



September 2024

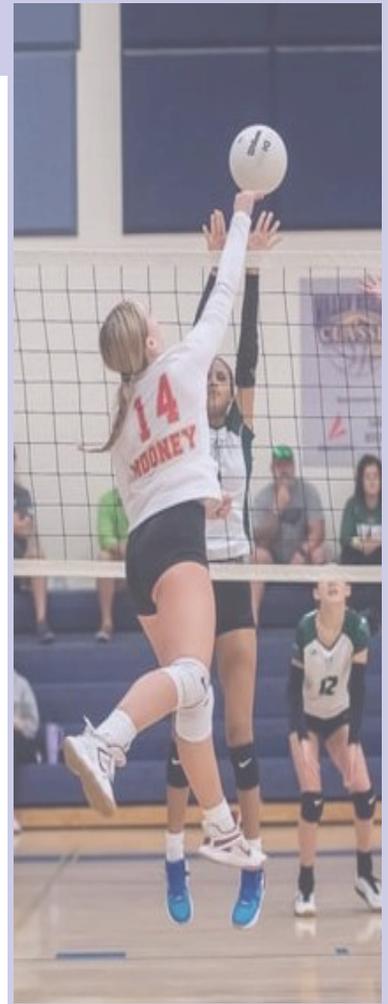
Elite Volleyball Prep Academy NEWSLETTER

Volleyball News

It's School Volleyball Season!!!



Volleyball is a thrilling sport that captures the interest of athletes in middle and high schools alike. As the new school year kicks off, many of our Elite athletes are filled with anticipation, eagerly awaiting the news of their selection for their school's volleyball teams. Although we may be wearing different school jerseys, we are all still Elite family at heart.



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Middle School and High School Volleyball Rosters, Schedules, and Pictures!

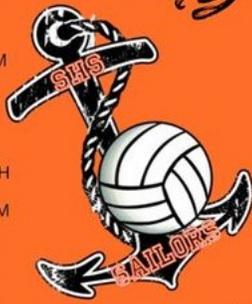
Here are just a few of the rosters from our Bradenton/Sarasota area.

If you would like to see your Elite athlete's roster and/or pictures in the next newsletter, please email them to: JGILMOUR@elitevball.com

2024
Sarasota High School
SAILOR VOLLEYBALL

PLAYER NAME:	YEAR:	ROLE:
Rylan Miller	JR	S
Gracie Lane	JR	S/RS
Joanie Garron	SR	RS
Katie Lee	JR	RS/M
Gemma Mulhollen	SO	M
Parker Mayforth	JR	M
Braelynn Rebholz	JR	M/OH
Julia Norman	JR	OH/M
Liza Collier	SO	OH
Kate Kempton	SR	OH
Sydney Mullen	SO	DS/U
Jayda Moon	SR	DS
Allee Hamilton	SR	DS
Carley Ramsden	SR	DS

Varsity



24-25 PCHS
Volleyball Teams

Varsity	Junior Varsity	
Morgan Brouwer	Addison Brouwer	Maliya Ogle
Mia Davis	Lily Clark	Tailyn Saal
Ellie Ferreira	Chloe Davis	Juliet Sprague
Peyton Hayworth	Katelynn Edwards	
Alysa Jones	Samantha Gibson	
Lily Mckeon	Annie Joiner	
Olivia O'Connor	Chanel Jones	
Khyler Reed	Aubrie Kersting	
Julia Smith	Payton Lake	
Lily Smith	Nicole Lima	
Audrie Wilson	Natalie Metzger	
	Ella O'Connor	




2024 Freshmen Volleyball

Ruby Johnson
Luella Sztuska
Addison Crutchfield
Gigi Ackroyd
Ashley Miller
London Guy
Novella Mazza
Kiana Gilmour
Tensley Thrower
Campbell Pope
Riley Foley
Brianna Page
Izabel O'Daniel
Sloan Flagg
Addison Hyde
Kendall Balon

Cardinal Mooney

Elite Players at Sarasota Christian School

Mallory Kissel - middle school A team
Samantha Curtis middle school A team
Bailey Shields middle school B team
Juliette Miller JV (high school)
Finley Markley Varsity (high school)
Julio Cruz - Assistant Varsity Coach



