitt-Embarrass	Southwest	Dean Walters	Jackson
Great Northern	Mike Langer	Pillager-Motley	St. Paul City	Tim Kiemel	St. Paul Harding
Great Northern	Keith Bergstedt	Cromwell	St. Paul Suburban	Dick Weinberger	Tartan
Great Northern	Jerry Kaczor	Bigfork	St. Paul Suburban	Doug Ekmark	Park
Great River	Ed Melcher	Westview	Three Rivers	Ken Jacobson	Chatfield
Heart O'Lakes	Terry Horan	Breckenridge	Top of State	Robert Lingen	Stephen
Hiawatha Valley Blue	Don Henderson	Triton	Tri Metro Gold	Earl Wetzel	Farmington
Hiawatha Valley Gold	Ken Belanger	Zumbrota	Tri Metro Gold	Steve Fedie	Orono
Lake	Stan Skjei	Bloomington Jefferson	Tri Metro Maroon	John Thiel	Breck
Little Sioux	Joel Skillings	Minneota	Tri-Valley	Joe Scoblic	Lester Prairie
Mid State	Rick Manke	Detroit Lakes	Twin Cities Suburban East	George Thole	Stillwater
Minneapolis	Dan Roff	Edison	Twin Cities Suburban West	DeWayne Johnson	Anoka
Minnesota River	Jerry Wallskog	LeCenter	Valley	Terry Arduser	Madelia-Truman
Missota	Randy Jones	Holy Angels Academy	Valley	Neil Royer	Martin County West
North Country	Bill Soltys	Grand Rapids	Valley Plains	Mike Malmberg	Hawley
North Suburban	Dave Nigon	Totino-Grace	West Central "A"	Dean Taylor	Sartell
North Suburban	Mike Watson	Centennial	West Central "B"	Brian Olson	Sauk Centre
North Tri County	Ron Johnson	Clearbrook-Gonvick	West Central "B"	Jerry Witt	Morris Area
North Star	Arlen Jensen	Northland-Remer	Wright County	Mark Herman	Dassel-Cokato
Park Region	Tom Trisko	Bertha-Hewitt			
Pheasant	Neal Hofland	Chokio-Alberta			
Polar North	Steve Ott	Deer River			
Polar South	Kim Staum	McGregor			
Prairie	Con Natvig	Swanville			
Red Rock	Brad Holinka	Fulda			

1994 SECTION COACH OF THE YEAR

CLASS - 9 MAN

Section	Coach
1	Dan Ellingson, Hills-Beaver Creek
2	Michael Mahlen, Verndale
3	Jerry Kaczor, Bigfork
4	Terry Ogorek, Kittson Central

CLASS - C

Section	Coach
1	Ken Jacobson, Chatfield
2	Jim Bauer, Minnesota Valley Lutheran
3	Curt Strand, McLeod West
4	Joel Skillings, Minneota
5	Gary Graham, Browerville
6	Mike Malmberg, Hawley
7	Brett Vesel, Carlton
8	Les Dreschel, Red Lake Falls

CLASS - B

Section	Coach
1	Ken Belanger, Zumbrota-Mazeppa
2	Terry Arduser, Madelia-Truman
3	Don Henderson, Triton
4	Jerome Witt, Morris Area
5	Jim Trapp, Jordan
6	Dwight Lundeen, Becker
7	Steve Ott, Deer River
8	Terry Horan, Breckenridge

CLASS - A

Section	Coach
1	Bob "Bubba" Sullivan, Northfield
2	Frank Fredlund, St. Peter
3	Dave Nigon, Totino-Grace
4	Grady Rostberg, Hutchinson
5	Doug Patnode, Princeton
6	Dean Taylor, Sartell
7	Stuart Nordquist, International Falls
8	Rick Manke, Detroit Lakes

CLASS - AA

Section	Coach
1	Larry Thompson, Lakeville
2	Doug Ekmark, Park
3	Rich Kallok, Cretin-Derham Hall
4	De Wayne Johnson, Anoka
5	Todd Olson, Richfield
6	Stan Skjei, Bloomington Jefferson
7	Bill Soltys, Grand Rapids
8	Dennis Kalpin, Alexandria

Roger Trobec of Sartell Named Assistant Football Coach Of The Year For The 1994 Season



Roger Trobec, long-time member of the Sartell High School coaching staff, has been selected as the winner of the 1994 Minnesota Assistant Football Coach of the Year award. The Sabres won the 1994 Class A Championship.

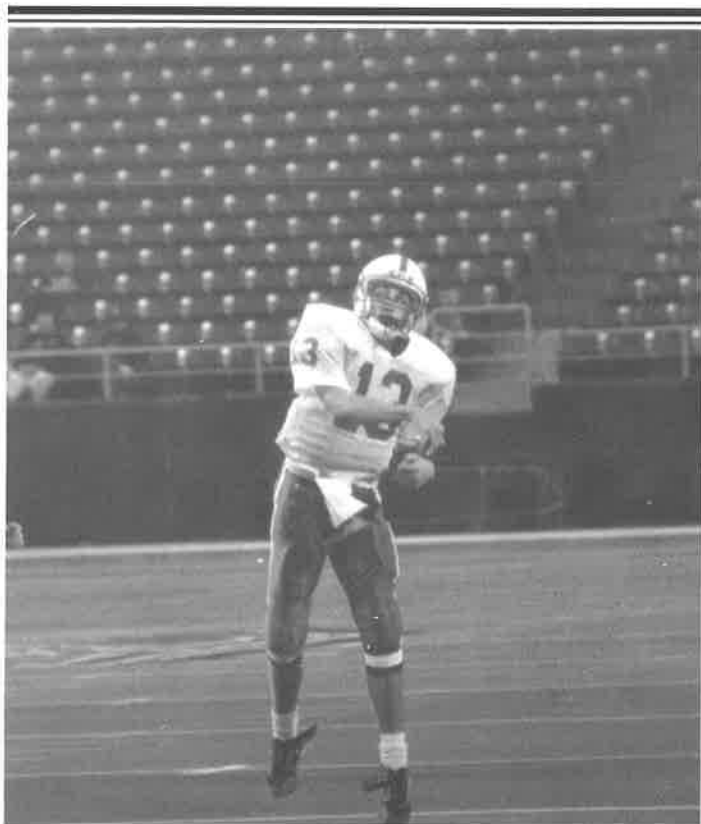
Roger played football at St. John's University under legendary coach John Gagliardi. He was a member of the 1965 National Championship team and graduated in 1968. After two years of graduate work at the University of North Dakota and one year of teaching in Wisconsin, Roger joined the staff at Sartell High School.

He has taught Biology and Life Science for the past 24 years. Besides football Roger has also coached wrestling and track. But it is in football where he has teamed with Head Coach Dean Taylor and developed the Sabres into one of the top Class A programs in the state. For their efforts Coach Taylor was selected as Class A

coach of the Year and Coach Trobec was selected as a Butch Nash Award winner. Taylor has decided to retire from football but Coach Trobec will continue as defensive coordinator under new Head Coach John Ross.

Roger and his wife Anna Mae have been married for 27 years and have seven children. The three oldest have graduated from college and a daughter is currently in college. Next fall son Paul, a star halfback and linebacker this past fall for the Sabres, will follow dad to St. John's to play for Coach Gagliardi. With two children still in the Sartell school system Roger and Anna Mae will be actively involved in education for a few more years.

Congratulations to Roger Trobec for his many contributions to education and football.



Verndale's All-State 9 Man quarterback Eric Runyan (13) throws a TD pass in the State Semi Final Game vs. Hills Beaver Creek. Verndale won the game 48-18.

Distinguished Service Award Winner Tom Mahoney



Tom Mahoney with Butch Nash

Tom Mahoney was the choice of the executive committee for the 1995 Distinguished Service Award. He has been an untiring worker for the betterment of football in Minnesota for many years. Tom joins Jim Lano, Bud Olson, Bob Roy, Don Swanson, and Bill Etter in being recognized by the MHSFCA for this prestigious award.

Tom was recognized at the 1995 Hall of Fame Banquet. He was presented a plaque and a beautiful watch donated by Stan and Judy Skjei of

Bloomington.

When Tom retired from coaching in 1990 he had accomplished legendary results. In 39 seasons at Lake City and Fairmont Tom compiled a record of 256-94-8, which was the all time best in the state when he retired. In 1990 he was inducted into the MHSFCA Hall of Fame.

But it is for his work off the field and behind the scene that Tom is being recognized at this time. He has been a member of every committee of the MHSFCA during his many active years of coaching and his commitment has continued since his retirement. Tom has long been considered the "thinker" of the association. Many of the programs developed through the years have been from his brain storming, including the All Star Game, the playoff system, the "Butch Nash" Award, the Distinguished Service Award, and many more.

Since his retirement Tom has stayed active as MSHSL Region 2A Secretary. He has even finally found time for some golf. Tom and his wife of 45 years, Pat, live in Fairmont. They have seven children and 11 grandchildren.

Congratulations and thanks from all of us, Tom!

Coach of the Year Award

1965	Bill Severin, Grand Meadow, Region I	1979	Ron Raveling, Columbia Heights, Class AA
1966	Stan Canakes, Edina, Region V	1980	L.E. Dreschel, Crookston, Class A
1967	Tom Mahoney, Fairmont, Region II	1981	Gary Roebuck, Holdingford, Class B
1968	Jerry Sullivan, Minneapolis Roosevelt, Region V	1982	George Thole, Stillwater, Class AA
1969	Art Hass, Austin, Region I	1983	Ron Scott, Coon Rapids, Class AA
1970	Gary Gustafson, North St. Paul, Region IV	1984	Grady Rostberg, Hutchinson, Class A
1971	George Larson, Cambridge, Region IV	1985	Norm Johnson, Mpls. Roosevelt, Class AA
1972	George Wemeier, Minneapolis Washburn, Region V	1986	George Larson, Cambridge, Class A
1973	Dick Lawrence, Eveleth, Region VII	1987	Dave Brokke, Granite Falls, Class B
1974	John Drews, Rochester John Marshall, Region I	1988	Gehardt Meidt, Minneota, Class C
1975	Bob Swanson, Mountain Iron, Region VII	1989	Jim Mader, Albany, Class A
1976	Lyle Eidsness, St. Peter, Region II	1990	Ken Baumann, Mahnomon, Class C
1977	Paul Benson, Granite Falls, Region III	1991	Neal Hofland, Chokio-Alberta, 9-Man
1978	Jim Simser, New Richland-Hartland, Region I	1992	Larry Thompson, Lakeview, Class AA
		1993	Rick Manke, Detroit Lakes, Class A
		1994	DeWayne Johnson, Anoka, Class AA

MINNESOTA HIGH SCHOOL FOOTBALL
COACHES ASSOCIATION

1995 "Hall of Fame" Inductees Football Hall of Fame Annual Banquet



Gerry Brown - St. Thomas Academy

Gerry Brown graduated from St. Thomas Military Academy in 1958 where he was an excellent student-athlete, especially in baseball. He continued his education at the College of St. Thomas, Lakeland College, and the University of Minnesota from which he received his Bachelor of Science degree, and later Masters in Education in 1965.

Gerry Brown spent six years as an assistant football coach at St. Thomas Academy before taking over the head coaching reins in 1969. During this time he also spent three years at Breck High School in Minneapolis where he was the head coach in basketball and baseball. In his 21 seasons as the head football coach at St. Thomas Academy, Gerry's teams compiled an enviable record of 173 wins, 34 losses and 1 tie. From 1969 to 1989, the "Cadets" won thirteen conference championships, three section titles, made nine state tournament appearances and won the 1975 Minnesota State Class "A" Football Championship - the first private high school ever to do so.

A recipient of many football coaching honors and awards, Gerry was named head coach of the "South" squad in the 1978 Minnesota High School All-Star Football Game when it was played under that type of format. In addition to his football coaching duties, Gerry also served five years as an assistant basketball coach and seven years as the school's Athletic Director, head baseball coach, and head track coach.

Gerry Brown taught mathematics and was the head football coach for 21 seasons at St. Thomas Academy. During most of the past five years, he has served as Alumni Director of the school.



Bruce Frank - Sports Broadcaster

An all around athlete and a native of Minneapolis, Bruce Frank is a 1958 graduate of North High School. He went on to play baseball at the University of Minnesota where he earned his Bachelor of Arts degree in Business in 1962.

Bruce Frank began working for Consumers Financial Services in Coon Rapids in 1966 and eventually became involved in a number of different community service organizations. In 1974, he was instrumental in reviving a "dormant" youth football traveling program which now has more than 100 boys participating in it.

It was through his involvement as a youth football coach and director of the program that he began doing commentary on KABG Radio in Cambridge on broadcasts of Anoka-Ramsey Community College football games. In 1979, Bruce started hosting weekly "Coffee With the Coaches" interviews on KANO Radio in Anoka, and a year later, he began doing his own play-by-play of football, basketball, hockey, and baseball games. At the time, he was also working for Mercy Hospital in Coon Rapids.

Bruce Frank joined KANO Radio full-time in 1984 and six years later took his varied talents and expertise to QCTV in Anoka where his "Breakfast With the Coaches" is carried on the

Meredith Cable System each Saturday from 10:00 a.m. to noon. Since 1993, Bruce has also worked for the Anoka-Hennepin Educational Foundation in Coon Rapids.



Norman Johnson - Minneapolis Roosevelt

Norman Johnson graduated from Farmington High School in 1949 where he earned varsity letters in football, basketball, and baseball. He went on to letter three times in football and once in baseball at Augsburg College in Minneapolis, from which he received his Bachelor of Arts degree in 1953.

Norm Johnson began his career in education as a mathematics teacher and assistant football coach at Minneapolis Southwest High School in 1956. In 1972, he became the head football coach at Roosevelt High School where he directed the "Teddies" to five Minneapolis City Conference championships and a pair of sectional titles. Norm's overall coaching record from 1972 to 1985 was 86 wins and 46 losses. He was selected as the Minneapolis City Conference "Coach of the Year" five times and was honored as the Minnesota State High School Football Coach of the Year in 1985.

Now retired from public education and an active member of the National Woodcarver's Association, Norm can often be found whittling on a piece of wood in his workshop. He also remains active in the affairs of his church and enjoys traveling throughout the United States, Canada and Mexico.



Bob Peterson - Esko

A native of Minneapolis, Bob Peterson graduated from South High School in 1951 where he lettered in football and basketball. He earned two letters in football at Augsburg College, transferred to the University of Minnesota and then completed his Bachelor of Arts degree in Education back at Augsburg in 1959.

Bob Peterson began his teaching and coaching career at Esko High School in 1959, and took over the head football coaching duties after serving six years as an assistant in the program. From 1965 to 1989, Bob's teams achieved an enviable record of 174 wins, 58 losses and 2 ties, including the 1975 State Class "C" championship. He also directed the "Eskimos" to the State Class "B" quarterfinals in 1985 and to the semi-finals in 1986. In a career spanning more than three decades at Esko, Bob also served as a basketball assistant, and head coach in baseball and golf, as well as five years as Athletic Director.

A loyal and dedicated member of the Minnesota State High School Football Coaches Association, Bob Peterson was honored as the State Class "B" Coach of the Year in 1986. He served as chairperson for the Class "B" All-State Academic Football Team selection committee and was named head coach of the "Outstate" High School All-Star team in 1987.

Now retired as a coach and educator, Bob Peterson continues to serve Minnesota high school football each November by serving as an official "team host" at Prep Bowl. Bob and his wife, Nancy, enjoy traveling and spend several months each winter in the South.



**Pat "Bruno" Waldner -
Bloomington Jefferson**

As a senior at Park-Cottage Grove High School, Pat "Bruno" Waldner was an All-Conference and Most Valuable Football Player who also earned two letters in basketball and one in baseball. He enrolled at the University of Mississippi in 1948 where he lettered in football as a sophomore. He transferred to Hamline University in St. Paul in 1951 where he earned two more collegiate football letters before receiving his Bachelor of Arts degree in History in 1953.

Over the next forty years, Bruno Waldner's football coaching career would take him from his first job at a smaller rural high school in Waconia to the large suburban Bloomington Jefferson High School. From there he went on to coach professional teams in Italy and Great Britain. As the head coach at Waconia from 1957 to 1964 and Bloomington Jefferson from 1970 to 1986, Bruno's high school teams were 167-68-5, including eight Conference championships and a Prep Bowl appearance in 1983.

In 1987, Bruno Waldner took his coaching expertise to the European Professional Football League and directed his Bologna, Italy teams to an Italian Super Bowl appearance in 1988. The next year he led Birmingham, England to the British Super Bowl championship, and from 1990 to 1992, Bruno coached a professional team in Bolzano, Italy.

In 32 years as a head football coach in both the high school and professional ranks, Bruno achieved an overall coaching record of 224 wins, 123 losses, and 6 ties. A recipient of many awards and "Coach of the Year" honors, Bruno is now retired and enjoys traveling and playing golf as often as possible.

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"Hall Of Fame"

Sponsored By Minnesota High School Football Coaches Association

PREVIOUS WINNERS

1965

Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vern Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966

Bert Batson
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

1967

Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968

Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

1969

C.P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Widseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harol M. "Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

1973

Earl Teas
Chuck Elias
Ralph Anderson
Jerry Dahlberg
Bruce Smith
Marv Helling

1974

Oats LeGrand
Jerry Ekstein
Kenneth "Red" Wilson
Edor Nelson
Doc Watson

1975

Art Haas
Les Neil
Bob Collison
Russ Helleckson
Dick Mahar
Bernie Lusk

1976

Kermit Anderson
Will Gullickson
Dwaine Hoberg
Jack Malevich
Jim Pederson
George Roscoe
Murray Warmath

1977

Frank "Butch" Larson
Herschel H. Lysaker
Art Avis
Jim Carrington
Lee Krough
Jim McLaughlin
Leo Sebastian

1978

Chuck Dixon
Chauncey Martin
Ted Meinhover
Roy "Chip" Rasmussen
George Reedy
Marti Rossini
John Vucinovich

1979

Bruce Bakke
Herman Frickey
Bill Hanson
LeRoy McMahon
Dick Mulkern
Harry Newby
Milt Osterberg
Bob Schrank
Steve Silianoff
Lloyd Stein

1980

Bruce Bennett
Neal Davis
James Gustafson
James Molnar
Norm Wagner
Jim Wallace

1981

Lou Barle
Irv Nerdahl
Glenn Redmann
Clayton Tonnemaker

1982

Bob Gove
Wally Hitt
Gary Olson
Don Nyland
Dale Scholl

1983

Stan Nelson
Joe Mrkonich
Jim Gotta

1984

Dick Lawrence
Tom Briere
Jim Henkes

1985

Don Swanson
Bob Roy
Bruce Frank
Don Riley
Giffy O'Dell

1986

Chuck Halsted
Ralph Hagberg
Pete Herges
Ike Pesonen
Cliff Senne

1987

Terry Egerdahl
Lauren "Huns" Hagge
Donald "Bill" McMoore
Jerry Sullivan
Angelo Taddie

1988

Herbert Claffy
Mac Dahl
Art Fredrickson
Ralph Peterson
Ron Raveling
Cal Stoll

1989

John Drugg
Don Fox
Jim Griffin
Bill Severin
Harvey Shew
Tony Thiel

1990

Roland Bromberg
Gary Gustafson
Tom Mahoney
Bob O'Neil
Dick Rezanka
Al Siegle

1991

Morgan Bandrup
John Davies
Earl Gramling
Roy Hokkanan
Ron Scott
Bob Youso

1992

Stav Canakes
Dan Devine
John Hansen
Joe Mayer
Warren Olson
George Wemeier

1993

Les Dreschel
Ken Mauer
Tom Porter
Dana Powers
Dick Walker

1994

Dick Bakke
George Larson
Jim Malosky
Andy Nelson
Marsh Nelson
George Smith

1995

Gerry Brown
Bruce Frank
Norman Johnson
Bob Peterson
Pat "Bruno" Waldner

Academic All-State Football Team Concept

Guidelines & Procedures:

- 1) Choose one champion in each class.
- 2) Use 60% of the tournament team number to decide the team G.P.A.

