# GRAHA Rink Rat Challenge





#### **Sponsored by:**

- State Farm Insurance Kyle Casey,
- Dutchroom and
- Claftons Sporting Goods

#### **Objective:**

To encourage our GRAHA hockey players to get outdoors and practice the game of hockey while developing the skills where hockey players are made. No coaches, no structure just pure hockey.

From November 2019 – End of March 2020

#### Goal:

To improve general hockey skills through additional ice time

### **Guidelines:**

- Complete 50 additional hours of hockey skating outdoors
- Scheduled team practices and games do not count for extra ice time
- Working on hockey skills (skating, puck handling, shooting) with friends and family
- Use the Rink Rat form below to record your time
- Return your sheet to ......email by end of March to <u>coltersean@gmail.com</u> and receive a Rink Rat T-Shirt and your name on Website and Wall of Workers

## **NEW for 2019/2020**

#### **PRIZE:**

Each rink rat who records 50 plus hours, will have their name put into a drawing for an "Alex Goligoski signed stick". Alex was an ultimate rink rat during his time in our youth program creating his opportunity to play in HS, College and a Stanley Cup Champion!

#### Rink Rat hour tracker

Date	Hrs/Min	Date	Hrs/Min	Date	Hrs/Min	Date	Hrs/Min