Gulf Coast HEAT Middle School A Team

Kyli Eagan (EVPA)

Gabrielle Falde

Carleigh Gorski (EVPA)

Eden Morehouse

Vienna Morehouse

Eliana Padgett

Kinley Stephens

Sofia Wingate

St. Martha girls volleyball 2024

*****practice begins on Thursday*****

Varsity

Valentina Donovan
Ava Betz
Maryn Peterson
Ella Dyer
Isla Jones
Ella Pastorick
Sophia Borda
Atia Milin
Arianna Roeder
Xan Hynes
Melania Iannacchino
Addy Thrower

Jv

Anja Zampol
Brielle Sutton
Mila Zivkovic
Samantha Gearon
Emily Semeraro
McKinley Moore
Olivia Daley
Baylee Monteforte
Lyla McGill
Paige Kerewich
Brooke St Louis
Laney Patterson

Middle School and High School Volleyball Rosters, Schedules, and Pictures!



this is pure
GOLD
2024-2025
Lady Falcons Varsity Volleyball
Roster

- Karlah Benzan 10th Grade
- Amari Clark 12th Grade
- Christina Collazo 12th Grade
- Hailey Cruz 10th Grade
- Makaila Hertzler 10th Grade
- Olivia Ierulli 9th Grade
- Sophia Ierulli 11th Grade
- Gianna Johnson 8th Grade
- Alexis Mariano 10th Grade
- Jaida Milburn 10th Grade
- Jordyn Milburn 10th Grade
- Ali Ramsey 12th Grade
- Layla Smith 12th Grade
- Ava Varga 9th Grade
- Skylar Weaver 10th Grade

Cardinal Moor JV Girls Volleyball 2024-2025 COUGARS

Date	Opponent	Time	Location
8/22	Lakewood Ranch	6pm	HOME
8/27	Riverside	6pm	AWAY
9/3	Bradley River	6pm	AWAY
9/5	Cahavy	5pm	AWAY
9/10	Tampa Prep	5:30pm	AWAY
9/12	Bradenton Christian	6pm	HOME
9/17	Carrollwood	5:30pm	AWAY
9/19	Venice	8:00pm	HOME
9/21	Bradley River Tournament	TBD	AWAY
9/25	Charlotte	6pm	HOME
9/27	Sarasota	6pm	HOME
10/1	Bradley Prep	5:30pm	HOME
10/8	Venice	6pm	AWAY
10/10	Riverside	6pm	HOME

*Round Trip Bus



TCA Middle School Varsity

- Adriana Buchanan
- Nicoletta Kokkalas
- Annabelle Hembree
- Waverly Pearson
- Olivia Lazaris
- Brooklyn Ruggiero
- Caroline Wallin
- Brooke Winchell
- Reese Ruggiero
- Lily Sterbinsky
- Audrey Wallin

TCA Middle School JV:

- Aubrey Winchell
- Isabelle Guerra
- Brinley Schaub
- Charlee Ruggiero
- Kelsey Lodge
- Isla Berriola
- Raina Kurecki
- Nora Blasewitz
- Ella Wild
- Stella Edwards
- Kimberlynn Profit

Cardinal Mooney Varsity Girls Volleyball Schedule 2024-2025 COUGARS

Date	Opponent	Time	Location
8/13	Bradley River (Preseason Classic)	7:00pm	@BRHS
8/15	Riverside (Preseason Classic)	5:00pm	@BRHS
8/21	Lakewood Ranch Prep	5:30pm	AWAY
8/22	Lakewood Ranch	7pm	HOME
8/27	Riverside	7pm	AWAY
8/30-31**	Nike Tournament of Champions	TBD	AWAY
9/3	Bradley River	7pm	AWAY
9/5	Cahavy	6pm	AWAY
9/10	Tampa Prep	6:30pm	AWAY
9/12	Bradenton Christian	7pm	HOME
9/17	Carrollwood	6:30pm	AWAY
9/19	Venice	7pm	HOME
9/25	Charlotte	7pm	HOME
9/27	Sarasota	7pm	HOME
10/1	Bradley Prep	8:30pm	HOME
10/4-10/5**	State-Moore Tournament	TBD	AWAY
10/8	Venice	7pm	AWAY
10/10	Riverside (Senior Night)	7pm	HOME
10/15	TBA (David Sere)	7pm	HOME
10/17	TBA (David Sere)	7pm	HOME

*Round Trip Bus



Middle School and High School Volleyball Rosters, Schedules, and Pictures!