AA - 31

A - 27

B - 23

C - 22

9-man - 16

Note:

Each players name and G.P.A. must be listed.

- 3) In addition, 3 extra players G.P.A.'s will be listed for tie breakers, using them in order.
- 4) The 4.00 grading system will be used. Other systems must be converted and 4.00 will be the highest possible grade. Grades should be rounded off to 2 decimal places.

- 5) Grading Period: The grades should be from the past full year. No summer school or current fall grades will be used.

- 6) Who is eligible? Only teams with a head coach who is a current member of the Minnesota High School Football Coaches Association.

- 7) Teams should be submitted to Class Reps by October 1st, and champions submitted to Committee Chairman by November 1st.

Academic All-State Team Committee

Class AA: Dave Nelson, Blaine

Class A: Dave Hylla, Proctor

Class B: Jerry Wallskog, LeCenter

Class C: Con Natvig, Swanville (Chairman)

9-man: Dave Krenick, Cleveland



Matt Wacholz (43) of Jackson is brought down by Madelia/Truman's Seth Becker (33) and Sam Guyer (49) in Section 2B play from last season. The Jackson Bluejays won the Southwestern Conference with a 6-1 league record while the M/T Jayhawks tied Martin County West for the Valley Conference title with league records of 4-1. Madelia/Truman went on to win this game over Jackson by a score of 15-7 for the Section 2B crown.



Northfield's Drew Wilson makes an amazing catch versus Prior Lake in the Section 1A playoffs.



Justin Reinholz #22 of Anoka is amidst a host of blockers, #64 Jason Frydenlund, #66 Dave Butler and #83 Jason Podang. Anoka 34-Alexandria 7.



Justin Reinholz #22 of Anoka makes a catch and is headed toward the end zone versus Alexandria in the State Final. 34-7 Anoka over Alexandria.

Academic All-State Football Team Application

School _____ Class _____
 Address _____ Phone _____
 Head Coach _____

The following number of candidates may be listed for each class: AA - 31, A - 27, B - 23, C- 22, 9-man - 16; three extra players should be listed also for the purpose of tie breakers. The 4.00 grading system to 2 decimals will be used, so other systems must be converted. 4.00 is the highest grade used. The grades must be from the past full year.

Applications **must be in** to each Class Representative **by October 1st**. A team champion will be chosen in each class.

Players Name	G.P.A.	Players Name	G.P.A.
1) _____	_____	18) _____	_____
2) _____	_____	19) _____	_____
3) _____	_____	20) _____	_____
4) _____	_____	21) _____	_____
5) _____	_____	22) _____	_____
6) _____	_____	23) _____	_____
7) _____	_____	24) _____	_____
8) _____	_____	25) _____	_____
9) _____	_____	26) _____	_____
10) _____	_____	27) _____	_____
11) _____	_____	28) _____	_____
12) _____	_____	29) _____	_____
13) _____	_____	30) _____	_____
14) _____	_____	31) _____	_____
15) _____	_____	32) _____	_____
16) _____	_____	33) _____	_____
17) _____	_____	34) _____	_____

Composite _____

Send Your Team Application To:

9-man	Dave Krenick, Cleveland	(Fax Numbers)
Class C	Con Natvig, Swanville	507-931-9088
Class B	Jerry Wallskog, LeCenter	612-547-2431
Class A	Dave Hylla, Proctor	612-357-4825
Class AA	Dave Nelson, Blaine	218-628-2907
		612-422-5804

 (Signature of verifying School Official)

 Position

INDIVIDUAL Minnesota Academic All-State Football Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

- 1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.
- 2) The player must have outstanding football and leadership ability plus academic excellence.
- 3) Player must carry a 3.0 (4.0 scale) grade point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.
- 4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.
- 5) Each class will select a team consisting of the number stated below:

9-man = 11	Class A = 14
Class C = 12	Class AA = 15
Class B = 13	
- 6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.
- 7) The Coach submitting the player application must be a member of the Minnesota State

Football Coaches Association.

Guidelines & Procedures:

- 1) All applications should be typed or printed with correct names and data.
- 2) The selection Committee must have a good summary of not only the player's academic record, but the player's football accomplishments.
- 3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.
- 4) All applications must be sent to your Class Academic Team Representative. If you have any problems, contact your Class Representative first. Please check the time deadlines on the application form.

Remember: This is your State's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee:

9-man: Mike Mahlen, Verndale
 Class C: Con Natvig, Swanville
 Class B: George Tuvey, Janesville
 Class A: Dennis Nigon, Rochester Lourdes
 Class AA: Dave Faust, Henry Sibley
 Individual Team Chairman: Frank Fredlund, St. Peter



#25 Richie Kruger of Anoka breaks open from blocks by #55 Ryan Sather and #63 Nate Champman in the State Championship game.



Anoka versus Alexandria State Championship Game: Kody Dribnak #24 is tackling #20 in close pursuit of #49 Jeremy Kletzin and #85 Eric Lauer of Anoka. Anoka won 34-7.

INDIVIDUAL APPLICATION

Academic All-State Player Application

Sponsored by: The Minnesota State Football Coaches Association

Name of Applicant _____ Grade _____

Birthday _____ month _____ day _____ year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class - 9 C B A AA Kicking Game: _____

Academic Information

Accumulative High School GPA: _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects

Grade 11 Subjects

1st Quarter Senior Subjects

- | | | |
|----------|----------|----------|
| 1. _____ | 1. _____ | 1. _____ |
| 2. _____ | 2. _____ | 2. _____ |
| 3. _____ | 3. _____ | 3. _____ |
| 4. _____ | 4. _____ | 4. _____ |
| 5. _____ | 5. _____ | 5. _____ |
| 6. _____ | 6. _____ | 6. _____ |
| 7. _____ | 7. _____ | 7. _____ |

Use a 4.0 Scale for GPA

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974) I hereby grant permission to release a copy of my academic record and GPA average for use by the Minnesota Football Coaches Association in selecting the Academic All State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense, defense, kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a line-man has any team stats that may be pertinent to the team's success.

4) Coaches Comment: Please submit a short letter to the Academic Team Selection Committee describing your player in terms of ability, performance, potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Saturday, November 4.
- 2) Class selection committees must have teams picked by Saturday, November 11, and sent to the Academic Chairman.
- 3) Class Representatives must notify all team selections by Tuesday, November 14.

Send individual application to: (Fax Numbers)

- | | |
|---------------------------|---|
| 9-man | Mike Mahlen, Verndale, 218-445-5184 |
| Class C | Con Natvig, Swanville, Call 612-547-2431 and then 612-547-2432. |
| Class B | George Tuvey, Janesville, 507-234-5796. |
| Class A | Dennis Nigon, Rochester Lourdes, 507-289-3991. |
| Class AA | Dave Faust, Henry Sibley, 612-681-9102 |
| Individual Team Chairman, | Frank Fredlund, St. Peter, 507-931-4783. |

The Butch Nash Award



motivated the Minnesota High School Football Coaches Association to institute an annual award to be given to those high school assistant coaches who approach the greatness of Butch Nash.

The requirements for selection as a recipient of the Butch Nash awards are:

1) An **active** assistant football coach at the high school level.

2) Although not strictly limited to varsity level coaches, the Executive Committee set a requirement of being an assistant who is a "front liner" - in the limelight, under the gun, recipient of praise or criticism approaching the level of that endured by the head coach.

3) Certainly, a few younger coaches can meet these requirements, BUT in all candor, years of service to a program will influence the selection committee's choices.

The recipients of the Butch Nash award for 1994 are:

Bud Bjornaraa, Apple Valley
Robert Lingen, Stephen
Howard LaVigne, International Falls
Roger Trobec, Sartell
Dean Baldry, Granite Falls-Clarkfield
Karl Deis, Mora
Gary Burr, Farmington
Chet Stevenson, Brainerd

* Head coaches are urged to nominate outstanding assistant coaches for future consideration by the selection committee.

To the many of us who know him, Butch Nash is the epitome of the ideal assistant coach:

Total loyalty to his school and the head coach.

Hard working - beyond measure.

Integrity in dealing with athletes and especially high school coaches.

Particularly competent in his coaching specialty-defensive ends.

Unique ability to relate to and be supportive of the athlete - their love for Butch is virtually legendary.

Lastly, the many, many years of dedicated service to his university.

It is these much admired qualities that have



Bud Bjornaraa
Apple Valley
Butch Nash Award



Robert Lingen
Stephen
Butch Nash Award



Howard LaVigne
International Falls
Butch Nash Award



Roger Trobec
Sartell
Butch Nash Award



Dean Baldry
Granite Falls-Clarksfield
Butch Nash Award



Karl Deis
Mora
Butch Nash Award



Gary Burr
Farmington
Butch Nash Award



Chet Stevenson
Brainerd
Butch Nash Award

West Central Conference

"A" DIVISION

The West Central "A" Champion was Sartell with a perfect record of 7 wins and 0 losses. The Coach of the Year was Dean Taylor of Sartell.

The Most Valuable Player was Paul Trobec, Sartell running back. The Back of the Year was Tom Stark of Sartell. The Lineman of the Year was Eric Zirbes of Melrose.

Sartell was the team leader on both offense and defense. They also were the eventual Minnesota Class "A" State Champion with a perfect 14 wins and 0 loss record.

INDIVIDUAL STATISTICAL LEADERS

Rushing: Tom Stark, Sartell.

Passing: Tom Linnemann, Melrose.

Pass Receptions: Ben Sieben, Melrose.

Punting: Mike Jacobs, LQPV.

Punt Returns: Adam Herbst, Sartell.

Kickoffs: Scott Mader, Sartell.

Kickoff Returns: Nick Tyluthi, Melrose.

Pass Interceptions: Steve Klaverkamp, Sartell.

Scoring: Tom Stark, Sartell.

WCC "A" FINAL STANDINGS

Sartell	7-0
Melrose	6-1
Lac Qui Parle Valley	4-3
Albany	3-4
Minnewaska Area	3-4
Montevideo	3-4
Litchfield	2-5
New London-Spicer	0-7

"B" DIVISION

The West Central "B" Championship was shared by the Morris Area Tigers and the Sauk

Centre Mainstreeters, both with a record of 6 wins and 1 loss. Morris Area Coach Jerry Witt and Sauk Centre Coach Bryon Olson were named Co-Coaches of the Year.

The Most Valuable Player was Zach Witt, Morris Area quarterback. The Best Back award went to Corey Schmidgall, Morris Area running back, and the Best Lineman award was given to Randy Quistorff of Sauk Centre.

Morris Area was the team leader on offense and St. Cloud Cathedral the team leader on defense.

INDIVIDUAL STATISTICAL LEADERS

Rushing: Ty Uhlenkamp, Sauk Centre.

Passing: Zach Witt, Morris Area.

Pass Receptions: Corey Schmidgall, Morris Area.

Punting: Corey Schmidgall, Morris Area.

Punt Returns: Brock Leajeld, Long Prairie/Grey Eagle.

Kickoffs: Zach Witt, Morris Area.

Kickoff Returns: Brock Leajeld, Long Prairie/Grey Eagle.

Pass Interceptions: Matt Neubert, Sauk Centre.

Scoring: Corey Schmidgall, Morris Area.

WCC "B" FINALS STANDINGS

Morris Area	6-1
Sauk Centre	6-1
Paynesville	4-3
St. Cloud Cathedral	4-3
Long Prairie/Grey Eagle	2-5
Belgrade-Brooten-Elrosa	1-6
Benson	0-7



Fairmont Awards

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Twin Cities Suburban West Conference

By DeWayne Johnson, Conference Representative, Anoka

In 1994 the Twin Cities Suburban West Conference was represented well. Anoka, who finished 6-0 in the conference, also won the State Class AA Championship with a perfect 14-0 record.

Anoka's Tornadoes had an extremely potent offense as they finished first in the metro area in three categories. In rushing offense they led with an average of 254 yards per game. Scoring, the second category, they led with an average of 35.1 points per game. Third, they led the metro in total offense with an average of 351 yards per game.

In the conference, Anoka led in total offense and Blaine finished second. On defense Elk River had the best defense, giving up 226 yards per game, while Anoka finished second on defense.

In the final AP poll at the end of the regular season, Anoka was rated second and Blaine finished eighth. In section IV finals Anoka beat Blaine to advance to the quarter finals.

In the quarter finals Anoka beat Lakeville in a tough game, 21-7.

In the semi-final game at the Dome, the Tornadoes had to rely on a 34 yard field goal by Matt Reimann with 12 seconds left to break a 21-21 tie. It was a tremendous game to watch and be involved in.

In the state final, Anoka put everything together and beat undefeated Alexandria, 34-7.

In the conference, Pat Wheeler, fullback from Blaine, was chosen as the "Most Valuable Offensive Player." Paul Beaudry, defensive end from Elk River, was chosen as the "Most Valuable Defensive Player." DeWayne Johnson, head coach from Anoka, was selected as "Coach of the Year." He was also selected Class AA "Coach of the Year."

The following boys received All-State recognition: Jessie Chounard, Dave Butler and Doug Dotseth from Anoka; Pat Wheeler from Blaine.

The following boys were selected to the 1995 All-Star Game: Jessie Chounard and Justin Reinholz, Anoka; Pat Wheeler and Lewis Johnson, Blaine; Mike George, Coon Rapids; Justin Wedeking, Osseo.

FINAL STANDINGS

Anoka	6	0
Blaine	4	2
Elk River	4	2
Osseo	4	2
Champlin Park	1	5
Coon Rapids	1	5
Park Center	1	5



Anoka's #11 QB Tom Wilberg running away from Park Center defenders with the blockers #71 Kris Parks, #66 Dave Butler and #22 Justin Reinholz. Anoka won 33-9.



Ryan Mason (#28) looks for running room in Blaine's 28-14 win over Park Center.



Eric Ollestad (#31) runs to daylight in the Section 4AA Championship versus Anoka.

Valley Plains Conference

The Valley Plains Conference Champion in 1994 was decided in the first week of the season when Hawley defeated Red Lake Falls in a thrilling opener with a last minute touchdown. Hawley went on to their second consecutive undefeated regular season while Red Lake Falls ended with only one loss in the conference.

Both teams also won section titles at the Fargodome. Hawley went on to beat Bertha-Hewitt 48-8 for the Section 6C title while Red Lake Falls defeated Mahnomen 21-0 for the Section 8C championship. Hawley defeated Carlton the following week while Red Lake Falls defeated Browerville.

That set up a rematch in the State Semi-Finals held at the Metrodome. Trailing 15-14 at the end of the third quarter, Red Lake Falls took charge in the fourth quarter, winning by a final score of 36-15 to avenge the season opener. Red Lake Falls went on to the championship game, losing to Chatfield.

The Valley Plains was proud of having two teams represent the conference at the Metrodome. The Valley Plains also welcomed Craig Oftedahl as the new head coach at Fosston. Craig and his staff led the Greyhounds to a record of 4-4 in the conference and a first round playoff victory.

The Valley Plains had a great season rushing the football. Jeremy Bowman from Warren broke the conference record with 1,303 yards on 208 carries. Not to be outdone was Red Lake Falls' Blaise

Larson, who tallied 1,218 yards on 129 attempts for an average of 9.4 yards a carry. He also led the conference in scoring with 21 touchdowns, a new conference record. Hawley's backfield of Bryan Jegtvig, Casey Marshall, and Mike Olson combined for 2,144 rushing yards and were all in the top four in scoring.

Tyler Church from Ada-Borup was the top passer in the conference, completing 46 percent of his passes for 807 yards and five touchdowns. Chris Ellingson from Ada was the leading receiver with 25 catches for 443 yards while Dusty Dorn from Hawley had an average of 29.6 yards a catch with four touchdowns.

1994 VALLEY PLAINS CONFERENCE STANDINGS

Hawley	8	0
Red Lake Falls	7	1
Warren	5	3
Badger-Greenbush-Middle River	5	3
Fosston	4	4
Red Lake County Central	4	4
Waubun	4	4
Lake Park-Audubon	2	6
Ada-Borup	1	7
Fertile-Beltrami	0	8

Coach of the Year—Mike Malmberg, Hawley.

Outstanding Back—Blaise Larson, Red Lake Falls.

Outstanding Lineman—Chris Branstner, Hawley.



#43 Dusty Dorn from Hawley is about to haul in this touchdown pass over #20 Mike Halvorson from Badger/Greenbush/Middle River.



#30 Cory Dauner from Ada-Borup is being chased down by #24 Casey Marshall and #44 Mark Jennen from Hawley during a Valley Plains Conference game.

South Central Conference

By Frank Fredlund, St. Peter

The South Central Conference had co-conference champions in 1994. New Ulm and St. Peter tied with a 6-1 record. For the second straight year New Ulm nipped St. Peter 22-20 in the conference opener.

Fairmont led the conference offensively in rushing yards and total offensive yards. They also led in the defensive yards and points per game allowed. Coach Terry Gilbertson of Waseca, who changed his famed Wing T offense to a Run and Shoot, led the conference in passing. St. Peter was the most prolific scoring team averaging 36.5 points per game.

The conference once again was loaded with many fine players. Individual leaders were Ryan Altmann, New Ulm, rushing; John Hoffman, Waseca, passing; Brian Helmstetter, Blue Earth Area, and Waseca's Juston Borglum, receiving. Keith Diekmann of Fairmont was the scoring leader and his teammate, Josh Mancell, was the defensive point leader.

St. Peter's 6'6" tight end, Alex Hass, was an All-State selection and has signed with the Gophers and will play in the All-Star game. Chris Barnnick of St. Peter was a Class A Academic All-State selection.

It appears that all the conference head coaches will be back for the '95 season. Terry Gilbertson, dean of the South Central coaches, will start his 25th year at Waseca and no doubt be enjoying his new offense and word is out that a new defense is in the books. Frank Fredlund will begin his 19th season at St. Peter with assistants Dennis Booren and Jeff Olson. Dennis and Frank have been together 28 years at St. Peter.

With Waseca joining Blue Earth putting the ball in air the conference trend seems to be pointing to a more wide open, exciting type of ball. Look for Fairmont and St. Peter to break the bone a bit more. St. Peter will remain as the only state team playing the Radar defense, which it has been using since 1973.

1994 FINAL STANDINGS

		Pts.	Opp.
St. Peter	5-1	221	78
New Ulm	5-1	136	86
Fairmont	4-2	148	54
Blue Earth	4-2	126	107
Waseca	1-5	147	141
St. James	1-5	66	155
United South Central	0-6	28	249



St. Peter senior Nathan Bannick leaps to block a pass from Luverne quarterback Monti Ossenfort during the Saints' 41-0 Section 2 A semi-final win.



St. Peter's Chris Barnick eludes the pursuit of New Ulm defensive end Ryan Swenson in an exciting New Ulm 22-20 victory at St. Peter.

Lake Conference

The depth and power of the Lake Conference was displayed by a host of league members in 1994.

Apple Valley, coached by Paul Miller, held the state's No. 1 ranking through the first half of the season and finished in second place.

Eden Prairie defeated Apple Valley to take over the top spot at mid-season. Then Mike Grant's team completed the regular season as unbeaten conference champions.

Lakeville finished the league schedule in sixth place. But in the post season, free from Lake Conference rivals, Larry Thompson's team won the Section 1-AA Championship.

Bloomington Jefferson also caught fire in the

playoffs. Stan Skjei guided his team into the State Tournament after a thrilling overtime victory against Eden Prairie in the Section 6-AA Championship.

