

Parents information - Club Ace Long Island

We invite everybody to be part of the CALI family for the volleyball season 2018/2019.

CALI Volleyball is a USA Volleyball affiliated club for junior athletes ages seven to eighteen. We are dedicated to the development and training of junior volleyball athletes. CALI athletes compete on the local, regional and national levels with a variety of playing opportunities. Our expert coaches will go the extra mile to put athletes first, developing every player to the peak of their ability. A fundamental approach to the game, the establishment of a strong work ethic and continuity in coaching staff are attributes which will make CALI a successful club experience for our players.



CALI Travel Program: Ages 10-18

Our CALI Travel teams are designed for those athletes that have a desire to eventually play in college and for those that want the highest possible level of training and competition! The team head coaches (generally 2 coaches per team) are some of the best coaches in the northeast, and most of them are current and former college coaches, very successful high school coaches, or have played and coached the game at the highest levels. Our Travel teams practice 4 hours a week with their own court at Hofstra University. They will play in 7 to 9 tournaments during the season (of which 3 generally multi-day events with overnight travel involved) and the teams are among the best teams in the region across all age groups. Travel teams require a high level of dedication and commitment to be the best of the best!

Cost: \$2,850* (travel expenses not included)

CALI Travel Intense - BLACK TEAMS ON SELECTED AGE GROUPS ONLY

The team practices three nights per week (6 hours) plus conditioning. Everything else is identical to the travel team.

Cost: \$3,200* (travel expenses not included)

National Program: Ages 10-15

Our National Teams train twice a week. Our National program is designed for those athletes that enjoy competition and training but don't have the time to commit on the same level as the Travel team. Our National teams practice 4 hours a week with their own court at Hofstra University. They will play in 5 to 6 tournaments during the season (one overnight travel involved). Our National team will have one or two qualified Coach for practices and tournaments.

Cost: \$ 2,400* (travel expenses not included)

Aspire Program: Ages 10-17

The Aspire teams train once a week. Aspire program is designed for those athletes that enjoy the competition, training, and camaraderie of team sports. These are often athletes that are seeking to make a high school team, or want to improve their skills to be more of an impact player on their team. Aspire teams practice 2 hours a week and compete in 3-4 one-day, "club" level tournaments in our region. While players are still expected at practices and tournaments, it's a more relaxed environment than our high level travel teams.

Cost: \$1,700*

Volleybees Program: Ages 7-11

Our VolleyBees trains once a week for 1.5 hours. Our program is designed to introduce the game of volleyball to young athletes ages 7 to 11. The primary focus of VolleyBees is to have fun! While participating in a fun and active environment, these young athletes will be learning the game of volleyball while mastering body mechanics and motor control. The Volleybees program starts beginning of January- **there is no tryouts needed!**

Cost: \$ 800

All Programs have a \$50 conditioning fee included, Conditioning will start the first week of January.

TRYOUT REGISTRATION - ONLINE

Please register prior to the tryouts online.

There is a \$10 walk-up fee

www.ClubAceLongIsland.com/tryout

notes:

* Fees for the Travel Program, National Program and Aspire Program made in 3 payments