2024 Sarasota High School SAILOR VOLLEYBALL

Junior Varsity

Trinity Rajas	FR	M/OH
Aria Tillman	SO	OH
Mikala Moon	SO	DS
Addison Kaufman	SO	S
Evie Lang	JR	U
Margo Rouches	JR	OH/RS
Samantha Lewis	FR	RS/DS
Ayla Bordones	FR	S
Annabelle Hill	SO	M/OH
Diamond Edwards	SO	M
Scarlett Rose	SO	M/OH
Rafaela Almeida	SO	DS

Coaching Staff:

Perry Kendrick	Head Coach
Daris Rodriguez	Assistant Coach
Colin Burns	Assistant Coach

SHS Sailor Volleyball

2024-2025
SEASON
August 20th - October 10th

WATCH US LIVESTREAM @ [FAN.HUDL.COM](https://www.fan.hudl.com)

AUGUST 20 th	HOME GAME	VHS
AUGUST 22 nd	SAILOR NIGHT	RHS
AUGUST 27 th	HOME GAME	LWR
SEPTEMBER 3 rd	AWAY GAME	NPHS
SEPTEMBER 6 th	HOME GAME	PARRISH
SEPTEMBER 10 th	HOME GAME	IA
SEPTEMBER 12 th	HOME GAME	LEMON BAY
SEPTEMBER 17 th	AWAY GAME	VEROT
SEPTEMBER 19 th	YOUTH NIGHT	ODA
SEPTEMBER 24 th	AWAY GAME	PARRISH
OCTOBER 1 st	SENIOR NIGHT	NPHS
OCTOBER 8 th	AWAY GAME	RHS
OCTOBER 10 th	AWAY GAME	VHS



Elite Invasion

We're excited to announce that our Elite Invasion event is set for Saturday November 2nd at Siesta Beach! We would love for you to join us for a day of sun, fun, and beach volleyball! Please note that parking may be limited, so we encourage carpooling. Stay tuned for more details!



SportsEngine Registration and New Elite Website

Elite families were previously emailed information about our new website registration. If you haven't registered your athlete yet, please do so at your earliest convenience. <https://elitevball.sportngin.com/register/form/528491683> Be sure to check out our new website (still slightly under construction): <https://elitevball.sportngin.com/home>

"There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do." - Derek Jeter

USAV/AAU Memberships

Please complete the USAV and AAU memberships before your team's first practice.

USAV direct link: <https://memberships.sportsengine.com/org/florida-region-of-usa-volleyball/affiliation/elite-sports-r700>

AAU: <https://aausports.org/Join-AAU> Click on Get a Membership, Apply for Youth Athlete Membership, Get a Membership, Youth Athlete Membership. Fill out the application and to look for our club, Elite Sports Inc: enter in AAU Club Code - **W3E3CY**. If you have already signed up, please login and link our club code to your athlete's membership.

Practice Schedules

New Practice Schedules were released and the SRQ team schedules will be posted soon. In our new Elite website, you will be able to access the calendar to show you all practice times! These can be shared to your own personal Apple or Google calendars!