LAKE CONFERENCE STANDINGS

		overall
(1) Eden Prairie	7-0	9-1
(2) Apple Valley	5-2	7-3
(2) Jefferson	5-2	9-4
(4) Burnsville	4-3	6-4
(5) Eagan	3-4	4-5
(6) Lakeville	2-6	7-7
(6) Rosemount	2-5	2-7
(8) Chaska	1-6	1-7
(8) Kennedy	1-6	1-7

North Suburban Conference

Totino Grace and Centennial tied for the N.S.C. championship this year. The conference in general was quite balanced with all teams being competitive. Mike Watson of Centennial and Dave Nigon of Totino Grace were voted co-coaches of the year for 1994.

Totino Grace was also the Conference Academic champ, Section IIIA champ, and reached the semi-finals in the State Tournament. They were also the Section IIIA Academic champions.

Four individuals earned post season honors beside being All Conference. Brandon Kitzerow was named the conference's most valuable player. Totino Grace running back Roland Buller was named Player of the Year on offense, Spring Lake Park linebacker Bryan Kuempel is the Player of the Year on defense, and Buffalo's Brent Johnson is the Lineman of the Year.

The conference is made up of both "A" and "AA" schools and will be adding Irondale back into the N.S.C. in 1996. In the past few years, Buffalo, Centennial, Columbia Heights, Fridley, Spring Lake Park, and Totino Grace have all qualified for the State Tournament. Every year, the N.S.C. proves to be a tough football conference. 1995 will be no exception.

NSC—STANDINGS

	Conf.	Total
Totino Grace	6-1	11-2
Centennial	6-1	7-2
Buffalo	4-3	4-5
Spring Lake Park	3-4	4-6
Columbia Heights	3-4	3-6
Monticello	3-4	3-6
Fridley	1-6	2-7
St. Francis	1-6	1-7



Columbia Heights back Jamie Johnson is tackled by 2 Totino Grace defenders during their game at the Metrodome.

South Polar League Conference

By Kim Staum, McGregor

The 1994 season proved to be a very competitive race in the South Polar conference with McGregor and Esko finishing the season with identical 5-1 records, giving each Co-Championship honors.

Although Carlton finished in third place in the final Polar South standings, the Bulldogs caught fire in the Section 7C playoffs defeating Cherry, Nashwauk-Keewatin and Cook County to advance to the State playoffs.

Moose Lake-Willow River had its best season in recent years, finishing fourth with a 4-2 record. Duluth Marshall and Silver Bay had some tough luck losing a number of close games, finishing with a 2-4 and a 1-5, respectively. Barnum, a perennial football power house, experienced a rebuilding year with a 0-6 record.

Looking ahead to the 1995 season, the Polar South conference should be a tough, strong, competitive conference with all teams returning good numbers of experienced lettermen, leading to a conference championship battle that could be anybody's claim!

CONFERENCE SUMMARY

	CONF.	OVERALL
*Esko	5-1	6-4
*McGregor	5-1	5-4
Carlton	4-2	7-4
Moose Lake-Willow River	4-2	5-4
Duluth Marshall	2-4	2-6
Silver Bay	1-5	1-7
Barnum	0-6	0-8
*Co-Champions		



Moose Lake-Willow River sophomore running back Tory Johnson goes off-tackle behind a block by #84 Kris Crown in a double overtime victory over Carlton.

Great River Conference

After seven straight seasons, the Great River Conference crowned a new champion as the Braham Bombers replaced the Ogilvie Lions as the league champs. Ed Melcher's Bombers finished the conference and the regular season undefeated. The Bombers advanced to the Class C Section 3 finals before falling to Mcleod West by the score of 22 to 6.

Coach Melcher was named the Great River conference coach of the year and will also be a coach for the outstate team in this year's Minnesota High School All-Star football game.

In winning the conference championship, the Bombers led the conference in both total offense and total defense. The Rush City Tigers led the conference in passing offense and pass defense. The Ogilvie Lions were the top rushing team.

The East Central Eagles' team was the Class B Section 7 academic champions.

Braham running back, Willi Pung, was named the M.V.P. of the league. John Wilkowski of Aitkin, a running back, was named offensive player of the year and Dennis Hollins, a nose guard from Mille Lacs, was the defensive player of the year.

FINAL STANDINGS

Braham Bombers	6	0
Aitkin Gobblers	4	2
Mill Lacs	4	2
Ogilvie Lions	3	3
Hinckley/Finlayson Jaguars	2	4
Rush City Tigers	2	4
East Central Eagles	1	5

Valley Conference

It was another very competitive season of football in the Valley conference in 1994. Teams such as Springfield/Comfrey, LCWM, GFW, Martin County West, Maple River and Madelia/Truman did battle again with MCW and M/T able to win the close games and tied for the conference title. M/T got by GFW 16-6 and Maple River 8-6 before losing to MCW by a score of 18-13. MCW lost to GFW early in the season by a score of 28-8 and then defeated MR 22-6, S/C 42-6 and LCWM 32-6.

There were a number of outstanding individual players in this conference again this year. In particular there were a number of outstanding QBs. Seniors Jeremy Krumweide of MCW and Bob Southworth of GFW led their teams not only in passing but rushing yardage while junior Jamie Kahler of M/T had his second 1,000 yard passing season. M/T's Seth Becker led the conference in rushing with S/C's Troy Stresemann right behind as the two seniors finished off great careers.

Nate Rubischko of GFW was by far the leading receiver as the split end caught and ran for over 1,000 yards. TE Jay Eisenmenger was not only an

outstanding TE but a force on defense also. Juniors Tim Baarson of M/T and Seth Detert of MCW were also excellent pass receivers in the Valley.

Eric Olson and Andy Carr of M/T led the strong line play in the Valley with Craig Jones of MCW, Don Phillips of GFW, Mike Volgelssang of MR and Jesse Lachmiller of LCWM also very strong on the offensive and defensive sides of the line.

With 12 all-conference and honorable mention players back this season the Valley looks to be a "dog fight" again in 1995. All teams bring back large numbers of players out for football and a number of quality football players; and added in this season will be a strong football program in Tracy/Milroy.

FINAL 1994 STANDINGS

Madelia/Truman	4-1	9-3
Martin County West	4-1	7-3
Maple River	3-2	6-4
GFW	3-2	5-4
LCWM	1-4	2-6
Springfield/Comfrey	0-5	1-7



Nathan Rudolph of MCW goes for a long gain as the Mavericks defeated M/T 18-13 and tied for the Valley title.



Ryan Bruderie of M/T leads QB Jamie Kahler past MR in Valley action.

Central Lakes Conference

CENTRAL LAKES CONFERENCE

Alexandria recorded a banner year as they went undefeated in the Central Lakes Conference during the 1994 season. Leading the way for Alexandria were All-State LB R.J. Nodland, and Quarterback Andy Quist.

Andy Quist threw for 1,115 yards and 11 TD's while Bill Zacher led the team with 16 TD's. Alexandria played hard on both sides of the ball. Offensively, Ryan Noetzelman rushed for 766 yards, while R.J. Nodland had 763 yards and Bill Zacher 712 yards. Chris Howell caught 35 passes from Andy Quist, five for TD's.

Defensively the Cardinals recorded 23 interceptions. Chris Howell and Ryan Nodland picked off six each. The defense also recovered 15 fumbles over the course of the season to have a plus 25 on turnovers for the year.



Alexandria's #11 Andy Quist handing off to #37 R.J. Nodland against Anoka in Prep Bowl XIII behind a good line surge by the Cardinal line.



#11 Andy Quist of Alexandria passing versus Anoka in Prep Bowl XIII. Protecting for the Cardinals are #74 Josh Wendorf, #37 R.J. Nodland, #55 Mike Holbrman and #59 Bob Zacher. Anoka won 34-7 for the Class AA Championship.

The Alexandria Cardinals had great confidence going into the playoffs. The Cardinals averaged 31.7 points per game as they made it to the Prep Bowl. However, Alexandria was defeated by Anoka in the finals.

Alexandria also repeated as Section 8AA Academic Champions. Alexandria Coach Dennis Kalpin was awarded Central Lakes Coach of the year.

1994 CLC STANDINGS

Alexandria	6-0
Brainerd	5-1
St. Cloud Apollo	4-2
St. Cloud Tech	3-3
Rocori	1-5
Willmar	1-5
Little Falls	1-5



#47 Bill Zacher scores for Alexandria in the Prep Bowl versus Anoka with #79 Chris Paul, #37 R.J. Nodland and #59 Bob Zacher leading the way.



Alexandria's #47 Bill Zacher scoring one of his four TDs versus Park of Cottage Grove in 1st round of State Playoffs.

North Tri-County Conference

For the third consecutive season, Clearbrook/Gonvick won the North Tri-County Conference. The Bears completed their third undefeated regular season in a row.

The key conference game of the year was the last one against Norman County East for the championship. The Bears played their best game of the year for a 50-14 victory.

In post season play the Bears beat Grygla/Goodridge 24-8 in the Section 4 playoffs, before losing to the 9-man state champions, Kittson Central (38-30).

Clearbrook/Gonvick took home most of the hardware. Ethan Johnson, the team's QB, was voted the conference MVP back, John Merseeth MVP lineman, and Ron Johnson coach of the year.

The Bears outscored their opponents 446 to 146. The offense was lead by senior QB Ethan Johnson, junior running backs Mark Swanson and Aric Rhen. Both backs had over 1,000 yards rushing for the season. Jereme Budish led the team on defense with 101 tackles.

The 1995 season looks just as exciting for the Bears. They will return seven of their nine starters. Perhaps the most important factor will be if they are placed in the 9-man playoffs or the 11-man. Because of their enrollment the Bears have been bouncing back and forth between the two classes since 1991. Once again it is very possible they may play a 9-man regular schedule and switch to 11-man Class C for the play-offs.

Three Rivers Conference

	CONF.	OVERALL
Chatfield	7-0	14-0
Dover-Eyota	6-1	8-2
Plainview/Elgin-Millville	5-2	5-3
Lewiston-Altura	3-4	5-5
Kingsland	3-4	3-6
St. Charles	2-5	3-5
Goodhue	1-6	2-8
Wabasha-Kellogg	1-6	1-7

The Chatfield Chosen Valley Gophers won the Three Rivers Conference title on their way to the Section IC and the State Class C Championship. Dover-Eyota finished second with a 6-1 record, and Plainview/Elgin-Millville with a 5-2 record placed third.

Chatfield was led offensively by running backs Nathan Maker, Rich Manahan, Jeremy Nelson, and linemen Brad LaPlante and Matt Clemens. Defensively the Gophers held their opponents to 78 rushing yards per game. The defense was led by Chad Ferguson, Josh Harmening, and Jason Irish.

Other players in the Three Rivers who stood out for their teams were Jim Peterson and Corey Smith of Dover-Eyota; B.J. Jones, Jeremy Tesch, Ryan Marx, and Peter Flies of PEM; Matt Kolling

of Kingsland; Charlie Matzke of Lewiston-Altura; Spud Stevens and J.B. Mathison of St. Charles.

Brad LaPlante, center for the Gophers of Chatfield, will be playing on the Outstate All-Star football team this August. Ken Jacobson will be on the Outstate coaching staff.

Ken Jacobson of Chatfield was selected as Coach of the Year in the Three Rivers Conference, Section IC and State Class C.

As of this time, there will be no coaching changes in the conference.



Chatfield defenders led by #60 Josh Harmening pressure Minneota's QB during their State Quarter Final game at Minneota. Won by the Gophers 26-21.

Polar North Conference

Deer River defended its 1993 Conference Championship by again going undefeated in 1994. Four teams were in the hunt during most of the season. Nashwauk-Keewatin finished second ahead of Ely and Cook County.

No team was a clear cut favorite at the beginning of the season as most coaches agreed it could be a real "dog fight." Proof of that came when Ely traveled to Deer River. The Timberwolves had the lead late in the fourth quarter when Deer River tied the score and forced it into overtime. Finally, after two overtimes, the Warriors came out on top, 12-6.

Deer River traveled to Cook County two weeks later and again needed an overtime to pull out a 23-20 win.

What's in store for 1995? Again, probably no clear cut favorite.

POLAR NORTH CONFERENCE, 1994

	CONF.	OVERALL
Deer River	6-0	11-1
Nashwauk-Keewatin	5-1	6-2
Ely	4-2	8-3
Cook County	3-3	6-4
Cook	2-4	2-6
Chisholm	1-5	3-5
Mt. Iron-Buhl	0-6	0-7



Junior linebacker Nathan Linse returns a pass interception 55 yards for a Deer River TD in a Polar North Conference game with Nashwauk-Keewatin.

Sea-Range Conference

International Falls was able to survive the challenge of a number of teams and go on to win the 1994 Sea-Range Football Title. The Broncos finished the season with a 8 and 1 record to capture their second straight conference title. Conference newcomer, Crosby-Ironton, finished second along with Hermantown with a 7-2 record. Proctor followed with a 6-3 record after losing their opening two games. Greenway finished in the top half of the conference with a 5-4 record.

In the four team Section 7A playoffs, International Falls defeated Duluth Denfeld and C-I defeated Hermantown in the opening round. International Falls went on to defeat C-I in the section finals in a close and exciting game.

Top players in the conference included Chad Johnson of International Falls and Matt Windorski of Crosby-Ironton. Both will be playing in the

1995 All-Star Game. Kevin Kuklis of Hermantown, Ryan Tressel of Proctor, Jeremy Tammi of Greenway, Erik Hanson of Mesabi East, Ryan Skubic of Virginia and Brian Hey of Cloquet were also top players in the conference. Stuart Nordquist of International Falls was selected the conference coach of the year.

The Sea-Range Conference will be losing two of its most successful and colorful coaches next season. Rick Coughlin of Two Harbors and George Rauzi of Greenway will not be returning to the coaching ranks. Rauzi will be replaced by Bob Schwartz, who graduated from Greenway and went on to play at UMD.

The conference will again experience change in the 1995 season as it grows to a 12 team conference. Duluth Central and Duluth Denfeld will bring their talents to the Sea-Range.

Missota Conference

By Bob Bradford III, Northfield News Reporter

The Missota Conference made another impact in the state playoffs by having two qualifiers—Hutchinson and Northfield. The two schools happened to collide in the Class A state semi-finals on the Metrodome rug. Northfield won the showdown 23-17 in overtime. The overtime only had two plays—after Hakan Bengtson ran 10 yards for the touchdown on Northfield's first down (extra point missed), the game ended when Bengtson intercepted quarterback Ryan Dolder on the one-yard line on Hutchinson's first down.

Northfield went on to lose the Class A state championship to Sartell 24-21 after building a 14-0 halftime lead. It was the second consecutive year Northfield made the Prep Bowl and marked the sixth appearance in nine years that a Missota school participated in a football state championship.

During the regular season, Hutchinson in the Missota opener blitzed visiting Northfield, 28-7. The Tigers then strung together four more consecutive wins until suffering an 18-10 upset at Red Wing. In the last week of the regular season, Northfield escaped Red Wing's field with a 21-20 victory. Because of Red Wing defeating Hutchinson the week before, it allowed Northfield to share the Missota title with Hutchinson for the second consecutive year.

Final Missota standings had Hutchinson and Northfield as co-champions at 6-1; Prior Lake, Red Wing and Holy Angels sharing third at 4-3; Shakopee and New Prague sharing sixth at 2-5; and Benilde-St. Margaret's placing last at 0-7.

Hutchinson was the league's leading defense allowing only 1,225 yards and also led the conference in offense, amassing 2,545 yards. Northfield led the Missota in rushing with 1,789 yards, and Hutchinson led the league in passing with 990 yards. Hutchinson was also the toughest Missota team against the rush, allowing only 689 yards. Holy Angels was the stingiest against the pass, only allowing 403 yards.

Individual scoring leaders were Hutchinson's Nate Pearson and Northfield's Drew Wilson. Leading rushers were Northfield's Wilson, Hutchinson's Mike Weber, Northfield's Bengtson

and Hutchinson's Pearson. Leading passers were Hutchinson's Dolder and Red Wing's Paul Hartmann. Hutchinson's Curt Wagner was the leading receiver in the conference.

The surprise team of the year was Holy Angels. The Stars tallied more wins in 1994 than they did in all of the previous three seasons combined. By finishing 6-4 overall, Randy Jones, head mentor of Holy Angels, was also named the "Missota Coach of the Year."

Re-capping the playoffs—in the first round of Section 1A, Northfield won 41-6 over Simley, Prior Lake won 24-8 over New Prague, Farmington won 26-0 over Red Wing; in Section 3A, Holy Angels downed Columbia Heights 35-13; and in Section 4A, Dassel-Cokato eliminated Shakopee 36-15, and Hutchinson shut down Monticello 40-0.

In the sectional semi-finals, Northfield in 1A downed Prior Lake 45-8, Mahtomedi in 3A eliminated Holy Angels 7-0, and Hutchinson in 4A walloped Orono 30-7.

In the sectional championships, Northfield in 1A whipped Farmington 52-13, and Hutchinson in 4A triumphed over Dassel-Cokato 21-14.

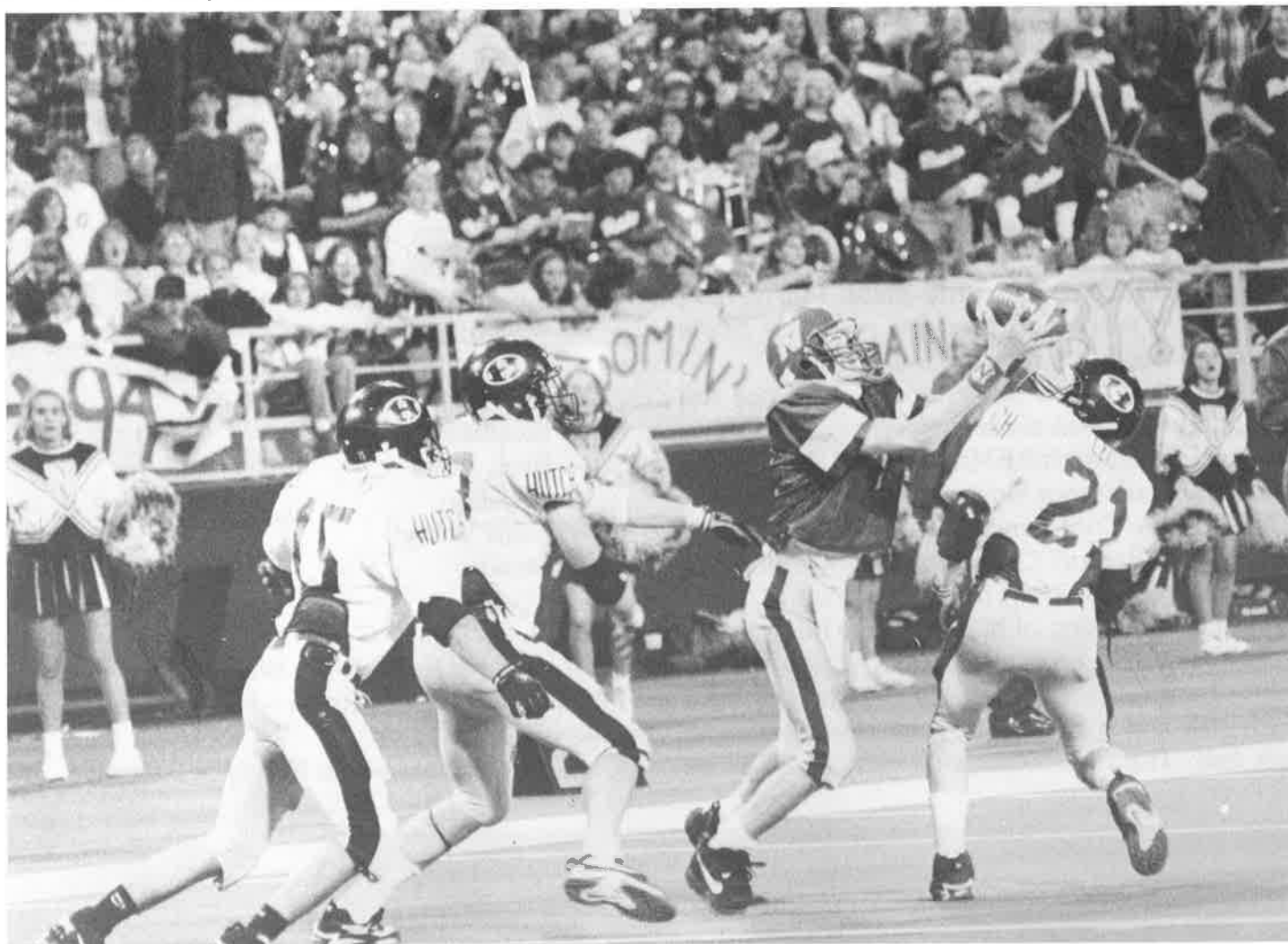
In the first round of state, Northfield won 19-18 in overtime at International Falls (only the second home field loss for the Broncos in three years) and Hutchinson knocked off two-time defending state champion Detroit Lakes 20-6 to set the stage for the Northfield-Hutchinson showdown in the semi-finals.

