



Navigating COVID-19 – Effective January 1, 2021

The Arlington Attack Lacrosse Organization is committed to providing a safe and healthy environment to all our members. Of primary importance is our effort to mitigate the potential for the transmission of COVID-19 within our Club, the facilities we use, and the community. Not only will this effort require full cooperation from our members, but it will also require flexibility as the circumstances surrounding this virus are constantly changing. **Our ability to keep playing will be directly related to the efforts we put forth to reduce the spread of COVID-19.**

Ultimately, despite our best efforts, we cannot eliminate the risk that COVID-19 presents. If you have an underlying health condition or a specific health concern about participating in Lacrosse this season, you should work with your health care provider to determine the best decision for your family.

The Arlington Attack's top priority is the safety of our players, and this will remain unchanged no matter the circumstances. Please review the following Arlington Attack policies regarding COVID-19. In the event any of this information changes, we will notify all members at the email address that is registered to your AHYAA account and on our website.

COVID-19 NOTIFICATIONS, CLOSE CONTACT

- Throughout the season, we ask that players, family members and friends remain home if they are experiencing any COVID-like symptoms as described by the Center of Disease Control (CDC) and detailed on their website www.cdc.gov.
- Any player with a confirmed case (positive test) for COVID-19 must inform their Head Coach immediately, (and/or send an email to info@arlington-attack.com). This player must quarantine themselves away from all Attack events, games, practices and accompanying facilities until they have received a letter of release from a physician indicating they are cleared to return to sports and recreation.
- If a player or coach tests positive all team members will be notified, and they must follow the advice of their respective health care professionals to determine exposure risk and any quarantine requirements. The CDC recommends individuals quarantine themselves if they believe they were within 6 feet of someone with COVID19 for 15 minutes or more. Please see the www.cdc.gov for more information on close contact.
- If a family member of a player or coach that resides in the same household tests positive for COVID-19, that player or coach must quarantine until the incubation period has passed and they can provide a negative test after the incubation period.

Cancelation of Attack practices, games, events will be determined on a case-by-case basis

COVID-19 PREVENTION

- Policies and procedures as published by the Arlington Heights Park District, Athletes Academy and, as well as any other participating facilities must be strictly followed. This includes, but not limited to, numbers and ages of spectators.
- Every player or coach entering/exiting any indoor facilities must be properly wearing a mask over the nose and mouth. This mask must remain in place until it is time for the player or coach to put on their helmet. After the conclusion of the session, once the helmet is removed, the mask must be put back on immediately and remain on until the player or coach has exited the building.
- Coaches will wear masks during indoor and outdoor practice. (In a game situation, coaches may remove their masks while on the sidelines)
- Players are strongly encouraged to come dressed in their equipment as much as possible before arriving to practice or games to limit the amount of time spent dressing together.
- Players may only use their own equipment and water bottles.
- Players and coaches must take their temperatures at home prior to leaving for practice or games.
- All participants have signed our waiver to participate during the registration process. Any failure to comply with the above policies may result in loss playing time.

Financial Considerations

Any brief pause to Lacrosse activity based on State mitigations will be evaluated based on the ability to “make good” on missed games and practices before any credits or refunds will be processed. We will not reimburse members for a temporary suspension of activities based on an individual or group quarantine. This means, for example, that if you or your team is forced to quarantine due to a positive test.