Coach	M	T	W	TH	F	SA	SU	
Julio	7:30-9:30		5:30-7:30			8:00-11:00		3
Daris/Ashley B			5:30-7:30		5:30-7:30			2 Elite South (ES)
Nick	5:30-7:30		7:30-9:30		7:30-9:30			3 Salvation Army (SA)
Colin		5:30-7:30		5:30-7:30	7:30-9:30			3 3 teams at ES
Dena				7:30-9:30			1:00-3:00	2 Cardinal Mooney (CM)
Daris	5:30-7:30	7:30-9:30			7:30-9:30			1
Julio			7:30-9:30			11:00-1:00		2
Frank	7:30-9:30			7:30-9:30		3:00-5:00		3
Perry		7:30-9:30		7:30-9:30		9:00-11:00		3
Ashley C			5:30-7:30		7:30-9:30			3
Josh C	5:30-7:30					1:00-3:00		2
Casey C			7:30-9:30	5:30-7:30		11:00-1:00		3
Maddie T		5:30-7:30				1:00-3:00		2
Casey C		5:30-7:30				1:00-3:00		2
Josh C	7:30-9:30				5:30-7:30	11:00-1:00		3
Nick					5:00-6:45			1
Nick/Colin/Fatima??				5:15-7:15			10:00-12:00	2
Josh C			7:30-9:30				12:00-2:00	2
Tiago			7:30-9:30				12:00-2:00	2
Lori			5:30-7:00				1:00-3:00	2
Tiago/Justin			5:30-7:30				3:00-5:00	2
Nancy			5:30-7:30				3:00-5:00	2

Coaches and players are working hard with their respective high school teams. Coaches will schedule one or two practices for now and will make a total schedule when high school season finishes. Please understand that a high school may make a run in their district and the subsequent state tournament and we at Elite will be there to support them. Thank you.



Temporary until after High School Season is done



Total Athlete Program—Training Day

Our Red teams will pilot our new Position Training Days at Cardinal Mooney. Athletes will focus on enhancing skills in jump training, mechanics, core strength, power, conditioning, leadership, tactics, mental toughness, and more through specialized education and drills.

Tournament Schedule Released!

The tournament schedule was distributed during the Elite Kickoff event and can also be found in our new website. [Tournament Schedule \(sportngin.com\)](http://sportngin.com)



Uniform Fittings/Team Photos

Our uniform fittings and team picture day was a great success! Michael Boling extends a special thank you to all the parents who helped out. Athletes had the chance to try on uniforms for sizing and took home a practice shirt. Individual photos were taken and will be combined into a group team picture.



Elite Kickoff

Elite hosted kickoff events on August 11th and 18th at Cardinal Mooney High School, bringing together all Elite coaches and staff. Teams had the opportunity to meet and connect, and important information was shared.



Elite Sponsorship and CoMarketing Opportunity

Know of an organization interested in sponsoring Elite? Our sponsorship opportunities offer businesses a chance to support the local community while gaining valuable exposure and return on investment. If you own a business or know someone who might be interested, please contact us at

ADMIN@ELITEVBALL.com to learn more.

Elite YouTube Channel

Subscribe to our YouTube channel! <https://youtube.com/@elitesportsinc?si=j82G5V-vbztg706y>

Player Handbook

Each athlete will receive a 1/2" binder to track growth, receive ongoing evaluations, and provide feedback on progress and measurables. Stay tuned for more details!

"It's not whether you get knocked down; it's whether **you get up.**" - Vince Lombardi

Fundraisers

Elite is exploring opportunities for our athletes to raise money to help offset upcoming tournament costs. We've been in contact with fundraising companies like Booster and are working to find the best and most effective options for our athletes and their families. More information will be shared soon!

A Win for the Mooney Freshman Team

Coach Nancy's freshmen Cardinal Mooney team took 1st place at the Charlotte Tournament on August 24th. Congratulations to Coach Nancy and her team!



Soul Surfer

Bethany Hamilton's story:

Bethany Hamilton was 13 years old and on her way to becoming a surfing star. Her board was her life, and she was determined to be the best. But on October 31, 2003, during a surfing session off the shore of her home state of Hawaii, Bethany Hamilton suffered a major setback.

Bethany Hamilton was lounging with her left arm over the side of her board when a 14-foot tiger shark clamped down on her arm, severing it just below the shoulder. She escaped with her life, but she lost her left arm.

Most would've called it quits right there, just happy to be alive after staring death in the face, but not Bethany Hamilton. She was physically scarred by the shark attack, but she refused to let it damage her emotionally. Rather than live in fear of the water the rest of her life, Bethany Hamilton returned to her board just three weeks after losing her arm. And little more than a year later, she won her first national surfing title.