Twenty-four of the top seniors in the Missota signed with colleges to play football. Two Missota seniors will also represent the Out-state team that will play the Metro team in the Prep All-Star Classic in August. They are Hutchinson's Kobernusz and Northfield's all-state linebacker Brent Setterstrom. Due to a severe hip condition, Setterstrom will not continue football at the college level.

Special note: Rick Alex, well respected by the other coaches in the league, recently announced his resignation as the head football coach at Shakopee. Alex has been with the Shakopee football program for 23 years—seven as a head coach

and 16 as an assistant. Why did he resign? "For a whole bunch of reasons," said Alex. "Nothing in particular. I just thought it was time to let someone else do it. I may remain as a football coach (at

Shakopee) at another level." The replacement for Alex was not named as this story was written. Alex will remain as the head boys' track coach at Shakopee.



Northfield's Jeff Otte comes down with a "jump ball" against Hutchinson in the State Semi Finals.

Southern Minnesota "C" Conference

McLeod West	8-0
Minn. Valley Lutheran	7-1
Cleveland	5-3
Buffalo Lake/Hector	5-3
Sleepy Eye Public	5-3
Sleepy Eye St. Mary's	5-3
Cedar Mountain	3-5
St. Clair	2-6
Granada Huntley/ECML	0-8
New Ulm Cathedral	0-8

The Southern Minnesota "C" Conference was lead by two football powers, McLeod West and

MVL. McLeod West won the conference meeting but MVL got revenge and beat them during the sectional play.

Aaron Bauer, son of MVL coach Jim Bauer, was voted back of the year. His career stats include over 200 tackles, 5,070 total yards and 170 points. Charlie Vacek of McLeod West was voted lineman of the year.

Curt Strand of McLeod West got his 90th win on the 8th game of the season as they clinched the conference championship.

Prairie Conference

Submitted By Con Natvig

In the first week of the 1994 Prairie Conference football schedule Swanville defeated Browerville, the 1993 defending champion. The score was 6-6 at the end of four quarters. Swanville ended up winning 20-19 in two overtimes.

Swanville went undefeated the rest of the season to win the Prairie Conference. Browerville avenged its only loss by defeating Swanville in the Section 5-C Championship game 24-21 at the Fargo Dome.

Browerville went on to the State Tournament where they were defeated by eventual State Runner-up Red Lake Falls by one point.

In the fall of 1995 the Prairie Conference will change from a seven team conference. The Prairie Conference had added KMS for the 1995 season to give the conference eight teams.

The Prairie Conference was then approached by the Park Region Conference concerning the possibility of combining the conference in some way. After a meeting of all member schools it was decided to form one conference which will be called the Prairie Conference. There will be a North half and a South half with seven teams in each half. The non-conference games will all be

played with teams from the other half. This gives a very solid football schedule for all 14 teams.

The two halves are made up as follows:

NORTH

Bertha-Hewitt

Browerville

Eagle Valley

Menagha

New York Mills

Parkers Prairie

Sebekka

SOUTH

Brandon-

Evansville

KMS

Osakis

Royalton

St. John's

Swanville

Upsala

FINAL STANDINGS

Swanville	6-0
Browerville	5-1
Royalton	3-3
Eagle Valley	3-3
Osakis	3-3
Upsala	1-5
St. John's	0-6

Most Valuable Back—Matt Brown, Swanville.

Most Valuable Lineman—Kenny Callahan, Browerville.

Coach of the Year—Con Natvig of Swanville.



#20 Karl Kellen a junior rushed for 1,537 yards in 301 attempts in 1994. Leading the blocking are #31 Dan Benning and #64 Jerry Asmus. Browerville versus Brandon Evansville, Browerville won 21-6.

Rum River Conference

In 1994 the Rum River saw another interesting and competitive football season. Sauk Rapids finished the regular season 8-0, capturing the conference crown and finishing the regular season ranked No. 2 in the state in Class A football.

The conference Coach of the Year award was given to Sauk Rapids Coach Ken Hill, as his team's 1994 title was the second title won in the past four years. Sauk also won the 1991 championship under Coach Hill's leadership.

Sauk Rapids led the conference in scoring with 229 points—28.6 average; scoring defense, giving up only 13 points during the regular season, and rushing offense with 1,888 yards (236 average). Sauk Rapids also led the league in rushing defense, allowing just 621 yards (77.6 average).

Foley had the conference's stingiest pass defense, allowing 374 yards (46.8 average) and Mora led the league in passing offense with 728 yards and 10 passing touchdowns.

1995 promises to be an exciting year offensively in the Rum River as three of the conference's top five quarterbacks will be returning. Mora's Greg Kaiser, a junior in 1994, led the conference in passing, completing 49 of 95 attempts for 719 yards and 10 touchdowns. Chisago Lake's junior Adam Perkins returns after finishing second in conference passing, completing 47 of 114 attempts for 689 yards and three touchdowns. Milaca QB Aaron Larson ranked third and Foley junior QB Jeremy Abfalter fourth in conference passing yards.

Jeremy Christie, Sauk Rapids' fine running back, led Rum River ball carriers in '94 with 934

yards in 133 carries. Jordan Knosalla of Milaca was second in conference rushing with 823 yards in 128 carries.

Ryan Christianson of Mora was the conference's leading receiver with 11 receptions for 327 yards (29.7 average) and Travis Swanson of Chisago Lakes was second with 16 receptions for 306 yards (19.0 average).

The Rum River represented itself well in Section play as 1994 saw a repeat of 1993 with Princeton and Mora again advancing to the Section 5A championship game. This time Princeton captured the Section title in another hard fought game 7-6 over the Mustangs.

Number three seed Mora advanced to the final with wins over Chisago Lakes and No. 2 seed Centennial, while Princeton, under Head Coach Doug Patnode, put together an impressive late season surge as the No. 4 seeded Tigers piled up victories over Spring Lake Park and upset No. 1 seeded Sauk Rapids before their Section final victory over Mora.

1994 RUM RIVER CONFERENCE STANDINGS

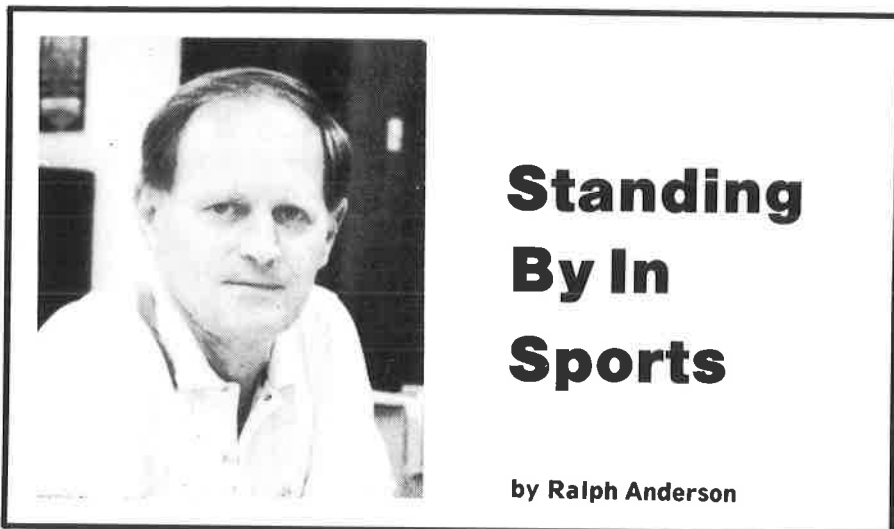
	CONF.	OVERALL
Sauk Rapids	7-0	9-1
Mora	6-1	9-2
Princeton	5-2	8-4
Chisago Lakes	3-4	4-5
Foley	3-4	4-5
Milaca	3-4	3-6
North Branch	1-6	1-7
Pine City	0-7	0-8



Chatfield's offense led by junior quarterback Shane McBroom is on the move in their championship game with Red Lake Falls.



Chatfield's Nathan Maken (#43) rambles for yardage in Chatfield's Class C Championship Game with Red Lake Falls. Chatfield Gophers won their first Class C Championship 34-14.



Standing By In Sports

by Ralph Anderson

No repeaters in Prep Bowl

Anoka, Sartell, Triton, Chatfield, Kittson Central win titles

After a year (1993) when three schools repeated as champions, not a single school was able to achieve that feat when Prep Bowl XIII was played Friday, Nov. 25, 1994, at the Hubert H. Humphrey Metrodome in Minneapolis.

All five 1993 class champions, in fact, were eliminated before the state championship games and only one school that played in the 1993 title round made it back to the final game in its class in 1994. That school is Northfield, which lost to Sartell (24-21) in the 1994 Class A final after falling to Detroit Lakes (21-14) in the title game the previous year.

Crowned as Minnesota football champions in the various classes last November were the following:

Class AA—Anoka; Class A—Sartell; Class B—Triton; Class C—Chatfield; Class 9-Man—Kittson Central.

Of those five winners, the only school to previously capture a state championship was Anoka, which also claimed the title in 1990. Sartell had been a finalist twice previously, losing to Caldonia in the Class B title game in 1976 and falling to Fridley in the Class A championship game in 1990.

Class AA

A 20-point explosion in the final quarter propelled Coach DeWayne Johnson's Anoka Tornadoes to a 34-7 victory over the Alexandria Cardinals in the Class AA championship game.

Anoka led 14-0 after three periods, but Alexandria drew within seven points at 14-7 with a touchdown less than two minutes into the final period before Anoka closed with a rush by tallying three unanswered touchdowns.

The winning Tornadoes were led by Justin Reinholz, who scored two touchdowns and ran for 97 yards, and Richie Kruger, who picked up 104 yards.

Anoka finished the season with a perfect 14-0 record, while Alexandria finished at 13-1. Alexandria won the Minnesota Class A football title in 1974. Anoka's 27-point victory over Alexandria was indicative of the Tornadoes' season because Anoka had won its regular season games by an average of 21 points.

Class A

The closest game of the day at Prep Bowl XIII found the Sartell Sabres easing by the Northfield Raiders 24-21 for the

Class A championship.

Trailing 14-0 at the half after Northfield had scored a pair of touchdowns in the second period, Sartell tied the game at 14-14 in the third period and then won it on a 38-yard field goal by Scott Mader with only 13 seconds to play.

Tom Stark scored two touchdowns and Adam Herbst tallied on a 66-yard pass for Sartell, while Northfield got touchdowns from Drew Wilson, Jeff Otte and Matt Petricka. Petricka tallied on a 53-yard run with under four minutes remaining to draw Northfield within a point and the successful conversion deadlocked the game at 21-all.

Mader, whose field goal gave Sartell the win, had pinned Northfield deep in its own territory with a 55-yard punt shortly before kicking the winning three-pointer.

Stark finished the season with over 1,600 yards rushing and tallied 37 touchdowns in leading Sartell to a perfect 14-0 record. Northfield finished with an 11-3 mark.

Class B

The passing combination of Kirk Midthun to Judge Gisslen keyed Triton High School to a 40-21 triumph over Becker in the Minnesota Class B championship football game.

Midthun, who passed for 309 yards and six touchdowns, hit Gisslen on scoring thrusts of 9, 38, 18 and 24 yards and also connected with touchdowns passes of 87 and 20 yards to Tim Busch as he had a part in all six of Triton's touchdown plays.

The 309 passing yards accumulated by Midthun is a new Prep Bowl record, while Gisslen also set a Prep Bowl mark with 171 yards on pass receptions. Midthun finished the 1994 season with 2,880 yards by passing and 38 touchdowns. In addition to his starring role on offense in the state championship game, Midthun played as a defensive back and intercepted a pass and led his team in tackles with 10.

Triton finished its season with a perfect 14-0 record as it won a state championship in its second appearance in the state tournament field.

Becker, which ended 12-2, led 13-12 at the half before Triton tallied 28 points in the final 24 minutes.

Class C

Chatfield High School's Gophers were able to do what no

other Red Lake Falls opponent had down—shut down the running of all-around athlete Blaise Larson—and that helped the Gophers post a 34-14 victory in the Minnesota Class C title game at Prep Bowl XIII.

Larson—a 6-4, 201-pound junior who also is a standout in hockey and baseball—entered the title game with 2,015 yards by rushing and 28 touchdowns, but was limited to 46 yards in 11 carries by a stifling Chatfield defense in the title clash.

Red Lake Falls still managed to take a 14-8 lead on a pair of touchdowns by Jesse Barbot before Chatfield pulled into a 15-14 lead at the half and then outscored the Eagles 19-0 in the last half.

Nathan Maker scored three touchdowns and picked up 202



Andy
McCarty



Les
Dreschel



Dan
O'Brien



Butch
Froiland

yards on the ground for the winning Gophers, while Shane McBrook passed to tight end Jesse Seegmiller for the other two Chatfield scores.

By winning, Chatfield completed a perfect 14-0 season, while Red Lake Falls ended its campaign with a 12-2 record. Chatfield won the title in its fourth appearance in the state football tourney.

Class 9-Man

Senior Mark Olsonawski was a star on both offense and defense as he led Kittson Central's Wolfpack to a 36-16 victory over Verndale and the 1994 Minnesota Class 9-Man Football Tournament championship.

Olsonawski scored three touchdowns (on runs of 15, 12 and 40 yards), gained 132 yards in 19 carries and intercepted three passes as Kittson Central overcame a size disadvantage in beating the Pirates. The three pass interceptions tied a Prep Bowl record set first by Pete Roback of Anoka in 1990.

Kittson Central trailed 8-0 at the quarter, but pulled ahead 12-8 at the half and led 18-16 going into the final period when it closed by tallying 18 unanswered points.

By winning, Kittson Central finished the season with a 12-1 record.

Verndale, which ended with a 10-3 record, finished as a Prep Bowl runner-up for the second time. The Pirates lost to Silver Lake in the 1987 championship game.

No. 1 rating means little

Receiving the No. 1 ranking in its class in the final 1994 Minnesota Associated Press football poll had little meaning when it came down to naming state champions.

Just one school—Sartell of Class A—followed up being No. 1 in the final AP football poll by capturing the championship in its class. The Sabres slipped past Northfield (which was unranked) by a 24-21 score to win the state title.

Here's how the situation was in the other four classes in the final AP rating and the state champions:

Class AA—Anoka, which defeated Alexandria 34-7 in the

final, was ranked second behind Eden Prairie. Alexandria was rated seventh in the final poll.

Class B—State champion Triton, a 40-21 victor over Becker in the title clash, was rated third behind Deer River and Zumbrota-Mazeppa, while Becker was ranked 11th in the final poll.

Class C—Six schools—Lanesboro, Hawley, McLeod West, Bertha-Hewitt, Minneota and Minnesota Valley Lutheran—were rated in front of seventh-place Chatfield in the final poll and the title-winning Gophers defeated three of those schools on their way to capturing the school's first-ever state football title. Red Lake Falls reached the championship game unranked in the AP poll.

Class 9-Man—Kittson Central was rated fifth in the final Associated Poll and trailed Chokio-Alberta, Leroy-Ostrander, Clearbrook-Gonvick and Cromwell in the final rating. Verndale was rated ninth in the final poll of the season.

McCarty to return to coaching

When he was the head football coach at Park Rapids High School (from 1970-86), Andy McCarty turned the program into one of the finest in the state.

His Park Rapids teams won four outright Mid-State Conference football championships, tied for first twice, made five appearances in the Minnesota High School Football Tournament and reached the state title game in 1983 before losing to Granite Falls.

McCarty left the Park Rapids position after the 1986 season and since has retired from teaching, but he will return to the coaching sideline this fall after being appointed as head football coach at Menahga High School.

The appointment of McCarty at Menahga followed a discussion between the former Park Rapids High School coach and Chuck Sagedahl, the Menahga High School athletic director and interim head football coach, last fall when McCarty attended a Menahga football game. Sagedahl had taken the position since Brent Schimek had resigned to accept a position with the Blue Earth Public Schools system.

Menahga lost all of its football games and scored only four touchdowns last fall, but that team had a roster that included only three seniors, four juniors and the rest sophomores or younger.

"We'll be doing what it takes to win and I'm sure we will be having some long practice sessions to begin with," McCarty said after being named to the Menahga position. "The younger kids I have talked with are really receptive and I feel that we can build a winning program here."

At Park Rapids, the McCarty-coached teams featured a deceptive offense in which it wasn't unusual to have two or three hand-offs in a single play. Menahga opponents can certainly expect to see some razzle-dazzle starting in 1995. McCarty, who says he "hates to lose," has taken the position with the idea of coaching at least five years. "I just hope they'll want me around that long," he said after his appointment.

McCarty was head football coach at Red Lake Falls and Parkers Prairie before moving to Park Rapids in 1970. While at Park Rapids, he also directed the school to five Mid-State Conference track and field championships and to the Minnesota True Team Track and Field title in 1987.

With McCarty moving in as the head football coach, Menahga High School will be in a new grid conference this fall.

The Braves, who have played in the Park Region Conference, will be in the North Division of the expanded Prairie Conference, a division that also includes Sebeka, New York Mills, Bertha-Hewitt, Browerville, Eagle Valley and Parkers Prairie.

The appointment of McCarty to the position at Menahga follows a similar situation at another northwestern Minnesota high school—Red Lake Falls.

Veteran coach Les Dreschel—who had coached at Parkers Prairie, Ada and Crookston before retiring after 35 years as a teacher and coach—took the head coaching job at Red Lake Falls

in the fall of 1993 after building a football coaching record of 216-94-9 and winning one state title, that in 1980 when Crookston claimed the Class A crown.

During his two years at Red Lake Falls, Drechsel has directed the Eagles to a 22-3 overall record and it has taken state championships to beat RLF in the football tournament each season. Red Lake Falls lost to Mahanomen in the Section Eight championship game in 1993 and Mahanomen went on to win the state crown and Red Lake Falls reached the Class C final last fall before losing to Chatfield. The only other loss suffered by RLF the past two years was to Hawley in the opening game of the 1994 season and Red Lake Falls gained revenge for that defeat by downing Hawley in the state tournament last fall.



Garry
Grewe



Lee
Alger



Dale
Skallerud



Bob
Just

Hendricks named at Bemidji

Troy Hendricks, who starred in football at Bemidji High School and Moorhead State University, is the new head football coach at Bemidji.

Hendricks was appointed to the position by the Bemidji School Board to succeed Dan O'Brien, who resigned early in June to become assistant varsity football coach at Concordia College in St. Paul.

O'Brien, who was defensive coordinator at Lakeville High School when that school won the Minnesota Class AA Football Tournament title in 1992, joined the Bemidji system in 1993 to succeed Butch Froiland, who was the Bemidji head coach for six years and had spent some 20 years on the Lumberjacks' grid staff. O'Brien is a graduate of Winthrop High School and Saint Thomas University.

His Bemidji team won only one game last fall, but 28 junior letter winners return this fall.

