

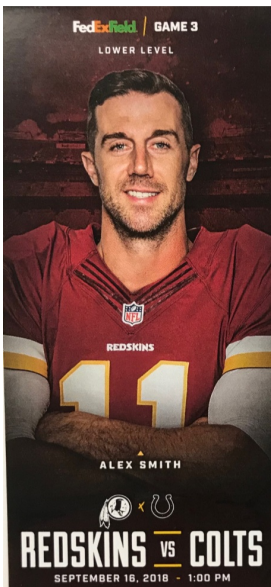


# The Torch

SYC Weekly Digest

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [SYC Store](#)

## REDSKINS TICKETS - GO REDSKINS!



### Redskins vs Colts September 16, 2018

Section 106, Row 11, Seats 34 and 35  
\$270 for the set

Call 703-339-3796 during office hours to purchase  
FIRST COME FIRST SERVE

Pick up tickets during office hours by Sept.14th.

Hours: 9AM - 4PM MTThF and 9AM - 7PM on Wed.

**More ticket offers coming soon!**

## OPEN REGISTRATIONS

### FALL SPORTS

[Field Hockey Clinics](#)  
[Rugby/West End Skills & Fitness Academy](#)

[Lacrosse \(Girls In-House\)](#)  
[Soccer Foot Skills Training](#)  
[Monday Night Soccer Training](#)



### SOCCER FOOT SKILLS TRAINING Run Rings Around the Opposition!

Not playing fall rec soccer?  
No problem! - Registration is open to all.

U7 - U12 Age Groups (2007-2012 Birth Years)  
\$60.00 for all 4 sessions  
Tuesday or Wednesday options

Fun age-appropriate exercises with an emphasis on foot skills, creative flair, and improvisation. Players will learn to think of the ball as an extension of their foot;

and how to turn, evade an opponent, and protect the ball using a variety of deceptive moves, fakes, and feints.

[REGISTER HERE](#)

## NEWS & SPECIAL EVENTS

### Rec Soccer Picture Day

Saturday, September 15 – Rain or Shine – Photos taken even if games are cancelled.

**Picture Time:** Open House times from 8 AM - 1 PM.

**Coaches:** No Appointment is needed. Plan for your team to come at least 1.5 hours before your game or come after your game, but no later than 1pm.

**Parents:** See your coach for your team's planned picture time. Print your [ORDER FORM](#), fill it out, and bring it on picture day! NO CLEATS!

**Location:** [Rolling Valley Elementary School](#) cafeteria, 6703 Barnack Drive, Springfield, Va

Photo Day is a Fundraiser - Please Come Out and Support your Team!



### Rugby/West End Skills & Fitness Academy Grades 3 -12

The SYC/West End Skills and Fitness Academy is targeted to rugby players, boys and girls, with tackle rugby experience. Sessions will be flexible, dynamic, and structured with age-appropriate activities.

Register by October 4th and receive a West End Rugby rear windshield decal!

[READ MORE](#)

[REGISTER HERE](#)



### FALL OPEN BASKETBALL GYMS!

Open Gyms are run by SYC's County team coaches, are FREE to current SYC member families, and does not require any registration. Open gyms are a great way to get ready for County tryouts or to just play some basketball in a structured, supervised environment. Dates are available for age groups where we have volunteers.

[OPEN GYM DATES](#)

**In the Community**

## Concussion Training Requirement



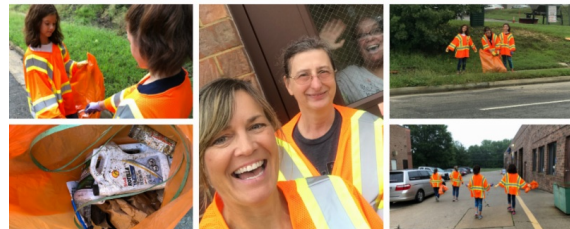
Remember to go to our [SYC Concussion Webpage](#) and watch our concussion training videos! Coaches, staff, parents, guardians, and players are all required to watch the training videos. With the new system, we have not yet built in verification, but trust that parents and coaches will seek out this important information for the safety of our children.

Stay on top of the latest concussion prevention and awareness news at [CDC Heads Up to Youth Sports](#)

## SYC Saves the Planet!

Our world is just a little bit cleaner today! Thanks to everyone who came out this morning to help clean up at our first Adopt-a-Highway clean up event.

If you missed it, no worries! Our next clean up event is scheduled for November 5th (FCPS Student Holiday) Details to come.



**SYC special pricing at Modell's!**  
Valid 6/29 - 9/14

Support SYC Soccer with Soccer's  
**15% OFF COUPON!**

Support SYC Football with Football's  
**15% OFF COUPON!**



**GET SOCCER COUPONS**  
Valid through 11/30/18

**GET SOFTBALL COUPONS**  
Valid through 11/30/18



**10% Discount with [SYC10TG](#) through 9/16/18.**

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | [www.sycva.com](http://www.sycva.com)



