



MURRIETA BRONCOS JR. ALL AMERICAN FOOTBALL & CHEER

2021 TACKLE WEIGHT CHART

DIVISION:	JR MICRO			MICRO		JR PEE WEE		PEE WEE		MIDGET	
AGE AS OF 7/31/2021	6	7	8	8 & 9	10	9,10,11	12	10,11,12	13	11,12,13	14
5% MAX WEIGHT ON PHYSICAL FOR DIVISION PLACEMENT (5% RULE)	Unlimited	115	105	126	110	147	131	168	152	Unlimited	Unlimited
MAX WEIGHT ON CERTIFICATION DAY	Unlimited	110	100	120	105	140	125	160	145	Unlimited	Unlimited

Any player weighing 5% or more over the **maximum certification** weight for a Division at time of official physical examination will be assigned to the next higher division (unless age does not permit)

Certified weights are without helmet, shoulder pads, or shoes/cleats.

To scrimmage, players cannot weigh more than 5 pounds of the Max. Certification Weight as shown above.

No player, prior to certification, shall be allowed to participate in contact (hitting) if weighing 10 lbs. or more than the Max. Certification weight.

We will not accept any physical that DOES NOT have the Doctor's Stamp.

No player is allowed to participate in SCJAAF without having a current physical on file with their chapter (**dated no earlier than March 26, 2021**). **Physicals done by a Chiropractor or Registered Nurse will NOT be accepted.**