Hendricks, a 1982 graduate of Bemidji High School, was the most valuable player at Moorhead State in both 1985 and in 1986 and was an NAIA All-American at the school. He is the all-time Moorhead State rushing leader with 3,734 yards and moves to Bemidji after serving as offensive coordinator for the Moorhead State gridders.

The resignation of O'Brien as head football coach was one of three at Bemidji in a short span of time.

Curt Kietzer resigned as head boys' basketball coach to become assistant men's varsity basketball coach at Macalester College in St. Paul and Garry Grewe, formerly head boys' cage mentor at Park Rapids High School, was appointed as his replacement. Kietzer had served just one season as Bemidji's head coach, although he was the "B" team coach previously. Grewe, a graduate of Deer Creek High School, was a basketball assistant to Lynn Peterson at Staples before joining the Park Rapids system.

Another Bemidji varsity coach to announce his resignation was Bryan Grand, who left the head hockey position after 19 seasons.

Alger moves to Hudson

Lee Alger will be serving a school in a third different state

when he begins his duties as athletic director and community education director this fall at Hudson, Wis.

Alger served the last eight years as activities director at Lincoln High School at Thief River Falls and was involved in administrative duties for football on the state and section levels.

Prior to his stint at Thief River Falls, Alger was a teacher, coach and athletic director at Ellendale High School, Jamestown High School and Jamestown College, all in North Dakota.

A native of Delano, Alger earned his under-graduate degree at the University of North-Dakota-Ellendale and has advanced degrees from Bemidji State University and Saint Thomas University.

Skallerud steps down

Dale Skallerud, superintendent of schools at Hawley and secretary of the Section Six/Class C and Section Eight/Class C football organizations, has stepped aside as athletic director for the Hawley Public Schools.

His successor in that capacity is Rick Linnell, a member of the Hawley staff since 1981-82 and a highly-successful head volleyball coach at the school. Linnell is a graduate of Cook County High School at Grand Marais, earned a bachelor's degree at the University of Minnesota-Duluth (UMD) and is in the process of earning a master's degree at the University of Saint Thomas.

Skallerud, who also serves as secretary of Region Six (Class A) committee of the Minnesota State High School League (MSHSL), will continue to be secretary of the football sections.

Coaching changes

Several Minnesota high schools will have new head football coaches as the 1995 season begins. They include the following:

Sartell—Dean Taylor, who coached the program for 26 years and culminated his career by guiding Sartell to the 1994 Minnesota Class A Football Tournament title, has resigned and has been replaced by John Ross, who was the offensive coordinator the last eight seasons. Taylor, who began his coaching career at Truman, compiled a 186-84 overall record at the two schools and his teams had winning records in 21 of his 26 seasons at Sartell. He will remain on the Sartell staff as a history teacher.

Little Falls—Bob Just, head football coach for 16 years at Little Falls High School, has stepped aside and has been replaced by Mike Olson, who has served as an assistant under Just. Before moving to Little Falls, Just coached seven years at Garrison (N. D.) High School and was on the North Dakota State University staff for a year. His best season at Little Falls was in 1985 when the Flyers won the Central Lakes Conference title and reached the Minnesota Class AA semi-final round before losing to Burnsville, which went on to defeat Apple Valley for the state championship.

Two Harbors—Rick Coughlin has resigned his football duties and has been replaced by Scott Ross, who has served as Coughlin's offensive coordinator.

Richfield—Dan Fogelson is the new head coach, replacing Todd Olson. Fogelson played college football at the University of North Dakota and has been an assistant at Mount Carmel High School in Illinois, which has won 121 games over the last 11 seasons.

Irondale—With the resignation of Bill Beck, who served for 27 years as head football coach, the new head coach is Mike Schwartz, formerly an assistant on the staff.

Shakopee—Randy Jones, formerly at the Academy of Holy Angels, is the new head coach, replacing Rick Alex.

Academy of Holy Angels—With Randy Jones moving to Shakopee, the new head football coach is Dan Woods. Woods, who was a football standout at Bemidji State University, has been an assistant at Holy Angels and also served as head girls' basketball coach.

Montevideo—Rick Jaeger has announced his resignation after being the school's head football coach for 21 years and compil-

ing an overall record of 132 wins and 70 losses. Jaeger, who will remain as athletic director and health education instructor at Montevideo, is a native of Mapleton and was a Little All-America linebacker in football at Gustavus Adolphus College. His teams at Montevideo made four appearances in the state tournament and twice gained the semi-final round. Appointed as his successor has been Doug Spray, a longtime assistant to Jaeger.

Edina-Ron Kosteliz, who served as head football coach for five seasons after succeeding Stav Canakes, has been replaced by Todd Olson, formerly the head football coach at Richfield.

Fisher-Climax-After 17 years as a head football coach-four at Mount St. Benedict in Crookston and 13 at Fisher-Climax-Mike Finco has stepped aside. Fisher-Climax was 118-72 under Finco and reached the section championship game five times. Finco, who said he really enjoyed coaching, added that "it's time for new blood" in the system.

Johnson steps aside

Glenn Johnson, who served as Sub-Section Two coordinator on the Region Six (Class A) committee of the Minnesota State High School League (MSHSL), has retired after being on the committee in one position or another for 20 years.

Johnson, who retired several years ago as superintendent of schools at Bertha-Hewitt, has been replaced in the position by Jack Stackpool, athletic director for the Minnewaska Area High School.

In addition to his administrative duties, Johnson was a longtime high school football referee.

Keller leaves coaching

Warren Keller, who coached Argyle High School to a Minnesota Class 9-Man Football Tournament championship, is leaving the head coaching business after being in the field for 28 years.

Keller has announced his resignation as head boys' basketball



Glenn
Johnson



Warren
Keller



Brian
Tangen



Frank
Hesby

coach at Warroad High School after serving in that capacity for three years and called it "a pretty difficult and emotional decision."

Before moving to Warroad, he coached 23 years at Argyle and was at Comfrey High School for two years before that.

Keller will continue to serve as an assistant football coach at Warroad and also has been appointed as activities director/community education director in the system.

Tangen appointed at Frazee

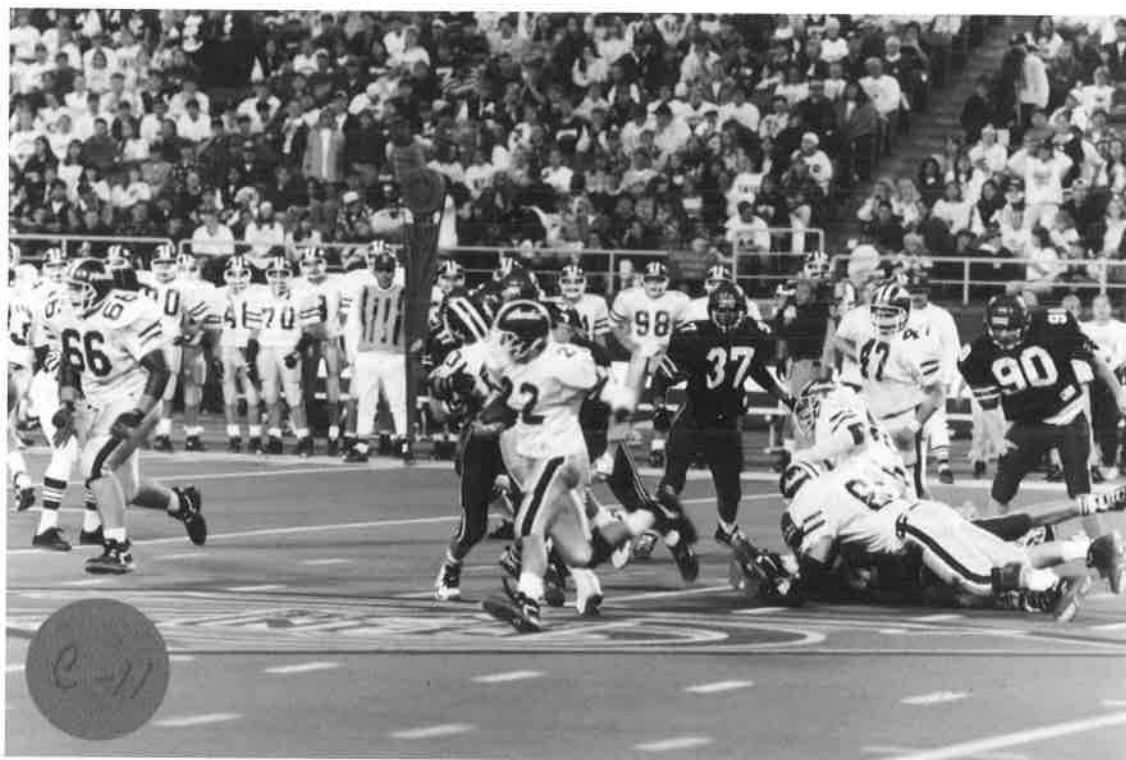
Brian Tangen, who was an assistant football coach at BOLD when that school defeated Minneapolis DeLaSalle 15-14 to win the Minnesota Class B Football Tournament title in 1990, has been named the new head boys' basketball coach at Frazee High School.

Tangen, a graduate of Fosston High School and Bemidji State University, replaces Denny Anderson, who retired after the 1994-95 school term as head boys' basketball coach, athletic director and teacher in the Frazee Public Schools.

Appointed to succeed Anderson as the athletic director at Frazee has been Frank Hesby, who served 21 years as the head football coach at the school.



FOUR STRAIGHT - Head Coach Ken Baumann of the Mahanomen High School football team is pictured with the trophies the school received for winning Minnesota Class C football tournament championships in 1990, 1991, 1992 and 1993. The Indians had their streak ended in 1994 when losing to Red Lake Falls in the Class C Section Eight title game.



Justin Reinholz #22 Anoka breaks open with some good blocks from #83 Jason Podany, #63 Nate Chapman and #66 Dave Butler in the State Championship game against Alexandria.

Quarterback Jesse Barbot of Red Lake Falls is corralled by #32 Rich Monahan of the Chatfield Gophers and 2 other defenders during the Class C Championship at the Herbert H. Humphrey Metrodome. Chatfield's defense held opponents to a 78 yard rushing average per game for the season.



Retired Life Membership

What's new in the MHSFCA? Lifetime membership in the MHSFCA for retired football coaches is what's new! Thanks to the efforts of Ron Raveling and Bob Roy we now offer an opportunity for retired football coaches to remain involved in association matters.

Membership is open to retired football coaches (both assistant and head) who are life members or who have been longtime football coaches. A one-time fee of \$25.00 will bring all benefits of association membership. PASS THE WORD! Contact Jim Simser, 900 Johnson St., Fairmont, MN 56031.

MHSFCA Retired Life Members

Bob Anderson - Minneapolis
Roosevelt

Bob Celt - Red Wing

Herb Claffy - Milaca

Mac Dahl - LaCrescent

Wayne Dietz - Woodbury

Les Drechsel - Crookston

Pete Eikren - Chisago City

Earl Gramling - LeCenter

Lauren "Huns" Hagge -
Rochester

Russ Helleckson - Minneapolis
Washburn

Jim Henkes - Wheaton

Peter Herges - Albany

Del Hiebert - Ceylon

Jerry Jerdee - Benson

Richard Kubes - West St. Paul

George Larson - Cambridge

Dick Lawrence - Eveleth-Gilbert

Tom Mahoney - Fairmont

Bob Nangle - Pipestone

Andy Nelson - Lake Benton

Warren Olson - Brooklyn Center

Bob O'Neil - Fridley

Bob Peterson - Esko

Ralph Peterson - Fridley

Ron Raveling - Columbia
Heights

Reno Rossini - St. Paul

Bob Roy - St. Louis Park

Robert Ryan - St. Paul

Humboldt

Ron Scott - Coon Rapids

Cliff Senne - Welcome

Al Siegle - Pelican Rapids

Steve Silianoff - South St. Paul

George Smith - Mahtomedi

Tom Smith - New Richland-
Hartland

Lloyd Stussy - Wells-Easton

Don Swanson - Minneapolis
Henry

Tony Thiel - Battle Lake

Leo Traurig - New Ulm

Dick Walker - Richfield

Bob Wilkowski - Perham

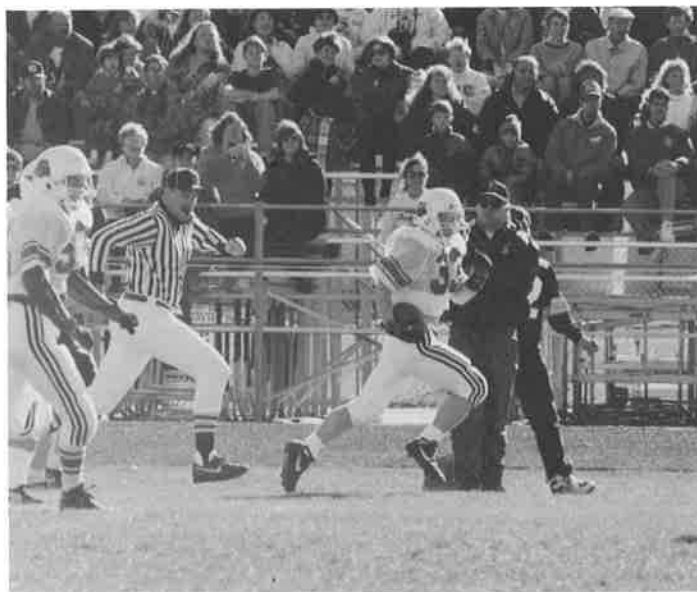
Jack Willhite - St. Louis Park

William Wilson - Fairmont

Bob Youso - Moose Lake



Tom Ngo of Stillwater races Darren Smith of Woodbury to the ball during 28-6 victory. Ponies posted 8-3 record in 1994.



Fairmont's #33 Trevor Garbers returns the opening kickoff 83 yards to the Mankato East 10 yard line to set up a score for the Cardinals in a Section 2A playoff game.

1995 ALL-STAR FOOTBALL TEAMS

Outstate All-Star Team

Pos.	Name	School
LB	Jay Hanson	Sauk Rapids
WR	Tim Busch	Triton
DB	Ryan Deibele	Sleepy Eye
DB	Dugan Flinn	Redwood Valley
DB	Bryan Jetvig	Hawley
RB	Matt Brechler	John Marshall
RB	Mark Olsonawski	Kittson Central
DB	Brad Andvik	Albany
QB	Scott Hentges	St. Cloud Tech
DB	David Just	Little Falls
QB	Aaron Bauer	MN Valley Lutheran
DB	Eric Vollbrecht	St. Michael/A'ville
WR	Brock Boser	Becker
DB	Jay Hanson	Rochester Mayo
LB	Luke Braaten	Litchfield
FB	Steven Kelm	McLeod West
DE	Seth Becker	Madelia/Truman
RB	Brad Prigge	Zumbrota/Mazeppa
LB	R. J. Nodland	Alexandria
FB	Shawn Moores	Duluth Denfeld
RB	Mike Nordby	Dilworth G.F.
DT	Jason Jacobs	BOLD
OG	Brent Setterstrom	Northfield
OC	Brad LaPlante	Chatfield
NG	Chad Johnson	International Falls
LB	Andy Fetsch	Moose Lk/Willow River
NG	Chris Bruggeman	Crookston
OT	Kelly Kobernusz	Hutchinson
DT	Brent Graunke	Faribault
OT	Jason Bessler	Verndale
OT	Ken Callahan	Browerville
OG	Josh Massa	Tracy Area
OG	Randy Quistorff	Sauk Centre
DT	Andy Carlson	Brandon/Evansville
OT	Matt Windorski	Crosby/Ironton
OC	Lance Niehus	Pipestone/Jasper
DT	Craig Ploetz	North Branch
DE	Heath Pochucha	Dassel/Cokato
TE	Steve Heiden	Rushford/Peterson
TE	Alex Hass	St. Peter
DE	Michael Levang	Hillcrest Academy
DE	Alex Starcevic	Kimball

1995 Outstate Coaching Staff

Head Coach	- Dennis Kalpin - Alexandria
Assistants	- Ed Melcher - Braham Area
	Ken Jacobson - Chatfield
	Ken Hill - Sauk Rapids
	Robert Lindgen - Stephen
Hon. Coach	- Mac Dahl - LaCrescent

Metro All-Star Team

Pos.	Name	School
DB	Jason Hinrichs	Spring Lk Park
QB	Jessie Chounard	Anoka
DL	Matt Ebert	Cooper
LB	Tony Cudo	Rosemount
LB	James Makens	St. Thomas
DB	Tim Rosga	Cretin/DH
WR	Willie Wilson	Mounds View
QB	Mark Drommerhausen	Stillwater
DB	Justin Wedeking	Osseo
DB	Brad Swoverland	Mounds View
WR	Brant Grimes	Jefferson
RB	Ben Duffey	Richfield
DB	Kenyatta Bolden	Jefferson
RB	Roland Buller	Totino Grace
RB	Pat Wheeler	Blaine
RB	Leroy McFadden	Eden Prairie
DL	Rob Hansen	Wayzata
LB	Mike George	Coon Rapids
RB	Ryan Stewart	Park
DB	Bill Heer	Minnetonka
RB	Verdis Webb	Cretin/DH
LB	Darrin Johnson	Edison
LB	Justin LeClair	Buffalo
DB	Wes Atkinson	Forest Lake
OL	Greg Collins	Mahtomedi
LB	Allen Platt	Lakeville
DL	Lewis Johnson	Blaine
DL	Jeramie Burgoon	Centennial
OC	Matt Blodgett	Orono
OG	Justin Bridge	Eden Prairie
OL	Casey Jensen	Eagan
OL	Bryan Keister	Stillwater
OL	Joe Hayes	Park
OL	Kris Hoffarth	Johnson
OT	Pau Hau	Edina
LB	Randy McLain	St. Francis
WR	Dave Scherer	Southwest
TE	Dan Larson	Totino Grace
TE	Theron VonBehren	South Saint Paul
DL	Tedd Bradley	Kennedy
DL	Terence Gullette	Cretin/DH
DE	Brian Boll	Woodbury

1995 Metro Coaching Staff

Head Coach	- DeWayne Johnson - Anoka
Assistants	- Bruce Nelson - Eagan
	Dan Roff - Edison
	Bob Majeski - Hastings
	Roger Lipelt - Wayzata
Hon. Coach	- Ron Raveling - Columbia Heights

ACADEMIC ALL-STATE FOOTBALL TEAMS**9-MAN****SECTION**

- 1.) Grand Meadow - 3.39
- 2.) Chokio-Alberta - 3.67 - Champion
- 3.) N.A.
- 4.) Kittson Central - 3.40

CLASS C**SECTION**

- 1.) Dovor-Eyota - 3.57
- 2.) Minnesota Valley Lutheran - 3.53
- 3.) McLeod West - 3.47
- 4.) N.A.
- 5.) Swanville - 3.19
- 6.) Hawley - 3.32
- 7.) Cook County - 3.38
- 8.) Warren/Alvarado/Oslo - 3.68 - Champion

CLASS B**SECTION**

- 1.) Stewartville - 3.55
- 2.) Martin County West - 2.97
- 3.) West Central - 3.54
- 4.) Morris Area - 3.58 - Champion
- 5.) N.A.
- 6.) Eden Valley Watkins - 3.37
- 7.) East Central - 3.47
- 8.) Dilworth-Glyndon-Felton - 3.44

CLASS A**SECTION**

- 1.) Northfield - 3.45
- 2.) Luverne - 3.56
- 3.) Totino-Grace - 3.29
- 4.) Hutchinson - 3.44
- 5.) Foley - 3.43
- 6.) Montevideo - 3.39
- 7.) Proctor - 3.42
- 8.) Lincoln-Thief River Falls - 3.59 - Champion

