

## Park Boys' All Time Best Performances

### 5000 Meters

	<b>Athlete</b>	<b>Time</b>	<b>Year</b>
<b>1</b>	Dieudonne Kwizera	15:28	1986
<b>2</b>	Jason Boon	15:41	1991
<b>3</b>	<b>Henry Joa</b>	<b>15:43</b>	<b>2024</b>
<b>4</b>	Dave Borner	15:51	2002
<b>5</b>	<b>Gavin Stauffer</b>	<b>15:57</b>	<b>2024</b>
<b>6</b>	<b>Eli Firchau</b>	<b>15:59</b>	<b>2024</b>
<b>7</b>	Jimmy Lanik	16:08	2004
<b>8</b>	Evan Bonneson	16:16	2013
<b>9</b>	Dave Duede	16:18	1996
<b>10</b>	Sean Lentz	16:24	1988
<b>11</b>	Mike Moran	16:31	1979
<b>12</b>	Parker Hahn	16:32	2021
<b>13</b>	Greg Jahner	16:33	1999
<b>14</b>	Pat McDonell	16:34	1992
<b>15</b>	Mike Callan	16:36	2005

### 3 Miles

	<b>Athlete</b>	<b>Time</b>	<b>Year</b>
<b>1</b>	Jason Boon	14:54	1990
<b>2</b>	Roger Schafer	15:15	1976
<b>3</b>	Dave Westenberg	15:29	1975
<b>4</b>	Mike Moran	15:30	1979
<b>5</b>	Sean Lentz	15:38	1988
<b>6</b>	Nick Proepper	15:40	1969
<b>7</b>	Scott Jungk	15:47	1978
<b>8</b>	Bill Field	15:47	1979
<b>9</b>	Steve Fierro	15:50	1969
<b>10</b>	Mark Murphy	15:53	1970