Meet the Coach!

We are excited to announce that our community of volleyball athletes at Elite is expanding, and so is our exceptional coaching team!

Each month, we will spotlight a few of our new coaches, giving you the opportunity to get to know them better!



MEET THE COACH

ALLAN KNIGHT

CMHS VARSITY COACH/ELITE COACH



FUN FACT: I can juggle. I play ice hockey. I am a skier. I run triathlons. I'm the shortest in my family.

FAVORITE VOLLEYBALL MEMORY: Winning a state championship

QUOTE I LIVE BY: "Coachability is your greatest asset as a volleyball player."

ELITE VOLLEYBALL



MEET THE COACH

NANCY HOPPER

CMHS JV COACH/ELITE SRQ COACH



FUN FACT: I love my family, I love my farm, and I love to fish.

FAVORITE VOLLEYBALL MEMORY: Being inducted into the Hall of Fame at Indian River State College for my success as a volleyball coach.

QUOTE I LIVE BY: Hard Work, Effort and Energy will take you where ever you want to go.

ELITE VOLLEYBALL



MEET THE COACH

NICK BEHRENS

ATHLETICS DIRECTOR/COACH



FUN FACT: Pizza was the first word I ever said.

FAVORITE VOLLEYBALL MEMORY: Winning my high schools first ever volleyball championship, celebrating with my coach and handing her the trophy. I had promised her I'd make that happen 2 years earlier. Tied with: Making the final 4 at AAU Nationals last year with my 12's team.

QUOTE I LIVE BY: It is a foolish person who spends their whole life building their castle for in the end they have no one to share it with. It is a very wise person who spends their life building their home in the hearts of others for they are never alone.

ELITE VOLLEYBALL

Athlete of the Month Spotlight

Each month, we will proudly recognize an athlete who embodies the spirit of Elite. This individual not only demonstrates exceptional dedication to their sport but also excels in their academic pursuits. This month, we are thrilled to celebrate Finley Markley, our Athlete of the Month! Although Finley is only in 7th grade, she made the Varsity team this year! Join us as we highlight Finley's remarkable achievements and share her secrets to success.



ATHLETE OF THE MONTH



FINLEY MARKLEY

7TH GRADE - AGE 12



ELITE VOLLEYBALL

Finley Markley

What do you see yourself accomplishing in 5 to 10 years?

In 5-10 years I see myself going to the University of Tennessee and playing volleyball for them!

Is there a coach or athlete that you look up to as a role model and why?

I really look up to Coach Nick. He has always believed in me even from day 1 when I was too scared to even go to his first skills class. He is the reason I have a passion for volleyball. He has always pushed me and encouraged me all while staying positive. His encouragement has made me work harder on and off the court to achieve my goals.

What's the best piece of advice you've gained from your coaches?

One of the best pieces of advice I've learned is from Coach Nick and my school coaches Coach Josh and Coach Julio which is to always stay mentally tough and never get down on the court. You can't give up, you have to dig deep sometimes and keep playing with everything you have.



Volunteers Needed

The impact of volunteering extends even beyond the immediate benefits to the volunteers and those they serve. It influences individual lives, shaping perspectives, and encouraging a culture of care and empathy. Volunteers often report a heightened awareness of social issues and a commitment to active citizenship, inspired by their experiences and the stories of those they've helped. If you are interested in volunteering with Elite, please fill out information at <https://elitevball.com/volunteer-groups/>



	FUNDRAISING AND THE ELITE PASS		EVENT PLANNING & SOCIALS
	PHOTOGRAPHY & VIDEOGRAPHY		FACILITIES
	RECRUITING		VOLUNTEER COORDINATION
	APPAREL		WELLNESS AND CONDITIONING

If you haven't already done so, please join our **BAND** to stay updated on all communications and upcoming events: <https://band.us/n/a2a9A4dfh946y>

Not seeing Elite communications? Check your spam folder and make sure you're receiving emails from our Elite email address : Admin@elitevball.com

If you'd like to share pictures for inclusion in the next newsletter, please email them to:

jgilmour@elitevball.com



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