CLASS AA**SECTION**

- 1.) Albert Lea - 3.55 - Champion
- 2.) White Bear Lake - 3.52
- 3.) Cretin-Derham Hall - 3.24
- 4.) Anoka - 3.46
- 5.) Richfield - 3.34
- 6.) N.A.
- 7.) Cambridge - 3.46
- 8.) Alexandria - 3.49

1995 FOOTBALL PLAYOFF FORMAT

SECTION ASSIGNMENTS

Class AA (69 Teams)

Section 1AA (9)

Albert Lea
* Austin/Austin Pacelli
Chaska
Faribault
Lakeville
Owatonna
Rochester John Marshall
Rochester Mayo
Winona

Section 2AA (8)

Hastings
Henry Sibley, West Saint Paul
Park, Cottage Grove
Saint Thomas Academy,
Mendota Heights
Stillwater Area
Tartan, Oakdale
White Bear Lake Area
Woodbury

Section 3AA (9)

Centennial, Circle Pines
Cretin-Derham Hall, Saint Paul
Irondale, New Brighton
Mounds View
Roseville Area
Saint Paul Central
Saint Paul Como Park
Saint Paul Harding
Saint Paul Johnson

Section 4AA (8)

Anoka
Blaine
Champlin Park
Coon Rapids
Forest Lake
Osseo
Park Center, Brooklyn Park
Saint Francis

Section 5AA (8)

Minneapolis Edison
Minneapolis North
Minneapolis Patrick Henry
Minneapolis Roosevelt
Minneapolis South
Minneapolis Southwest
Minneapolis Washburn
Richfield

Section 6AA (9)

Apply Valley
Bloomington Jefferson
Bloomington Kennedy
Burnsville
Eagan
Eden Prairie
Edina
Hopkins
Rosemount

Section 7AA (8)

Bemidji
Brainerd
Cambridge
Duluth East
Grand Rapids
Hibbing
Little Falls
Moorhead

Section 8AA (10)

*Alexandria/New Testament
School
Buffalo
Elk River
Minnetonka
Robbinsdale Armstrong
Robbinsdale Cooper
Saint Cloud Apollo
Saint Cloud Tech
Wayzata
Willmar

Class A (90 Teams)

Section 1A (12)

Farmington
Kasson-Mantorville
LaCrescent
New Prague
Northfield
*Plainview/Elgin-Milville
Prior Lake
Red Wing
Simley, Inver Grove Heights
South Saint Paul
Stewartville
Waseca

Section 2A (11)

Blue Earth Area
Fairmont
*LeSeur-Henderson/MN New
County School
Luverne
Mankato East
Mankato West
Marshall
New Ulm
Redwood Valley, Redwood
Falls
Saint Peter
Worthington

Section 3A (11)

Academy of the Holy Angels,
Richfield
Benilde-Saint Margaret's,
Saint Louis Park
Brooklyn Center
Columbia Heights
Hill Murray, Maplewood
Mahtomedi
Minnehaha Academy,
Minneapolis
North H.S., North Saint Paul
Saint Paul Highland Park
Saint Paul Humboldt
Totino Grace, Fridley

Section 4A (11)

Dassel-Cokato
Delano
Glencoe-Silver Lake
Hutchinson
Monticello
Mound-Westonka
Orono
Saint Louis Park
Shakopee
Sibley East, Arlington
Waconia

Section 5A (11)

Chisago Lakes, Lindstrom
Foley
Fridley
Milaca
*Mille Lacs Raiders (Isle/Onamia)
Mora
North Branch
Pine City
Princeton
Sauk Rapids
Spring Lake Park

Section 6A (11)

Albany
Annandale
Lac Qui Parle Valley, Madison
Litchfield
Melrose
Minnewaska Area, Glenwood
Montevideo
New London-Spicer
Rocori, Cold Spring
Sartell
Sauk Centre

Section 7A (13)

Cloquet
Crosby-Ironton
Duluth Central
Duluth Denfeld
East Central, Sandstone
Eveleth-Gilbert
Greenway, Coleraine
Hermantown
* Indus/International Falls
Mesabi East, Aurora
Proctor
Two Harbors
Virginia

Section 8A (10)

Crookston
Detroit Lakes
East Grand Forks
Fergus Falls
Long Prairie-Grey Eagle,
Long Prairie
Park Rapids Area
Perham
Staples-Motley
Thief River Falls
Wadena-Deer Creek

* Denotes cooperatively
sponsored programs

Class B (84 Teams)

Section 1B (10)

Byron
Caledonia
Kingsland H.S., Spring Valley
*Lake City/Maple Springs Home School
Pine Island
Rochester Lourdes
Saint Charles
Wabasha-Kellogg
Winona Cotter
Zumbrota-Mazeppa

Section 2B (11)

GFW, Winthrop
Heron Lake-Okabena-Lakefield
Jackson
Lake Crystal Wellcome Memorial
* Madelia/Truman
Maple River, Mapleton
Martin County West, Sherburn
Saint James
* Springfield/Comfrey
United South Central, Wells
Windom Area

Section 3B (10)

Belle Plaine
* Bethlehem Academy/
Shattuck-Saint Mary's,
Faribault
Blooming Prairie
Cannon Falls
Hayfield
Janesville-Waldorf-Pemberton
Montgomery-Lonsdale
New Richland-Hartland-
Ellendale-Geneva
Triton, Dodge Center
Waterville-Elysian-Morristown

Section 4B (10)

Atwater-Cosmos-Grove City
Benson
B D R S , Renville
B O L D , Olivia
Granite Falls-Clarkfield
Morris Area
Murray County Central, Slayton
Pipestone Jasper
* Tracy-Milroy/Balaton
West Central Area, Elbow Lake

Section 5B (11)

(The) Blake School,
Minneapolis
Breck, Golden Valley
DeLaSalle, Minneapolis
Jordan
Mayer Lutheran
Norwood-Young America
Saint Agnes, Saint Paul
Saint Anthony Village
Saint Bernard's, Saint Paul
*Saint Croix Lutheran/West
Lutheran
Saint Paul Academy &
Summit School

Section 6B (12)

*Becker/Autumn Ridge Academy
Big Lake
Eden Valley-Watkins
Holdingford
Howard Lake-Waverly
Kimball Area
Paynesville Area
Pierz
Rockford
Saint Cloud Cathedral
*Saint Michael-Albertville/Country
Lane School
Watertown-Mayer

Section 7B (9)

Aitkin
Chisholm
Deer River
Ely
Esko
Hinckley-Finlayson
* Moose Lake/Willow River Rebels
Pequot Lakes
Pine River-Backus

Section 8B (11)

Bagley
* Barnesville/Rothsay
* Battle Lake/Henning
Breckenridge
Dilworth-Glyndon-Felton
Frazee
Mahnommen
Pelican Rapids
Roseau
Walter-Hackensack-Akeley
Warroad

Class C (92 Teams)

Section 1C (12)

Chatfield
Dover-Eyota
Fillmore Central, Harmony
Goodhue
Houston
Kenyon-Wanamingo
Lanesboro
Lewiston-Altura
*Mabel-Canton/
N. Winneshiek, IA
Rushford-Peterson
Southland, Adams
Spring Grove

Section 2C (11)

Butterfield-Odin/
Mountain Lake
Glennville-Emmons
*Granada-Huntley-East Chain/
Martin Luther, Northrop
LeCenter
Mankato Loyola
Medford
Minnesota Valley Lutheran,
New Ulm
New Ulm Cathedral
Nicollet
Sleepy Eye
Sleepy Eye Saint Mary's

Section 3C (12)

Braham
Buffalo Lake-Hector
Concordia Academy, Roseville
Holy Trinity, Winsted
Lester Prairie
McLeod West, Brownton
Maple Lake
Minneapolis Lutheran,
Bloomington
Ogilvie
Randolph
Rush City
Saint John's Prep, Collegeville

Section 4C (12)

Adrian
Canby
Cedar Mountain, Morgan
Fulda
Lakeview, Cottonwood
Lincoln HI Ivanhoe
Minneota
Red Rock Central, Lamberton
Russell-Tyler-Ruthton
Sioux Valley-Round Lake-Brewster
Wabasso
Westbrook-Walnut Grove

Section 5C (11)

Belgrade-Brooten-Elrosa
*Brandon/Evansville
Browerville
Dawson-Boyd
Kerkhoven-Murdock-Sunburg
MACCRAY, Clara City
Ortonville
Osakis
Royalton
Swanville
Upsala

Section 6C (11)

Ada-Borup
Bertha-Hewitt
Cass Lake
Eagle Valley, Eagle Bend
Hawley
Lake Park-Audubon
Menasha
New York Mills
Parkers Prairie
Sebeka
Waubun

Section 7C (11)

Barnum
Carlton
Cherry, Iron
Cook
Cook County, Grand Marais
*Eagle Country Christian/
Northland, Remer
(The) Marshall School, Duluth
McGregor
Mountain Iron-Buhl
Nashwauk-Keewatin
Silver Bay

Section 8C (12)

Blackduck
Clearbrook-Gonvick
Fertile-Beltrami
Fosston
*Goodridge/Grygla
*Greenbush-Middle River/Badger
* Lake of the Woods Bears,
Baudette (Indus/Lake of the
Woods)
*Oklee/Plummer
Red Lake
Red Lake Falls
Warren-Alvarado-Oslo

* Denotes cooperatively
sponsored programs

Class NINE MAN (47 Teams)

Section 1 9-Man (11)

Alden-Conger
Cleveland
Edgerton
Ellsworth
Grand Meadow
Hills-Beaver Creek
Lake Benton
LeRoy-Ostrander
Lyle
MN Academy for the Deaf,
Faribault
Saint Clair

Section 2 9-Man (12)

Ashby
Chokio-Alberta
Clinton-Graceville
Hancock
Herman-Norcross
Hillcrest Lutheran Academy,
Fergus Falls
Laporte
Nevis
Pillager
Underwood
Verndale
Wheaton

Section 3 9-Man (12)

Albrook, Saginaw
Babbitt-Embarrass
Bigfork
Cotton
Cromwell
Floodwood
Fond du Lac Ojibwe, Cloquet
Hill City
Littlefork-Big Falls
Orr
Tower-Soudan
Wrenshall

Section 4 9-Man (12)

Argyle
*Climax/Fisher
Kittson Central, Hallock
Lancaster (Kittson North)
Marshall County Central,
Newfolden
Norman County East, Twin Valley
Norman County West, Halstad
Sacred Heart, East Grand Forks
Stephen
Tri-County Schools, Karlstad
Ulen-Hitterdal
Win-E-Mac, McIntosh

* Denotes cooperatively
sponsored programs

Central Lakes Conference Position On Specialization In Sports

(Editor's Note: With the increased demands being placed on students to specialize at an ever increasing earlier age the athletic directors of the Central Lakes Conference have taken a positive step to respond to the problem. This is something we can share with our fellow coaches and athletic directors.)

We are living in an age of specialization. For high school student athletes participating in sports, this may not be healthy. The pressures to concentrate on one sport, instead of contributing to other school teams, and school and community activities, are growing immensely. The Central Lakes Conference members are very concerned about the increasing demands on our children to specialize in one sport.

These specialized programs put tremendous pressures and time constraints on our young people. Specialization may promote exclusiveness. Often the specialized sports are expensive and are not accessible to all socioeconomic groups. These specialized groups may not include educational values as the thrust of the experience. Specialization may upset the balance between academics and athletics that is so vital in our schools. A variety of high school experiences are an integral part of the educational process for many students because many life-long lessons are learned.

Specialization may take the focus from these important values.

The CLC is taking steps to curb specialization so that the most positive opportunities will be created for our young people. Some guiding principles for CLC schools to follow include:

1. Encourage students to participate in multiple activities during the school year. Leave summers open to whatever activities students desire.
2. Incorporate all 9th grade teams/students under the Minnesota State High School League rules.
3. Encourage opportunities and participation for all students, particularly in the middle school and elementary programs.
4. Promote the primary use of school facilities and equipment for school activities.
5. Discourage students from being absent from school to attend non-school tournaments.
6. Encourage local media to focus on school programs.

Our mission is the development of well-rounded individuals who are active throughout the school and community. We encourage students to participate in a variety of activities. Together we can make these activities a great experience as we train the leaders of tomorrow.

ANOKA—SECTION 4 CHAMPIONS—CLASS AA



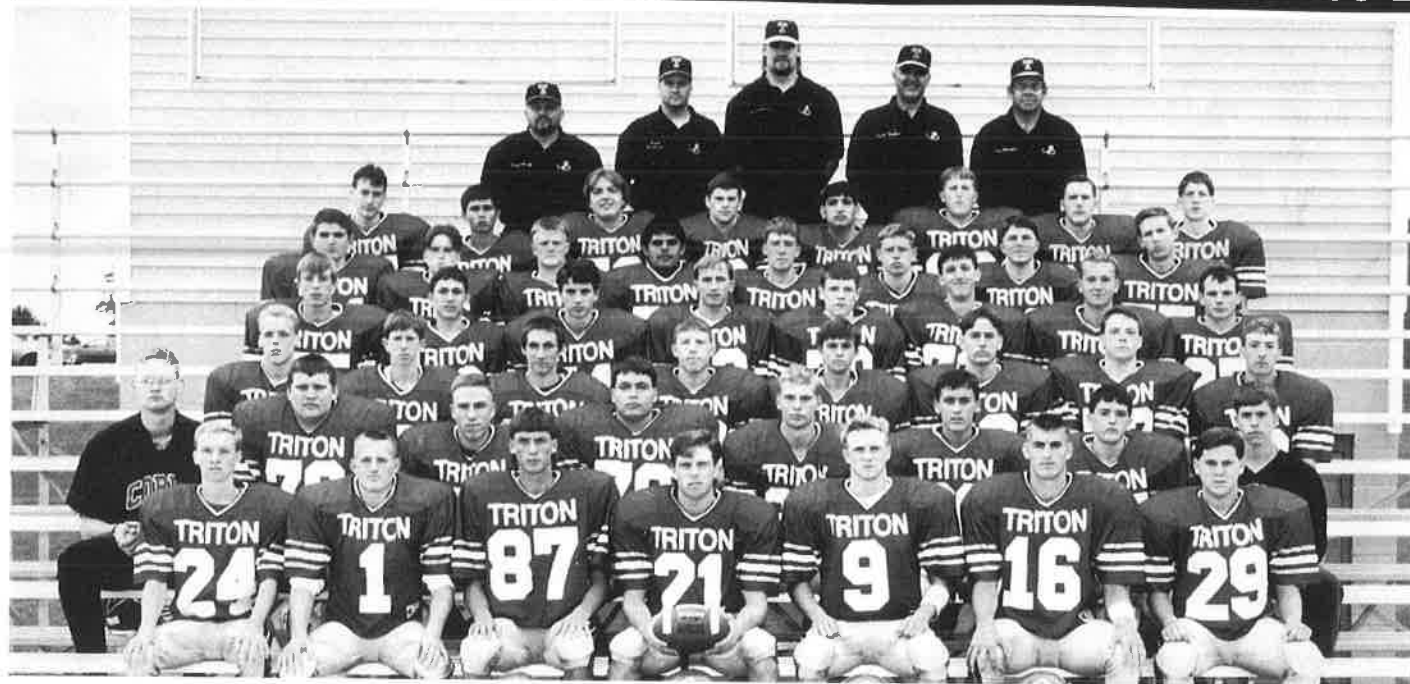
Row 1: (L-R) Jennie Dirks, Deanne Wollenburg, Cheri Fuchs, Genni Emery, Neysa Olson, Courtney Hedin, Kacey Stull, Erin Jeandror, Kellie Becklund, Angie Quiram. Row 2: Scott Mattis, Pat Crowley, Lee Flaig, Ryan Rindels, Tim Hale, John Peterson, Reid Wilber, Sam Lloyd, Chad Appleby, Mike Olson, Mark Johnson. Row 3: Billy Gust, Blake Shippee, Jason Kasick, Rickie Lian, Nick Eisinger, Tom Wilberg, Andy Dvoracek, Jason Hostetler, Jim Rienhart, Matt Larson, Corey Overcamp. Row 4: Bobby Wollenberg, Brian Harvala, Tim Rick, Scott Kneen, David Halseth, Matt Richmann, Jason Podany, Brian Greenbush, Matt Schinzel, Eric Lauer, Ryan Bloomstrom, Aaron O'Connor. Row 5: Nate Chapman, George Walker, John O'Connor, Jason Frydenlund, Matt Stolski, Jamie Vadner, Clay Cranney, Ron Shelby, Josh Roslik, Eric Nelson, David Janas, Todd Helsi. Row 6: Justin Reinholz, Ryan Sather, Rob Theriot, Nate Kelly, Jay Dittberner, Rich Kruger, Matt Riemann, Jessie Chounard, Kody Dribnak, Matt Allison, Kris Parks, Doug Dotseth. Row 7: Brandon Leipzig, Jason Carter, David Butler, Wade Erickson, Brandon Rykkeli, Neil Martin, Jeff Serverson, Erik Pettit, Jeremy Kletzin, Ryan McGregor, Joe Blake, Brian Opp. Row 8: Manager Tricia Riehe, Manager Stephanie Straw, Asst. Coach Jerry Sobieck, Asst. Coach Dave Enge, Strength Coach Mark Asanovich, Asst. Coach Scott Ramsdell, Head Coach DeWayne Johnson, Asst. Coach Rick Chounard, Asst. Coach Ty Kytta, Asst. Strength Coach, Aaron Komarek, Manager Candy Coleman, Manager Amy Klersy, Manager Erin Moller.

SARTELL—SECTION 6A CHAMPIONS—CLASS A



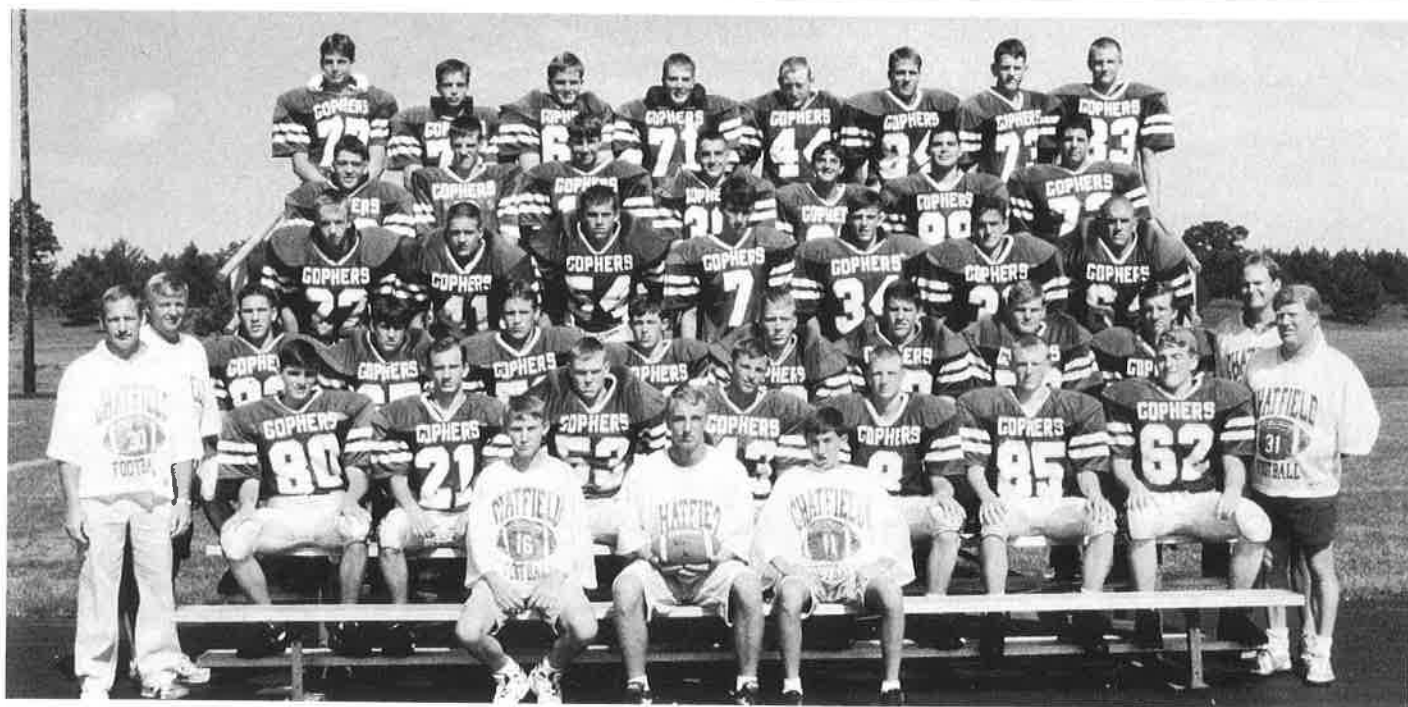
(Front Row L-R) Zach Lechner, Drew Lechner. (2nd Row L-R) Brent Scheil, Jason Muzik, Joey Wiechman, Jake Mendard, Jason Kimmes, Brian Truex, Philip Hommerding, Kyle Wermerskirchen, Joshua Beck, Jay Gregorson. (3rd Row L-R) Joe Schulte, Michael Knettel, Jesse Majerus, Andy Omann, David Parker, Brent Hoffman, Jerod Schoenecker, Michael Omann, Charles Peters, Ben Huls, Matt Colbert. (Row 4 L-R) Coach John Dockendorf, Greg Blenkush, Brandon Swartz, John Gerads, Chris Martins, Kevin Spaniol, Chad Ritter, Steve Klaverkamp, Chad Philippen, Trevor Carkhoff, Philip Theisen. (Row 5 L-R) Coach Tony Vesdelahi, Jason Trobec, Rusty Paggen, Ben Rajkowski, Chad Dirks, Cory Ritter, Steve Kimball, Lucas Stock, Jeff Starry, Jason Bauerly, Scott Mader, Jeff Munifering, Coach Dean Taylor. (Row 6 L-R) Coach John Ross, Jacob Larson, Aaron Walters, Paul Trobec, Chad Novak, Ross Lange, Kyle Smoley, Joe Cooley, Jesse Reinhart, Jeff Blenkush, John Madron, Adam Herbst, Tom Stark, Coach Roger Trobec.

TRITON, DODGE CENTER—SECTION 3 CHAMPIONS—CLASS B



Row 1 (L-R): Dan Kulseth, Kevin Scherger, Judge Gisslen, Tim Busch, Alex Bryngelson, Kirk Midthun, Jeremy Ellingson. Row 2: Student Manager Paul Johnson, Marshall Berg, Greg Selthun, Chris Madison, Tim Hruska, Brandon Nicklay, Nick Quimby, Student Manager Gerald Cooper. Row 3: Ben Johnson, Tony Sauter, Mike Scherger, Mike Hillesheim, Nathan Jones, Mike Scherger, Wayne Trapp, Kollin Ehler. Row 4: Brandon Vermilyea, Richie Kraemer, Luke Dobbs, Jaye Schmoll, Aaron Fredrickson, Brad Thornton, Jesse Winsell, Aaron Eldred. Row 5: Bill Organ, Niall McNeilus, David Roberts, Francisco Beltran, Chad Adams, Cory Mergen, Scott Pitzenberger, T. Jay Kleeberger. Row 6: Jason Twaddle, Eric Iverson, Tylar Twite, Kevin Brown, Genaro Menchaca, Jacob Kvam, Bryan Christianson, Hank Welch. Row 7: Assistant Coach Ralph Haggi, Head Coach Don Henderson, Assistant Coach Craig Schlichting, Assistant Coach Dennis Midthun, Assistant Coach Dominic Hillesheim.

CHATFIELD—SECTION 1 CHAMPIONS—CLASS C

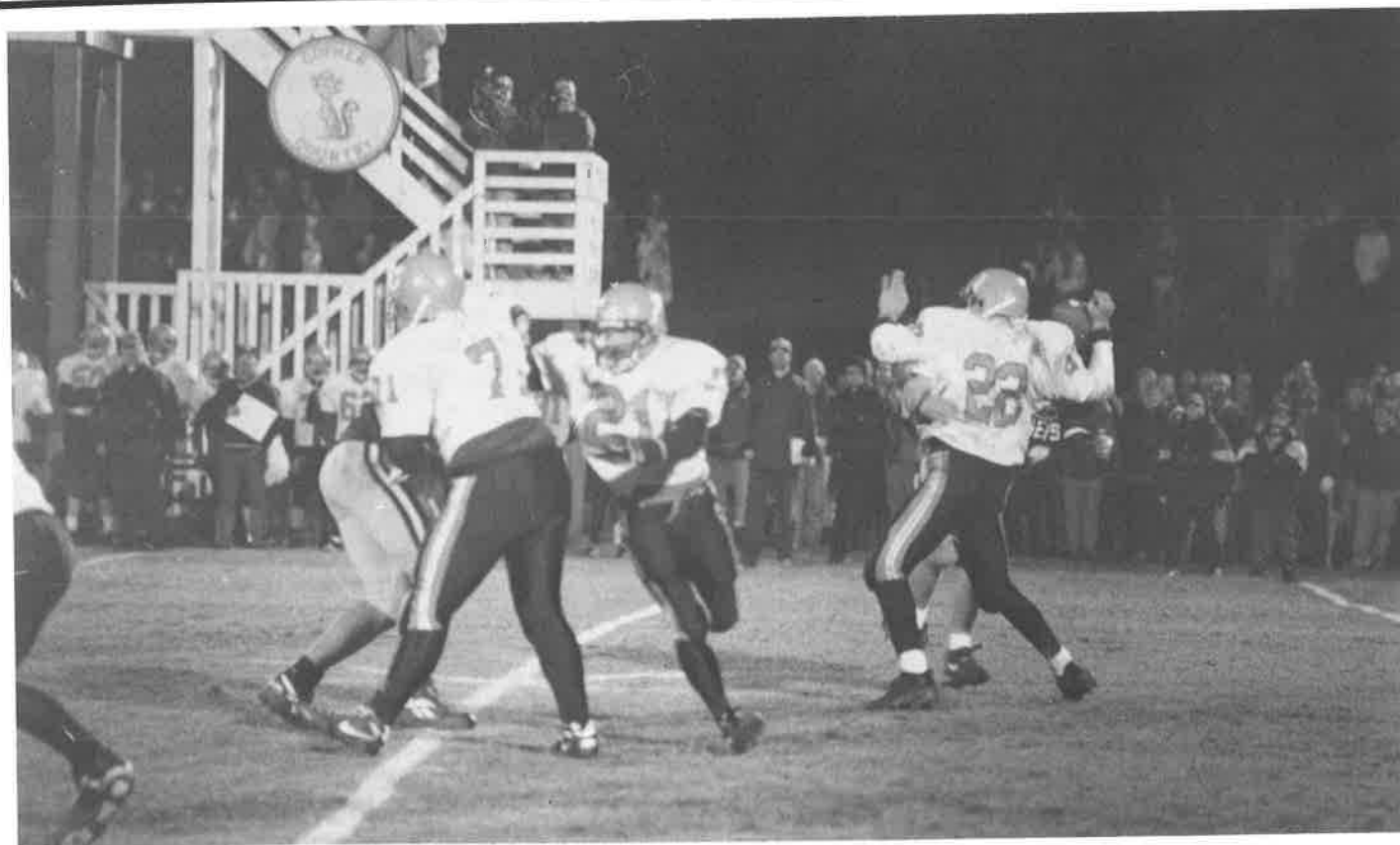


Row 1 (L-R): Manager Mark McMahon, Manager Mike Urban, Manager Mike Opat. Row 2: Assistant Coach Gary Hansen, Tim Stephas, Casey Patten, Brad LaPlante, Nathan Maker, Josh Goldsmith, Scott Tuohy, Trevor Niemeyer, Head Coach Ken Jacobson. Row 3: Assistant Coach Mike Walker, Aaron Fohrman, Matt Johnson, Jason Irish, Rich Manahan, Josh Harmening, Jason Meyer, Tim McMahon, Matt McClellan, Assistant Coach Dan Hurley. Row 4: Matt Sogla, Justin Harmening, Jake Lane, Jason Worden, Jeremy Rabe, Jeremy Nelson, Peter Klema. Row 5: Chris Scabeck, Shane McBroom, Jonathan Schroeder, Seth Allen, Wyatt Flies, Dan Conway, Mike Boelter. Row 6: Jeremy Wright, Matt Clemens, Jason Wright, Chris Jacobson, Chad Ferguson, Jesse Seegmiller, Darin Eisenman, Rob Goldsmith.

KITTSON CENTRAL, HALLOCK—SECTION 4 CHAMPIONS—9 MAN



Row 1(L-R): Bryce Derouin, Nathan Bowman, Kris Hokanson, Ryan Ingeman, Justin Johnson, Scott Erickson, Marc Gunnarson, Josh Deere. Row 2: Brian Olson, Courtney Moore, Tom Muir, Justin Soberaski, Josh Campbell, Greg Melin, Nathan Satterlund. Row 3: Taylor Sjostrand, Brett Niles, Brian Gatheridge, Brent Olsonawski, Bob Gunnarson, Andy Malm, Craig Backous. Row 4: Garrett Koop, Jeremy Peterson, Matt Campbell, Phil Pearson, Jeff Ryden, Joel Vagle, Kevin Balstad. Row 5: Drew Mortenson, Scott Younggren, Assistant Coach Jeff Keller, Head Coach Terry Ogorek, Assistant Coach Jeff Hart, Assistant Coach Brian Pastir, Mark Olsonawski, Ryan Johnson.



Quarterback Adam McCabe of Lanesboro fumbles the ball on this hit by defensive end Jason Irish of the Chatfield Gophers. The Gophers went on to win the Section 1C crown 10-8.

State Football Playoff Championship Games (1972 - 1994)

1972

Class	Champions	Runners-Up	Score
AA	Mpls. Washburn	Moorhead	26-6
A	Burnsville	Sauk Centre	46-19
B	Mountain Iron	Dassel-Cokato	54-6
C	Garylord	Preston	26-6
9-Man	Rothsay	Cotton	64-12

1973

Class	Champions	Runners-Up	Score
AA	Rochester- John Marshall	St. Paul Harding	25-0
A	Eveleth	Willmar	28-18
B	New Prague	Appleton	13-7
C	Garylord	Holdingford	29-6
9-Man	Lake Benton	Brandon	50-12

1974

Class	Champions	Runners-Up	Score
AA	Rochester John Marshall	Bloomington	41-19
A	Alexandria	Chaska	26-7
B	New Prague	Caledonia	41-12
C	Battle Lake	Bird Island	34-26
9-Man	Lake Benton	Fisher	(2 OT) 36-6

1975

Class	Champions	Runners-Up	Score
AA	Stillwater	Richfield	20-17
A	St. Thomas Acd.	St. Peter	21-14
B	Gaylord	Onamia	14-13
C	Esko	Karlstad	62-0
9-Man	Ruthton	Audubon	42-20

1976

Class	Champions	Runners-Up	Score
AA	White Bear Lake	Cloquet	14-36 (OT)
A	St. Peter	Mora	56-12
B	Caledonia	Sartell	38-7
C	New Richland- Hartland	Bird Island	21-19
9-Man	Deer Creek	Fergus Falls Hillcrest Luth. Acd.	57-14

1977

Class	Champions	Runners-Up	Score
AA	Mpls. Washburn	Stillwater	13-0
A	Fridley Grace	Cold Spring Rocori	36-12
B	Granite Falls	Stewartville	44-6
C	Battle Lake	Henderson	22-20 (OT)
9-Man	Deer Creek	Fergus Falls Hillcrest Luth. Acd.	20-0

1978

Class	Champions	Runners-Up	Score
AA	Edina West	Fridley	21-0
A	Fridley Grace	Apple Valley	17-14
B	New Richland- Hartland	Barnesville	48-8
C	Alden-Conger	Battle Lake	15-14
9-Man	Hoffman	Albrook	44-28

1979

Class	Champions	Runners-Up	Score
AA	Columbia Heights	Richfield	8-3
A	Rochester Lourdes	Apple Valley	22-6
B	Gaylord	Mahnomen	15-6
C	Bird Island-Lake Lillian	Harmony	34-6
9-Man	Russell	Toivola-Meadowlands	17-14

1980

Class	Champions	Runners-Up	Score
AA	Burnsville	Cambridge	23-6
A	Crookston	Pipestone	32-6
B	Mahnomen	Austin Pacelli	34-0
C	Bird Island-Lake Lillian	Mountain Lake	20-7
9-Man	Hoffman Kensington	Toivola- Meadowlands	18-14

1981

Class	Champions	Runners-Up	Score
AA	Rosemount	Moorhead	40-14
A	St. Peter	Hermantown	18-14
B	Holdingford	Pine Island	39-0
C	Medford	Clarkfield	33-28
9-Man	Argyle	Starbuck	31-19

1982

Class	Champions	Runners-Up	Score
AA	Stillwater	Owatonna	34-27
A	Brooklyn Center	E. Grand Forks	30-8
B	LeCenter	Mahnomen	12-6
C	Truman	Belgrade	16-14
9-Man	Westbrook	Fergus Falls Hillcrest Lutheran Academy	34-12

1983

Class	Champions	Runners-Up	Score
AA	Coon Rapids	Bloomington	
		Jefferson	34-31
A	Hutchinson	Park Rapids	36-14
B	Jordan	Breckenridge	27-0
C	Southland (Adams)	Bird Island-0 Lake Lillian	28-0
9-Man	Silver Lake	Norman County West Climax	27-12

1984

Class	Champions	Runners-Up	Score
AA	Stillwater	Burnsville	36-33
A	Hutchinson	Centennial	32-7
B	Granite Falls	Breckenridge	13-7
C	Harmony	Glyndon-Felton	20-14
9-Man	Norman Co. West	Silver Lake	37-20

1985

Class	Champions	Runners-Up	Score
AA	Burnsville	Apple Valley	27-21
A	New Prague	Mora	16-12
B	Jackson	Mahnomen	26-20
C	Glyndon-Felton	Zumbrota	38-14
9-Man	Westbrook	Norman Co. West	45-18

1986

Class	Champions	Runners-Up	Score
AA	Apple Valley	Osseo	35-6
A	Cambridge	Stewartville	24-0
B	Watertown-Mayer	Granite Falls	29-6
C	Minneota	Sherburn-Dunnell	52-19
9-Man	Argyle	Silver Lake	32-7

1987

Class	Champions	Runners-Up	Score
AA	Moorhead	Winona	13-7
A	Cambridge	Lakeville	28-14
B	Granite Falls	Ely	43-20
C	Minneota	Grand Meadow	27-7
9-Man	Silver Lake	Verndale	30-14

1988

Class	Champions	Runners-Up	Score
AA	Blaine	Cretin-Derham Hall	25-24
A	Lakeville	Staples-Motley	35-28
B	Breckenridge	Morris	21-7
C	Minneota	Rushford	42-28
9-Man	Hallock	Stewart	35-24

1989

Class	Champions	Runners-Up	Score
AA	Burnsville	Stillwater	21-7
A	Albany	Totino Grace	41-32
B	Gibbon-Fairfax	Perham	27-15
C	Winthrop	Mahnomen	14-7
9-Man	Waterville-Elysian	Albrook	47-12

1990

Class	Champions	Runners-Up	Score
AA	Anoka	Elk River	14-0
A	Fridley	Sartell	34-12
B	BOLD	De La Salle	15-14
C	Mahnomen	Becker	27-7
9-Man	Hills-Beaver Creek	Argyle	28-21

1991

Class	Champions	Runners-Up	Score
AA	Burnsville	Lakeville	10-7
A	Spring Lake Park	Rocori	20-0
B	BOLD	Deer River	14-0
C	Mahnomen	Mankato Loyola	42-0
9-Man	Chokio-Alberta	Gyrgla/Goodridge	7-6

1992

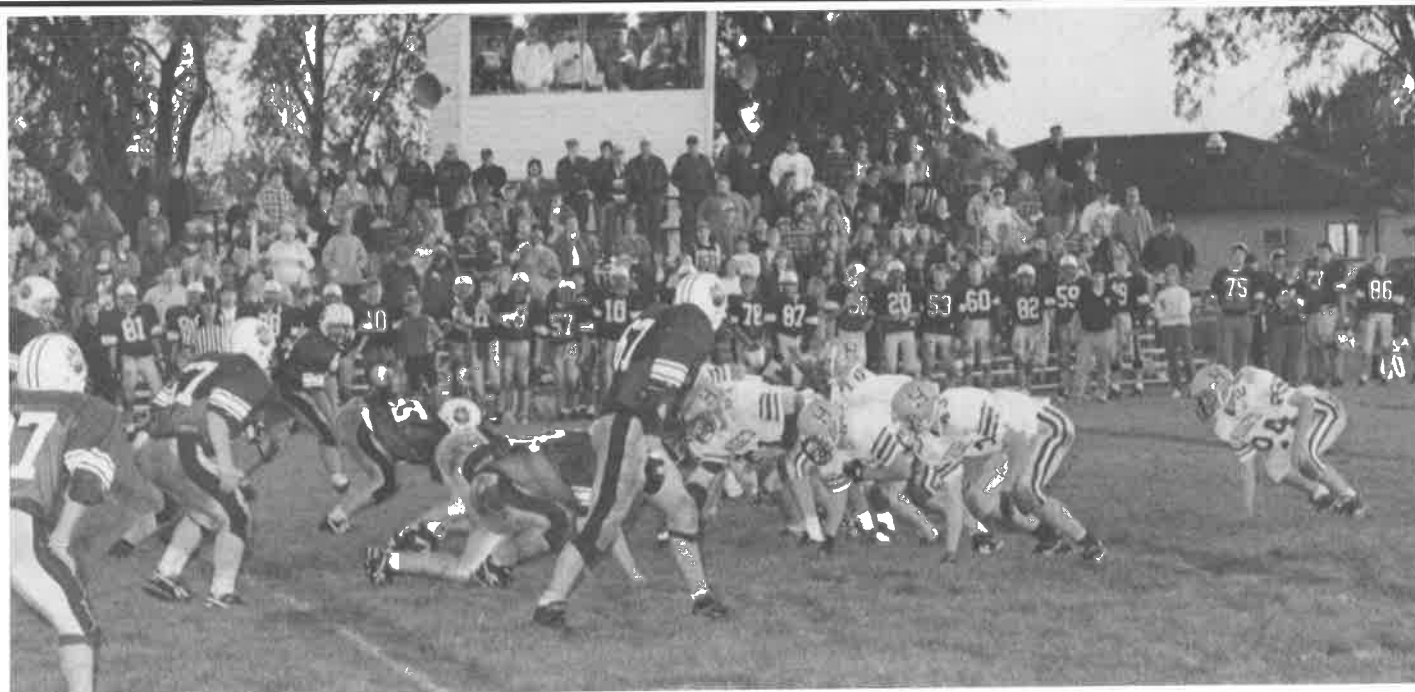
Class	Champions	Runners-Up	Score
AA	Lakeville	Cretin-Durham Hall	19-7
A	Detroit Lakes	Farmington	21-0
B	St. Cloud Cath.	BOLD	7-6
C	Mahnomen	Mankato Loyola	20-13
9-Man	Stephen	Cromwell	36-20

1993

Class	Champions	Runners-Up	Score
AA	Apple Valley	Rochester J.M.	29-7
A	Detroit Lakes	Northfield	21-14
B	St. Cloud Cath.	Zumbrota-Mazeppa	28-6
C	Mahnomen	Minneota	43-23
9-Man	Chokio-Alberta	LeRoy-Ostrander	35-0

1994

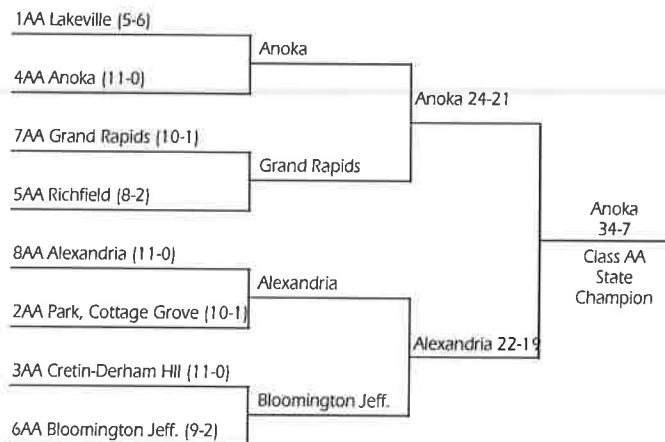
Class	Champions	Runners-Up	Score
AA	Anoka	Alexandria	34-7
A	Sartell	Northfield	24-21
B	Triton	Becker	40-21
C	Chatfield	Red Lake Falls	34-14
9-Man	Kittson Central	Verndale	36-16



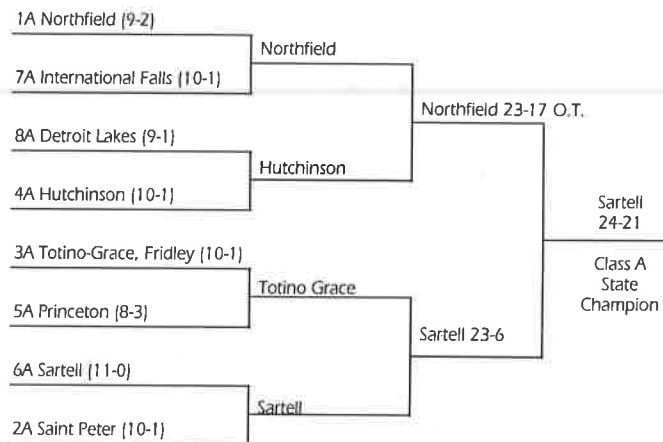
Mike Olson, #10 at quarterback for the Hawley Nuggets leading the attack against the Fosston Greyhounds in a Valley Plains Conference game.

1994 Playoff Results

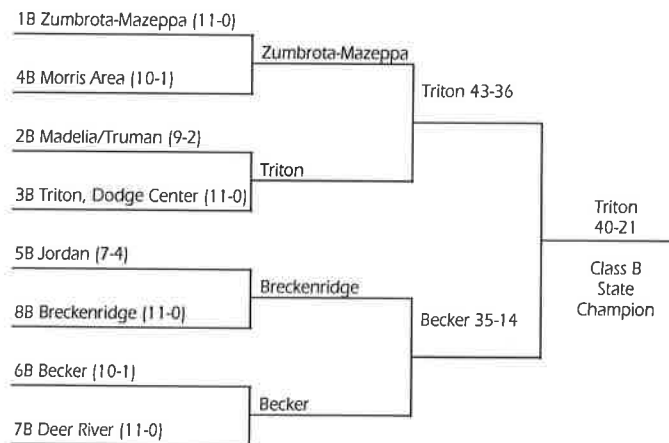
1994 Class "AA" Playoff Results



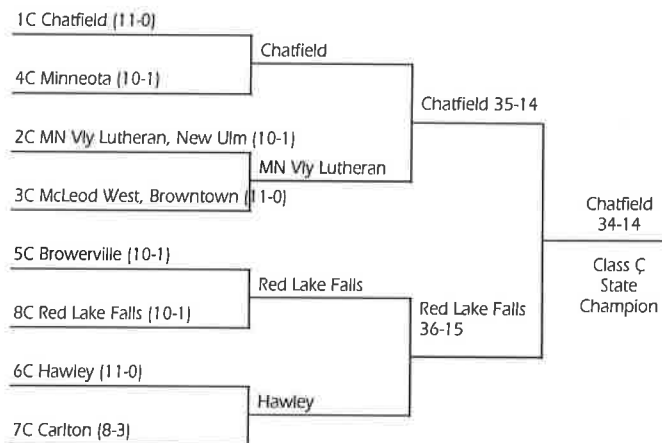
1994 Class "A" Playoff Results



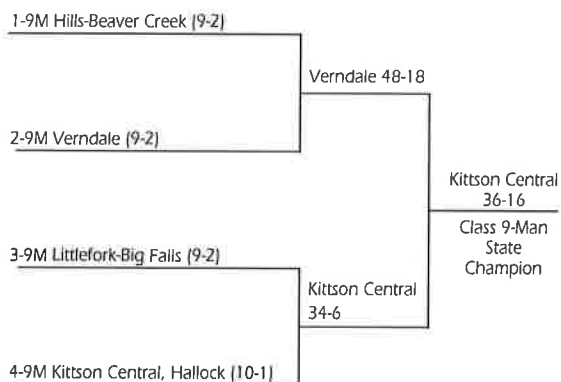
1994 Class "B" Playoff Results



1994 Class "C" Playoff Results



1994 Class "9-MAN" Playoff Results





#33 Trevor Garbers stretches for a key first down against Mankato East. East held off the Cardinal rally to advance to the Section 2A Finals.



Fairmont linebackers Dusty Shaffer and #41 Josh Mancell team up with #59 Barry Glienke to stop star tailback Ryan Altman of New Ulm in Section 2A play.

Active High School Head Coaches 100 Victory Club (Entering 1995 Season)

Head Coach & School	W-L-T Record	Years Head Coach	Head Coach & School	W-L-T Record	Years Head Coach
1. Ken Baumann, Mahanomen	248-42-2	26	37. Rick Manke, Detroit Lakes	150-52-0	19
2. George Thole, Stillwater	240-56-2	27	38. Howard Emerson, Warren	150-72-1	25
3. Grady Rostberg, Hutchinson	239-81-2	31	39. Charles Sundeen, Gibbon-Fairfax-Win.	148-73-0	23
4. Les Dreschel, Red Lake Falls	236-93-9	37	40. Deryl Ramey, Willmar	144-85-4	22
5. Gerhard Meidt, Big Lake	219-67-0	29	41. Wayne Beisel, Lewiston/Altura	144-93-1	26
6. Ron Stolski, Brainerd	212-105-5	33	42. Jim Mader, Albany	143-51-0	18
7. Burton "Buz" Rumrill, Glencoe/S.L.	212-109-3	33	43. Keith Swanson, West Central Area	142-59-0	19
8. Billy Beck, Lac Qui Parle Valley	210-126-6	37	44. Dwight Lundeen, Becker	142-97-3	25
9. Jim Roforth, Osakis	209-93-3	35	45. Dick Strand, Southland	139-65-0	22
10. Don Stueve, Fergus Falls	209-109-1	35	46. Merrill Pavlovich, Delano	134-54-0	20
11. Neal Hofland, Chokio-Alberta	208-43-2	26	47. Gene Stritesky, Ogilvie	131-63-0	19
12. Jerry Wallskog, LeCenter	197-82-1	29	48. Ken Hill, Sauk Rapids	128-112-1	26
13. Dave Nigon, Totino Grace	188-68-0	24	49. Larry Thompson, Lakeville	123-52-1	16
14. Mike Mahlen, Verndale	187-61-3	26	50. Earl Wetzel, Farmington	121-62-0	18
15. Stuart Nordquist, Int. Falls/Indus.	187-82-2	28	51. John Heller, St. Paul Highland Park	121-114-1	26
16. Terry McLean, Elk River	186-75-2	27	52. Gary Brantl, Red Lake Co. Central	120-111-0	25
17. Jim Simser, Fairmont	184-77-1	27	53. Larry Mischke, Ely	119-66-0	20
18. Dave Main, Sibley East	180-72-0	26	54. Terry Karlsgodt, Atwater-Grove City	118-63-0	19
19. Con Natvig, Swanville	176-98-2	29	55. Mike Finco, Fisher/Climax	118-72-0	17
20. Roger Lipelt, Wayzata	175-97-1	30	56. Neil Royer, Martin County West	118-86-0	22
21. Willie Rauen, Pine Island	175-114-2	31	57. David Montgomery, St. Paul Academy	118-97-2	24
22. DeWayne Johnson, Anoka	173-81-2	26	58. Ken Jacobson, Chatfield	118-98-0	22
23. Clark Bergloff, Mora	168-52-0	22	59. Dan Kostich, Moorhead	116-41-0	15
24. Rich Oliphant, Fairbault	168-103-0	29	60. Lyle Anderson, Cook County	116-74-0	21
25. Frank Fredlund, St. Peter	165-72-1	24	61. James Swanson, Maple River	114-83-0	22
26. Bill Bailey, Minnewaska	165-107-0	29	62. Jim Brown, Winsted Holy Trinity	113-68-0	19
27. Dave Brokke, Granite Falls-Clark	164-49-0	20	63. Ken McDonald, Hopkins	113-97-0	24
28. Ron Johnson, Gonvick-Trail	164-71-0	26	64. Dennis Hale, Worthington	112-86-0	21
29. Gary Trimble, Kimball Area	161-88-0	24	65. Floyd Smaller, St. Paul Central	109-96-0	23
30. Dave Beadle, Albion	161-108-3	36	66. Michael Hyland, Wrenshall	107-66-0	22
31. Jerry Sonnek, Blackduck	155-100-3	29	67. Ed Melcher, Braham	105-120-0	25
32. John Gross, Medford	154-114-0	30	68. Doug Patnode, Princeton	101-98-0	21
33. Ken Belanger, Zumbrota-Mazeppa	153-115-2	29	69. Steve Ott, Deer River	100-17-0	10
34. Gary Graham, Browerville	151-47-0	19			
35. Stan Olson, Leroy-Ostrander	151-79-0	23			
36. Bruce Harding, East Central	151-110-2	29			

COACHES APPROACHING 100 VICTORIES AT BEGINNING OF 1995 SEASON

Head Coach & School	W-L-T Record	Years Head Coach	Head Coach & School	W-L-T Record	Years Head Coach
1. Bill Soltys, Grand Rapids	96-57-0	15	9. Dennis Holsman, Hill City	93-71-0	18
2. Steve Radniecki, Norman County East	96-66-0	16	10. Rich Kollok, Cretin Derham Hall	92-42-0	14
3. Steve Frickey, Hill-Murray	96-72-0	16	11. Jim Trapp, Jordan	92-57-0	15
4. Robert Just, Little Falls	96-99-0	21	12. Mike Watson, Centennial	92-91-1	20
5. Terry Ogorok, Kittson Central	95-53-0	15	13. Dave Trautman, Frazee	91-65-0	17
6. Terry Arduser, Madelia/Truman	95-74-0	17	14. Dave Hulla, Proctor	87-50-0	14
7. Curt Strand, McLeod West	94-46-0	14	15. Terry Highum, Lanesboro	84-58-0	15
8. Craig Anderson, Dilworth-Glyndon-Felton	94-50-0	14	16. John Bakken, Waterville	82-26-0	10

200 VICTORY CLUB

An outstanding coach achieved his milestone 200th victory during the 1994 season. That takes a lot of dedication and hard work and is a real tribute to him and his staff.

Neal Hofland of Chokio-Alberta finished his 26th season with a record of 208-43-2. Neal would be the first to share the success with long-time assistant John Mithun and other members of his staff.

Other active coaches with 200 victories are Ken Baumann, Mahanomen; George Thole, Stillwater; Grady Rostberg, Hutchinson; Les Dreschel, Red Lake Falls; Gerhard Meidt, Big Lake; Ron Stolski, Brainerd; Buz Rumrill, Glencoe/Silver Lake; Billy Beck, Lac Qui Parle Valley; Jim Roforth, Osakis; and Don Stueve, Fergus Falls.



Neal Hofland
Chokio-Alberta

NCAA INITIAL - ELIGIBILITY CLEARINGHOUSE (General Information)

(COACHES SHARE THIS WITH YOUR STUDENT/ATHLETE)

The Clearinghouse's responsibilities begin with the students who will enroll as freshmen in college during 1995-96. Certification processing for these students began August 1, 1994. Students who want to participate in NCAA Division I or II athletics should start the certification process by the end of their junior year or early in their senior year.

To be certified by the Clearinghouse, students must:

1. Graduate from high school. Preliminary certification will be issued for students not yet graduated. Final certification will be issued only after final transcript receipt, including proof of graduation.
2. Earn a grade point average of at least 2.0 on a 4.0 scale in at least 11 academic core courses, including at least the following: 3 years of English, 2 years of Math, 2 years of Social Science, 2 years of Natural Science (including at least one laboratory class, if offered by the high school), 2 years of additional academic courses.

NOTE: Effective August 1, 1995, the minimum number of required courses will increase from 11 to 13. The additional core courses must be in English, Math, or Natural/Physical Science. Also effective August 1, 1995, the minimum core course GPA for Division I will be determined by an initial-eligibility index. Effective August 1, 1996, course requirements for Division I will include four years of English, and the two-year Math requirement will include one year of Algebra and one year of Geometry.

3. Earn a composite score of at least 17 on the ACT or a combined score of 700 on the SAT.

NOTE: Effective August 1, 1995, the minimum test score requirement for Division I will be determined by an initial eligibility index.

1650 Brown's Lane N., Brainerd, MN 56401
DARIEN DEROCHE - EXECUTIVE SECRETARY

TOTAL.....\$ _____

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Full time Executive Secretary available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance for classroom and coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of *The Minnesota Prep Coach*, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides clinics for a number of sports and provides potential for clinics for any sport association that wishes assistance.
9. Offers a national clinician exchange for our qualified high school clinicians.
10. Opportunity to be recognized as Minnesota Coach of the Year.
11. Opportunity to be recognized as Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.

MSHSCA MEMBERSHIP PERKS

AS OF MARCH 1, 1995

•**SHERATON METRODOME HOTEL, MPLS** - \$55 per night

•**HOLIDAY INN, ALEXANDRIA**

Sunday-Thursday \$42/single; \$47/two or more

Friday & Saturday \$55/single; \$60/two or more

For information call Jim Satterlund at 612-763-6577

•**NORMANDY INN - MINNEAPOLIS - 1-800-373-3131**

Corporate Rate - \$59.50 - Parking included

•**BRAINERD HOLIDAY INN - 1-218-829-1441**

Corporate Rate - \$49/Single; \$54/Family

Special Rates for Teams - Call Mark Innes

•**BEST BUY - Commercial Division - 1-800-373-3050**

Commercial Rate (store rate minus 15-25% - usually)

Call and ask for Jay Sitter. Identify yourself as a member of the MSHSCA. They will give you a quote on any merchandise they carry. Quotes include freight. They will ship on receipt of personal check or school purchase order. They will fax specs on different kinds of equipment.

•**MINNESOTA ZOO - APPLE VALLEY**

Corporate Rate - 20% off all admissions.

Call Shirley Allsot for discount card at 612-431-9298.

•**SAM'S CLUB - Affiliated Group Membership**

Allows all State High School Coaches Ass'n members to sign up for individual advantage memberships at Sam's Clubs.

•**IZATY'S RESORT - Lake Mille Lacs**

Corporate rates for rooms - Call 1-800-599-1728.

•**MINNESOTA TIMBERWOLVES** - \$3 discount on tickets - Team discount on tickets. Call John Fromm at 612-673-1388.

•**SUPER 8 - SHAKOPEE** - Corporate Rates - 612-445-4221

•**SUPER 8 - BLOOMINGTON** - 10% discount - 612-888-8800

•**ALAMO RENT-A-CAR** - Discount on Car Rentals - 1-800-354-2322

•**MINN. TWINS, MINN. VIKINGS & MINN. MOOSE**

Promotions for members of MSHSCA via special mailings from these organizations.

COACHES ASSOCIATION SEEKS TO COMPILE FOOTBALL STATISTICS

The Minnesota State Football Coaches Association is looking to compile and tabulate football statistics from its member coaches. Terry Turek, head football coach at Le Sueur/Henderson high school, has undertaken the task of trying to contact the state's coaches and get as many statistics from as many schools, as is possible.

I am in the process of sending a "statistics sheet" to every high school football coach in Minnesota and coaches should excuse any duplication of mailings, as I may have made mistakes in addressing so many envelopes. Admittedly, the initial "statistics sheet" send out was incomplete, in that it did not include enough categories or the space to add more.

It is understood that many programs already have their own "records and/or statistics book" and many coaches have sent in their record books instead, which actually is better than completing the form. Some record books are quite impressive, dating back to the early 1900s and containing every possible statistic that can be kept concerning high school football. It is also understood that different programs keep different types of statistics and may tabulate their categories in slightly differing ways.

I am trying to do the best I can in compiling and tabulating the large number of categories and statistics and we realize that there could be "differences", such as schools that don't include playoff games in the records or different interpretations of assisted tackles and solo tackles, etc. Basically, I am looking for any statistics coaches may have, whether they be from one year or one hundred, complete or incomplete.

I will also take whatever suggestions and ideas people would like to submit as I have limited experience in this area. Any coach or "statistician" who wishes to offer advice or stats is more than welcome to do so. Eventually, I plan on making the "Minnesota Football Records" booklet available to whomever wishes, especially to those who sent in stats and records. This is not a money making endeavor on my part. It may also be available through the coaching association.

A reminder to any coach who has not sent statistics and records in yet, or would like to contact me in regard to this project to forward them to me at the following address:

Terry Turek
Le Sueur/Henderson H.S.
901 E. Ferry St.
Le Sueur, MN 56058
w=612-665-3305, h=612-665-2212



Totino Grace versus Columbia Heights (light). #25 Roland Buller, #7 Brian Litecky, #34 Brian Roy, #55 Joe McCullough, #52 Doug Rakoski, #66 Tony Rizzo and #58 Paul Lange.



Totino Grace versus Fridley (dark). #55 Joe McCullough, #66 Tony Rizzo, #52 Doug Rokoski, #25 Roland Buller, #56 Joe Pozega and #67 Jason Nevala. NSC offensive player of the year, #25 Roland Buller, "bulls" for yardage against Fridley.

CELEBRATING - Craig Fredrickson (19) and Josh Keyes (31) of Detroit Lakes exchanged congratulations after Fredrickson had scored a touchdown in the Lakers' 20-0 Mid-State Conference football victory over Park Rapids. The win came one week after Detroit Lakes had its 31-game winning streak snapped in a 29-27 loss to Fergus Falls. Coach Rick Manke's Detroit Lakes team - which won the Minnesota Class A Championship in both 1992 and 1993 - captured the Mid-State Conference title and reached the Class A quarter-final round before losing to Hutchinson.



Anoka's #25 Richie Kruger is carrying the ball while #22 Justin Reinholz blocks and #21 Jessie Chougard watches the play.

BLAINE CARRIES - Frazee running back Tyler Blaine cut behind a block as he tried to avoid Mahnomen's Zach Peterson (73) in the Heart O'Lakes Conference game between the schools. Mahnomen shaded Frazee 22-14.



#24 senior QB Jeff Meyers follows the blocking of #31 Dan Benning, #50 Matt Katterhagen and #65 Chris Geraets. Browerville versus Brandon-Evansville, Browerville won 21-6.

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ALL ★ STAR FOOTBALL GAME

7:00 P.M. SATURDAY, AUGUST 5
MACALESTER COLLEGE

**METRO ALL STARS
HEAD COACH**

DeWayne Johnson, Anoka

ASSISTANTS

Bruce Nelson, Eagan
Dan Roff, Edison
Bob Majeski, Hastings
Roger Lipelt, Wayzata

vs.

**OUTSTATE ALL STARS
HEAD COACH**

Dennis Kalpin, Alexandria

ASSISTANTS

Ed Melcher, Braham Area
Ken Jacobson, Chatfield
Ken Hill, Sauk Rapids
Robert Lindgren, Stephen

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**Jim Dotseth
Game Manager**

